

April 2019

Hi-Lites of Lutheran Manor





Notes From the Office



To Our New Residents!

Carol Torres #613

LIVE STREAMING

Not feeling well or just would rather stay in?

**You don't have to miss out on any of our church services or speakers.
Tune to channel 98 to catch all the action during our Live Stream!**

VAN TRIP PAPERS

**Van Trip Paper/Event Signup sheets will be accepted beginning at
8:30 am in the Main Office.**

REMINDER

PAYMENTS FOR TRIPS **ARE DUE** WHEN YOU SUBMIT YOUR VAN TRIP PAPERS.

SECOND HARVEST SIGN-UPS

Friday, April 5, 2019

**To qualify for
(or continue receiving)
Second Harvest, you will need to
provide proof of income
(i.e. social security award letter)
and a form of identification.**



SPEAKER:

**United Healthcare
Wednesday, May 1, 2019**

**To qualify for
(or continue receiving)
Second Harvest, you will need to
provide proof of income
(i.e. social security award letter)
and a form of identification.**

Jeff Krick

"Elvis Gospel" (Tribute)



Jeff will be here to perform his
Gospel Show on

Thursday, April 4, 2019

at 12:30 pm
in the Lounge

You will be hearing all the wonderful
gospel music that Elvis sang.

It's a performance of a lifetime.

Come down and enjoy the singing.

REFRESHMENTS WILL BE SERVED!

WHAT DO YOU NEED?

At times, we receive furniture and other items from fellow residents. If you find there is something you can use, please fill out the form below and return to Michelle. This will make it easier to make sure any requested items can be distributed to a resident in need.

Name: _____ Apt #: _____

I request the following items:

Resident's Association



Soup & Hot Dogs



Saturday, April 20, 2019

@ 5:00pm

SOUP:

Pepper Pot Soup \$3.00

HOT DOGS:

Plain, Sauerkraut, or Chili \$1.50

RED BEET EGGS: \$0.50

DESSERT:

Ice Cream & Strawberries \$2.50

SODA OR COFFEE: \$1.00

Entertainment by:

Kevin Johnson

50/50 Drawing



Coffee, Donuts, Bagels, & Muffins

Saturday, April 6, 2019

8:00 am to 10:00 am in the Lounge

\$1.00 coffee

\$1.00 donuts, bagels, muffins

*\$1.00 each for additional donuts,
bagels, muffins*



Friends and Family
are always welcome!

BINGO

Every Monday
at 6:00 pm in the Lounge.

SNACK STAND

Snacks available every
Monday & Wednesday

From 3:00 pm-6:00 pm
in the Main Lobby

ICE CREAM

Ice cream will be sold
Every Wednesday

From 5:00 - 6:00 pm
in the Lounge.

SOCIAL

Sunday, April 28th
at 5:00 pm in the Lounge

Food:

Lasagna

Entertainment:

Kato

SPRING BAZAAR

Saturday, May 4th

Donations will be accepted on

Tuesdays, April 2 & 16 at 1:30 pm in the lounge

BAKERS AND VOLUNTEERS NEEDED!

Those interested should see Carol Haupt in Apt. # 702

Resident's Association



Breakfast open to all Residents & Guests!!

Saturday, April 13, 2019

8:30 am - 10:00 am

Cost: \$3.00

MENU

3 Pancakes

2 Sausage Links

Coffee and Orange Juice



BREAKFAST

Saturday, April 13, 2019

8:30 am—10:00 am

Place slip in a sealed envelope along with cash payment and slide it under the door of
Marjorie Bachemin Apt #705.

Name: _____ Apt#: _____ Phone: _____

of Guests _____

DEADLINE FOR RESERVATIONS IS MONDAY, APRIL 8, 2019.

Sandwich Sale

Cost: \$5

Orders available for pickup

Friday, April 12th from 11am-12pm in the Lounge



Sandwich Sale Order Sheet

Fill out and return slip, along with money, to Marge Bachemin in apartment 705.

Name: _____ Apt: _____

Write the number of sandwiches you'd like to order next to the type.

Kaiser Roll, Ham & Cheese # _____ Kaiser Roll, Turkey, Cheese # _____

DEADLINE FOR ORDERS IS TUESDAY, APRIL 9TH, 2019

Bellezza Salon & Spa

Hours of Operation

Tuesday 9am - 3pm

Thursday 9am - 3pm

For Appointments Call:

610-866-6010, then press 9

WALK-INS WELCOME

SPECIAL OFFERS

FOR APRIL ONLY!

