

March 2016

Hi Lites of

Lutheran Manor





NEW RESIDENTS

Melonie Buzzard 1012
Teresa Rodriquez 217
Patricia Bowman 302
Isabelle Andrews 514
Marietta Stanz 214

March 1 (Tuesday)

Giant

Zumba
 Rev. James Harper,
 Notre Dame R.C.

9:30 a.m.

Van Trip

10:00 a.m.

Lounge

2:00 p.m.

Lounge

March 2 (Wednesday)

Exercise
 Bible Study
 Piano Playing

10:00 a.m.

Lounge

12:30 p.m.

Patio

3:00 p.m.

Lounge

Dinner @Blue Monkey Sports

4:00 p.m.

Van Trip

Restaurant Clam Night Catasauqua

Poker League

6:30 p.m.

Conf Room

March 3 (Thursday)

Banks, CVS, \$ Store, Post Office

9:30 a.m.

Van Trip

Chat Room

10:00 a.m.

Patio

Speaker-Elvis Gospel Show

2:00 p.m.

Lounge

Blood Pressure Check

6:00 p.m.

Lounge

March 4 (Friday)

Yoga

10:00 a.m.

Patio

Tai Chi

12:45 p.m.

Patio

Wii Bowling

5:30 p.m.

Lounge

March 5 (Saturday)

Coffee & Donuts

8:00 a.m.

Lounge

Pinochle Party

12:30 p.m.

Lounge

March 6 (Sunday)

Philadelphia Flower Show/Lunch

9:30 a.m.

Van Trip

Cost: \$27.00

March 7 (Monday)

Breakfast @Hometown Diner/

9:00 a.m.

Van Trip

Walmart

Exercise

10:00 a.m.

Lounge

Committee Meeting

1:30 p.m.

Conf Room

St Patricks Irish Party

3:00 p.m.

Lounge

Bingo

6:00 p.m.

Lounge

Poker League

6:30 p.m.

Conf Room

March 8 (Tuesday)

Zumba

10:00 a.m.

Lounge

General Meeting

2:00 p.m.

Lounge

(10th Floor responsible for snacks)

March 9 (Wednesday)

Weis Market

9:30 a.m.

Van Trip

Exercise

10:00 a.m.

Lounge

Bible Study

12:30 p.m.

Patio

Piano Playing

3:00 p.m.

Lounge



March 9 (Wednesday)

Poker League

6:30 p.m.

Conf Rm

March 10 (Thursday)

Chat Room

10:00 a.m.

Patio

Rev. Sharon Solt Harfman,

2:00 p.m.

Lounge

Church of the Manger, UCC Bethlehem

Dinner @Tri-Boro Spaghetti Night

4:45 p.m.

Van Trip

Prayer Time

6:30 p.m.

Conf Rm

March 11 (Friday)

Allentown Farmers Market/Lunch

9:30 a.m.

Van Trip

@Ritz Barbecue

Yoga

10:00 a.m.

Patio

Second Harvest

11:00 a.m.

Patio

Tai Chi

12:45 p.m.

Patio

Wii Bowling

5:30 p.m.

Lounge

March 12 (Saturday)

Manicures by Appointment

9:30 a.m.

Lounge

March 13 (Sunday)

Staten Island NY, St Patrick's Fest

11:30 a.m.

Van Trip

Cost:\$50.50

March 14 (Monday)

Exercise

10:00 a.m.

Lounge

Movie-Woodlawn

1:00 p.m.

Conf Rm

Bingo

6:00 p.m.

Lounge

Poker League

6:30 p.m.

Conf Rm

March 15 (Tuesday)

Breakfast/Valley Farms

9:00 a.m.

Van Trip

Zumba

10:00 a.m.

Lounge

Computer Class

1:00 p.m.

Comp Rm

March 16 (Wednesday)

AARP TAXES

8:30 a.m.

Lounge

Massage

9:00 a.m.

Conf Rm

Exercise

10:00 a.m.

Patio

Bible Study

12:30 p.m.

Patio

Piano Playing

3:00 p.m.

Lounge

Birthday Party-Majestics

5:00 p.m.

Lounge

Poker League

6:30 p.m.

Conf Rm

March 17 (Thursday)

DVD-Irish Program

10:00 a.m.

Lounge

Rev. Richard Nahodil,

2:00 p.m.

Lounge

St. John's, EC, Allentown

Palms Distributed

3:00 p.m.

Lounge

March 18 (Friday)

Rent Rebates

9:00 a.m.

