## December 2016

# Hi Lites of Lutheran Manor











#### **NEW RESIDENTS**

Linda Cooper Apt #606 Elsie Smith Apt #217

December 1 (Thursday)	Giant	9:30 a.m.	Van Trip
)	Chat Room	10:00 a.m.	Lounge
	Rev. Tony Pompa, Cathedral Church	2:00 p.m.	Lounge
	Good Shepherd Aquatic Pool	4:00 p.m.	Van Trip
	Program Cost: \$8.00 (Physician		
	waiver required)		
	Blood Pressure Check	6:00 p.m.	Lounge
	Prayer Time	6:30 p.m.	Lounge
December 2 (Friday)	Lounge Cleaning	7:00 a.m.	Lounge
,	(Lounge & Laundry Rm CLOSED till 9	:45 am)	J
	Banks, CVS, \$ Store, Post Office	9:30 a.m.	Van Trip
	Yoga	10:00 a.m.	Lounge
	Movie-The Christmas Candle	1:00 p.m.	Conf Rm
	Calvary Baptist Church Christmas	6:15 p.m.	Van Trip
	Concert in Easton	-	_
	Wii Bowling	5:30 p.m.	Lounge
December 3 (Saturday)	Coffee & Donuts	8:00 a.m.	Lounge
	Pinochle Party	12:30 p.m.	Lounge
December 5 (Monday)	Shop-Rite Freemansburg Easton	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Watercolor Class	1:00 p.m.	Lounge
	Bingo	6:00 p.m.	Lounge
December 6 (Tuesday)	Massage	9:00 a.m.	Conf Rm
	Zumba	10:00 a.m.	Lounge
	Computer Class	1:00 p.m.	Comp Rm
	Rev. James Harper, Notre Dame	2:00 p.m.	Lounge
	RC Church, Bethlehem		
December 7 (Wednesday)	Shopping @Lehigh Valley Mall	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Lounge
	Line Dancing	2:00 p.m.	Lounge
	Piano Playing	3:00 p.m.	Lounge
December 8 (Thursday)	Chat Room	10:00 a.m.	Lounge
	Speaker- <i>Elvis Tribute</i>	2:00 p.m.	Lounge
	Tri-Boro Spaghetti Night	4:45 p.m.	Van Trip

December 9 (Friday)	Lounge Cleaning	7:00 a.m.	Lounge		
	(Lounge & Laundry Rm CLOSED till 9	:45 am)			
	Breakfast/Paulie's Family Coplay	9:00 a.m.	Van Trip		
	Yoga	10:00 a.m.	Lounge		
	Second Harvest	11:00 a.m.	Lounge		
	Speaker-Holiday Lunch	12:30 p.m.	Lounge		
	(Sign up required)				
	Wii Bowling	5:30 p.m.	Lounge		
December 11 (Sunday)	Holiday Dinner-Jim & Robin	5:00 p.m.	Lounge		
December 12 (Monday)	Staten Island NY-All Star	8:45 a.m.	Van Trip		
	Christmas Cheer & Dance Party				
	Cost: \$51.75				
	Exercise	10:00 a.m.	Lounge		
	Committee Mtg	1:30 p.m.	Lounge		
*	Bingo	6:00 p.m.	Lounge		
December 13 (Tuesday)	HOLIDAY SWEATER DAY!				
	Christmas shopping@Target	9:30 a.m.	Van Trip		
	Ross/Christmas Shop/Lunch				
	Zumba	10:00 a.m.	Lounge		
	General Meeting	2:00 p.m.	Lounge		
	(3rd Floor responsible for snacks)				
December 14 (Wednesday)	Exercise	10:00 a.m.	Lounge		
	Bible Study	12:30 p.m.	Lounge		
	Line Dancing	2:00 p.m.	Lounge		
	Piano Playing	3:00 p.m.	Lounge		
	Christmas Lights Tour	6:30 p.m.	Van Trip		
December 15 (Thursday)	Chat Room	10:00 a.m.	Lounge		
	Rev. Joy Wyler,	2:00 p.m.	Lounge		
	Unity of the LV, Emmaus				
	Good Shepherd Aquatic Pool	4:00 p.m.	Van Trip		
	Program Cost: \$8.00 (Physician				
	waiver required)				
	Prayer Time	6:30 p.m.	Lounge		
December 16 (Friday)	Lounge Cleaning	7:00 a.m.	Lounge		
	(Lounge & Laundry Rm CLOSED till 9:45 am)				
	Liberty High School Concert & Lunch	8:30 a.m.	Van Trip		
	Yoga	10:00 a.m.	Lounge		
	Tai Chi	12:45 p.m.	Lounge		
	Wii Bowling	5:30 p.m.	Lounge		
December 17 (Saturday)	Soup & Hotdogs-Marty & Dee	5:00 p.m.	Lounge		
December 18 (Sunday)	Manicures by Appointment	9:30 a.m.	Lounge		
December 19 (Monday)	Exercise	10:00 a.m.	Lounge		

