

JUNE 2018

**Hi Lites
of Lutheran Manor**



June 21st





Kierra Events

Van Trips

Resident's

Assoc. Events

Pastor Clark Events

Lutheran Manor

Events

Holidays/

Observances, Other

NEW RESIDENT

Dulce Fernandez #411

Nena Asquith #317

Cecilia Cappellano #105

June 1 (Friday)	VAN TRIP PAPER DROP OFF Walker's Club Fit For Life <i>Lunch @ Red Robin & Movie @ New Vision Theater</i>	7:00 am 9:00 am 10:00 am 11:00 am	Main Office WC - Exercise Room WC - Exercise Room <i>Van Trip</i>
June 2 (Saturday)	Coffee, Donuts, Bagels & Muffins Pinochle	8:00 am 12:30 pm	Lounge WC - Game Room
June 4 (Monday)	Walkers Club Adv. Senior Fitness <i>Banks, Post Office</i> Movie: WOODLAWN	9:00 am 11:30 am 1:00 pm 1:00 pm	Outside WC - Exercise Room <i>Van Trip</i> WC - Community Room A
June 5 (Tuesday)	Joyful Joints Basic Balance Tai Chi <i>CVS, \$ Store</i> Church: Father James Harper Notre Dame R.C. Church, Bethlehem Latin Dance Class with Ines Maldonado	10:00 am 11:00 am 12:30 pm 1:30 pm 2:00 pm 6:30 pm	WC - Exercise Room WC - Exercise Room WC - Exercise Room <i>Van Trip</i> WC - Community Room A&B Lounge
June 6 (Wednesday)	<i>Weis</i> Walkers Club Fit For Life Advanced Senior Fitness Bible Study	9:00 am 9:00 am 10:00 am 11:30 am 12:30 pm	<i>Van Trip</i> Outside WC - Exercise Room WC - Exercise Room WC - Community Room A
June 7 (Thursday)	Zumba Gold Joyful Joints Chat Room Basic Balance Afternoon Meditation & Stretch Prayer Time <i>Dinner @ Reb Lobster</i>	9:00 am 10:00 am 10:00 am 11:00 am 1:00 pm 7:00 pm 4:30 pm	WC - Exercise Room WC - Exercise Room WC - Community Room A WC - Exercise Room WC - Exercise Room WC - Community Room A <i>Van Trip</i>

June 8 (Friday)	PIG ROAST	12:00 pm	Outside—Back Parking Lot
June 9 (Saturday)	Breakfast	8:30 am	Lounge
June 11 (Monday)	Walkers Club Lunch @ Sewyco Fireman's Buffet Adv. Senior Fitness Committee Meeting	9:00 am 11:00 am 11:30 am 1:30 pm	Outside Van Trip WC - Exercise Room Conference Room
June 12 (Tuesday)	Giant Joyful Joints Basic Balance Tai Chi General Meeting	9:00 am 10:00 am 11:00 am 12:30 pm 2:00 pm	Van Trip WC - Exercise Room WC - Exercise Room WC - Exercise Room Lounge
June 13 (Wednesday)	Walkers Club Fit For Life Advanced Senior Fitness Bible Study Computer Class Farmer's Market Vouchers	9:00 am 10:00 am 11:30 am 12:30 pm 1:00 pm 2:00 pm	Outside WC - Exercise Room WC - Exercise Room WC - Community Room A Computer Room Lounge
June 14 (Thursday)	FLAG DAY - ARMY'S BIRTHDAY Banks Zumba Gold Joyful Joints Chat Room Basic Balance Afternoon Meditation & Stretch Church: Pastor George Eckstein Church of the Manger, UCC, Bethlehem Good Shepherd Aquatic Pool Program Cost: \$8.00	9:00 am 9:00 am 10:00 am 10:00 am 11:00 am 1:00 pm 2:00 pm 4:00 pm	Van Trip WC - Exercise Room WC - Exercise Room WC - Community Room A WC - Exercise Room WC - Exercise Room WC - Community Room A&B Van Trip
June 15 (Friday)	Walkers Club Fit For Life Mobile Market	9:00 am 10:00 am 2:00 pm	Outside WC - Exercise Room Lounge
June 16 (Saturday)	BINGO @ St. Johns Windish Soup & Hot Dogs: Magician Phil Crosson	11:30 am 5:00 pm	Van Trip Lounge

