

December 2017

Hi Lites of Lutheran Manor





New Residents
 Barbara Holler Apt#718
 Basilia Perez-Crespo Apt#1005
 Jane Ferency Apt #1108

December 1 (Friday)	Drop off Van trip papers Yoga Shop-Rite Freemansburg Tai Chi Second Harvest Wii Bowling	7:00 a.m. 10:00 a.m. 11:30 a.m. 12:45 p.m. 1:00 p.m. 5:30 p.m.	Lounge Conf Rm Van Trip Conf Rm Lounge Lounge
December 2 (Saturday)	Coffee & Donuts Pinochle Party Calvary Baptist Church FREE Christmas Concert in Easton	8:00 a.m. 12:30 p.m. 6:15 p.m.	Lounge Lounge Van Trip
December 4 (Monday)	Banks, Post Office Exercise Movie-Gifted CVS, \$ Store Bingo	9:00 a.m. 10:00 a.m. 1:00 p.m. 1:30 p.m. 6:00 p.m.	Van Trip Lounge Conf Rm Van Trip Lounge
December 5 (Tuesday)	Lunch @Red Robins/Movie @The Promenade Rev. James Harper, Notre Dame RC, Bethlehem	11:00 a.m. 2:00 p.m.	Van Trip Lounge
December 6 (Wednesday)	Exercise Bible Study Computer Class Speaker-NO COST Pet Care	10:00 a.m. 12:30 p.m. 1:00 p.m. 1:30 p.m.	Lounge Lounge Comp Rm Lounge
December 7 (Thursday)	Zumba Gold Chat Room Weis Market Elvis Tribute (Jeff Krick) Blood Pressure Prayer Time	9:00 a.m. 10:00 a.m. 11:00 a.m. 2:00 p.m. 6:00 p.m. 7:00 p.m.	Lounge Lounge Van Trip Lounge Lounge Lounge
December 8 (Friday)	Lounge Cleaning (Lounge & Laundry Rm CLOSED till 9:45 am) Shopping @The Crossings/Lunch Yoga	7:00 a.m. 9:30 a.m. 10:00 a.m.	Lounge Van Trip Conf Rm
December 8 (Friday)	Tai Chi Wii Bowling	12:45 p.m. 5:30 p.m.	Conf Rm Lounge
December 9 (Saturday)	FREE Christmas Concert Bach Choir-First Presbyterian Church in Allentown	6:45 p.m.	Van Trip





December 20 (Wednesday) Exercise 10:00 a.m. Lounge
 Bible Study 12:30 p.m. Lounge
 Computer Class 1:00 p.m. Comp Rm
Dinner @Chili's/Lights in the Parkway in Allentown 4:00 p.m. Van Trip

December 21 (Thursday) **BirthDay Party-Joe Kroboth** 5:00 p.m. Lounge
 Zumba 9:00 a.m. Lounge
 Chat Room 10:00 a.m. Lounge
Rev. Clark Kuntz, Worship Service 2:00 p.m. Lounge
Dinner @Longhorn Restaurant 4:00 p.m. Van Trip
 Prayer Time 7:00 p.m. Lounge

December 22 (Friday) Lounge Cleaning 7:00 a.m. Lounge
(Lounge & Laundry Rm CLOSED till 9:45 am)
Breakfast @Tic Toc/Walmart 9:00 a.m. Van Trip
 Yoga 10:00 a.m. Conf Rm
 Holiday Caroling-floor Lobby 6:30 p.m. Lobby
 Manicures by Appointment 9:00 a.m. Lounge

December 23 (Saturday) **HAPPY HOLIDAYS!!! (OFFICE CLOSED)**

December 25 (Monday)

December 26 (Tuesday) **Aldi (make sure to bring quarters & bags) 12:00 p.m. Van Trip**
Movie-Gifted 1:00 p.m. Conf Rm
 Watercolor Class 1:30 p.m. Lounge

December 27 (Wednesday) **Dutch Apple Dinner Theatre- 9:00 a.m. Van Trip**
Presents White Christmas Cost: \$51.00
 Exercise 10:00 a.m. Lounge
 Bible Study 12:30 p.m. Lounge
 Line Dancing 2:00 p.m. Lounge