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December 19 (Monday)	Therapy Dog	11:00 a.m.	Lounge			
	Art with Pat	1:30 p.m.	Lounge			
	Bingo	6:00 p.m.	Lounge			
December 20 (Tuesday)	Zumba	10:00 a.m.	Lounge			
	Computer Class	1:00 p.m.	Comp Rm			
	Art with Pat	1:30 p.m.	Lounge			
December 21 (Wednesday)	Exercise	10:00 a.m.	Lounge			
	Bible Study	12:30 p.m.	Lounge			
	Caroling @Manor Care	1:45 p.m.	Outside			
	Birthday Party – Joe Kroboth	5:00 p.m.	Lounge			
December 22 (Thursday)	Liberty HS Singing	10:00 a.m.	Lounge			
	Rev. Clark Kuntz Worship	2:00 p.m.	Lounge			
	Holiday Caroling	6:30 p.m.	Lobby			
December 23 (Friday)	Lounge Cleaning	7:00 a.m.	Lounge			
	(Lounge & Laundry Rm CLOSED till 9:45 am)					
	Wegmans	9:30 a.m.	Van Trip			
	Yoga	10:00 a.m.	Lounge			
	Wii Bowling	5:30 p.m.	Lounge			
December 25 (Sunday)	HAPPY HOLIDAYS !					
December 26 (Monday)	Holiday (OFFICE CLOSED)					
December 27 (Tuesday)	Weis Market	9:30 a.m.	Van Trip			
	Zumba	10:00 a.m.	Lounge			
	Movie-The Christmas Candle	1:00 p.m.	Conf Rm			
December 28 (Wednesday)	Exercise	10:00 a.m.	Lounge			
	Bible Study	12:30 p.m.	Lounge			
	Piano Playing	3:00 p.m.	Lounge			
	Bingo @The Lehigh Valley Life	5:15 p.m.	Van Trip			
December 29 (Thursday)	Chat Room	10:00 a.m.	Lounge			
	Rich Kuhn, Resident Worship	2:00 p.m.	Lounge			
	Dinner @Doughboys	4:00 p.m.	Van Trip			
December 30 (Friday)	Lounge Cleaning	7:00 a.m.	Lounge			
	(Lounge & Laundry Rm CLOSED ti	ll 9:45 am)				
	Yoga	10:00 a.m.	Lounge			
	Lunch/Movie	11:00 a.m.	Van Trip			
	Wii Bowling	5:30 p.m.	Lounge			
December 31 (Saturday)	New Year's Eve Party	9:30 p.m.	Lounge			



# Our Activities

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<u>Activity</u>	<u>Dates</u>	<u>Time</u>	<u>Place</u>
Bingo	Every Monday	6:00 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Lounge
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Lounge
Prayer Time	1st & 3rd Thursday of each mon	th 6:30 p.m.	Lounge
Yoga	Every Friday	10:00 a.m.	Lounge
Tai Chi	Every Friday	12:45 p.m.	Lounge
Wii Bowling	Every Friday	5:30 p.m.	Lounge



2017

Saturday	1/7	Coffee & Donuts	8:00 a.m.
Saturday	1/7	Pinochle Party	12:30 p.m.
Saturday	1/21	Soup & Hot Dogs-Joe Kroboth	5:00 p.m.
Sunday	1/29	Social-Kato	5:00 p.m.