June 17 (Sunday)	FATHER'S DAY Sunday Praise with David	1:00 pm	WC - Community Room A
June 18 (Monday)	Walkers Club Wegmans Adv. Senior Fitness	9:00 am 9:30 am 11:30 am	Outside Van Trip WC - Exercise Room
June 19 (Tuesday)	APARTMENT INSPECTIONS: Floors 11, 10, 9 Kitchen Kettle Village Joyful Joints Basic Balance Tai Chi Movie: WOODLAWN	8:30 am 10:00 am 11:00 am 12:30 pm 1:00 pm	Van Trip WC - Exercise Room WC - Exercise Room WC - Exercise Room WC - Community Room A
June 20 (Wednesday)	APARTMENT INSPECTIONS: Floors 8, 7, 6 Leesport Flea Market Walkers Club Fit For Life Advanced Senior Fitness Bible Study Resident's Birthday Party	8:30 am 9:00 am 10:00 am 11:30 am 12:30 pm 5:00 pm	Van Trip Outside WC - Exercise Room WC - Exercise Room WC - Community Room A Lounge
June 21 (Thursday)	APARTMENT INSPECTIONS: Floors 5, 4, 3 FIRST DAY OF SUMMER Zumba Gold Joyful Joints Chat Room Basic Balance Afternoon Meditation & Stretch Church: Pastor Brian Riedy Holy Trinity Lutheran, Catsaqua	9:00 am 10:00 am 10:00 am 11:00 am 1:00 pm 2:00 pm	WC - Exercise Room WC - Exercise Room WC - Community Room A WC - Exercise Room WC - Exercise Room WC - Community Room A&B
June 22 (Friday)	APARTMENT INSPECTIONS: Floors 2, 1 Walkers Club Fit For Life Lunch & Ice Cream @ Crystal Springs Farms	9:00 am 10:00 am 11:30 am	Outside WC - Exercise Room Van Trip

June 23 (Saturday)	<i>Shopping @ Hobby Lobby/ Northampton Crossing II</i>	10:30 am	Van Trip
June 24 (Sunday)	Social: Joe Mixon	5:00 pm	Lounge
June 25 (Monday)	Walkers Club <i>Shopping @ Airport Road Center</i> Adv. Senior Fitness	9:00 am 10:00 am 11:30 am	Outside Van Trip WC - Exercise Room
June 26 (Tuesday)	Valley Farm Market Joyful Joints Basic Balance Tai Chi Watercolor Class	9:30 am 10:00 am 11:00 am 12:30 pm 1:30 pm	Van Trip WC - Exercise Room WC - Exercise Room WC - Exercise Room Lounge
June 27 (Wednesday)	Walkers Club Fit For Life <i>Lunch @ 1774 Grille & Tap in Hellertown Cost: \$15 (includes meal, soup or salad, and soft drink, tea or coffee)</i> Advanced Senior Fitness Bible Study Computer Class	9:00 am 10:00 am 11:00 am 11:30 am 12:30 pm 1:00 pm	Outside WC - Exercise Room Van Trip WC - Exercise Room WC - Community Room A Computer Room
June 28 (Thursday)	Zumba Gold Joyful Joints Chat Room Basic Balance Afternoon Meditation & Stretch Church: Pastor Rick Sergi, Emmanuel's EC, Bethlehem <i>Good Shepherd Aquatic Pool Program Cost: \$8.00</i> Valley Community Orchestra	9:00 am 10:00 am 10:00 am 11:00 am 1:00 pm 2:00 pm 4:00 pm 7:00 pm	WC - Exercise Room WC - Exercise Room WC - Community Room A WC - Exercise Room WC - Exercise Room WC - Community Room A&B Van Trip New Pavillion
June 29 (Friday)	<i>Green Dragon Market/Lunch</i> Walker's Club Fit For Life	9:00 am 9:00 am 10:00 am	Van Trip WC - Exercise Room WC - Exercise Room

**ENJOY YOUR
SUMMER!**

Our Activities

Activity	Dates	Time	Place
Bingo	Every Monday	6:00 pm	Lounge
Church	1st Tuesday & 2nd, 3rd, 4th Thursday	2:00 pm	WC-Community Room
Bible Study	Every Wednesday	12:30 pm	WC-Community Room
Chat Room	Every Thursday	10:00 am	WC-Community Room
Prayer Time	1st & 3rd Thursday of every month	7:00 pm	WC-Community Room
Sunday Praise	Every 2nd Sunday	1:00 pm	WC-Community Room