December 28 (Thursday) Zumba Gold 9:00 a.m. Lounge
 Chat Room 10:00 a.m. Lounge
Rich Kuhns, Resident 2:00 p.m. Lounge
 Worship Service
Good Sherpherd Aquatic Pool 4:00 p.m. Van Trip
Program Cost: \$8.00 (Physician waiver required)

December 29 (Friday) Lounge Cleaning 7:00 a.m. Lounge
(Lounge & Laundry Rm CLOSED till 9:45 am)
Breakfast@The Palace/Valley Farms 9:00 a.m. Van Trip
 Yoga 10:00 a.m. Conf Rm
 Tai Chi 12:45 p.m. Conf Rm

December 30 (Saturday) **Dinner @Red Lobster 4:00 p.m. Van Trip**

December 31 (Sunday) **New Year's Eve Party- 9:30 p.m. Lounge**
Rehrig Brothers

Our Activities

<u>Activity</u>	<u>Dates</u>	<u>Time</u>	<u>Place</u>
Exercise	Every Monday & Wednesday	10:00 am	Lounge
Worship Service	1st Tuesday & 2nd, 3rd, 4th Thursday	2:00 pm	Lounge
Bible Study	Every Wednesday	12:30 pm	Lounge
Line Dancing	Every other Wednesday	2:00 pm	Lounge
Zumba Gold	Every Thursday	9:00 am	Lounge
Chat Room	Every Thursday	10:00 am	Lounge
Prayer Time	1st & 3rd Thursday of each month	7:00 pm	Lounge
Yoga	Every Friday	10:00 am	Conf Rm
Tai Chi	Every Friday	12:45 pm	Conf Rm
Wii Bowling	Every Friday	5:30 pm	Lounge
Sunday Praise	See Calendar	1:00 pm	Lounge



2018

Saturday	1/6	Coffee & Donuts	8:00 a.m.
Saturday	1/6	Pinochle Party	12:30 p.m.
Saturday	1/20	Soup & Hotdogs-Gilberts	5:00 p.m.
Sunday	1/28	Social-Jack & Friends	5:00 p.m.



Claudie's



Corner

NO Cost Pet Care

Tammy Neubauer from Banfield Pet Hospital will be here on:

Wednesday, December 6, 2017

1:30 pm in the Lounge

If you own a pet you definitely want to be here for this presentation. She will be speaking to you about the **preventive care packages**. These preventive care packages provide pets with the healthy things that pets need including office visits, routine vaccines, fecals, deworming and comprehensive blood-work once a year. They offer the basic wellness plans to clients at **no cost** if you are able to **show financial need**. The qualifications include having **low income**, **receiving medicaid, SNAP**.



Elvis Presley

“Tribute”

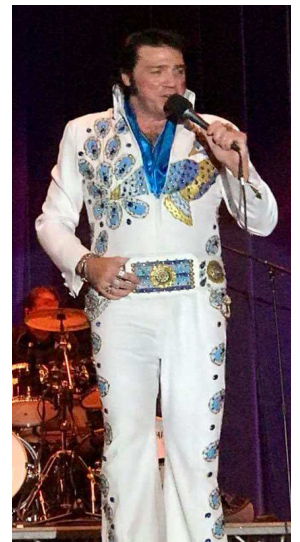
Thursday, December 7, 2017

2pm In the Lounge

Jeff Krick will be here to perform his Elvis Tribute.

Join us for a memorable time of Elvis Holiday Classics.

Refreshments will be served!



Holiday Floral Arrangement Class

Jannal Jarrah
Country Rose Florist

Monday, December 11, 2017

1:30 pm in the Lounge

You will learn how to make a beautiful Holiday Floral Arrangement that you can take home with you.

Only **20** residents may attend this class.

Sign up required!



Holiday **BINGO**

Ivette Sanchez

will be here on **Friday, December 15, 2017**

1:30 pm in the Lounge

Come down and have some fun playing **Holiday BINGO**. What a better way to get to know your neighbors. Win prizes and refreshments will be served.





