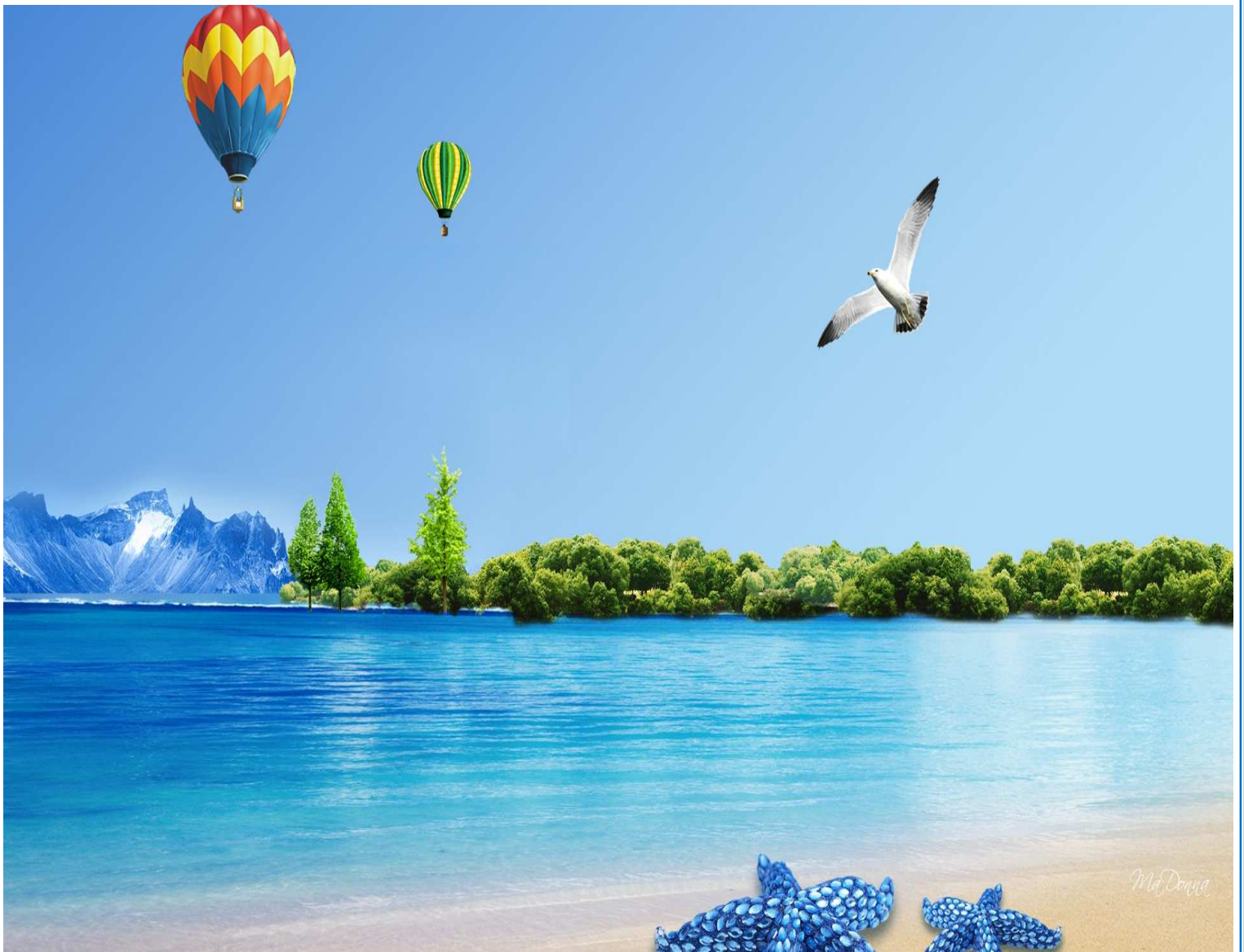


August 2017

Hi Lites of Lutheran Manor



MaDonna





NEW RESIDENT
John Toth 210

August 1 (Tuesday)	Van Trip Paper drop off Walkers Club Weis Market Rev. James Harper, Notre Dame RC, Bethlehem	7:00 a.m. 9:00 a.m. 11:00 a.m. 2:00 p.m.	Lounge Outside Van Trip Lounge
August 2 (Wednesday)	Exercise Bible Study Piano Playing	10:00 a.m. 12:30 p.m. 3:00 p.m.	Lounge Lounge Lounge
August 3 (Thursday)	Zumba Gold Banks, CVS, \$ Store, Post Office Chat Room Speaker-Ice Cream Social Blood Pressure Prayer Time	9:00 a.m. 9:30 a.m. 10:00 a.m. 1:00 p.m. 6:00 p.m. 7:00 p.m.	Lounge Van Trip Lounge Lounge Lounge Lounge
August 4 (Friday)	(Lounge & Laundry Rm CLOSED till 9:45 am) Walkers Club Yoga Mobile Market Lunch @Taste of Italy Bar & Grill Movie@Carmike Tai Chi Second Harvest	9:00 a.m. 10:00 a.m. 10:00 a.m. 11:00 a.m. 12:45 p.m. 1:00 p.m.	Outside Conf Rm Lounge Van Trip Conf Rm Lounge
August 5 (Saturday)	Coffee & Donuts Pinochle Party	8:00 a.m. 12:30 p.m.	Lounge Lounge
August 7 (Monday)	Exercise Giant Crafts-Floral Arrangement Class	10:00 a.m. 12:00 p.m. 1:30 p.m.	Lounge Van Trip Lounge
August 8 (Tuesday)	Walkers Club Massage Dinner @Doughboys	9:00 a.m. 9:00 a.m. 4:00 p.m.	Outside Conf Rm Van Trip
August 9 (Wednesday)	Exercise Bible Study Computer Class Line Dancing Piano Playing	10:00 a.m. 12:30 p.m. 1:00 p.m. 2:00 p.m. 3:00 p.m.	Lounge Lounge Comp Rm Lounge Lounge

August 10 (Thursday)	Zumba Gold	9:00 a.m.	Lounge
	Sussex County Fairgrounds NJ	9:00 a.m.	Van Trip
	Senior Day Cost:\$4.00		
	Chat Room	10:00 a.m.	Lounge