JULY

2018

Wednesday	7/4	July Old Fashioned Picnic- American Tribute	1:00 pm
Saturday	7/7	Coffee, Donuts, Bagels & Muffins	8:00 am
Saturday	7/7	Pinochle Party	12:30 pm
Sunday	7/29	Social - Joseph Koppel Magic & Comedy	5:00 pm

Computer Class



Tuesday,
June 13 & 27
1-3 pm

Sign up required.

Blood Pressure Check

Thursday, June 1st
6:00 p.m.
in the Lounge.



Coffee, Donuts, Bagels & Muffins

Saturday, June 2nd
8:00 a.m. to 10:30 a.m.

\$1.00 coffee
\$1.00 donut, bagel, muffin
\$1.00 additional donuts

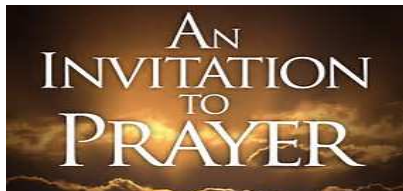
Friends and Family are welcome!



Watercolor Class

Tuesday, June 26, 2018

1:30 pm
in the Lounge



Prayer Time

1st & 3rd Thursday
of each month
In the Wellness Center
Community Room
7:00 pm-8:00 pm
Everyone is Welcome!

Coordinators:

Bev Westwood & Loretta Mollo

MAGIC SHOW

PHIL CROSSON

WILL BE IN THE LOUNGE

JUNE 16, 2018

6:00 P.M.

Senior Farmers Market **Vouchers** **2018**

Representatives of Lehigh County Aging/Adult Services
will be at Lutheran Manor Apartments on:

Wednesday, June 13th
from 2-4 PM
in the Lounge

to distribute vouchers to eligible senior citizens
who reside in Lehigh County.

NOTES: DISTRIBUTION WHILE SUPPLY LASTS!

You must be:

- ⇒ 60 years of age or older
- ⇒ a resident of Lehigh County
- ⇒ and your 2018 Gross Household Income must be under:
 - \$22,459 for 1 person
 - \$30,451 for 2 people

Please bring proof of age and residency.
The same verification is required for a proxy.

If you need someone to pick up vouchers on your behalf, see Claudie or Tiffany for a proxy form.

You may apply for this benefit ONLY 1 TIME PER YEAR.

These vouchers CAN BE USED UNTIL NOVEMBER 30, 2018.

This is a program that helps both seniors and local farmers.

Bingo Day



Every Monday

6pm

In the Lounge

There will be
NO BINGO
during July and August



Soup & Hot Dogs

Saturday, June 16

5 p.m.

SOUP: Chicken & Rice \$3.00

HOT DOGS: Plain, Sauerkraut, or Chili \$1.50

RED BEET EGGS: .50

DESSERT: Ice Cream & Strawberries \$2.50

SODA OR COFFEE: \$1.00

Entertainment by:

Magician Phil Crosson

50/50 Drawing

Friends and Family are Welcome!

PIG ROAST



Friday, June 8th, 2018

Lunch Served from
12:00 to 2:00 pm

Entertainment by:

Main Street Cruisers

From 12:30 to 3:00 pm

All food will be served
OUTSIDE behind the building.
(Weather permitting).

Sunday Praise

Sunday, June 17

1pm

in the Lounge



Join *David Garcia* for a
time of reflection and
praise to God with

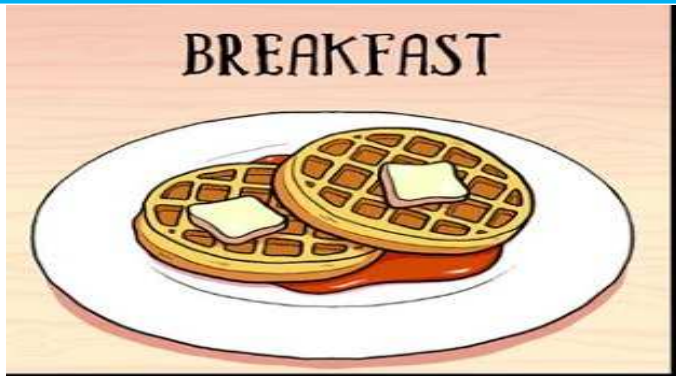
Christian Songs,
Scripture and
Prayer.