GET FIT

EXERCISE CLASS



Every Monday
&
Wednesday

10:00 am
in the Lounge.

Walkers Club

Will be taking a *winter break*
starting in
December until the
Wellness Center is
open. Then we will
have no excuse.



ZUMBA GOLD



Every Thursday

9:00 am

In the Lounge



Tai Chi

Every Friday
12:45 pm

NO class on
December 22

in the Conference
Room.



YOGA

Every Friday
10:00 am

in the
Conference
Room.



Computer Class



Wednesday,
December 6 & 20
1:00 pm—3:00 pm

***Topic: Learning to
use a Tablet***

*If you have a Tablet you don't
want to miss this class.*

JUST A REMINDER

It is a custom at
Lutheran Manor to
light a candle in
every window during
the holiday season.



Watercolor Class

David will be here on

Monday, December 26, 2017

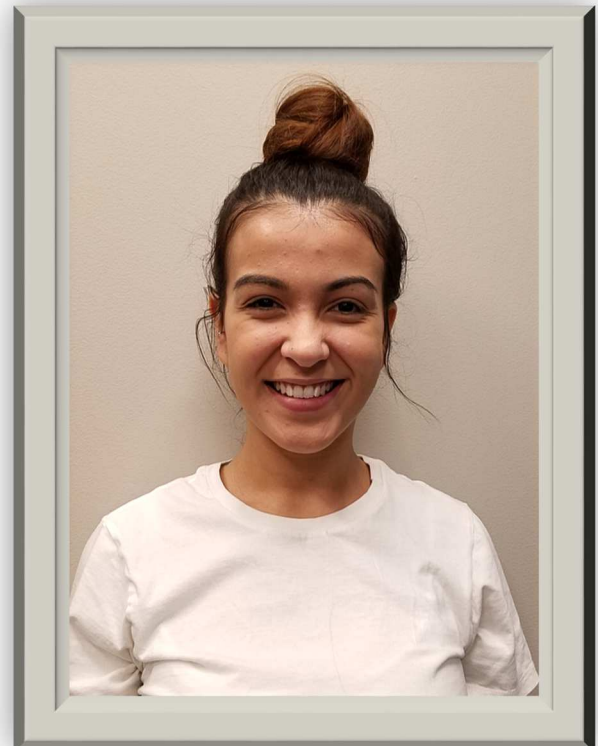
1:30 pm in the lounge



Sign up required!

**Courtney & Staff would like to
Welcome our new addition to the team.**

**VALERIA RODRIGUES
Part-time Housekeeper**



Coffee & Donuts

Saturday, December 2

8:00 am to 10:30 am

\$1.00 coffee

\$1.00 donut

\$1.00 additional donuts

Friends and Family



BLOOD PRESSURE CHECK

First Thursday of every month.

Thursday, December 7

6:00 pm

In the Lounge



Linda will be here to do

MANICURES

Saturday, December 23

9:00 am in the Lounge



Set up an appointment with Claudie.

NOW SHOWING

Monday, December 4 &
Tuesday, December 26

1:00 pm in the Conference Room

Gifted



Frank Adler (Chris Evans) is a single man raising a child prodigy - his spirited young niece Mary (Mckenna Grace) - in a coastal town in Florida. Frank's plans for a normal school life for Mary are foiled when the 7-year-old's mathematical abilities come to the attention of Frank's formidable mother, Evelyn (Lindsay Duncan), whose plans for her granddaughter threaten to separate Frank and Mary.

Sign up required!

AN INVITATION TO PRAYER

Prayer Time

1st & 3rd Thursday

of each month

In the Lounge

7:00 pm-8:00 pm

Everyone is Welcome!

