

June 2017

Hi Lites of Lutheran Manor



June

Welcome

NEW RESIDENT

Joseph Kopac Apt #713

June 1 (Thursday)	Zumba Gold	9:00 a.m.	Lounge
	Chat Room	10:00 a.m.	Lounge
	Rev. Rick Sergi, Emmanuel EC, Bethlehem	2:00 p.m.	Lounge
	Blood Pressure	6:00 p.m.	Lounge
	Prayer Time	7:00 p.m.	Lounge
June 2 (Friday)	ANNUAL PIG ROAST	12:00 p.m.	Outside
June 3 (Saturday)	Coffee & Donuts	8:00 a.m.	Lounge
	Pinochle Party	12:30 p.m.	Lounge
June 5 (Monday)	Banks, CVS, \$ Store, Post Office	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Movie-LA LA LAND	1:00 p.m.	Conf Rm
	Bingo	6:00 p.m.	Lounge
June 6 (Tuesday)	Sight & Sounds Presents: JONAH	8:00 a.m.	Van Trip
	Cost: \$54.00/Dinner @Shady Maples		
	Walkers Club	9:00 a.m.	Outside
	Computer Class	1:00 p.m.	Lounge
	Rev. James Harper, Notre Dame RC, Bethlehem	2:00 p.m.	Lounge
June 7 (Wednesday)	Weis Market	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	NO Bible Study	12:30 p.m.	Lounge
	Speaker— 911 Ambulance Service	2:00 p.m.	Conf Rm
	Piano Playing	3:00 p.m.	Lounge
June 8 (Thursday)	Valley Forge National Park	8:30 a.m.	Van Trip
	Cost: \$10.00/Lunch		
	Massage	9:00 a.m.	Conf Rm
	Zumba Gold	9:00 a.m.	Lounge
	Chat Room	10:00 a.m.	Lounge
	Speaker-Adult Day Care	2:00 p.m.	Lounge
June 9 (Friday)	(Lounge & Laundry Rm CLOSED till 9:45 am)		
	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Lounge
	Tai Chi	12:45 p.m.	Lounge
	Farmers Market Vouchers	2:00 p.m.	Lounge
June 11 (Sunday)	Sunday Praise	1:00 p.m.	Lounge

June 12 (Monday)	Apartment Inspections <i>(Floors, 11, 10, 9)</i>	8:30 a.m.	Floors
	Exercise	10:00 a.m.	Lounge
	Committee Meeting	1:30 p.m.	Conf Rm
	<i>Dinner @Chris's Family Restaurant</i>	<i>4:00 p.m.</i>	<i>Van Trip</i>
	Bingo	6:00 p.m.	Lounge
June 13 (Tuesday)	Apartment Inspections <i>(Floors, 8, 7, 6)</i>	8:30 a.m.	Floors
	Walkers Club	9:00 a.m.	Outside
	<i>Wegmans</i>	<i>9:30 a.m.</i>	<i>Van Trip</i>
	General Meeting (7th Floor responsible for snacks)	2:00 p.m.	Lounge
June 14 (Wednesday)	Apartment Inspections <i>(Floors, 5, 4, 3)</i>	8:30 a.m.	Floors
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Lounge
	Line Dancing	2:00 p.m.	Lounge
	Piano Playing	3:00 p.m.	Lounge
June 15 (Thursday)	Apartment Inspections <i>(Floors, 2, 1)</i>	8:30 a.m.	Floors
	Zumba Gold	9:00 a.m.	Lounge
	Rev. Larry Burd, Calvary Baptist, Easton	2:00 p.m.	Lounge
	<i>Good Shepherd Aquatic Pool</i>	<i>4:00 p.m.</i>	<i>Van Trip</i>
	<i>Program, Cost: \$8.00 (Physician Waiver required)</i>		
	Prayer Time	7:00 p.m.	Lounge
June 16 (Friday)	(Lounge & Laundry Rm CLOSED till 9:45 am)		
	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Lounge
	<i>Lunch @Red Robins/Movie @</i>	<i>11:00 a.m.</i>	<i>Van Trip</i>
	Tai Chi	12:45 p.m.	Lounge
	Second Harvest	1:00 p.m.	Lounge
June 17 (Saturday)	Soup & Hotdogs-Majestics	5:00 p.m.	Lounge
June 18 (Sunday)	HAPPY FATHER'S DAY!!!		
June 19 (Monday)	<i>Breakfast @Nazareth Diner/</i> <i>Walmart in Easton</i>	<i>9:00 a.m.</i>	<i>Van Trip</i>
	Exercise	10:00 a.m.	Lounge
	Movie-LA LA LAND	1:00 p.m.	Conf Rm
	Bingo	6:00 p.m.	Lounge
June 20 (Tuesday)	Walkers Club	9:00 a.m.	Outside