**FREE BROW WAX
WITH ANY SERVICE!**

20% OFF ALL RETAIL

**FACIALS FOR \$40!
(Normally \$50)**

NEW EMPLOYEE

Stop by the salon to help us welcome

Sylvia Aguilar to the team!



GIFT CERTIFICATES AVAILABLE

Mother's Day is right around the corner! Be sure to remind your family you love to be pampered and that our gift certificates would make the perfect gift!



Kinsey Massage Therapy

is licensed in massage therapy by the state of PA and provides an adaptable blend of deep tissue, trigger point, mobilization, myofascial release and deep relaxation therapies uniquely tailored to each individual.

Therapeutic massages are available Mondays in the salon by **APPOINTMENT ONLY.**

30 Minutes - \$20

60 Minutes - \$40

Book directly with Kinsey!

484-223-8816

LUTHERAN MANOR CINEMAS PRESENTS

SPECIAL EVENT

"A Star is Born" Through the Ages Through the Ages



Friday, April 12 @ 1:00
pm
A Star is Born (2018)
Starring:
Bradley Cooper

Nominated for 8 Academy Awards,
Won for Best Original Song
"Shallow"

Won an Oscar for
Best Original Song for
"Evergreen"

Monday, April 15 @ 1:00 pm
A Star is Born (1976)
Starring:
Kris Kristofferson
& Barbara Streisand



Friday, April 26 @ 1:00 pm
A Star is Born (1954)
Starring:
James Mason
& Judy Garland

Judy Garland was
nominated for an
Academy Award for Best Actress

Nominated for 7
Academy Awards,
won for Original Story

Monday, April 29 @ 1:00 pm
A Star is Born (1937)
Starring:
Frederic March
& Janet Gaynor



**FEEL FREE TO BRING YOUR FAVORITE SNACKS
TO ENJOY DURING THE MOVIE!**



Kierra's Kickstart to Fitness

IMPORTANT REMINDER

In order to use the fitness center or attend classes, you must enroll by completing required paperwork. Please stop by the Fitness Center or call Kierra at x208 to obtain the paperwork.

Welcome Tammy and Dana!

While Kierra is out on maternity leave, Tammy will be here Mondays and Dana will be here Tuesdays through Thursdays. They will take over classes, help with machines, and help with programs.

Tammy



Dana



Walker's Club

We will begin meeting at 9:00 AM again on Mondays, Wednesdays, and 2:00 PM on Fridays. We will use the track, but hopefully it will warm up to start going outside!

April is National Occupational Therapy Month

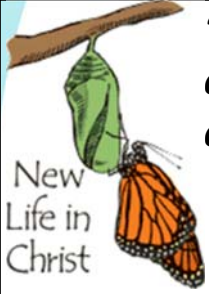


OT is very important to maintaining one's independence. If you've ever had OT and are not sure how to transition to fitness, visit us and we can help!





From the Chaplain



New
Life in
Christ

“What the caterpillar calls the end of the world, the Master calls a butterfly.”

-Richard Bach, the author of *Jonathan Livingston Seagull*
Christians often use butterflies as symbols of the joy and transformation associated with the Resurrection of our Lord. And, if you take a moment to think about the transformation of the Resurrection, you might notice that it was not only Jesus who was changed. The women at the tomb, the disciples on the road to Emmaus, and the other followers of the risen Lord were

transformed as they shared the importance of Jesus in their lives. They emerged from the cocoons of their fear and their “wings” were freed, giving them a joy and a new spirit in their lives.

The butterfly can serve as a reminder to *us* to get up and move out of *our* cocoons.

Be filled with the joy of transformation! Share the story of new life given to us through the death and resurrection of Jesus Christ. Spread *your* wings and be filled with God’s spirit.

*A Blessed Easter,
Pastor Clark*

WORSHIP AT LUTHERAN MANOR in the Community Room at 2 pm (except Easter)

Tuesday, April 2- Father Daniel Kravatz, Notre Dame RC Church, Bethlehem

Thursday, April 4- Spanish Worship- Pastor Rose, First Baptist Church, Bethlehem

Thursday, April 11- Pastor Rick Sergi, Emmanuel EC Church, Bethlehem

Thursday, April 18- Pastor Jay Wetzel, Lutheran retired

EASTER SUNDAY, 6:30 am- Pastor Werner Koch, St. Stephen Lutheran, Bethlehem

Thursday, April 25th- Pastor Joy Wyler, Unity of the LV, Emmaus

PALMS will be available early on Monday, April 15th in the Lounge.