Coordinators: Bev Westwood &
Loretta Mollo

LINE DANCING

Peggy Sue Tobias

will be here on

Wednesday,

December 13 & 27

2:00 pm

In the Lounge





Soup & Hot Dogs
Saturday, December 16
5:00 pm

- SOUP: New England Clam Chowder \$3.00
- HOT DOGS: Plain, Sauerkraut, or Chili \$1.50
- RED BEET EGGS: .50
- DESSERT: Ice Cream & Strawberries \$2.50
- SODA OR COFFEE: \$1.00

Entertainment by:

Gilberts

50/50 Drawing

**Friends and Family
 are Welcome!**



BIRTHDAY PARTY!



Wednesday, December 20

Cake & Coffee 5 pm

Entertainment 6 pm

Joe Kroboth

Celebrating the months of Oct, Nov, Dec.

“Residents ONLY”

Coordinator: Sandy Borger

Liberty High School

**Women’s Chorale and A Cappella
 Singers**

will be joining us **once again** on

Tuesday, December 19, 2017

at **10:00 am** in the Lounge

Join us for some

Piano Playing & Holiday singing.



HOLIDAY CARDS

Eileen Lang will be here on

Tuesday, December 19, 2017

1:30 pm in the Lounge

You will learn to make beautiful **Holiday Cards** in this class. You don’t want to miss it! Lot’s of FUN and you get to take your cards with you.

ONLY 10 residents may participate in this class.

SIGN-UP early!



Cookie exchange

Monday, December 18, 2017

1:30pm in the Lounge

Bake your favorite **cookie and recipe to share**. Everyone that bakes cookies will share with the other bakers.

Once your entry is confirm, I will send out details to all participates of how many cookies to bring.



Limited to 16 bakers.

What a wonderful way to mingle and share!



Cookie exchange

Monday, December 18, 2017

1:30 pm in the Lounge

_____ I would like to participate in the *Cookie Exchange*

The cookie that I will be baking is: _____

NAME: _____

APT: _____

Holiday Sweater Day

STAFF & RESIDENTS

**Wear your favorite holiday sweater & hats on
Tuesday, December 12th.**



**HAPPY
HOLIDAYS!**

Courtney & Staff

Would like to wish you a **Happy**
Holiday Season & Our Sincere
Thanks For Your Loyalty & Good
Will Throughout The Year **2017.**



SNACK STAND

Snacks available every
Monday & Wednesday

From 3:00 pm-6:00 pm
in the Main Lobby



Wii BOWLING



Every Friday (last day Dec 15)
Resume *January 5.*

5:30 pm
In the Lounge

Enhance your social life by playing
Wii Bowling. What a better way to get
active, socialize and more important have
fun.

Come out and watch the Lutheran Manor
Wii Bowling League.



BINGO

Every **Monday**
at 6:00 pm
in the Lounge.



Holiday Caroling

Friday, December 22, 2017
at 6:30 pm

If you are interested in singing
Holiday Carols, please be at the
1st Floor Lobby at 6:30pm.

We will be going to each floor
lobby and singing a couple of
songs.

After we are done singing there
will be refreshments in the
Lounge.





Make ROOM
IN YOUR Heart
for JESUS

“GOOD NEWS OF GREAT JOY”

It's that time of year again... Christmas tunes are playing in our office. It is an exciting time of year. One Christmas song tells us that we should have a “holly, jolly Christmas”, and we really want to.

However, the truth is that the bright lights and songs of Christmas often hide painful truths. The truth is that many people will spend Christmas alone. Many will spend it depressed. Many will worry about the mounting holiday bills. Many will get so caught up in the preparations and shopping that they will spend Christmas frazzled and burned-out. And, many will be painfully reminded of loved ones who have passed away. Hidden behind the holiday joy are always some tears.

It is helpful to remember that the true joy of the Holiday season doesn't come from beautiful lights or familiar songs or any sort of “holiday cheer.”

It comes from the Good News that God is with us.

“God's present (gift) to us is his presence.”

We can have a deep joy this season by remembering that God loves us and comes to us in the midst of the “stuff” that isn't so wonderful.