# Claudies



## Corner



## **Elvis Presley** "Tribute"

Thursday, December 8, 2016
2pm In the Lounge
Jeff Krick will be here to perform
his Elvis Tribute.

You don't want to miss it!

Refreshments will be served!

### **Senior Life**

Will be sponsoring a **Holiday Lunch** 

for the residents of Lutheran Manor

on Friday, December 9, 2016

From: 12:30-1:30 pm



In the Lounge





Is required



#### **Computer Class**

Tuesday, December 6 & 20 1-3 pm

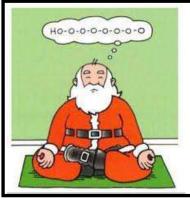
Sign up with Claudie



### TAI CHI

**Friday** at 12:45 pm

Tai Chi will only be on Friday, December 16.



### **YOGA**

**Every Friday** 10:00 am in the Lounge



### **Piano Playing &**

Singing

with Gladys

**Every Wednesday** 3pm in the Lounge

#### **ZUMBA**

**Tuesday** 10 am in the Lounge.



#### Therapy Dog

Monday, Dec 19 At 11:00 am in the lounge.



#### **Coffee & Donuts**

Saturday, December 3rd 8:00 a.m. to 10:30 a.m. \$1.00 coffee



\$1.00 donut \$1.00 additional donuts

Friends and Family



## **MASSAGE**

**Tuesday, December 6** 9:00-12:00 pm

If you are interested in getting a massage please sign-up with Claudie.

> Price: \$20.00 1/2 hour \$40.00 1 hour **Conference Room**

> > **Chair Massage** also available.

Blood Pressure Check
Thursday, Dec 1st
6:00 p.m.
in the Lounge.





#### **EXERCISE**

Every <u>Mon</u> & <u>Wed</u> 10:00 am in the Lounge.

#### Now Showing

The Christmas Candle
Fri, Dec 2 & Tues Dec 27 1pm
In the conference room



Deep in the heart of English countryside lies the village of Gladbury. Legend has it every 25 years an angel visits the village candlemaker and touches one candle. Whoever lights this candle receives a miracle on Christmas Eve. But in 1890, at the dawn of the electric age, this centuries old legend may end. When David, a progressive young minister, arrives, the villagers discover a new formula for miracles. While David's quest to modernize Gladbury sets him at odds with the old world candlemaker, he finds an ally in Emily Barstow. Now, the fiery candlemaker must fight to preserve the legacy of the Christmas Candle. But when the candle goes missing, the miraculous and human collide in the most astonishing Christmas Gladbury has ever seen.



Linda will be here to do
MANICURES
Sunday, Dec 18



See Claudie for an appointment.



#### **WALKERS CLUB**

will be taking a <u>winter break</u>. We will resume

in **April 2017**.



#### **Prayer Time**

1st & 3rd Thursday of each month

In the Lounge 6:30-7:30 pm

**Everyone is Welcome!** 

Coordinators: Bev Westwood &

Loretta Mollo



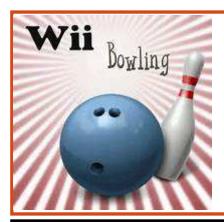
Snacks available every

Monday & Wednesday

From 3-6pm

In the Main Lobby





Every Friday
At 5:30 pm
In the Lounge



## Soup & Hot Dogs Saturday, Dec 17 5 p.m.

<u>SOUP</u>: Ham & Bean \$3.00

HOT DOGS: Plain, Sauerkraut, or Chili \$1.50

RED BEET EGGS: .50

DESSERT: Ice Cream & Strawberries \$2.50

SODA OR COFFEE: \$1.00



6pm
In the Lounge

## Entertainment by: *Marty & Dee*

50/50 Drawing Friends and Family



are Welcome!

## Line Pancing

Peggy Sue Tobias will be here on Wednesday, December 7 & 14
From: 2-3pm
In the lounge

to teach you how to line dance. Wear comfortable clothes, leather sole shoes, No sneakers. No partner needed.