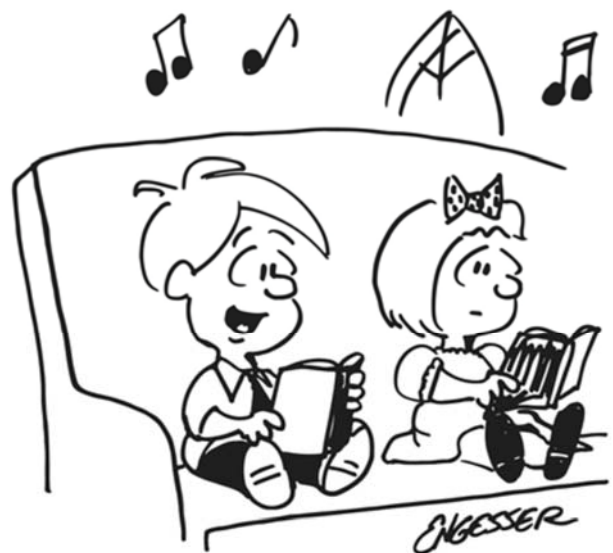
PALM CROSS INSTRUCTION is on Wed., April 17th at 2 pm in the Community Room.

WORSHIP EASTER MORNING

April 21st at 6:30 AM

in the Community Room

followed by Coffee and Hot Cross Buns!!



“Hope the choir does some hip-hop for Easter!”

In Loving Memory



Claudie McPhearson
August 27, 1961 - March 1, 2019

Memorial Worship

*In memory of our Service Coordinator,
good friend and colleague.*

Will be held on:

Wednesday, April 3, 2019

at 12:30 pm

In the Community Room

Our Activities

Religious Activities

<u>Activity</u>	<u>Day(s)</u>	<u>Time</u>	<u>Place</u>
Church (English)	1st Tuesday & 2nd, 3rd, 4th Thursdays of each month	2:00 pm	Community Room
Church (Spanish)	1st Thursday of the month	2:00 pm	Community Room
Bible Study	Every Wednesday	12:30 pm	Community Room
Chat Room	Every Thursday	10:00 am	Community Room
Prayer Time	1st and 3rd Thursday of each month	7:00 pm	Community Room
Angel Study	2nd and 4th Thursday of Each Month	6:30 pm	Community Room
Sunday Praise	2nd Sunday of each month	1:00 pm	Lounge

Exercise Classes

<u>Activity</u>	<u>Day(s)</u>	<u>Time</u>	<u>Place</u>
Stand Up for Strength	Every Monday	11:30 am	Exercise Room
Joyful Joints	Every Tuesday & Thursday	10:00 am	Exercise Room
Basic Balance	Every Tuesday & Thursday	11:00 am	Exercise Room
Zumba Gold	Every Thursday	9:00 am	Exercise Room
Fit For Life	Monday Wednesday	10:00 am 12:00 pm	Exercise Room
Afternoon Meditation & Stretch	Every Tuesday & Thursday	1:00 pm	Exercise Room
Walkers Club	Mon, Wed Fri	9:00 am 2:00 pm	Outside/Fitness Center
Everybody's Yoga	Every Friday	10:15 am	Exercise Room
Tai Chi	Every Friday	11:00 am	Exercise Room

Our Activities

Happening in April

<u>Activity</u>	<u>Day(s)</u>	<u>Time</u>	<u>Place</u>
BINGO	Every Monday	6:00 pm	Lounge
Snack Stand	Every Mon & Wed	3:00 pm	Lobby
Ice Cream	Every Wednesday	5:00 pm	Lounge
Shuffleboard League	Every Thursday	6:00 pm	Game Room
LOUNGE CLOSED FOR CLEANING	Every Friday	7-10 am	Lounge
<u>VAN TRIP PAPERS DROP-OFF</u>	<u>MONDAY, APRIL 1</u>	<u>8:30 AM</u>	<u>MAIN OFFICE - TIFFANY</u>
Memorial Worship in honor of Claudie	Wednesday, April 3	12:30 pm	Community Room
ELVIS TRIBUTE: Gospel	Thursday, April 4	12:30 pm	Lounge
Second Harvest	Friday, April 5	1:00 pm	Lounge
Computer Class	Friday, April 5	1:00 pm	Computer Room/Library
Coffee, Donuts, Bagels & Muffins	Saturday, April 6	8:00 am	Lounge
Pinochle Party	Saturday, April 6	12:30 pm	Lounge
Sunday Praise with David	Sunday, April 7	1:00 pm	Lounge
Committee Meeting	Monday, April 8	1:30 pm	Conference Room
General Meeting	Tuesday, April 9	2:00 pm	Lounge
Blood Pressure Check	Thursday, April 11	6:00 pm	Lounge
MOVIE EVENT: A Star is Born (2018)	Friday, April 12	1:00 pm	Community Room
Sandwich Sale Pick Up	Friday, April 12	11:00 am	Lounge
Breakfast	Saturday, April 13	8:30 am	Lounge
MOVIE EVENT: A Star is Born (1976)	Monday, April 15	1:00 pm	Community Room
Card Making Class Space Limited - Sign Up Required	Tuesday, April 16	1:30 pm	Lounge
<u>OFFICE CLOSED - FRIDAY, APRIL 19, 2019 - GOOD FRIDAY</u>			
Soup & Hot Dogs	Saturday, April 20	5:00 pm	Lounge
Watercolor with David Space Limited - Sign Up Required	Tuesday, April 23	1:30 pm	Lounge
MOVIE EVENT: A Star is Born (1954)	Friday, April 26	1:00 pm	Community Room
MOVIE EVENT: A Star is Born (1937)	Monday, April 29	1:00 pm	Community Room
Social	Sunday, April 28	5:00 pm	Lounge