	Rev. J.R. Martinez,	2:00 p.m.	Lounge
	St John's EC, Allentown		
August 11 (Friday)	(Lounge & Laundry Rm CLOSED till 9:45 am)		
	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Lounge
	Mobile Market	10:00 a.m.	Lounge
	Tai Chi	12:45 p.m.	Lounge
August 12 (Saturday)	Iron Pigs Game Cost:\$10.00	4:45 p.m.	Van Trip
	Pizza Party-MartyThe Country Jade	5:00 p.m.	Lounge
August 14 (Monday)	Exercise	10:00 a.m.	Lounge
	Movie-LION	1:00 p.m.	Conf Rm
August 15 (Tuesday)	Dinner @Red Lobster Restaurant	4:00 p.m.	Van Trip
	Walkers Club	9:00 a.m.	Outside
	Lunch @Roma Ristorante & Shopping @Ross/Christmas Shop	11:00 a.m.	Van Trip
August 16 (Wednesday)	Speaker-Wills/Power of Attorney	2:00 p.m.	Lounge
	Exercise	10:00 a.m.	Lounge
	Wegmans	12:00 p.m.	Van Trip
	Bible Study	12:30 p.m.	Lounge
August 17 (Thursday)	Piano Playing	3:00 p.m.	Lounge
	Zumba Gold	9:00 a.m.	Lounge
	Chat Room	10:00 a.m.	Lounge
	Rev. James Muske, St. Matthew's Lutheran, Bethlehem	2:00 p.m.	Lounge
	Muhlenberg Festival	6:30 p.m.	Van Trip
August 18 (Friday)	Prayer Time	7:00 p.m.	Lounge
	Lounge Cleaning	6:00 a.m.	Lounge
	(Lounge & Laundry Rm CLOSED till 9:45 am)		
	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Conf Rm
August 19 (Saturday)	Mobile Market	10:00 a.m.	Lounge
	Tai Chi	12:45 p.m.	Conf Rm
	Easton Farmer's Market	9:00 a.m.	Van Trip
August 21 (Monday)	Breakfast @Tic Toc/Walmart	9:00 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
August 22 (Tuesday)	Crafts-Making Greeting Cards	1:30 p.m.	Lounge
	Walkers Club	9:00 a.m.	Outside
	West End Fair	10:45 a.m.	Van Trip

