

March 2018

Hi Lites of Lutheran Manor





New Residents

Aida Vargas Apt#804
Catherine Vizzini Apt #609
Mary Lou Martinez Apt#810

March 1 (Thursday)

Van Trip Papers drop off

7:00 am

Conf Rm

Lounge Cleaning

7:00 am

Lounge

(Lounge & Laundry Rm **CLOSED** till 9:45 am)

Zumba Gold

9:00 am

Conf Rm

Chat Room

10:00 am

Lounge

Rev. Larry Humberd, LV

2:00 pm

Lounge

Grace Brethren, Bethlehem

Dinner @Williams Family

4:00 pm

Van Trip

Restaurant in Easton

Blood Pressure

6:00 pm

Lounge

Prayer Time

7:00 pm

Lounge

March 2 (Friday)

Breakfast @The Palace/Valley

9:00 am

Van Trip

Farms

Yoga

10:00 am

Conf Rm

Tai Chi

12:45 pm

Conf Rm

Second Harvest

1:00 pm

Lounge

Wii Bowling

5:30 pm

Lounge

March 3 (Saturday)

Coffee & Donuts/Bagels

8:00 am

Lounge

Pinochle Party

12:30 pm

Lounge

March 5 (Monday)

Banks, Post Office

9:00 am

Van Trip

Exercise

10:00 am

Lounge

Movie-Wonder

1:00 pm

Conf Rm

CVS, \$ Store

1:30 pm

Van Trip

Snack Stand

3:00 pm

Lobby

BINGO

6:00 pm

Lounge

March 6 (Tuesday)

Giant

9:30 am

Van Trip

RENT REBATES

10:00 am

Conf Rm

Father James Harper, Notre

2:00 pm

Lounge

Dame R.C. Church, Bethlehem

March 7 (Wednesday)

Philadelphia Flower Show/Lunch

9:00 am

Van Trip

Cost: \$28.00

Exercise

10:00 am

Lounge

Bible Study

12:30 pm

Lounge

Computer Class

1:00 pm

Comp Rm

Snack Stand

3:00 pm

Lobby

March 8 (Thursday)

Zumba Gold

9:00 am

Lounge

Chat Room

10:00 am

Lounge

March 8 (Thursday)	Speaker-Hearts matter <i>Red Lobster Restaurant</i>	2:00 pm 4:00 pm	Lounge Van Trip
March 9 (Friday)	Lounge Cleaning (Lounge & Laundry Rm CLOSED till 9:45 am)	7:00 am	Lounge
	Yoga	10:00 am	Conf Rm
	Tai Chi	12:45 pm	Conf Rm
	Speaker-State Representative	2:00 pm	Lounge
	Wii Bowling	5:30 pm	Lounge
March 10 (Saturday)	Breakfast	8:30 am	Lounge
	<i>Singing in the Rain-Catasauqua Area High School Cost:\$8.00</i>	6:15 pm	Van Trip
March 11 (Sunday)	CLOCKS FORWARD		
	Sunday Praise with <i>David</i>	1:00 pm	Lounge
March 12 (Monday)	RENT REBATES	10:00 am	Conf Rm
	Exercise	10:00 am	Lounge
	<i>Wegmans</i>	12:00 pm	Van Trip
	Committee Meeting	1:30 pm	Conf Rm
	Snack Stand	3:00 pm	Lobby
	BINGO	6:00 pm	Lounge
March 13 (Tuesday)	AARP TAXES/Rent Rebates	8:30 am	Lounge
	General Meeting (10th Floor responsible for snacks)	2:00 pm	Lounge
	<i>Shopping @Kmart/Dinner @ Doughboys</i>	3:30 pm	Van Trip
March 14 (Wednesday)	<i>Staten Island NY-St. Patrick's Fest Cost:\$50.00</i>	9:00 am	Van Trip
	Exercise	10:00 am	Lounge
	Bible Study	12:30 pm	Lounge
	Line Dancing	2:00 pm	Lounge
	Snack Stand	3:00 pm	Lobby
March 15 (Thursday)	Zumba Gold	9:00 am	Lounge
	Chat Room	10:00 am	Lounge
	Rev. Dan Brettell, St Paul's Lutheran, Bethlehem	2:00 pm	Lounge
	<i>Good Shepherd Aquatic Pool Program Cost: \$8.00 (Physician waiver required)</i>	4:00 pm	Van Trip
March 16 (Friday)	Prayer Time	7:00 pm	Lounge
	Lounge Cleaning (Lounge & Laundry Rm CLOSED till 9:45 am)	7:00 am	Lounge
	Yoga	10:00 am	Conf Rm