Everyone is welcome.

There will be

NO Sunday Praise

during July and August.



Breakfast open to all Residents & Guests.

Saturday, June 9, 2018

8:30 am—10:00 am

MENU

3 Pancakes

2 Sausage Links

Coffee and Orange Juice



Cost: \$3.00



BREAKFAST

Saturday, June 9, 2018

8:30 am—10:00 am

Place slip in a sealed envelope along with cash payment and slide it under the door of Marjorie Bachemin Apt #705.

Name: _____ Apt# _____ Phone: _____

of Guests _____

DEADLINE FOR RESERVATIONS IS MONDAY, JUNE 4TH.



Valley Community Orchestra

will be performing
June 28th at 7pm
outside under the new pavilion!



NOW SHOWING WOODLAWN

Monday, June 4, 2018 & Tuesday, June 19, 2018
1pm in the Wellness Center Community Room A

In 1973, a spiritual awakening captured the heart of nearly every player on the Woodlawn High School football team. Their dedication to love and unity, in a newly desegregated school filled with racism and hate, leads to the largest high school football game ever played in the torn city of Birmingham, Alabama, and the rise of superstar, Tony Nathan.

**LET THE
GOODTIMES
ROLL**

The Resident's Association

Sunday Social

Sunday, June 24, 2018

4pm Doors Open
5pm Refreshments
6pm Entertainment



Donations
requested.

Entertainment by: Joe Mixon

SUMMER BREAK

The Months of **JULY & AUGUST**

WILL NOT have the following:

- * Committee & General Meeting
 - * The Snack Stand
 - * Soup/Hotdogs
 - * BINGO
 - * Sunday Praise

All will resume in **September.**

Lutheran Manor Resident's Association

Committee Meeting

Monday, June 11, 2018

1:30pm

General Meeting

Tuesday, June 12, 2018

2pm

**NO COMMITTEE OR GENERAL MEETINGS
IN JULY OR AUGUST**



BIRTHDAY PARTY

Wednesday, JUNE 20th, 2018

5:00 pm

In the Lounge

ENTERTAINMENT BY: DJ Gary Markus

"Residents ONLY"



Coordinator: Sandy Borger, Apt #404

BIRTHDAY PARTY

Wednesday, June 20, 2018

PLEASE RETURN THIS SLIP TO Sandy Borger Apt #404



NAME: _____

APT: _____ **# Attending** _____ **(RESIDENTS ONLY)**

DEADLINE FOR RESERVATIONS, "Sunday, June 16th"

EAT REAL FOOD Mobile Market

Coming Back to Lutheran Manor

Every Friday

Starting June 15

12:00-1:30 pm

Location: Lounge

A “Farm to Neighborhood” initiative that is partnering with local farms, schools, municipalities, non-profits and community leaders bringing local farm food to neighborhoods in the Lehigh Valley.

**Reasonably priced
fresh fruits and vegetables**

**from your
local farms.**

ACCEPTED METHODS

OF PAYMENT

CASH

CREDIT CARD

SNAP



CALLING ALL VETERANS

We would like to create and maintain a list of all our Veterans currently living in Lutheran Manor.

All Veterans are asked to report to Linda Ostrander in Apartment #1003 to provide contact info.

Latin Dance Class

with Ines Maldonado



June 5th, 2017

@ 6:30 pm

in the Lounge

Dance the night away learning Latin dances like Salsa, Merengue, Bachata, and so much more!

Your attendance will be the deciding factor in making this a new addition to the schedule!



UPCOMING VAN TRIPS

Thursday, July 5, 2018 @ 10:00 am

America On Wheels Museum with Pizza @ HubCap Cafe

“Cars of Rick Hendrick”

America on Wheels is an over-the-road transportation museum in Allentown, PA. The museum offers over 23,000 square feet of exhibit space divided into three main galleries and several smaller exhibits. It houses rotating exhibits on the second floor. Also on the second floor is the HubCap Cafe, and a vehicle art gallery featuring artists such as Bill Bravo.