August 22 (Tuesday)	Art with Pat	1:30 p.m.	Lounge	
August 23 (Wednesday)	Exercise	10:00 a.m.	Lounge	
	Lunch @Applebee's/Shopping @Burlington in Nazareth	10:30 a.m.	Van Trip	
	Bible Study	12:30 p.m.	Lounge	
	Computer Class	1:00 p.m.	Comp Rm	
	Line Dancing	2:00 p.m.	Lounge	
	Piano Playing	3:00 p.m.	Lounge	
	August 24 (Thursday)	Zumba Gold	9:00 a.m.	Lounge
Chat Room		10:00 a.m.	Lounge	
Rev. Nahadil, Christ EC, Allentown		2:00 p.m.	Lounge	
Good Shepherd Aquatic Pool Program, Cost: \$8.00 (Physician Waiver required)		4:00 p.m.	Van Trip	
(Lounge & Laundry Rm CLOSED till 9:45 am)				
August 25 (Friday)		Walkers Club	9:00 a.m.	Outside
		Yoga	10:00 a.m.	Lounge
	Mobile Market	10:00 a.m.	Lounge	
	Tai Chi	12:45 p.m.	Lounge	
	Manicures by Appointment	9:30 a.m.	Lounge	
August 26 (Saturday)	Social-Rehrig Brothers	5:00 p.m.	Lounge	
August 27 (Sunday)	Knoebels Park-Elysburg, PA	8:30 a.m.	Van Trip	
August 28 (Monday)	Exercise	10:00 a.m.	Lounge	
	Movie-LION	1:00 p.m.	Conf Rm	
	Walkers Club	9:00 a.m.	Outside	
August 29 (Tuesday)	Aldi-(Bring quarter & bags)	11:00 a.m.	Van Trip	
	Art with Pat	1:30 p.m.	Lounge	
August 30 (Wednesday)	Exercise	10:00 a.m.	Lounge	
	Bible Study	12:30 p.m.	Lounge	
	Piano Playing	3:00 p.m.	Lounge	
	Dinner @Blue Monkey Sports Restaurant	3:30 p.m.	Van Trip	
	August 31 (Thursday)	Zumba Gold	9:00 a.m.	Lounge
Chat Room		10:00 a.m.	Lounge	
Rev. Joy Wyler, Unity of the LV, Emmaus		2:00 p.m.	Lounge	
Good Shepherd Aquatic Pool Program, Cost: \$8.00 (Physician Waiver required)		4:00 p.m.	Van Trip	



Our Activities

<u>Activity</u>	<u>Dates</u>	<u>Time</u>	<u>Place</u>
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Walkers Club	Every Tuesday & Friday	9 a.m.	Outside
Church	1st Tuesday & 2nd, 3rd, 4th Thursday	2:00 p.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Lounge
Line Dancing	Every other Wednesday	2:00 p.m.	Lounge
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Zumba Gold	Every Thursday	9:00 a.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Lounge
Prayer Time	1st & 3rd Thursday of each month	7:00 p.m.	Lounge
Yoga	Every Friday	10:00 a.m.	Conf Rm
Tai Chi	Every Friday	12:45 p.m.	Conf Rm
Mobile Market	Every Friday	10:00 a.m.	Lounge
Sunday Praise	Every 2nd Sunday	1:00 p.m.	Lounge

September

2017

Saturday	9/2	Coffee & Donuts	8:00 a.m.
Saturday	9/2	Pinochle Party	12:30 p.m.
Sunday	9/3	Labor Day Picnic	1:00 p.m.
Saturday	9/16	Soup & Hotdogs	5:00 p.m.
Wednesday	9/20	Birthday Party-Jim & Robin	5:00 p.m.