March 16 (Friday)	Lunch @Red Robins/Movie @ The Promenade	11:00 am	Van Trip
	Tai Chi	12:45 pm	Conf Rm
	Wii Bowling	5:30 pm	Lounge
March 17 (Saturday)	Soup & Hotdogs-Cottons	5:00 pm	Lounge
March 19 (Monday)	RENT REBATES	10:00 am	Conf Rm
	Exercise	10:00 am	Lounge
	Lunch @Sewyco's Fire Company in Hellertown, Cost: \$7.00	11:00 am	Van Trip
	Art with Pat	1:30 pm	Lounge
	Snack Stand	3:00 pm	Lobby
	BINGO	6:00 pm	Lounge
March 20 (Tuesday)	Breakfast @Perkins/Walmart	9:00 am	Van Trip
	Elvis Gospel Tribute	1:30 pm	Lounge
March 21 (Wednesday)	Exercise	10:00 am	Lounge
	Shopping @Palmer Mall/ Lunch @Carrabba's Italian Grill	10:30 am	Van Trip
	Bible Study	12:30 pm	Lounge
	Computer Class	1:00 pm	Comp Rm
	Snack Stand	3:00 pm	Lobby
	Birthday Party-Sandy, Andy & Friends	5:00 pm	Lounge
March 22 (Thursday)	Zumba Gold	9:00 am	Lounge
	Chat Room	10:00 am	Lounge
	Rev. Larry Burd, Calvary Baptist, Easton, Pastor Emeritus	2:00 pm	Lounge
March 23 (Friday)	Lounge Cleaning	7:00 am	Lounge
	(Lounge & Laundry Rm CLOSED till 9:45 am)		
	Yoga	10:00 am	Conf Rm
	Tai Chi	12:45 pm	Conf Rm
	Crafts-Easter Cards	1:30 pm	Lounge
	Dinner @Outback Restaurant	4:00 pm	Van Trip
	Wii Bowling	5:30 pm	Lounge
March 24 (Saturday)	Manicures/Haircuts by Appointment	9:00 am	Lounge
March 25 (Sunday)	Social-Robin & Jim	5:00 pm	Lounge
March 26 (Monday)	Exercise	10:00 am	Lounge
	Shopping @Christmas Shop/ Ross/Lunch @Roma Ristorante	10:30 am	Van Trip
	Movie-Wonder	1:00 pm	Conf Rm
	Art with Pat	1:30 pm	Lounge
	Snack Stand	3:00 pm	Lobby
	BINGO	6:00 pm	Lounge
March 27 (Tuesday)	Shop-Rite Freemansburg	9:30 am	Van Trip

March 27 (Tuesday)	RENT REBATES <i>Speaker-Bellezza Salon & Spa</i>	10:00 am	Conf Rm
March 28 (Wednesday)	Exercise	1:30 pm	Lounge
	Bible Study	10:00 am	Lounge
	Line Dancing	12:30 pm	Lounge
	Snack Stand	2:00 pm	Lounge
March 29 (Thursday)	Zumba Gold	3:00 pm	Lobby
	Chat Room	9:00 am	Lounge
	Rev. Jay Wetzel, Lutheran, Retired	10:00 am	Lounge
	<i>Good Shepherd Aquatic Pool</i>	2:00 pm	Lounge
March 30 (Friday)	GOOD FRIDAY (OFFICE CLOSED)		
	<i>Quakertown Farmers Market/ Lunch @Boova Haus</i>	4:00 pm	Van Trip
		9:30 am	Van Trip



WEAR GREEN DAY



Wednesday, March 14, 2018

In celebration of *St Patty's Day*, Staff will be **wearing green today**. Residents if you want to join us in **wearing green**, you are welcome to.



Garden Plots

If you are interested in having a **garden plot** this year, please fill out the form below and bring it to the

Main Office by

“March 9th.”

Due to limited space, requests are first come first serve basis.



GARDEN PLOTS

I would like to *reserve a garden plot*.