June 20 (Tuesday)	Computer Class	1:00 p.m.	Conf Rm
	Art with Pat	1:30 p.m.	Lounge
June 21 (Wednesday)	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Lounge
	Piano Playing	3:00 p.m.	Lounge
	<i>Dinner @Trivet Diner</i>	<i>4:00 p.m.</i>	<i>Van Trip</i>
	Birthday Party-Ed Kittek	5:00 p.m.	Lounge
June 22 (Thursday)	Zumba Gold	9:00 a.m.	Lounge
	<i>Shopping @Palmer Mall/</i>	<i>9:30 a.m.</i>	<i>Van Trip</i>
	Chat Room	10:00 a.m.	Lounge
	Rev. Chris Eichon,	2:00 p.m.	Lounge
	Trinity Lutheran, Hecktown		
June 23 (Friday)	Lounge Cleaning	6:00 a.m.	Lounge
	(Lounge & Laundry Rm CLOSED till 9:45 am)		
	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Lounge
	<i>Mobile Market</i>	10:30 a.m.	Outside
	Tai Chi	12:45 p.m.	Lounge
	Speaker-Mature Driving Program	2:00 p.m.	Lounge
	<i>Dinner @Whitehall Diner</i>	<i>4:00 p.m.</i>	<i>Van Trip</i>
June 24 (Saturday)	Manicures by Appointment	9:30 a.m.	Lounge
	<i>Easton Farmer's Market/Lunch</i>	<i>10:00 a.m.</i>	<i>Van Trip</i>
June 25 (Sunday)	Social-Steel City	5:00 p.m.	Lounge
June 26 (Monday)	<i>Shop-Rite Freemansburg Ave</i>	<i>9:30 a.m.</i>	<i>Van Trip</i>
	PAD Screening	9:30 a.m.	Conf Rm
	Exercise	10:00 a.m.	Lounge
	Rev. James Harper,	2:00 p.m.	Lounge
	Notre Dame RC, Bethlehem		
	Bingo	6:00 p.m.	Lounge
June 27 (Tuesday)	Walkers Club	9:00 a.m.	Outside
	<i>Lunch @Buckeye Tavern</i>	<i>11:00 a.m.</i>	<i>Van Trip</i>
	Art with Pat	1:30 p.m.	Lounge
June 28 (Wednesday)	<i>Breakfast @Cracker Barrel</i>	<i>9:00 a.m.</i>	<i>Van Trip</i>
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Lounge
	Line Dancing	2:00 p.m.	Lounge
	Piano Playing	3:00 p.m.	Lounge
June 29 (Thursday)	Zumba Gold	9:00 a.m.	Lounge
	Chat Room	10:00 a.m.	Lounge
	Rev. John Kunkel, Christ	2:00 p.m.	Lounge
	UCC, Bethlehem		

June 29 (Thursday)

Good Shepherd Aquatic Pool **4:00 p.m.**
Program, Cost: \$8.00 (Physician Waiver required)

Van Trip

June 30 (Friday)

Lounge Cleaning **6:00 a.m.**
(Lounge & Laundry Rm **CLOSED** till 9:45 am)

Lounge

Walkers Club 9:00 a.m.