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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Fitness Events	Religious Events
<i>Van Trips</i>	Lutheran
Resident's Association	Manor Events
Events	<i>Holidays/Observances/</i>
	<i>Other</i>

3	1 April Fool's Day 9:00 Breakfast @ Bethlehem Diner 9:00 Walkers Club 10:00 Fit For Life 11:30 Stand Up for Strength 3:00 Snack Stand 6:00 BINGO	2 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 1:30 Bazaar Donations 2:00 Church	3 9:00 Banks & Post Office 9:00 Walkers Club 12:00 Fit For Life 12:30 Memorial Worship in Honor of Claudie 1:30 CVS & \$ Store 3:00 Snack Stand 5:00 Ice Cream Sale	4 9:00 Zumba Gold 9:30 Shop-Rite 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 12:30 ELVIS 1:00 Meditation & Stretch 2:00 Church (Esp.) 6:00 Shuffleboard 7:00 Prayer Time	5 7:00-10:00 Lounge Closed 10:15 Everybody's Yoga 11:00 Lunch @ Joey G's 11:00 Tai Chi 1:00 Second Harvest Sign-Ups 1:00 Computer Class - Navigation 2:00 Walkers Club	6 8:00 Coffee, Donuts, Bagels & Muffins 12:30 Pinochle	
7	1:00 Sunday Praise with David	8 9:00 Walkers Club 9:30 Weis 10:00 Fit For Life 11:30 Stand Up for Strength 1:30 Committee Meeting 3:00 Snack Stand 6:00 BINGO	9 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 General Meeting	10 9:00 Walkers Club 10:00 Shopping @ Kmart & Lunch @ Sal's 12:00 Fit For Life 12:30 Bible Study 3:00 Snack Stand 5:00 Ice Cream Sale	11 7:00-10:00 Lounge Closed 9:00 Zumba Gold 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 6:00 Shuffleboard 6:00 Blood Pressure Check 6:30 Angel Study	12 9:00 Shopping @ Hobby Lobby & Khol's / Lunch @ Diner 248 10:15 Everybody's Yoga 11:00 Sandwich Sale Pick Up 11:00 Tai Chi 1:00 Movie: A Star is Born (2018) 2:00 Walkers Club	13 8:30 Breakfast
14	Palm Sunday	15 9:00 Walkers Club 9:30 Giant 10:00 Fit For Life 11:30 Stand Up for Strength 1:00 Movie: A Star is Born (1976) 3:00 Snack Stand 6:00 BINGO	16 10:00 Joyful Joints 11:00 Basic Balance 12:00 Movie @ Carmike Theater 1:00 Meditation & Stretch 1:30 Bazaar Donations 1:30 Card Making Class	17 9:00 Walkers Club 10:30 Lunch @ Brass Rail 12:00 Fit For Life 12:30 Bible Study 3:00 Snack Stand 5:00 Ice Cream	18 9:00 Zumba Gold 9:30 Shopping @ At Home 10:00 Joyful Joints 10:00 Chat Room 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 6:00 Shuffleboard 7:00 Prayer Time	19 OFFICE CLOSED <i>Good Friday</i> 	20 5:00 Soup & Hot Dogs
21	Easter 6:30 am Easter Service	22 Earth Day 9:00 Walkers Club 10:00 Fit For Life 11:00 Lunch @ Sewyco's Fire Co. 11:30 Stand Up for Strength 3:00 Snack Stand 6:00 BINGO	23 9:30 Valley Farms 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 1:30 Watercolor with David	24 Administrative Professionals Day 9:00 Walkers Club 12:00 Fit For Life 12:30 Bible Study 3:00 Snack Stand 5:00 Ice Cream Sale	25 9:00 Zumba Gold 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 4:00 Dinner @ Doughboys 6:00 Shuffleboard 6:30 Angel Study	26 7:00-10:00 Lounge Closed 10:00 Quakertown Farmer's Market 10:15 Everybody's Yoga 11:00 Tai Chi 1:00 Movie: A Star is Born (1954) 2:00 Walkers Club	27
28	5:00 Social	29 9:00 Walkers Club 9:30 Price Rite 10:00 Fit For Life 11:30 Stand Up for Strength 1:00 Movie: A Star is Born (1937) 3:00 Snack Stand 6:00 BINGO	30 10:00 Joyful Joints 11:00 Shopping @ Christmas Tree Shoppes & Target 11:00 Basic Balance 1:00 Meditation & Stretch				