NAME: _____

APT# _____

PHONE: _____

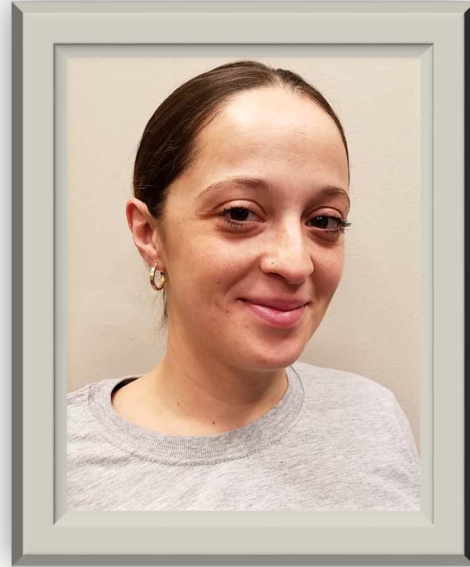
I would like to keep the same spot I had last year: _____ Yes _____ NO

*Management will assign plots by **March 16.***



Welcome
to the
Group

Courtney & Staff would like
to welcome **Chentelle** to
the team.



CHENTELLE COLLINS
FULL TIME HOUSEKEEPER

Our Activities

<u>Activity</u>	<u>Dates</u>	<u>Time</u>	<u>Place</u>
Exercise	Every Monday & Wednesday	10:00 am	Lounge
Snack Stand	Every Monday & Wednesday	3:00 pm	Lobby
Worship Service	1st Tuesday & 2nd, 3rd, 4th Thursday	2:00 pm	Lounge
Bible Study	Every Wednesday	12:30 pm	Lounge
Line Dancing	Every other Wednesday	2:00 pm	Lounge
Zumba Gold	Every Thursday	9:00 am	Lounge
Chat Room	Every Thursday	10:00 am	Lounge
Prayer Time	1st & 3rd Thursday of each month	7:00 pm	Lounge
Yoga	Every Friday	10:00 am	Conf Rm
Tai Chi	Every Friday	12:45 pm	Conf Rm
Wii Bowling	Every Friday	5:30 pm	Lounge
Sunday Praise	2nd Sunday	1:00 pm	Lounge

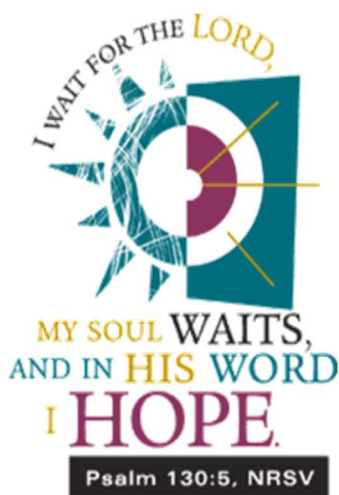


2018

Saturday	4/7	Coffee & Donuts/Bagels	8:00 am
Saturday	4/7	Pinochle Party	12:30 pm
Saturday	4/21	Soup & Hotdogs-Nite Flyte	5:00 pm
Sunday	4/29	Social-The Gilberts	5:00 pm

“Enjoy the little things in life...for one day you’ll look back and realize they were the big things.”

Robert Brauit



WERE IT NOT FOR HOPE, I doubt very much if any of us would be able to survive the misfortunes that life often brings. Whether it's a family crisis, health problem or even a death in a family, we are able to keep going because we hope things will somehow get better. Hope is the oasis in the desert, the light at the end of the tunnel, the sunrise at the end of a long dark night. Hope is what we set our sights on.

During this Lenten time we are to concentrate on Jesus' road to the cross, the path of suffering and death. It was a dark and often lonely path. Yet, even on this path to the cross, Jesus could glimpse the light of Easter. He set his sights on the power of God and put his hope in the Lord.

From time to time we all experience difficulties and challenges. We need not lose heart though. We have hope! Our God is an awesome God! He creates light out of darkness, freedom from bondage, joy out of sorrow, and hope out of despair. Set your sights on Him!

Blessings for a Holy Lent, Pastor Clark

WORSHIP IN MARCH- 2 pm in the Lounge

Thursday, March 1st – Pastor Larry Humberd, Lehigh Valley Grace Brethren, Bethlehem

Tuesday, March 6th –Father James Harper, Notre Dame RC Church, Bethlehem

Thursday, March 15th – Pastor Dan Brettell, St Paul's Lutheran Bethlehem

Thursday, March 22nd – Pastor Larry Burd, Calvary Baptist, Easton, Pastor Emeritus

Thursday, March 29th – Pastor Jay Wetzel, Lutheran retired.