**Labor Day
Picnic Celebration**



Claudie's SUMMER FUN! Corner



Anthony Evans

Sweet Home Primary Care

Thursday, August 3, 2017

1:00 pm in the Lounge

Come down and **meet & mingle** with someone you don't know. And enjoy a delicious **ice cream**.

Sign up required!!!

Floral Arrangement Class

Jannal Jarrah

Country Rose Florist

Monday, August 7, 2017

1:30 pm in the Lounge

You will learn how to make a beautiful **Floral Arrangement** that you can take home with you.

Only 20 residents may attend this class.

Sign up required!



Wills, Trusts and Powers of Attorney

Connie Happ, 1847 Financial will be here on **Tuesday, August 15, 2017** 2pm in the Lounge

You will hear about the **importance** of a **Will, Living Will and Power of Attorney** and what they should contain. She will go over the planning process.

REFRESHMENTS WILL BE SERVED!

Greeting Cards Class

Eileen Lang will be here on **Monday, August 21, 2017** 1:30 pm in the Lounge

Make the perfect Card for every occasion. Only **10** residents may participate for this class.

Sign up early!



Computer Class

Wednesday,
August 9 & 23
1-3 pm

Sign up required.



Tai Chi



Every Friday
12:45 pm
in the Conference Room.

YOGA

Every Friday
10:00 am
in the Conference Rm.



Piano Playing & Singing

with Gladys
Every Wednesday
3pm
in the Lounge



Walkers Club

Every Tuesday &
Every Friday @ 9:00 am

This Club welcomes everyone!!!

ZUMBA GOLD

Every Thursday
9:00 am
In the Lounge



MASSAGE

Tuesday, August 8

9:00-2:00 pm
Conference Room

If you are interested in getting a
massage please **sign-up**
with Claudie.

Price: \$20.00 1/2 hour
\$40.00 1 hour

Chair Massage
also available.



Coffee & Donuts

Saturday, August 5th
8:00 a.m. to 10:30 a.m.
\$1.00 coffee
\$1.00 donut

\$1.00 additional donuts
Friends and Family

Blood Pressure Check
Thursday, August 3
6:00 p.m.
in the Lounge.



EXERCISE
Every Mon & Wed
10:00 am
in the Lounge.

Linda will be here to do

MANICURES

Saturday, August 26



Set up an appointment with Claudie.

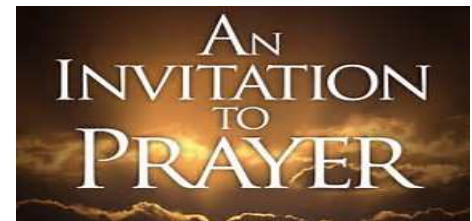
NOW SHOWING

Monday
&
August 14 & 28
1pm in the Conference Room

LION



A five-year-old Indian boy gets lost on the streets of Calcutta, thousands of kilometers from home. He survives many challenges before being adopted by a couple in Australia. 25 years later, he sets out to find his lost family.



Prayer Time

1st & 3rd Thursday

of each month

In the Lounge

7:00 pm-8:00 pm

Everyone is Welcome!

Coordinators: Bev Westwood &
Loretta Mollo

LINE DANCING

Peggy Sue Tobias

will be here on

Wednesday,

August 9 & 23

2pm

In the Lounge



50/50
Raffle

PIZZA PARTY

Entertainment by:
Marty The Country Jade

Saturday, August 12, 2017

5pm in the Lounge
Doors open at 4pm



Sunday Social

LET THE
GOODTIMES
ROLL

The Resident's Association
Sunday, August 27, 2017



4pm Doors open
5pm Refreshments
6pm Entertainment

50/50
RAFFLE

Entertainment by:
Rehrig Brothers



Donations requested!



Sunday, September 3, 2017

1 pm in the lounge

BUFFET MENU

- Sausage & Peppers w/buns
- Hamburger Bar-B-Q w/buns
- Baked Beans
- Pasta Salad
- Potato Salad
- Chips
- Ice Tea

Soda \$1.00

Doors open at noon

Cost:

\$11 per person

\$13 per guest

(limit 2)

Entertainment by:

Dale Sine from the Mel-O-Dee Aces

Coordinator: Sandy Borger

LABOR DAY PICNIC

SUNDAY, SEPTEMBER 3, 2017

Put slip under Marge Bachemin's door #705 with cash in envelope.