Dancing is a stress reliever.

Let's have fun!



## **Art with Pat**

Monday, December 19 &
Tuesday, December 20
1:30 pm in the Lounge

Artists have been involved with book-making for centuries. In this project, you will make your own "artist book" using one of several methods of book binding. These unique books can be special gifts or personal journals or sketchbooks to keep.

Sign up required!



#### **BIRTHDAY PARTY**



#### Wednesday, December 21st

Cake & Coffee 5 pm
Entertainment 6 pm
Joe Kroboth
Celebrating the months of Oct, Nov, Dec.

"Residents ONLY"

Coordinator: Linda Martz



Please welcome *Sacha Rosado* who has joined the Lutheran Manor Staff.

She is our *New Housekeeper*.





#### Watercolor Class

David will be here on

Monday, December 5th

at 1:00 pm
In the Lounge



#### **Liberty High School**

Women's Chorale and Acappella Singers will be joining us **once again** on **Thursday, December 22, 2016** 



at 10:00 am in the Lounge

Join us for some **Piano Playing & Holiday singing.** 



### **Holiday Caroling**

Thursday, December 22, 2016

At 6:30 pm

If anyone is interested in singing Holiday Carols, please be at the 1st floor lobby at 6:30 pm.

We will be going to each floor lobby and singing a couple of songs.



## Hope you will join us!

After we are done singing there will be refreshments in the lounge.





Please welcome *Kevin Rego* who has joined the Lutheran Manor Staff.

He is our

New Maintenance person.



It is a custom at **Lutheran Manor** to light a candle in every window during the holiday season.



## Van Passengers

In order to facilitate fun and organized trips we ask a few things from each and every trip attendee.

 Please allow those residents with disabilities to sit in the

#### designated handicapped areas of the van

- Do not tip or collect money for the bus driver (or any staff). Although we understand you want to show your appreciation, it is our mission and pleasure to go above and beyond for the residents of Lutheran Manor.
- We appreciate volunteerism, however, the bus driver must be the person to secure residents with disabilities safely in the van. Residents are not authorized to do that.

Thank you for your attention on this topic.

With your cooperation, we will continue to have successful and fun trips.



### Social Security Award Letters

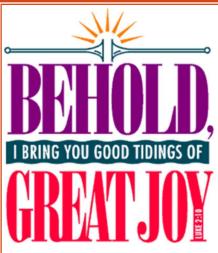
### **MAKE NOTE!**

This is the time of year that we expect each resident to receive their annual Social Security award letter in the mail.

Watch your mail and when you receive your award letter,

please bring it to the office right away so we can make a copy for your file.





#### We need a little Christmas, Right this very minute, Candles in the windows, Carols at the spinet... Yes, we need a little Christmas now."

(Jerry Herman's Broadway musical, Mame)

In a world of darkness and suffering—we need the "Light of the World." In a world wracked by terrorism and war—we need the "Prince

of Peace." In a partisan and polarized nation—we need one who brings "goodwill for all." In a world where so many struggle with poverty—we need "good news for the poor." In a time so fill

with despair—we need the promise of abundant life.

Yes, we need a little Christmas—

The good news is: ... "for onto you is born this day in the city of David, a Savior, which is Christ the Lord." Luke 2:11.

The good news is... wherever hearts are open, ... wherever there is respect and dignity for everyone, ... wherever there is hospitality and welcome ... wherever Christ is! Christmas is! love is.

Blessings of this Holy Season, Pastor Clark



WORSHIP AT LUTHERAN MANOR- 2 pm in the Lounge

Thursday, Dec. 1<sup>st</sup> Rev Tony Pompa, Cathedral Church of the Nativity, Episcopal, Bethlehem Tuesday, Dec. 6<sup>th</sup> -Rev James Harper, Notre Dame RC Church, Bethlehem

Thursday, Dec. 15<sup>th</sup> - Rev. Joy Wyler, Unity of the Lehigh Valley, Emmaus

Thursday, Dec. 22<sup>nd</sup> - Chaplain Clark

Thursday, Dec. 29<sup>th</sup> - Rich Kuhn, resident

#### BIBLE STUDY- Every Wednesday at 12:30pm in the Lounge. Studying Revelation. All are welcome.



snooze alarm you gave me for Christmas.