The museum's collection features over 75 bicycles, motorcycles, automobiles and trucks in exhibits telling the story of people and products on the move from the days of the carriage to the vehicles of tomorrow. It also houses the archives of Mack Trucks.

Monday, July 21, 2018 @ 8:30 am

Monroe Farmer's Market in Stroudsburg with Live Music

Fresh produce, homemade coffees, jams, flowers, specialty booths and restaurants around the courtyard. A wonderful place to stroll around and listen to live music featuring Lorri and James Duet.

Friday, July 27, 2018 @ 7:15pm Cost: \$15.00

The Northampton Community College Lipkin Theater Presents: “Dreamgirls”

Largely inspired by the story of the Supremes, Dreamgirls is a story of a black, female singing group that crosses over to the pop charts in the 1960s. After losing a local talent competition, the Dreamettes are offered the chance to sing backup for rising star Jimmy Early by local Cadillac dealer and aspiring producer Curtis Taylor. Based on the 1981 Broadway musical comes Dreamgirls, a story of greed, tough hate, and romance.

Tuesday, July 31, 2018 @ 9:30 am Cost: \$69.50

Hunterdon Hills Playhouse Presents Dinner & Show Featuring: *Nunsense*

The Little Sisters of Hoboken discover that their cook, Sister Julia, Child of God, has accidentally poisoned 52 of the sisters and now they are in the dire need of funds for the burials. The remaining delightfully wacky sisters decide that the best way to raise the money is to put on a variety show, so they take over the school auditorium. Featuring fun songs, tap and ballet dancing, an audience quiz, and comic surprises, this show has become an international phenomenon!



Apartment Inspections

Dear Residents,

We are required by the Department of Housing and Urban Development to bi-annually inspect all equipment in Lutheran Manor's units. This inspection will include plumbing, heating/AC, electrical, appliances, windows, carpeting, and paint.

Due to our tight schedule the maintenance department will start their inspections at 8:30 AM on:

Tuesday, June 19, floors **11, 10, 9**

Wednesday, June 20, floors **8, 7, 6**

Thursday, June 21, floors **5, 4, 3**

Friday, June 22, floors **2, 1**

You **DO NOT** have to do anything for this inspection.

You **do not have to be home**, but if you are not home on these days, maintenance will enter your apartment and do their inspection.

We thank you in advance for your cooperation in this matter. If you have any concerns or conflicts please visit the rental office.

Ken, Donny, Kevin

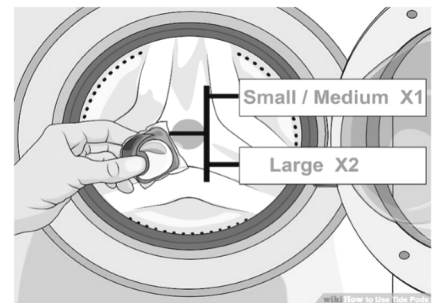
Maintenance Department

New Laundry Room Tips



- High Efficiency **LIQUID** detergent is recommended

- Laundry Pods go directly into the washing machine
 - Use of 1 laundry pod per small or medium load
 - Use of 2 for large loads
- **DO NOT** put laundry pods in detergent drawer



- Gas Dryers will run for 40 minutes
 - Extra .25 cents will add additional 8 minutes



that by the time you get this issue of the HiLites, Memorial Day, 2018 has history. But, observing the holiday and remembering those who have served bravely and bravely will never pass.

If you have served and sacrificed to defend the liberty and freedom we all cherish. I also know that some of you have lost loved ones or friends who died in combat ---a terrible price to pay. We are reminded again that freedom never comes easily or cheaply.

Memorial Day comes but once a year. However, just as our veterans and their loved ones cannot forget, we too must remember and pray regularly for our military.

Please pray asking God to protect and bless our military and to bring peace to our world. I know these prayers are heard and answered by a loving God.

“Let there be peace on earth and let it begin with me.” Pastor Clark

WORSHIP AT 2PM EVERY WEEK IN THE COMMUNITY ROOM

Tuesday, June 5th Father James Harper,

Notre Dame R. C. Church, Bethlehem

Thursday, June 14th Pastor George Eckstein,

Church of the Manger, UCC, Bethlehem

Thursday, June 21st Pastor Brian Riedy,

Holy Trinity Lutheran, Catasauqua

Thursday, June 28th Pastor Rick Sergi,

Emmanuel’s EC, Bethlehem



BIBLE STUDY



Every Wednesday at 12:30pm in the Community Room

- 1st and 3rd Thursdays at 7 pm in the Community Room.