NAME: _____

APT# _____

PHONE: _____

of Guests _____

Deadline for Reservations, Wednesday, August 30, 2017

ABOUT THOSE SERMONS...

On Thursdays and some Tuesday afternoons, as well as over the weekend, many of you hear sermons. Pastors take the responsibility of bringing God's Word to you very seriously. **But many times the first message people hear (or see) is a sermon preached by YOU!**

+You preach a sermon of welcome when you smile or share an encouraging greeting with those you meet before and after worship.

+You preach a sermon of faith and joy when you enthusiastically participate in worship.

+You preach a sermon about the importance of prayer when you quietly prepare in personal reflection for worship.

+You preach a sermon of reverence when you listen attentively in worship.

+You preach a sermon of faith and commitment when you respond to God's graciousness in your life by sharing his Word and giving of your time and offerings to help others.

Yes, it is true; there are many Tuesdays, Thursdays, Sundays (or whenever you worship) in which YOUR sermon can be the most effective preaching that day. *—Pastor Clark*



WORSHIP IN AUGUST...2pm in the Lounge

Tuesday, August 1st - Rev. James Harper, Notre Dame RC, Bethlehem

Thursday, August 10th - Rev. J.R. Martinez, St. John's EC, Allentown

Thursday, August 17th - Rev. James Muske, St. Matthew's Lutheran, Bethlehem

Thursday, August 24th - Rev. Richard Nahadil, Christ EC, Allentown

Thursday, August 31 - Rev. Joy Wyler, Unity of the Lehigh Valley, Emmaus



You are always welcome at our **WEEKLY BIBLE STUDY** here at Lutheran Manor on Wednesdays at 12:30pm in the Lounge (behind the wall dividers ;-). Thank you to Rich Kuhn for leading the Bible Study when Pastor Clark is unable to be there.

CHAT ROOM meets every Thursday at 10 am in the Lounge. It is a great opportunity to meet your neighbors and to have some fun and even learn something new in the process. You are always welcome.

PRAYER TIME is on Thursdays, August 3rd and 17th in the Lounge at 7 pm.

"NO" SUNDAY PRAISE in August. He will resume in September.



Art with Pat

Tuesday, August 22 & 29

1:30 pm

In the Lounge



Theme for Class is
"Winter in Summer"
preparing toned canvases and
painting winter themes.

WHAT
DO
YOU NEED



At times we receive *furniture and items* for fellow residents. If you find there is something you can use, **please fill out the form below and return to Claudie.**

This will make it easy for me to distribute any requested items to a resident in need.

Thank you!

NAME: _____

APT: _____

I request the following items:



Special Events & Speakers

I want to **sign up** to attend the following special events and speakers.....

(check off what you want to attend)

Movie– LION (Pick one time only!)

_____ Monday, August 14 at 1pm-Be in your seat by 12:45pm.

_____ Monday, August 28 at 1pm-Be in your seat by 12:45pm.

Computer Class with Nancy

_____ Wednesday, August 9 at 1:00 pm

_____ Wednesday, August 23 at 1:00 pm

Line Dancing with Peggy Sue

_____ Wednesday, August 9 at 2:00 pm

_____ Wednesday, August 23 at 2:00 pm

Speakers/Events

_____ **Ice Cream Social-** Thursday, August 3 at 1:00 pm

_____ **Crafts- Floral Arrangement Class,** Monday, August 7 at 1:30 pm

_____ **Wills/Power of Attorney–** Tuesday, August 15 starting at 2:00 pm

_____ **Crafts-Making Greeting Cards Class,** Monday, August 21 at 1:30 pm

Massage with Jenn (An appointment time will be assigned to you!)

_____ Tuesday, August 8 starting at 9:00am

Manicures with Linda (An appointment time will be assigned to you!)