Outside

Yoga 10:00 a.m.

Lounge

Mobile Market 10:30 a.m.

Outside

Tai Chi 12:45 p.m.

Lounge

Speaker-BINGO 2:00 p.m.

Lounge

HAPPY FATHER'S DAY!!!

A father is someone
you look up to
no matter how tall
you grow.



Our Activities

<u>Activity</u>	<u>Dates</u>	<u>Time</u>	<u>Place</u>
Bingo	Every Monday	6:00 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Walkers Club	Every Tuesday & Friday	9 a.m.	Outside
Church	1st Tuesday & 2nd, 3rd, 4th Thursday	2:00 p.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Lounge
Line Dancing	Every other Wednesday	2:00 p.m.	Lounge
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Zumba Gold	Every Thursday	9:00 a.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Lounge
Prayer Time	1st & 3rd Thursday of each month	7:00 p.m.	Lounge
Yoga	Every Friday	10:00 a.m.	Lounge
Tai Chi	Every Friday	12:45 p.m.	Lounge
Sunday Praise	Every 2nd Sunday	1:00 p.m.	Lounge

JULY

2017

Saturday	7/1	Coffee & Donuts	8:00 a.m.
Saturday	7/1	Pinochle Party	12:30 p.m.
Sunday	7/2	July Picnic-Music Memories	1:00 p.m.
Sunday	7/30	Social-Steel City	5:00 p.m.



Claudie's Happy Father's Day! Corner



911 Ambulance Services

E.J. Coleman, EMS Supervisor
will be here on

Wednesday, June 7, 2017
2:00pm in the Lounge

Think the E.R. Is Expensive? Look at How Much It Costs to Get There.

Please come down to hear information about the cost of a

911 Ambulance Service call.

Devi Adult Day Care

Hiren Patel,
Owner of Devi Adult Day Care
will be here on

Thursday, June 8, 2017
2pm In the Lounge

Come out and hear about the NEW ADULT DAY CARE coming near you.



- ◆ **WAIVER PROGRAM**
- ◆ **Community Outings & Transportation**
- ◆ **Nutritious meals cater to your needs**
- ◆ **Nursing supervision**



MATURE DRIVING

Bill McQuiken
Trauma Prevention
Coordinator
will be here on
Friday, June 23, 2017
2pm in the Lounge

What you need to know to stay safe on the road.

- **Change that effect drivers, vision, hearing, mental function, and mobility**
- **Medications and their effects**
- **Corrective actions, assistant devices**
- **PA Traffic Laws**



Mark Plepis from
health markets

will be here on
Friday, June 30, 2017
2pm in the Lounge

BINGO

Let's have some FUN playing **BINGO**.



Great time to get to know your neighbor and a time to relax and enjoy yourself.

Computer Class



Tuesday,
June 6 & 20
1-3 pm

Sign up required.



Tai Chi
Exercises 



Friday
at 12:45 pm
in the Lounge

YOGA

Every Friday
10:00 am
in the Lounge



Piano Playing &

Singing
with Gladys

Every Wednesday
3pm



Walkers Club

Every Tuesday &
Every Friday @ 9:00 am

ZUMBA GOLD

Every Thursday
9:00 am
In the Lounge



MASSAGE

Thursday, June 8th

9:00-2:00 pm

If you are interested in getting a
massage please **sign-up**
with Claudie.

Price: \$20.00 1/2 hour
\$40.00 1 hour
Conference Room

Chair Massage
also available.



Coffee & Donuts

Saturday, June 3rd
8:00 a.m. to 10:30 a.m.
\$1.00 coffee
\$1.00 donut

\$1.00 additional donuts
Friends and Family

Blood Pressure Check

Thursday, June 1st
6:00 p.m.
in the Lounge.