EASTER SUNDAY, April 1st – 6:30 am- Pastor Werner Koch, St. Stephen's Lutheran, Bethlehem.



BIBLE STUDY- Every Wednesday at 12:30pm in the Lounge.

PRAYER TIME- 1st and 3rd Thursdays at 7 pm in the Lounge). (March 1st & 15th)

CHAT ROOM- Every Thursday at 10 am in the Lounge.

SUNDAY PRAISE- Song, Scripture & Prayer at 1 pm on the 2nd Sunday of the Month. (March 11th ; Lounge)

Who Said So?

This Baptist evangelist, preacher, and teacher who gave His Utmost said, "The whole point of getting things done is knowing what to leave undone."

ANSWER: Oswald Chambers

Claudie's



Corner

heart health facts
everyone should know



Kierra Varcos,
Fitness Specialist
Thursday, March 8, 2018
2pm in the Lounge

Heart Matters

Please join **Kierra** and learn the importance of the Heart.

- * The heart's functions and how it relates to aging
- * Heart issues and how to manage them
- * How to safely exercise with heart conditions
- * Nutritional Tips for Seniors

Refreshments will be provided!



State Representative
Jeanne McNeill Meet & Greet
Friday, March 9, 2018
2:00 pm in the Lounge



Did you know what the **State Representative's Office** can do for you? These are just a few:

- Property Tax/Rent Rebate
- PACE cards for seniors
- CHIP
- Car registrations, special tags, titles and license applications
- Birth certificate applications
- Department of Public Welfare Programs
- Disability plates and placards
- Complaints and problems with insurance

Come down and meet with **Jeanne McNeill**, and get to know what their office can offer you.

Jeff Krick "Elvis Gospel" (Tribute)

Will be performing his Gospel Show
Tuesday, March 20, 2018
2pm in the Lounge



You will be hearing all the wonderful gospel music that Elvis sang. It's a performance of a life time. Come down and enjoy the singing.

Refreshments will be provided!

Bellezza salon & spa

Meet & Greet
Tuesday, March 27, 2018
1:30 pm in the Lounge

Diane will be here to talk about the **new Bellezza Salon & Spa**. Everyone that attends will receive a **\$5 Gift Certificate** towards your first service in the salon.

These are just a few of the services:

◆ HAIR

Cuts & styles
Coloring & Highlights
Perms
Deep conditioning

◆ Waxing

Face & Body

◆ Paraffin dips

◆ Lash services

◆ Skin Care

Facials
Microdermabrasion

◆ NAILS

Manicures
Gel Manicures

Other services available upon request.
Looking forward to meeting you all.



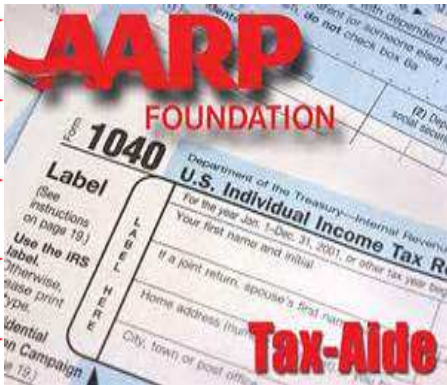
APARTMENTS RENT REBATE

If you are interested in getting a **Rent Rebate**, please make sure to sign up on the special events form in your Hi-Lites or call Claudie for **an appointment**. 610-866-6010 ext 3.

We will be doing rent rebates on the following dates:

Tuesday—March 6, 27
Monday— March 12, 19
10:00 am –3:00 pm

In the conference room



AARP TAX PREPARATION

The **AARP** Income Tax Volunteers will be here to provide **FREE** income tax preparation and

Rent Rebates.

Tuesday, March 13th

8:30 AM– 12:00 PM

If you are interested in getting your Taxes/Rent Rebate done, please make sure to sign up on the special events form in your Hi-Lites or call Claudie for **an appointment**. 610-866-6010 ext 3.



GET FIT

EXERCISE CLASS

Every Monday & Wednesday

10:00 am

In the Lounge

EXERCISE CLASS



WALKERS CLUB



Walkers get ready to start walking real soon.

ZUMBA GOLD



Every Thursday

9:00 am

In the Lounge



TAI CHI

Every Friday

12:45 pm

in the Conference Room.