Peace and Joy this blessed Christmas season, Pastor Clark



In the Lounge at 2pm

Tuesday, December 5th - Rev. James Harper, Notre Dame RC, Bethlehem

Thursday, December 14th – Rev. Jay Wetzel, Lutheran retired

Thursday, December 21st – Chaplain Clark Kuntz

Thursday, December 28th - Rich Kuhn- resident

DECEMBER IN THE LOUNGE

BIBLE STUDY- Wednesdays at 12:30pm

CHAT ROOM- Thursdays at 10am

PRAYER TIME- 1st and 3rd Thursdays at 7pm

SUNDAY PRAISE- Song, Scripture & Prayer at 1 pm on third Sunday. **(December 17)**

DON'T FORGET to give Pastor Clark your suggestions for Worship Leaders for 2018. Better ask your pastor first!



BIRTHDAY PARTY

Wednesday, December 20, 2017

5:00 pm

In the Lounge

Entertainment by: **Joe Kroboth**

“RESIDENTS ONLY”



BIRTHDAY PARTY

Wednesday, December 20, 2017

PLEASE RETURN THIS SLIP TO **Sandy Borger Apt #404**

NAME: _____

APT: _____ # Attending _____ **(RESIDENTS ONLY)**

DEADLINE FOR RESERVATIONS, “Sunday, December 17”



Sunday, December 31st

Doors open at 8:30 p.m.

Entertainment by:

The Rehrig Brothers

9:30 p.m. to 12:30 a.m.

Cost is \$10.00 per person

Guests, \$10.00

B.Y.O.B permitted



New Year's Eve Party

Sunday, December 31st

Place slip in a sealed envelope along with cash payment and slide it under Marge Bachemin's door Apt #705.

Name: _____ Apt# _____ Phone: _____

of Guests: _____

DEADLINE FOR RESERVATIONS IS FRIDAY, DECEMBER 15th.



Special Events & Speakers

I want to sign up to attend the following special events and speakers.....

(check off what you want to attend)

Movie- Gifted (Pick one time only!)

_____ Monday, December 4 at 1:00 pm-Be in your seat by 12:45 pm.

_____ Tuesday, December 26 at 1:00 pm-Be in your seat by 12:45 pm.

Computer Class with Nancy

_____ Wednesday, December 6 at 1:00 pm

_____ Wednesday, December 20 at 1:00 pm

Line Dancing with Peggy Sue

_____ Wednesday, December 13 at 2:00 pm

_____ Wednesday, December 27 at 2:00 pm

Watercolor Class with David

_____ Tuesday, December 26 at 1:30 pm

Speakers/Events

_____ **NO Cost Pet Care**, Wednesday, December 6 at 1:30 pm

_____ **ELVIS Tribute-(Jeff Krick)**, Thursday, December 7 at 2:00 pm

_____ **Holiday Floral Arrangement Class**, Monday, December 11 at 1:30 pm

_____ **Cookie Exchange**, Monday, December 18 at 1:30 pm

_____ **Crafts-making Holiday Cards**, Tuesday, December 19 at 1:30 pm

_____ **Holiday Caroling**, Friday, December 22 at 6:30 pm

Manicures with Linda (An appointment time will be assigned to you!)

_____ Saturday, December 23 between 9:00 am-5:00 pm

Complete and return this form when you turn in your van trip sign up sheet!