Linda will be here to do

MANICURES

Saturday, June 24th



Set up an appointment with Claudie.

EXERCISE

Every Mon & Wed
10:00 am
in the Lounge.



NOW SHOWING

LA LA LAND

Monday

&

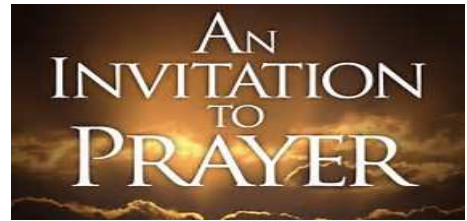
June 5th & 19th

1pm in the Conference Room



The story of Mia, an aspiring actress, and Sebastian, a dedicated jazz musician, struggling to make ends meet while pursuing their dreams in a city known for destroying hopes and breaking hearts.

With modern day Los Angeles as the backdrop, this musical about everyday life explores what is more important: a once-in-a-lifetime love or the spotlight.



Prayer Time

1st & 3rd Thursday

of each month

In the Lounge

7:00 pm-8:00 pm

Everyone is Welcome!

Coordinators: Bev Westwood & Loretta Mollo

SNACK STAND

Snacks available every

Monday & Wednesday

From 3-6pm

In the Main Lobby



Courtney & Staff would like to Welcome our new addition to the team.

AUTUMN BECHTEL
Part-time Housekeeper



Soup & Hot Dogs

Saturday, June 17

5 p.m.

<u>SOUP:</u> Chili	\$3.00
<u>HOT DOGS:</u> Plain, Sauerkraut, or Chili	\$1.50
<u>RED BEET EGGS:</u>	.50
<u>DESSERT:</u> Ice Cream & Strawberries	\$2.50
<u>SODA OR COFFEE:</u>	\$1.00

Entertainment by:

Majestics

**50/50 Drawing
Friends and Family**

are Welcome!



Bingo Day



Every Monday

6pm

In the Lounge

Sunday Praise

Sunday, June 11

1pm

in the Lounge



Join *David Garcia*

for a time of
reflection and

praise to God with Christian
Songs, Scripture and Prayer.

Everyone is

welcome.



LINE DANCING

Peggy Sue Tobias
will be here on

Wednesday, June 14 & 28

2pm

In the Lounge



Free Food
and
Beverages

PIG ROAST



Friday, June 2nd, 2017

Lunch Served at 12:00 to 2:00 pm

Entertainment by:

Rehrig Brothers

From 12:30 to 3:00 pm

All food will be served **OUTSIDE** behind the building. (Weather permitting).

2017 Senior

Farmers Market Vouchers



Lehigh County
Aging/Adult Services
will distribute
vouchers that are
worth **\$20** for the

Farmers Market.

Must be **60 years young** to
receive the vouchers.

Please bring proof of age.

Friday, June 9th, 2017

in the Lounge

2:00 - 3:30 p.m.

SUMMER BREAK

The Months of **JULY & AUGUST**

We **WILL NOT** have the following:

- * Committee & General Meeting
- * The Snack Stand
- * Soup/Hotdogs
- * BINGO

ENJOY YOUR SUMMER!

A TRIBUTE TO DAD!

I know it's not a liturgical celebration. Actually, June 18th is listed in my calendar as the second Sunday after Pentecost. However, I know many will be celebrating June 18th as Father's Day.

I think Father's need a better press agent. They don't get the attention they deserve. The media informs us of "dead beat dads", but equal time is not given for fathers who are there for their children. Let's give some praise to the dads who leave work every day to pick up their kids at school, or rush to get their kids to baseball or soccer games or regularly bring their children to church and participate in church worship and activities. Perhaps these dads could be called "upbeat dads". Three cheers to dads who give piggy-back rides until their shoulder blades fall off. A hearty "hip, hip, hurrah" for the dads who can recite many of the Dr. Seuss books from memory! A pat on the back to fathers who have changed a dirty diaper...and lived to change another!