YOGA

Every Friday

10:00 am



in the Conference Room.



Kierra's Kickstart To Fitness



ATTENTION!!!

If you plan to use the fitness center, even if it's just to use the track, I need some paperwork on file.

I want to make sure you are safe to exercise and everyone can enjoy their time in the Wellness Center.



Stop by Claudie's office to see me and obtain paperwork or set up an assessment.

Sample Classes

In the Lounge

Tuesdays

Basic Balance:

3/6, 3/20, 3/27

9:00 -9:30 AM

Joyful Joints & Healthy

Hands:

Fridays: 3/9, 3/16, 3/23

11:00 -11:45AM

Fitness Center FAQ's

What is offered?

You may use the fitness center at your convenience, attend scheduled classes, or schedule a one-on-one appointment with me for more guidance.

Will I have to pay?

No, all fitness classes and appointments are free of charge!

What are the hours?

We are still working on that!

Do I need an appointment to exercise?

No, you can come in when you want. But I do recommend setting up some sessions with me to receive a program.

What if I need help with a machine?

I will be available in the fitness center Monday through Friday during normal business hours (TBD) and can help with questions or set up appointments.

BLOOD PRESSURE CHECK

First Thursday of every month. *Sharon* will be here to check your blood pressure.
Thursday, March 1
6:00 pm
In the Lounge



Linda will be here to do *Manicures & Haircuts*

Saturday, March 24
9:00 am in the Lounge



Set up an
appointment with
Claudie.

NOW SHOWING

Monday, March 5 & 26
1 pm
in the Conference Room

Wonder



Based on the New York Times bestseller, *WONDER* tells the incredibly inspiring and heartwarming story of August Pullman, a boy with facial differences who enters fifth grade, attending a mainstream elementary school for the first time.

Sign up required!

AN INVITATION TO PRAYER

Prayer Time

1st & 3rd Thursday
of each month
In the Lounge

7:00 pm-8:00 pm

Everyone is Welcome!

Coordinators: Bev Westwood & Loretta Mollo

LINE DANCING

Peggy Sue Tobias

will be here on
Wednesday,
March 14 & 28
2:00 pm
In the Lounge



Coffee & Donuts/Bagels

Saturday, March 3

8:00 am to 10:00 am

In the Lounge

\$1.00 Coffee

\$1.00 Donuts

\$1.00 additional donuts

\$1.00 Bagels & Cream Cheese



**Friends and Family
are always welcome!**



Soup & Hot Dogs

Saturday, March 17

5:00 pm

In the Lounge

SOUP: Split Pea/Ham \$3.00

HOT DOGS: Plain, Sauerkraut, or Chili \$1.50

RED BEET EGGS: .50

DESSERT: Ice Cream & Strawberries \$2.50

SODA OR COFFEE: \$1.00

Entertainment by:

Cottons

50/50 Drawing

Friends and Family



Computer Class

Wednesday

March 7 & 21

1:00 pm—3:00 pm

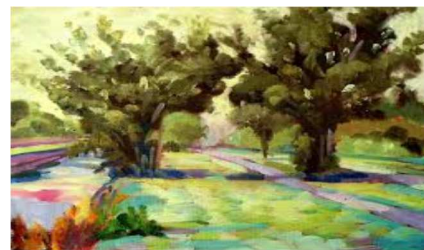


Art with Pat Class

Monday, March 19 & 26

1:30 pm in the Lounge

The project for this month is
working with color harmony in
acrylic painting.



Sign up required!

Crafts



Eileen will be here to make
Easter Cards on

Friday, March 23, 2018

1:30 pm in the Lounge

Let someone know how much they
mean to you, with a special card. You
will be making 3 cards in this class.

Only **"10"** residents may attend
this class.



Sign-up required!!!



1st Day of Spring

is *Tuesday, March 20th*



Spring Forward!



Daylight
Savings
Begins

**Daylight Saving Time begins
on March 11.**

**Set your clocks forward
one hour.**



Sunday Praise

Sunday, March 11, 2018

1 pm

In the Lounge

Join *David Garcia* for a time of
reflection and praise to God with
Christian Songs,
Scripture and
Prayer.

Everyone is
welcome!!!