_____ Saturday, August 26 between 9:30am-5:00pm

Art with Pat

_____ Tuesday, August 22 & 29 at 1:30 pm

Complete and return this form when you turn in your van trip sign up sheet!

NAME: _____ **APT#** _____



Van Trips



September 2017

DATE	DAY	TRIP	TIME
September 2	Saturday	Banks, CVS, \$ Store, Post Office	9:30 a.m.____
September 5	Tuesday	Giant	12:00 p.m.____
September 6	Wednesday	Breakfast @Perkins Restaurant	9:00 a.m.____
September 7	Thursday	Dinner @Buckeye Tavern Macungie	4:00 p.m.____
September 8	Friday	Lunch @ Wert's Café /Allentown Farmer's Market	10:45 a.m.____
September 11	Monday	Breakfast @Nazareth Diner/Walmart in Easton	9:00 a.m.____
September 12	Tuesday	Shopping @Palmer Mall/Dinner @Olive Garden	3:30 p.m.____
September 14	Thursday	Good Shepherd Aquatic Pool Program Cost:\$8.00 (Physician waiver required)	4:00 p.m.____
September 15	Friday	Lunch @Red Robins/Movie @The Promenade	11:00 a.m.____
September 18	Monday	Wegmans	9:30 a.m.____
September 19	Tuesday	New Hope Rice's Market/Lunch	8:30 a.m.____
September 20	Wednesday	Weis	12:00 p.m.____
September 22	Friday	Breakfast @The Palace/Valley Farms	9:00 a.m.____
September 25	Monday	Aldi	11:30 a.m.____
September 26	Tuesday	Dinner @Old Country Buffet	4:00 p.m.____
September 27	Wednesday	Shopping @Kmart/Lunch @ Sal's Pizza Restaurant in Wind Gap	10:00 a.m.____
September 28	Thursday	Good Shepherd Aquatic Pool Program Cost:\$8.00 (Physician waiver required)	4:00 p.m.____
September 29	Friday	Dinner @Outback Steakhouse Restaurant	4:00 p.m. ____



Please fill out the form and bring to my office, I will start collecting forms at 7 a.m. on the first day of the month.

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

AUGUST 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 7:00 Van Trip Papers 9:00 Walkers Club 2:00 Rev James Harper, Notre Dame RC, Bethlehem	2 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing	3 9:00 Zumba Gold 10:00 Chat Room 1:00 Ice Cream Social 6:00 Blood Pressure 7:00 Prayer Time	4 9:00 Walkers Club 10:00 Mobile Market 10:00 Yoga 12:45 Tai Chi 1:00 Second Harvest	5 8:00 Coffee & Donuts 12:30 Pinochle Party
6	7 10:00 Exercise 1:30 Crafts-Floral Arrangement Class	8 9:00 Walkers Club 9:00 Massage 	9 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 2:00 Line Dancing 3:00 Piano Playing	10 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev J.R. Martinez, St John's EC, Allentown	11 9:00 Walkers Club 10:00 Mobile Market 10:00 Yoga 12:45 Tai Chi	12 5:00 Pizza Party
13	14 10:00 Exercise 1:00 Movie-LION	15 9:00 Walkers Club 2:00 Speaker-Wills/ Power of Attorney	16 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing	17 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev James Muske, St Matthew's, Lutheran 7:00 Prayer Time	18 9:00 Walkers Club 10:00 Mobile Market 10:00 Yoga 12:45 Tai Chi	19
20	21 10:00 Exercise 1:30 Crafts-Making Greeting Cards Class	22 9:00 Walkers Club 1:30 Art with Pat 	23 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 2:00 Line Dancing 3:00 Piano Playing	24 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev Nahadil, Christ EC, Allentown	25 9:00 Walkers Club 10:00 Mobile Market 10:00 Yoga 12:45 Tai Chi	26 9:30 Manicures by Appointment
27 5:00 Social 	28 10:00 Exercise 1:00 Movie-LION	29 9:00 Walkers Club 1:30 Art with Pat	30 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing	31 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev Joy Wyler, Unity of the LV, Emmaus		