In the Lord's prayer, Jesus teaches us to call God **OUR FATHER**. Essentially, a description of father is one who has the same relationship to his children as God has with us. God, our perfect heavenly father, is there for us even when we are unaware of that fact. He loves us the way good parents love their children...and then some! We can have confidence that God will keep his promises, always hear our prayers, and support us with His amazing love.

Thanks be to God...for all who take their responsibility as a father seriously. And, thanks be to God, our Father, for his forgiveness and love when we earthly fathers mess up.

-Blessings, Pastor Clark



WORSHIP AT LUTHERAN MANOR- 2pm in the LOUNGE



- Thurs., June 1st – Rev. Rick Sergi, Emmanuel EC, Bethlehem
- Tues., June 6th - Rev. James Harper, Notre Dame RC, Bethlehem
- Thurs., June 15th – Rev. Larry Burd, Calvary Baptist, Easton
- Thurs, June 22nd - Rev Chris Eichorn, Trinity Lutheran, Hecktown

Note: Worship twice this week!

- Tues. June 26th - Rev. James Harper, Notre Dame RC, Bethlehem
(Father Harper apologizes that he is unable to come to Lutheran Manor during the first week of July.)
- Thurs, June 29th –Rev. John Kunkel, Christ UCC, Bethlehem

BIBLE STUDY- Every Wednesday at 12:30pm in the Lounge. **(NO BIBLE STUDY, Wed, 7 June)**.

CHAT ROOM- Every Thursday at 10 AM in the Lounge. **(NO CHAT ROOM, Thurs, 15 June)**.

PRAYER TIME- - at 7pm the 1st and 3rd Thursday in the Lounge.

SUNDAY PRAISE... a time of Song, Scripture and Prayer- June 11th @ 1pm.





Apartment Inspections

Dear Residents,

We are required by the Department of Housing and Urban Development to bi-annually inspect all equipment in Lutheran Manor's units. This inspection will include plumbing, heating/AC, electrical, appliances, windows, carpeting, and paint.

Due to our tight schedule the maintenance department will start their inspections at 8:30 AM on:

Monday, June 12, floors **11, 10, 9**

Tuesday, June 13, floors **8, 7, 6**

Wednesday, June 14, floors **5, 4, 3**

Thursday, June 15, floors **2, 1**

You **DO NOT** have to do anything for this inspection.

You **do not have to be home**, but if you are not home on these days, maintenance will enter your apartment and do their inspection.

We thank you in advance for your cooperation in this matter. If you have any concerns or conflicts please visit the rental office.

Ken, Donny, Kevin

Maintenance Department

EAT REAL FOOD Mobile Market

Coming Back to Lutheran Manor

Every Friday

Starting June 23-November 3

10:30-12:00

Location: Outside front Entrance

A “Farm to Neighborhood” initiative that is partnering with local farms, schools, municipalities, non-profits and community leaders bringing local farm food to neighborhoods in the Lehigh Valley.

Reasonably priced fresh fruits and vegetables from your local farms.



LET THE GOODTIMES ROLL

The Resident's Association

Sunday Social

Sunday, June 25, 2017

4pm Doors Open
5pm Refreshments
6pm Entertainment



Donations
requested.

Entertainment by: Steel City

Do I Need a Test For PAD?



Peripheral Artery Disease (PAD) is a serious circulatory problem in which the blood vessels that carry blood to your arms, legs, brain and kidneys become narrowed or clogged. People with PAD are at significantly higher risk of stroke and heart attack.

Joseph Eckstein, Nurse Practitioner
Pen Argyl Vascular Institute

Will be here to do screenings on
Monday, June 26, 2017
in the conference room

Appointments required.