VAN TRIPS May 2019

DATE	DAY	TRIP	TIME
May 1	Wednesday	Aldi's & Lunch @ Yocco's	10:30am _____
May 3	Friday	Banks & Post Office	9:30am _____
May 3	Friday	CVS & Lehigh Valley Shopping Center	1:30pm _____
May 6	Monday	Valley Farms & Breakfast	9:00am _____
May 7	Tuesday	Lunch @ Doughboys	11:00am _____
May 8	Wednesday	Pines Dinner Theatre Presents: Second Chances-The Thrift Shop Musical <u>Price: \$47</u>	11:15am _____
May 9	Thursday	Hamilton Crossings Shopping & Lunch	10:00am _____
May 10	Friday	Bach Choir Concert (Free Outdoor Concert)	10:45pm _____
May 13	Monday	Weis	9:30am _____
May 14	Tuesday	Breakfast @ Oasis Restaurant	9:00am _____
May 15	Wednesday	Movie @ AMC Theater & Lunch	10:30pm _____
May 16	Thursday	Northampton Crossings Shopping & Lunch	10:00 am _____
May 17	Friday	Allentown Farmers Market & Lunch at the Paddock	10:30am _____
May 20	Monday	Wegmans	9:30am _____
May 21	Tuesday	Dinner @ Cracker Barrel	4:00pm _____
May 22	Wednesday	Bingo @ Lehigh Valley Active Life	5:15pm _____
May 23	Thursday	Dinner @ Marblehead	4:00pm _____
May 24	Friday	Green Dragon Market & Lunch	9:00am _____
May 26	Sunday	Shopping @ Promenade Shoppes & Lunch	9:00am _____
May 27	Monday	ShopRite	9:30am _____
May 28	Tuesday	Dinner & Ice Cream @ Ritz	4:00pm _____
May 29	Wednesday	Hometown Flea Market	8:30am _____
May 31	Friday	PA Playhouse Presents: Joseph & The Amazing Technicolor Dream Coat <u>Cost: \$22</u>	6:30pm _____

Forms will be collected starting at 8:30 am on Monday, April 1, 2019 in the Main Office.

Name: _____

Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

SPECIAL EVENTS April 2019

I want to sign up to attend the following special events and speakers.....

(check off what you want to attend)

Movie Days - Please be in your seat 15 minutes before the start of the movie

SPECIAL EVENT: A Star is Born Through the Ages

A Star is Born (2018)

_____ Friday, April 12 at 1:00 pm

A Star is Born (1976)

_____ Monday, April 15 at 1:00 pm

A Star is Born (1954)

_____ Monday, April 29 at 1:00 pm

A Star is Born (1937)

_____ Friday, April 26 at 1:00 pm

ELVIS: Gospel Tribute

_____ Thursday, April 4 at 12:30 pm

Computer Class with Nancy - Topic: Navigating the Computer

_____ Friday, April 5 at 1:00 pm

Card Making Class - SPACE LIMITED, SIGN UP REQUIRED

_____ Tuesday, April 16 @ 1:30 pm

Watercolor with David - SPACE LIMITED, SIGN UP REQUIRED

_____ Tuesday, April 23 @ 1:30 pm

SPEAKER: United Healthcare

_____ Wednesday, May 1 @ 2:00 pm

Forms will be collected starting at 8:30 am on Monday, April 1, 2019 in the Main Office.

NAME: _____ APT#: _____