**CHAT ROOM**- Every Thursday (except December 22nd) at 10 am in the Lounge. Lots of good conversation.

**PRAYER GROUP**- Sponsored by the residents in the Lounge on the first and third Thursdays of each month @6:30pm.

**CAROLING**- Here at Lutheran Manor on Thurs., Dec. 22<sup>nd</sup>. Interested? Meet in the 1<sup>st</sup> FL Lobby at 6:30 pm. ALSO, Traveling to Manor Care on Wed., Dec. 21<sup>st</sup>. Meet in the Lounge at 1:45pm.





#### Sunday, December 11, 2016

5pm in the Lounge Doors Open at 4 pm

#### **Platter Served**

Menu:

Sliced Turkey w/Gravy

Slice Ham

**Parsley Potatoes** 

**Stuffing** 

**Green Beans** 

Salad w/Hot Dressing

**Pumpkin Pie** 

**Coffee or Tea** 

Soda & Water-\$1.00

**Coordinator: Esther Heimbach** 

#### Cost:

\$11 per person

\$13 per guest (limit 2)

Im & Robin 6:00-7:30 pm





3 for \$1.00



# of Guests

#### **HOLIDAY DINNER**

Sunday, December 11, 2016

Place slip in a sealed envelope along with cash payment and slide it under Marge Bachemin's door Apt #705.

Name:	Apt#	_Phone:

**DEADLINE FOR RESERVATIONS IS WEDNESDAY, DECEMBER 7th.** 



#### Saturday, December 31st

Doors open at 8:30 p.m.

**Entertainment by:** 

The Rehrig Brothers

9:30 p.m. to 12:30 a.m.

Cost is **\$10.00** per person
Guests, **\$10.00** 

**B.Y.O.B** permitted







#### **New Year's Eve Party**

Saturday, December 31st

Place slip in a sealed envelope along with cash payment and slide it under Marge Bachemin's door Apt #705.

Name:	Apt#	Phone:
# of Guests:		

**DEADLINE FOR RESERVATIONS IS FRIDAY, DECEMBER 23rd.** 



NAME: APT#	
Complete and return this form when you turn in your van trip sign up sheet!	
Thursday, December 22nd at 6:30 pm (Meet at the 1st Floor Lobby)	
Holiday Caroling	
Sunday, December 18th between 9:30am-5:00pm	
Manicures with Linda (An appointment time will be assigned to you!)	
Tuesday, December 6 starting at <b>9:00am</b>	
Massage with Jenn (An appointment time will be assigned to you!)	
Wednesday, December 14 at 2:00 pm	
Wednesday, December 7 at 2:00 pm	
Line Dancing	
Tuesday, December 20 at 1:00 pm	
Tuesday, December 6 at 1:00 pm	
Monday, December 19 at 1:30 pm & Tuesday, December 20 at 1:30 pm  Computer Class with Nancy	
Art with Pat	
Tuesday, December 27th at 1pm-Be in your seat by 12:45pm.	
Friday, December 2nd at 1pm-Be in your seat by 12:45pm.	
Movie – The Christmas Candle (Pick one time only!)	
Friday, December 9th at 12:30 pm	
Speaker– Senior Life (Holiday Lunch)	
Thursday, December 8th at 2:00 pm (Refreshments will be provided)	
Speaker – Elvis Tribute	
Monday, December 5th at 1:00 pm	
Watercolor Class	
check off what you want to attend)	
want to <u>sign up</u> to attend the following special events and speakers	