NAME: _____ **APT#** _____



VAN TRIPS



January 2018

DATE	DAY	TRIP	TIME
January 2	Tuesday	Shop-Rite Freemansburg Easton	9:30 am____
January 3	Wednesday	Banks, Post Office	9:00 am____
January 3	Wednesday	CVS, \$ Store	1:30 pm____
January 5	Friday	Dinner @Carraba's Italian Grill	4:00 pm____
January 8	Monday	Shopping @Kmart/Lunch @Sal's Pizza Restaurant in Wind Gap	10:30 am____
January 9	Tuesday	Weis	9:30 am____
January 10	Wednesday	Breakfast @Cracker Barrel Restaurant	9:00 am____
January 11	Thursday	Good Shepherd Aquatic Pool Program Cost:\$8.00 (Physician waiver program)	4:00 pm____
January 12	Friday	Allentown Farmers Market/Lunch @Ritz	9:30 am____
January 15	Monday	Wegmans	12:00 pm____
January 16	Tuesday	Lunch @Friendly's Restaurant/Shopping at Hackman's Bible Bookstore	11:00 am____
January 17	Wednesday	Shopping @TJ Maxx/Lunch @Hibachi Grill	10:30 am____
January 18	Thursday	Dinner @Texas Roadhouse Restaurant	4:00 pm____
January 19	Friday	Breakfast @The Palace/Valley Farms	9:00 am____
January 22	Monday	Dinner @ Oasis Restaurant	4:00 pm____
January 23	Tuesday	Giant	9:30 am____
January 24	Wednesday	Shopping @Lehigh Valley Mall/Lunch@Ruby Tuesday	10:30 am____
January 25	Thursday	Good Shepherd Aquatic Pool Program Cost:\$8.00 (Physician waiver program)	4:00 pm____
January 26	Friday	Lunch @Bethlehem Diner/Movie @Carmike	11:00 am____
January 29	Monday	Shopping @Palmer Mall/Dinner @Olive Garden	3:30 pm____
January 30	Tuesday	Breakfast @Tic Toc/Walmart	9:00 am____
January 31	Wednesday	Shopping @Hobby Lobby/Lunch @Franks	10:30 am____

Please fill out the form and bring to my office, I will start collecting forms at 7 a.m. on the first day of the month.

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.



2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>I ♥ DECEMBER</p>	 <p>gifted</p>		 <p>HAPPY BIRTHDAY</p>		<p>1 7:00 Van trip papers 10:00 Yoga 12:45 Tai Chi 1:00 Second Harvest 5:30 Wii Bowling</p>	<p>2 8:00 Coffee & Donuts 12:30 Pinochle Party</p> 
<p>3 Light your Candles in your window</p> 	<p>4 10:00 Exercise 1:00 Movie-Gifted 6:00 BINGO</p>	<p>5 2:00 Rev James Harper, Notre Dame RC, Bethlehem</p>	<p>6 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 1:30 Speaker-NO COST Pet Care</p>	<p>7 9:00 Zumba 10:00 Chat Room 2:00 Elvis Tribute 6:00 Blood Pressure 7:00 Prayer Time</p>	<p>8 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling</p>	<p>9</p>
<p>10 5:00 Holiday Dinner</p> 	<p>11 10:00 Exercise 1:30 Committee Mtg 1:30 Holiday Floral 6:00 BINGO</p>	<p>12 <u>Wear your Holiday Sweater & Hat</u> 2:00 General Meeting</p>	<p>13 10:00 Exercise 12:30 Bible Study 2:00 Line Dancing</p>	<p>14 9:00 Zumba 10:00 Chat Room 2:00 Rev Jay Wetzel, Lutheran retired</p>	<p>15 10:00 Yoga 12:45 Tai Chi 1:30 Holiday Bingo 5:30 Wii Bowling</p>	<p>16 5:00 Soup & Hotdogs</p> 
<p>17 1:00 Sunday Praise</p> 	<p>18 10:00 Exercise 1:30 Cookie Exchange 6:00 BINGO</p>	<p>19 10:00 Liberty High School A Cappella Singers 1:30 Crafts-making Holiday Cards</p>	<p>20 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 5:00 Birthday Party</p>	<p>21 9:00 Zumba 10:00 Chat Room 2:00 Rev Clark Kuntz, Worship Service 7:00 Prayer Time</p>	<p>22 10:00 Yoga 6:30 Holiday Caroling</p> 	<p>23 9:00 Manicures</p> 
<p>24</p>	<p>25 OFFICE CLOSED</p> 	<p>26 1:00 Movie-Gifted 1:30 Watercolor Class</p>	<p>27 10:00 Exercise 12:30 Bible Study 2:00 Line Dancing</p>	<p>28 9:00 Zumba 10:00 Chat Room 2:00 Rich Kuhns, Resident, Worship Service</p>	<p>29 10:00 Yoga 12:45 Tai Chi</p>	<p>30</p>
<p>31 9:30 New Year's Eve Party</p> 						