Please make an appointment with Claudie

Art with Pat

Tuesday, June 20 & 27

1:30 pm
In the Lounge

Topic: Seascape Acrylic Painting

The class will paint the theme on a toned canvas using a limited palette of colors. We will concentrate on how to apply color with a brush to achieve some variation in texture.





JULY PICNIC

Sunday, July 2, 2017

BUFFET MENU

- Baked Chicken
- Hamburger BBQ
- Potato Salad
- Macaroni Salad
- Baked Beans
- Chips
- Dessert
- Ice Tea
- Coffee & Soda **\$1.00**



1pm in the Lounge

Doors open at noon

Cost:

\$13.00 per person

\$15.00 per guest (limit 2)

Entertainment by:

Music Memories

Coordinator: Sandy Borger



JULY PICNIC

Sunday, July 2, 2017



Put slip under ***Marge Bachemin*** door #705 with cash in sealed envelope.

Name: _____ APT # _____

Phone: _____ # of Guests _____

“Deadline for Reservations, Wednesday, June 28th”

BIRTHDAY PARTY

Wednesday, JUNE 21st, 2017

5:00 pm

In the Lounge

ENTERTAINMENT BY: Ed Kittek

"Residents ONLY"



Coordinator: Sandy Borger, Apt #404

BIRTHDAY PARTY

Wednesday, June 21, 2017

PLEASE RETURN THIS SLIP TO **Sandy Borger Apt #404**

NAME: _____

APT: _____ # Attending _____ **(RESIDENTS ONLY)**

DEADLINE FOR RESERVATIONS, "Sunday, June 18th"



Special Events & Speakers

I want to **sign up** to attend the following special events and speakers.....

(check off what you want to attend)

Movie– LA LA LAND (Pick one time only!)

_____ Monday, June 5 at 1pm-Be in your seat by 12:45pm.

_____ Monday, June 19 at 1pm-Be in your seat by 12:45pm.

Computer Class with Nancy

_____ Tuesday, June 6 at 1:00 pm

_____ Tuesday, June 20 at 1:00 pm

Line Dancing

_____ Wednesday, June 14 at 2:00 pm

_____ Wednesday, June 28 at 2:00 pm

Speakers

_____ **911 Ambulance Service**, Wednesday, June 7 at 2:00 pm

_____ **Devi Adult Day Care**, Thursday, June 8 at 2:00 pm

_____ **Farmer's Market Vouchers**, Friday, June 9 at 2:00 pm

_____ **Mature Driving Program**, Friday, June 23 at 2:00 pm

_____ **Peripheral Artery Disease-(PADNET Screening)**, Monday, June 26 starting at 9:30 am

_____ **BINGO**– Health Markets-Mark Plepis, Friday, June 30 starting at 2:00 pm

Massage with Jenn (An appointment time will be assigned to you!)

_____ Thursday, June 8 starting at **9:00am**

Manicures with Linda (An appointment time will be assigned to you!)

_____ Saturday, June 24 between 9:30am-5:00pm

Art with Pat Class

_____ Tuesday, June 20 & 27 at 1:30 pm

Complete and return this form when you turn in your van trip sign up sheet!