)

Every Thursday at 10 am in the Community Room.

SE- Song, Scripture & Prayer at 1 pm on Sunday, June 17th in the Com-

no Sunday Praise in July or August.)

Please note: The COMMUNITY ROOM is on the second floor of the Wellness Center directly opposite the elevators.

I am here at Lutheran Manor on Wednesdays and Thursdays every week. Please visit my office in the Wellness Center on the second floor. –Chaplain Clark

Kierra's Kickstart To Fitness



**There is a new Fitness Class
Schedule!**

**See the back of this page for
the new classes and changes
to the old classes.**

Fitness Center

Hours:

The Wellness Center can only be
accessed by resident
or staff key fobs.

The fitness center will
be accessible from
5:00 AM to 11:00 PM every day.

Fitness Center Policies and Procedures

Please read and sign the policies
and procedures page
(if you haven't already)
and return to Kierra during your
first use of the fitness center.



Speaker:

**Expanding your Exercise
Routine:
The Importance of Change**



Join Kierra to learn how to get
the most out of your workout!

Monday June 18th, 2:00 PM

In the community room



Fitness Center Weekly Schedule



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00-10:00 AM Walker's Club with Kierra and Michelle		9:00-10:00 AM Walker's Club with Kierra and Michelle	9:00-10:00 AM Zumba Gold with Cathy	9:00- 10:00 AM Walker's Club with Kierra and Michelle
	10:00- 10:45 AM Joyful Joints with Kierra	10:00-10:45 AM Fit for Life with Kierra	10:00- 10:45 AM Joyful Joints with Kierra	10:00- 10:45 AM Fit for Life with Tammy
11:30-12:15 PM Advanced Senior Fitness with Kierra	11:00-11:30 AM Basic Balance with Kierra	11:30-12:15 PM Advanced Senior Fitness with Kierra	11:00-11:30 AM Basic Balance with Kierra	
	12:30-1:30 PM Tai Chi with Janet		1:00-1:15 PM Afternoon Meditation and Stretch with Kierra	



Special Events

I want to **sign up** to attend the following special events and speakers.....

(check off what you want to attend)

Movie - Same Kind of Different As Me (Pick one time only!)

_____ Monday, June 4 at 1:00 pm –Be in your seat by 12:45 pm

_____ Tuesday, June 19 at 1:00 pm-Be in your seat by 12:45 pm

Computer Class with Nancy

_____ Wednesday, June 13 at 1:00 pm

_____ Wednesday, June 27 at 1:00 pm

Watercolor with David

_____ Tuesday, June 26 at 1:30 pm

Latin Dance Class

_____ Tuesday, June 5, 2018 at 6:30 pm

Farmers Market Vouchers

_____ Wednesday, June 13, 2018 from 2:00 pm - 4:00 pm

Complete and return this form when you turn in your van trip sign up sheet!

NAME: _____ APT#: _____

Van Trips



July 2018

DATE	DAY	TRIP	TIME
July 1	Sunday	Music in the Park - Rose Garden - Italian Band	6:45 pm____
July 2	Monday	Shop-Rite Freemansburg	12:00 pm____
July 3	Tuesday	Banks, Post Office	9:00 am____
July 3	Tuesday	CVS, \$ Store	1:30 pm____
July 5	Thursday	America on Wheels Museum/Lunch @ HubCap Cafe	10:00 am____
July 6	Friday	Lunch @ Red Robin /Movie @ The Promenade	12:00 pm____
July 9	Monday	Lunch @Sewyco's Fire Co in Hellertown Cost: \$7.00	11:00 am____
July 10	Tuesday	Wegmans	9:30 am____
July 12	Thursday	Good Shepherd Aquatic Pool Program Cost: \$8.00	4:00 pm____
July 13	Friday	Breakfast @ The Palace/Walmart	9:00 am____
July 16	Monday	Shopping @ Burlington/Lunch @ Friendly's Restaurant	10:30 am____
July 17	Tuesday	Dinner @ Doughboys	4:00 pm____
July 18	Wednesday	Weis—Easton	12:00 pm____
July 20	Friday	Dinner @ Outback Restaurant	4:00 pm____
July 21	Saturday	Monroe Farmers Market Stroudsburg/ Live Music	8:30 am____
July 23	Monday	Breakfast @ Cracker Barrel	9:00 am____
July 24	Tuesday	Giant	9:30 am____
July 26	Thursday	Good Shepherd Aquatic Pool Program Cost: \$8.00	4:00 pm____
July 27	Friday	Northampton Community College Presents: <i>Dreamgirls</i> Cost:\$15.00	7:00 pm____
July 28	Saturday	Easton Farmer's Market	9:00 am____
July 30	Monday	Aldi	12:00 pm____
July 31	Tuesday	Hunterdon Hills Playhouse Presents: Nunsense Cost: \$69.50	9:30 am____