Lounge

Yoga

10:00 a.m.

Patio

Lunch/Movie @Carmike

11:00 a.m.

Van Trip

Tai Chi

12:45 p.m.

Patio

Wii Bowling

5:30 p.m.

Lounge

March 19 (Saturday)

Soup & Hotdogs - Rehrig Brothers

5:00 p.m.

Lounge

March 21 (Monday)

Shop Rite-Freemansburg Ave

9:30 a.m.

Van Trip

Exercise

10:00 a.m.

Lounge

Watercolor Class

1:00 p.m.

Lounge

March 21 (Monday)	Bingo	6:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Rm
March 22 (Tuesday)	Zumba	10:00 a.m.	Lounge
	Lunch @ Applebee's	11:00 a.m.	Van Trip
March 23 (Wednesday)	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
March 24 (Thursday)	Chat Room	10:00 p.m.	Patio
	Rev. Jay Wetzel, St. John Lutheran, Bath	2:00 p.m.	Lounge
	Dinner @ Logan's Restaurant	4:00 p.m.	Van Trip
March 25 (Friday)	GOOD FRIDAY	OFFICE CLOSED	
	Shopping @Lehigh Valley Mall	9:30 a.m.	Van Trip
March 27 (Sunday)	Easter—Rev. Werner Koch, St Stephen Lutheran Church, Beth	6:30 a.m.	Lounge
March 28 (Monday)	Wegmans	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Therapy Dog	11:00 a.m.	Lounge
	Movie-Woodlawn	1:00 p.m.	Conf Rm
	Bingo	6:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
March 29 (Tuesday)	Shopping @ Hobby Lobby/ Kohl's/Lunch	9:30 a.m.	Van Trip
	Zumba	10:00 a.m.	Lounge
	Computer Class	1:00 p.m.	Comp Rm
March 30 (Wednesday)	Exercise	10:00 a.m.	Lounge
	Lunch @Boston Market	11:00 a.m.	Van Trip
	Bible Study	12:30 p.m.	Patio
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:30 p.m.	Conf Room
March 31 (Thursday)	Giant	9:30 a.m.	Van Trip
	Chat Room	10:00 p.m.	Patio
	Rev. Lisa Borrell, Christ Lutheran Church, Lower Saucon, Hellertown	2:00 p.m.	Lounge

“Winds of March
Winds of March, we welcome you,
There is work for you to do.
Work and play and blow all day,
Blow the winter cold away.”
Unknown

<u>Activity</u>	<u>Dates</u>	<u>Time</u>	<u>Place</u>
Bingo	Every Monday	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Patio
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Prayer Time	2nd Thursday of each month	6:30 p.m.	Conf Rm
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:45 p.m.	Patio
Wii Bowling	Every Friday	5:30 p.m.	Lounge

Our Activities.



Spring Bazaar is
May 7th, it will be
 here before you know it.

We are in need of **bakers and helpers.**

Please see **Ken Clifford in Apt# 610** if you would
 like to assist us.

Claudie's

Corner



Jeff "Elvis" Krick (Tribute)

Will be performing his **Gospel Show**
at Lutheran Manor on

Thursday, March 3, 2016

2pm in the Lounge

You will be hearing all the wonderful gospel music that Elvis sang. It's a performance of a life time. Come down and enjoy the singing.

Ian Gallagher

Will be here on

Monday, March 7, 2016

3pm in the Lounge



St Patrick's Irish Party

Come down to listen to Irish music and much more. It will be an afternoon to remember. Make sure to wear green and all your Irish accessories.



Snack Stand

Snacks available every
Monday & Wednesday
 From 3-6pm
 In the Lounge



Soup & Hot Dogs
Saturday, March 19
5 p.m.

- SOUP: New England Clam Chowder \$3.00
- HOT DOGS: Plain, Sauerkraut, or Chili \$1.50
- RED BEET EGGS: .50
- DESSERT: Ice Cream & Strawberries \$2.50
- SODA OR COFFEE: \$1.00

Entertainment by:
Rehrig Brothers
50/50 Drawing
Friends and Family
Welcome!



April

2016

Saturday	4/2	Coffee & Donuts	8:00 a.m.
Saturday	4/2	Pinochle Party	12:30 p.m.
Saturday	4/16	Soup & Hot Dogs –Music Memories	5:00 p.m.
Sunday	4/24	Social-Jack & Friends	5:00 p.m.