NAME: _____ **APT#** _____



Van Trips



July 2017

DATE	DAY	TRIP	TIME
July 2	Sunday	West Park Marine Band of Allentown	6:30 p.m._____
July 3	Monday	Banks, CVS, \$ Store, Post Office	9:30 a.m._____
July 5	Wednesday	Giant	9:30 a.m._____
July 6	Thursday	Shopping @Burlington/Lunch @Bonefish Grill	10:30 a.m._____
July 7	Friday	Dinner @Copperhead Grille	4:00 p.m._____
July 10	Monday	Weis	9:30 a.m._____
July 11	Tuesday	New Hope Rice's Market/Lunch	8:30 a.m._____
July 12	Wednesday	Breakfast @Perkins Restaurant	9:00 a.m._____
July 13	Thursday	Dinner @Tri-Boro Spaghetti Night	4:45 p.m._____
July 14	Friday	Wert's Café for Lunch/Allentown Farmer's Market	10:45 a.m._____
July 17	Monday	Breakfast @Tic Toc Diner/Walmart	9:00 a.m._____
July 19	Wednesday	Heisler's Dairy Bar/ Cost: \$4.00 Mini Golf	10:30 a.m._____
July 20	Thursday	Good Shepherd Aquatic Pool Program, Cost: \$8.00 (Physical waiver required)	4:00 p.m._____
July 21	Friday	Dinner @Carrabba's Italian Grill	4:00 p.m._____
July 24	Monday	Philadelphia Zoo Cost: \$23.00	8:30 a.m._____
July 25	Tuesday	Movie @The Promenade/Lunch @Red Robins	11:00 a.m._____
July 26	Wednesday	Wegmans	9:30 a.m._____
July 27	Thursday	Good Shepherd Aquatic Pool Program, Cost: \$8.00 (Physical waiver required)	4:00 p.m._____
July 31	Monday	Breakfast @The Palace/Valley Farms	9:00 a.m._____



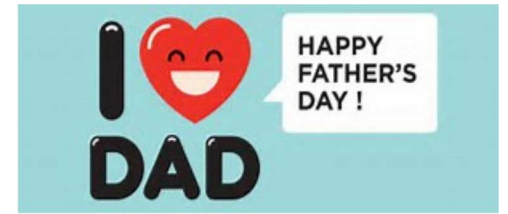
Please fill out the form and bring to my office, I will start collecting forms at 7 a.m. on the first day of the month.

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

JUNE 2017



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev Rick Sergi 6:00 Blood Pressure 7:00 Prayer Time	2 12:00 PIG ROAST 	3 8:00 Coffee & Donuts 12:30 Pinochle Party
4	5 10:00 Exercise 1:00 Movie -LA LA LAND 6:00 Bingo	6 9:00 Walkers Club 1:00 Computer Class 2:00 Rev James Harper, Notre Dame RC, Bethlehem	7 10:00 Exercise 12:30 NO Bible Study 2:00 Speaker -911 Ambulance Service 3:00 Piano Playing	8 9:00 Massage 9:00 Zumba Gold 10:00 Chat Room 2:00 Speaker -Adult Day Care Services	9 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 2:00 Farmers Market Vouchers	10
11 1:00 Sunday Praise 	12 10:00 Exercise 1:30 Committee Meeting 6:00 Bingo	13 9:00 Walkers Club 2:00 General Meeting 	14 10:00 Exercise 12:30 Bible Study 2:00 Line Dancing 3:00 Piano Playing	15 9:00 Zumba Gold 2:00 Rev Larry Burd, Calvary Baptist, Easton 7:00 Prayer Time	16 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 1:00 Second Harvest	17 5:00 Soup & Hotdogs
18 Happy Father's Day 	19 10:00 Exercise 1:00 Movie -LA LA LAND 6:00 Bingo	20 9:00 Walkers Club 1:00 Computer Class 1:30 Art with Pat	21 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 5:00 Birthday Party	22 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev Chris Eichon, Trinity Lutheran, Hecktown	23 9:00 Walkers Club 10:00 Yoga 10:30 Mobile Market 12:45 Tai Chi 2:00 Speaker - Driving	24 9:30 Manicure by Appointment
25 5:00 Social 	26 9:00 PAD- Screening 10:00 Exercise 2:00 Rev James Harper, Notre Dame RC, Beth 6:00 Bingo	27 9:00 Walkers Club 1:30 Art with Pat	28 10:00 Exercise 12:30 Bible Study 2:00 Line Dancing 3:00 Piano Playing	29 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev John Kunkel, Christ UCC, Bethlehem	30 9:00 Walkers Club 10:00 Yoga 10:30 Mobile Market 12:45 Tai Chi 2:00 Speaker -BINGO	FIRST DAY OF SUMMER JUNE 21