SNACK STAND

Snacks available every
Monday & Wednesday

From 3:00 pm-6:00 pm
in the Main Lobby



BINGO

Every Monday
at 6:00 pm



Wii BOWLING

Every Friday
5:30 pm

In the Lounge

What a better way to get active, socialize
and more important have fun.

SUNDAY SOCIAL

The Resident's Association
Sunday, March 25, 2018

Let the good times

Roll!



Donations appreciated!



4:00 pm Doors open

5:00 pm Refreshments

6:00 pm Entertainment

Entertainment by: Robin & Jim



Wednesday, March 21, 2018

5:00 pm

In the Lounge

Entertainment by: *Sandy, Andy & Friends*

“RESIDENTS ONLY”

Coordinator: Sandy Borger, Apt #404



BIRTHDAY PARTY

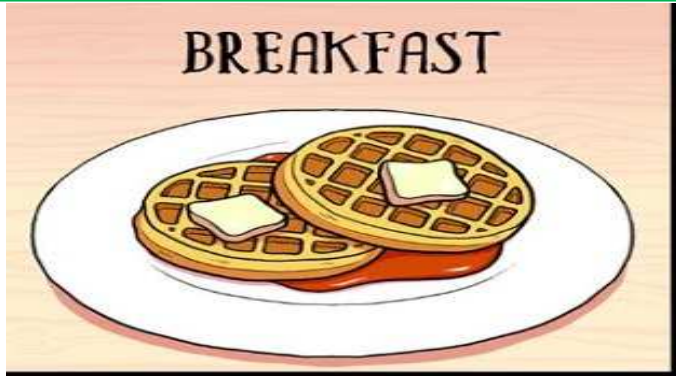
Wednesday, March 21, 2018

PLEASE RETURN THIS SLIP TO **Sandy Borger Apt #404**

NAME: _____

APT: _____ # Attending _____ **(RESIDENTS ONLY)**

DEADLINE FOR RESERVATIONS, “Sunday, March 18”



Breakfast open to all Residents & Guests.

Saturday, March 10, 2018

8:30 am—10:00 am

MENU

3 Pancakes

2 Sausage Links

Coffee and Orange Juice



Cost: \$3.00



BREAKFAST

Saturday, March 10, 2018

8:30 am—10:00 am

**Place slip in a sealed envelope along with cash payment and slide it under
Linda Ostrander's door Apt #1003 or Sharon Jones Apt #1006.**

Name: _____ Apt# _____ Phone: _____

of Guests _____

DEADLINE FOR RESERVATIONS IS WEDNESDAY, MARCH 6.



Special Events & Speakers

I want to **sign up** to attend the following special events and speakers.....

(check off what you want to attend)

Movie- Wonder

_____ Monday, March 5 at 1:00 pm –Be in your seat by 12:45 pm.

_____ Monday, March 26 at 1:00 pm-Be in your seat by 12:45 pm.

Computer Class with Nancy

_____ Wednesday, March 7 at 1:00 pm

_____ Wednesday, March 21 at 1:00 pm

Line Dancing with Peggy Sue

_____ Wednesday, March 14 at 2:00 pm

_____ Wednesday, March 28 at 2:00 pm

Crafts-Easter Cards with Eileen

_____ Friday, March 23 at 1:30 pm

Art with Pat

_____ Monday, March 19 & 26 at 1:30 pm

Speakers/Events

_____ Hearts Matter, Thursday, March 8 at 2:00 pm

_____ State Representative Jeanne McNeill, Meet & Greet, Friday, March 9 at 2:00 pm

_____ Jeff Krick-Elvis Gospel Tribute, Tuesday, March 20 at 2:00 pm

_____ Bellezza Salon & Spa, Meet & Greet, Tuesday, March 27 at 1:30 pm

RENT REBATES

_____ Appointment will be given to you.

AARP TAXES/RENT REBATES

_____ TAX/RENT REBATE _____ TAX ONLY

Manicures/Haircuts with Linda (An appointment time will be assigned to you!)

_____ Saturday, March 24 between 9:00 am-5:00 pm

Complete and return this form when you turn in your van trip sign up sheet!