April
 SHOWERS
 BING
 May
 FLOWERS





Computer Class

Tuesday, March
15 & 29
1-3 pm

Sign up with Claudie



Tai Chi

Every Friday
At **12:45 pm**
In the Patio



Walkers Club
will be taking a
Winter Break.
Will resume in
April 2016.



Piano Playing &
Singing
With Gladys

Every Wednesday
From 3-4 pm

In the Lounge

ZUMBA

Tuesday

10 am

In the Lounge



Therapy Dog

Monday, March 28
At 11:00 am
in the lounge.

Coffee & Donuts

Saturday, March 5th

8:00 a.m. to 10:30 a.m.

\$1.00 coffee

\$1.00 donut

\$1.00 additional donuts

Friends and Family
are Welcome.



MASSAGE


Wednesday, March 16
9:00-1:00 pm

If you are interested
in getting a massage
please **sign-up**
with Claudie.


Price: \$20.00 1/2 hour
\$40.00 1 hour
Conference Room




Blood Pressure Check
Thursday, March 3rd
6:00 p.m.
In the Lounge



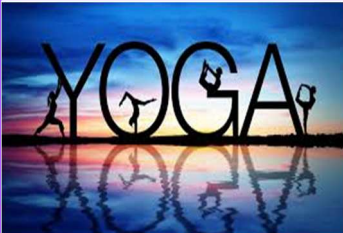
Linda will be here to do
MANICURES
Saturday, March 12th



See Claudie for an appointment.



EXERCISE
Every Monday and
Wednesday
10:00 am
In the Lounge




Every Friday
10:00 am
Patio

WATERCOLOR CLASS

David Michael Donnangelo


*Will be here on **Monday, March 21***
*At **1:00 pm** in the Lounge*



Please sign up with Claudie.

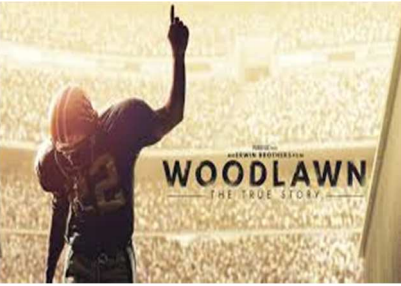


Every Friday
At 5:30 pm
In the Lounge



NOW SHOWING

WOODLAWN



Monday, March

14 & 28

1pm
In the
conference
room

Following government-mandated desegregation in 1973, Tony Nathan joins fellow African-American students at Woodlawn High School in Birmingham, Ala. As violence and anger erupt in the city, Woodlawn football coach Tandy Gerelds allows an outsider (Sean Astin) to speak to his players. His message of hope and love leads to a spiritual awakening that inspires star athlete Nathan, his teammates and other members of the community to overcome the hate that surrounds them.



If you are interested in getting a **Rent Rebate**, please make sure to call Claudie for **an appointment**.

We will be doing rent rebates on:

Friday, March 18, 2016



9:00 am –3:00 pm

In the Lounge

Birthday Party

"Residents ONLY"

Wednesday, March 16, 2016

Coordinator: *Linda Martz*

Cake and Coffee at 5pm

Entertainment by:

Majestic's 6pm



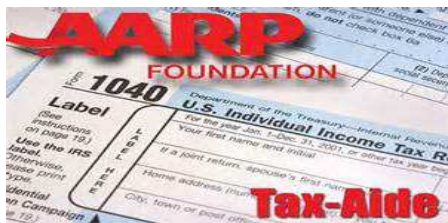
50/50 Raffle



DAYLIGHT SAVING TIME IS

MARCH 13TH!

**Set your clocks forward
one hour.**



AARP TAX PREPARATION

The **AARP** Income Tax Volunteers will be here to provide **FREE** income tax preparation and **Rent Rebates**.

Wednesday, March 16th

8:30 AM– 12:00 PM

If you are interested in getting your taxes done make sure to **call Claudie** for an appointment.

610-866-6010 Ext 3



Prayer Time

2nd Thursday of each month

In the conference room

6:30-7:30 pm

Everyone is Welcome!