#### **January 2017**

DATE	DAY	TRIP	TIME	
January 2	Monday	Weis Market	9:30 a.m	
January 3	Tuesday	Banks, CVS, \$ Store, Post Office	9:30 a.m	
January 4	Wednesday	Dinner @Calvary Baptist Church-Easton Cost: \$7.00	4:15 p.m	
January 5	Thursday	Good Shepherd Aquatic pool program Cost: \$8.00 (Physician waiver required)	4:00 p.m	
January 6	Friday	Lunch @Sam Owens Restaurant in Coplay	11:30 a.m	
January 9	Monday	Shopping @Kmart/Lunch @Wind Gap Diner	10:30 a.m	
January 10	Tuesday	Shop Rite-Freemansburg Ave Easton	9:30 a.m	
January 11	Wednesday	Dinner @Calvary Baptist Church-Easton Cost: \$7.00	4:15 p.m	
January 12	Thursday	Tri-Boro Spaghetti Night Dinner	4:45 p.m	
January 16	Monday	Breakfast/Walmart	9:00 a.m	
January 17	Tuesday	Senior Bingo w/lunch (donations)	10:45 a.m	
January 18	Wednesday	Bingo at Lehigh Valley Active Life	5:15 p.m	
January 19	Thursday	Good Shepherd Aquatic pool program Cost: \$8.00 (Physician waiver required)	4:00 p.m	
January 20	Friday	Dinner @Outback Steakhouse	4:00 p.m	
January 23	Monday	Breakfast/Valley Farms	9:00 a.m	
January 24	Tuesday	Wegmans	9:30 a.m	
January 25	Wednesday	Dinner @Blue Monkey Sports Restaurant	3:30 p.m	
January 27	Friday	Allentown Farmers Market/Lunch @Ritz Barbecue	9:30 a.m	
January 30	Monday	Giant Market	9:30 a.m	

Please fill out the form and bring to n	ny office, I will start collecting forms at 7 a.m. on the		
first day of the month.			
Name:	Apt:		

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.





Sun	Mon	Tue	Wed	Thu	Fri	Sat
I DECEMBER	CANDLE	BISTHOYA	Light your candles in your windows	I 10:00 Chat Room 2:00 Rev Tony Pompa, Cathedral Church 6:00 Blood Pressure 6:30 <b>Prayer Time</b>	2 10:00 Yoga 1:00 <b>Movie</b> -The Christmas Candle 5:30 Wii Bowling	3 8:00 Coffee & Donuts 12:30 Pinochle Party
4	5 10:00 Exercise 1:00 Watercolor Class 6:00 Bingo	6 9:00 Massage 10:00 Zumba 1:00 Computer Class 2:00 Rev James Harper	7 10:00 Exercise 12:30 Bible Study 2:00 <b>Line Dancing</b> 3:00 Piano Playing	8 10:00 Chat Room 2:00 Elvis Tribute	9 10:00 Yoga 11:00 Second Harvest 12:30 <b>Holiday Lunch</b> 5:30 Wii Bowling	10
II 5:00 Holiday Dinner	12 10:00 Exercise 1:30 Committee Mtg 6:00 Bingo	13 10:00 Zumba 2:00 General Meeting Wear your <u>Holiday</u> <u>Sweaters</u>	14 10:00 Exercise 12:30 Bible Study 2:00 <b>Line Dancing</b> 3:00 Piano Playing	15 10:00 Chat Room 2:00 Rev Joy Wyler, Unity of the LV, Emmaus 6:30 <b>Prayer Time</b>	<ul><li>16 10:00 Yoga</li><li>12:45 Tai Chi</li><li>5:30 Wii Bowling</li></ul>	17 5:00 Soup & Hotdogs
18 9:30 Manicures	19 10:00 Exercise 11:00 Therapy Dog 1:30 Art with Pat 6:00 Bingo	20 10:00 Zumba 1:00 Computer Class 1:30 Art with Pat	21 10:00 Exercise 12:30 Bible Study 1:45 Caroling at Manor Care 5:00 <b>Birthday Party</b>	22 10:00 Liberty HS Singing 2:00 Rev Clark Kuntz, Worship Service 6:30 Christmas Caroling	23 10:00 Yoga 5:30 Wii Bowling	24
Happy Holidays!	26 OFFICE CLOSED  CLOSED	27 10:00 Zumba 1:00 <b>Movie</b> – The Christmas Candle	28 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing	29 10:00 Chat Room 2:00 Rich Kuhn, Resident, Worship Service	30 10:00 Yoga 5:30 Wii Bowling	31 9:30 New Year's Eve Party