NAME: _____ **APT#** _____



VAN TRIPS



April 2018

DATE	DAY	TRIP	TIME
April 2	Monday	Wegmans	12:00 pm___
April 3	Tuesday	Banks, Post Office	9:00 am___
April 3	Tuesday	CVS, \$ Store	1:30 pm___
April 5	Thursday	Good Shepherd Aquatic Pool Program Cost:\$8.00 (Physician waiver program)	4:00 pm___
April 7	Saturday	Pig Stomach Dinner @Jacob's Church, New Tripoli, Cost: \$13.00	2:30 pm___
April 9	Monday	Breakfast @Cracker Barrel/Walmart	9:00 am___
April 11	Wednesday	BINGO @Lehigh Valley Active Life	5:15 pm ___
April 12	Thursday	Lunch @Hampton Winds Rest/Segal Museum Cost:\$5.00	11:00 am___
April 13	Friday	Renninger's Antique & Farmers Market in Kutztown/Lunch	9:30 am___
April 16	Monday	Lunch @Sewyco's Fire Company in Hellertown, Cost: \$7.00	11:00 am___
April 17	Tuesday	Sight & Sounds Lancaster presents: JESUS, Cost: \$59.00/Dinner @Shady Mables	8:00 am___
April 18	Wednesday	Weis	9:30 am___
April 19	Thursday	Shopping @Lehigh Valley Mall/Lunch @Ruby Tuesdays	11:00 am___
April 20	Friday	Dinner @Texas Roadhouse Restaurant	4:00 pm___
April 23	Monday	Giant	12:00 pm___
April 24	Tuesday	Lunch @Red Robins/Movie @The Promenade	11:00 am___
April 25	Wednesday	Shopping @Peddlers Village/Lunch	9:00 am___
April 26	Thursday	Good Shepherd Aquatic Pool Program Cost:\$8.00 (Physician waiver program)	4:00 pm___
April 27	Friday	Dinner @Chowder House	4:00 pm___
April 30	Monday	Shop-Rite Freemansburg	12:00 pm___

Please fill out the form and bring to my office, I will start collecting forms at 7 a.m. on the first day of the month.

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

MARCH

2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 7:00 Van trip papers 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev Larry Humberd LV, Grace 6:00 Blood Pressure 7:00 Prayer Time	2 10:00 Yoga 12:45 Tai Chi 1:00 Second Harvest 5:30 Wii Bowling	3 8:00 Coffee & Donuts/Bagels 12:30 Pinochle Party
4	5 10:00 Exercise 1:00 Movie -Wonder 3:00 Snack Stand 6:00 BINGO	6 10:00 Rent Rebates 2:00 Father James Harper, Notre Dame RC Church, Bethlehem	7 10:00 Exercise 12:30 Bible Study 3:00 Snack Stand 1:00 Computer Class	8 9:00 Zumba Gold 10:00 Chat Room 2:00 Speaker -Hearts Matter	9 10:00 Yoga 12:45 Tai Chi 2:00 State Representative meet & Greet 5:30 Wii Bowling	10 8:30 Breakfast
11 Clocks Forward 1:00 Sunday Praise	12 10:00 Rent Rebates 10:00 Exercise 1:30 Committee Mtg 3:00 Snack Stand 6:00 BINGO	13 8:30 AARP Taxes/ Rent Rebates 2:00 General Meeting	14 WEAR GREEN 10:00 Exercise 12:30 Bible Study 2:00 Line Dancing 3:00 Snack Stand	15 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev Dan Brettell, St Paul's Lutheran, Beth	16 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling	17 5:00 Soup & Hotdogs
18 Deadline for Birthday Party slips due.	19 10:00 Rent Rebates 10:00 Exercise 1:30 Art with Pat 3:00 Snack Stand 6:00 BINGO	20 1st Day of Spring 2:00 Jeff Krick-Elvis Gospel Tribute	21 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 3:00 Snack Stand 5:00 Birthday Party	22 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev Larry Burd, Calvary Baptist, Easton, Pastor Emeritus	23 10:00 Yoga 12:45 Tai Chi 1:30 Crafts-Easter Cards 5:30 Wii Bowling	24 9:00 Manicures
25 5:00 Social 	26 10:00 Exercise 1:00 Movie -Wonder 1:30 Art with Pat 3:00 Snack Stand 6:00 BINGO	27 10:00 Rent Rebates 1:30 Speaker -Bellezza Salon & Spa	28 10:00 Exercise 12:30 Bible Study 2:00 Line Dancing 3:00 Snack Stand	29 9:00 Zumba Gold 10:00 Chat Room 2:00 Rev Jay Wetzel, Lutheran Retired	30 OFFICE CLOSED 	31