Coordinator: **Bev Westwood & Loretta Mollo**

Let Go...and Live

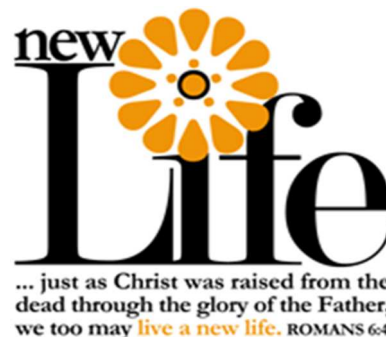
“Even now, declares the LORD, return to me with all your heart..” Joel 2:12



Not sure if this is fact or fiction, but I read that in order to catch monkeys in the jungle, trappers lock a bunch of bananas inside a cage. Soon a monkey comes along and spotting the bananas, reaches through the narrow rungs of the cage and grabs a banana. But he can't get it out. And no matter how hard he tries – twisting his hand back and forth – he can't pull his hand through the rungs while hanging on to the banana. And even with the approaching trappers he won't let go of the banana. For the trappers, it's simply a matter then, of coming up and grabbing the monkey. Now if you were standing there in the jungle, watching all of this happen, and wanted to save the monkey, you might yell in exasperation, "Drop the Banana!

Let it go.”

Are we like these monkeys?? During this season of Lent, the prophet Joel cries out to us...“Return to the Lord...” He is admonishing us to “let go”...“let go” of all those things that edge God out of our life. “Let go”...of all those things that trap us... imprison us...deny us the freedom that Jesus has won for us. As we journey through this Lenten season “let go” of the stuff that gets in the way of our relationship with God and neighbor, “let go” of self, and embrace the Risen Lord anew!



Let go...and live, Pastor Clark

WORSHIP IN MARCH (2 pm in the Lounge)*



Tues. March 1- Rev. James Harper, Notre Dame RC, Bethlehem.

Thurs. March 10th – Rev. Sharon Solt Harfman, Church of the Manger, UCC, Bethlehem

Thurs. March 17th- Rev. Richard Nahadil, St. John EC, Allentown

Maundy Thursday, March 24th – Rev. Jay Wetzel, St. John Lutheran, Bath.

Easter Sunday, 6:30am, March 27th- Rev. Werner Koch, St. Stephen Lutheran, Bethlehem

Thurs. March 31st , Rev. Lisa Borrell, Christ Lutheran, Lower Saucon, Hellertown

****Easter Sunday is at 6:30 am in the Lounge***

BIBLE STUDY- In the Patio at 12:30pm every Wednesday. Studying Galatians.

CHAT ROOM- In the Patio at 10am every Thursday. A wonderful opportunity to get acquainted with your neighbors here at Lutheran Manor.

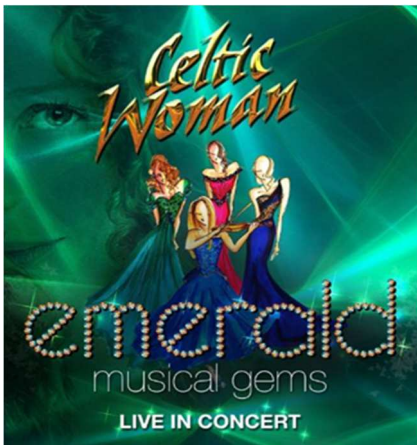
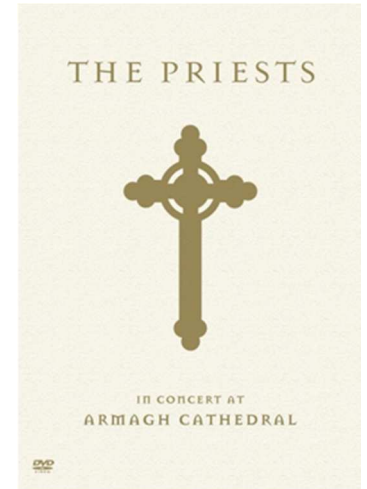
PALM SUNDAY PALMS-Available after worship on Thursday, March 17th. Pastor Clark will also be making palm crosses at that time.

CELEBRATE ST. PATRICK'S DAY – THURSDAY, MARCH 17th at 10 AM IN THE LOUNGE

DVD SELECTIONS FROM LIVE CONCERTS

THE PRIESTS (3 IRISH TENORS)

The Priests conducted a concert in Armagh Cathedral, Ireland, with special guests Sir James Galway and Moya Brennan, showcasing their incredible vocal talent and singing a spellbinding collection of traditional and religious classics.

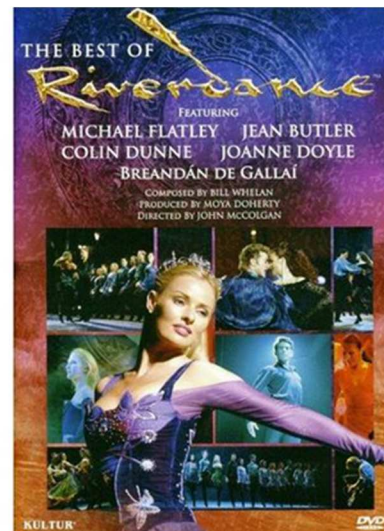


CELTIC WOMAN

An all-female Irish musical ensemble with a repertoire that ranged from traditional Celtic tunes to modern songs.