Please fill out the form and bring to my office, I will start collecting forms at 7 a.m. on the first day of the month.

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

June 2018

Kierra Events

Pastor Clark Events

Van Trips

Lutheran Manor Events

Resident's Assoc. Events

Holidays/Observances, Other

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 11:00 VT : Lunch @ Red Robin & Movie @ New Vision Theater	2 8:00 Coffee, Donuts, Bagels & Muffins 12:30 Pinochle
3	4 1:00 VT : Banks, Post Office 1:00 Movie: Woodlawn	5 1:30 VT : CVS, \$ Store 2:00 Church: Father James Harper, Notre Dame R.C. Church, Bethlehem 6:30 Latin Dance Class	6 9:00 VT : Weis 12:30 Bible Study	7 10:00 Chat Room 7:00 Prayer Time 4:00 VT : Dinner @ Red Lobster	8 PIG ROAST	9 8:30 Breakfast
10	11 11:00 VT : Lunch @ Sewyco Fireman's Buffet 1:30 Committee Meeting	12 9:00 VT : Giant 2:00 General Meeting	13 12:30 Bible Study 1:00 Computer Class 2:00 Farmers Market Vouchers	14 FLAG DAY (ARMY'S BIRTHDAY) 9:00 VT : Banks 10:00 Chat Room 2:00 Church: Pastor George Eckstein, Church of the Manger, UCC, Bethlehem	15 2:00 Mobile Market	16 11:30 VT : BINGO @ St. Johns Windlish 5:00 Soup & Hot Dogs - Magician Phil Crosson
17 FATHER'S DAY 1:00 Sunday Praise with David	18 9:30 VT : Wegmans	19 Apt Inspections (Floors 11, 10, 9) 8:30 VT : Kitchen Kettle Village 1:00 Movie: Woodlawn	20 Apt. Inspections (Floors 8, 7, 6) 8:30 VT : Leesport Flea Market 12:30 Bible Study	21 1st DAY OF SUMMER Apt Inspections (Floors 5, 4, 3) 10:00 Chat Room 2:00 Church: Pastor Brian Riedy, Holy Trinity Lutheran, Catasauqua	22 Apt Inspections (Floors 2, 1) 11:30 VT : Lunch & Ice Cream @ Crystal Springs Farm	23 10:30 VT : Shopping @ Hobby Lobby/ Northampton Crossing II
24 5:00 Social: Joe Mixon	25 10:00 VT : Shopping @ Airport Road Center	26 9:30 VT : Valley Farm Market	27 11:00 am VT : Lunch @ 1774 Grille & Tap in Hellertown 1:00 pm Computer Class	28 10:00 Chat Room 2:00 Church: Pastor Rick Sergi, Emmanuel's EC, Bethlehem 7:00 Valley Community Orchestra	29 9:00 am VT : Green Dragon Market/Lunch	30

Lutheran Manor

After calling the main number, you can reach your desired person by either pressing the **Selection #** or dialing the **Extension #**.

Main Phone Number:	Selection	Extension
Courtney	1	200
Michelle	3	201
Claudie	4	202
Ken L. (Maintenance)	5	203
Mona	6	204
Tiffany	7	205
Kierra (Fitness Center)	8	208
Belleza Salon	9	209
Pastor Clark	—	206
Ken C. (Security)	—	207

OFFICE HOURS

Monday, Tuesday, Wednesday Thursday	8:30 am - 4:30 pm
Friday	8:30 am - 4:00 pm