RIVERDANCE

A theatrical show consisting mainly of traditional Irish music and dance. Riverdance features the remarkable Riverdance Irish Dance Troupe and the cream of Irish musicians in the Riverdance Band



ENJOY THE ST.PATRICK'S DAY MUSIC AND DANCE...AND REFRESHMENTS!!

----Sponsored by the Chat Room



Van Trips



April 2016

DATE	DAY	TRIP	TIME
1 April	Friday	Breakfast/Walmart	9:00 a.m.____
2 April	Saturday	Pig Stomach Dinner @ Jacob's Church— Cost: \$13.00 , New Tripoli	2:30 p.m.____
4 April	Monday	Banks, CVS, \$ Store, Post Office	9:30 a.m.____
6 April	Wednesday	Weis Market	9:30 a.m.____
7 April	Thursday	Dinner @ Red Lobster	4:00 p.m.____
11 April	Monday	Shop-Rite Freemansburg Ave Easton	9:30 a.m.____
12 April	Tuesday	Lunch @ Samuel Owens Restaurant in Coplay	11:00 a.m.____
13 April	Wednesday	The Franklin Institute in Philadelphia Cost: \$21.95 /Lunch at the Franklin Food Work	8:30 a.m.____
14 April	Thursday	Tri-Boro Spaghetti Night Dinner	4:45 p.m.____
18 April	Monday	Giant	9:30 a.m.____
20 April	Wednesday	The Willows Restaurant -East Texas	4:00 p.m.____
22 April	Friday	Quakertown Farmers Market	9:30 a.m.____
26 April	Tuesday	Voting at the Church of the Manger/Hobby Lobby/Kohl's/Lunch	9:30 a.m.____
27 April	Wednesday	Dinner @ Calvary Wesleyan Church-Easton	4:15 p.m.____
28 April	Thursday	Valley Farms	9:30 a.m.____
30 April	Saturday	Wind Gap Theater presents: Johnny Cash & June Carter Cash Tribute Show Cost: \$15.00	5:45 p.m.____



Please fill out the form and **bring to my office**, I will start collecting forms at **7 a.m.** on the first day of the month.

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

MARCH 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 10:00 Zumba 2:00 Rev James Harper, Notre Dame RC	2 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	3 10:00 Chat Room 2:00 Jeff "Elvis" Krick Gospel Show 6:00 Blood Pressure Check	4 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling	5 8:00 Coffee & Donuts 12:30 Pinochle Party
6	7 10:00 Exercise 1:30 Committee Mtg 3:00 St Patrick's Party 6:00 Bingo 6:30 Poker League	8 10:00 Zumba 2:00 General Meeting 	9 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	10 10:00 Chat Room 2:00 Rev Sharon Solt Harfman, Church of the Manger, UCC, Beth 6:30 Prayer Time	11 10:00 Yoga 11:00 Second Harvest 12:45 Tai Chi 5:30 Wii Bowling	12 9:30 Manicures by Appointments
13 Clock Forward 	14 10:00 Exercise 1:00 Movie-Woodlawn 6:00 Bingo 6:30 Poker League	15 10:00 Zumba 1:00 Computer Class	16 8:30 AARP TAXES 9:00 Massage 10:00 Exercise (Patio) 12:30 Bible Study 5:00 Birthday Party	17 10:00 DVD-Irish 2:00 Rev Richard Nahodil, St John EC, Allentown 3:00 Palms Distributed	18 9:00 Rent Rebates 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling	19 5:00 Soup & Hotdogs
20	21 10:00 Exercise 6:00 Bingo 6:30 Poker League	22 10:00 Zumba 	23 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	24 10:00 Chat Room 2:00 Rev Jay Wetzal, St John Lutheran, Bath	25 OFFICE CLOSED 	26
27 6:30 Rev Werner Koch, St Stephen Lutheran Church <i>Happy Easter!</i> 	28 10:00 Exercise 11:00 Therapy Dog 1:00 Movie-Woodlawn 6:00 Bingo 6:30 Poker League	29 10:00 Zumba 1:00 Computer Class	30 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	31 10:00 Chat Room 2:00 Rev Lisa Borrell, Christ Lutheran, Lower Saucon, Hellertown		