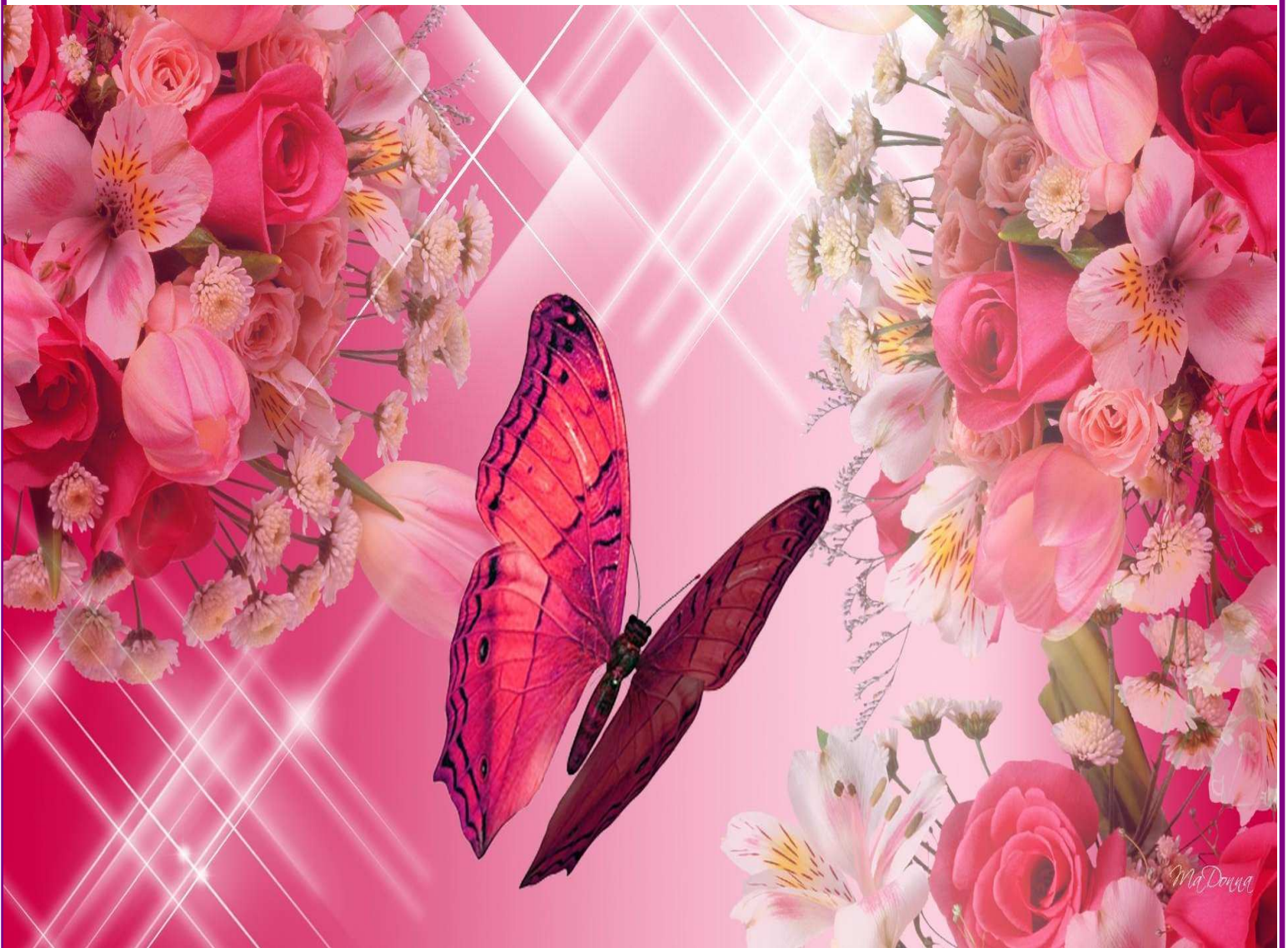


May 2016

Hi Lites of

Lutheran Manor





NEW RESIDENTS
Darlene Bachert 1106
Raymond Rios 1110

May 1 (Sunday)	Quilt Fest 2016, Charles Chrin	9:15 a.m.	Van Trip
	Community Center, Cost: \$8.00/Lunch		
May 2 (Monday)	Breakfast/Walmart	9:00 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Bingo	6:00 p.m.	Lounge
	Poker League	6:00 p.m.	Conf Rm
May 3 (Tuesday)	Banks, CVS, \$ Store, Post Office	9:30 a.m.	Van Trip
	Zumba	10:00 a.m.	Lounge
	Computer Class	1:00 p.m.	Comp Rm
	Rev. James Harper,	2:00 p.m.	Lounge
	Notre Dame R.C. Church, Bethlehem		
May 4 (Wednesday)	Massage by Appointment	9:00 a.m.	Conf Rm
	Penn's Peak-Branson Fever Show & Luncheon-Jim Thorpe, Cost: \$45.00	10:00 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:00 p.m.	Conf Rm
May 5 (Thursday)	Chat Room	10:00 a.m.	Patio
	Speaker-Cinco de Mayo	2:00 p.m.	Lounge
	Blood Pressure Check	6:00 p.m.	Lounge
May 6 (Friday)	Green Dragon Flea Market, Lancaster	8:30 a.m.	Van Trip
	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Patio
	Tai Chi	12:45 p.m.	Patio
	Victorian Tea Party-Sign up required	1:00 p.m.	Lounge
	Wii Bowling	5:30 p.m.	Lounge
May 7 (Saturday)	Spring Bazaar	10:00 a.m.	Lounge
May 8 (Sunday)	HAPPY MOTHER'S DAY!!		
May 9 (Monday)	Giant	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Committee Meeting	1:30 p.m.	Conf Rm
	Bingo	6:00 p.m.	Lounge
	Poker League	6:00 p.m.	Conf Rm
May 10 (Tuesday)	Zumba	10:00 a.m.	Lounge
	General Meeting	2:00 p.m.	Lounge

(8th Floor responsible for snacks)

May 10 (Tuesday)	Grumpy's Bar-B-Que Roadhouse, Allentown	4:00 p.m.	Van Trip
May 11 (Wednesday)	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Piano Playing	3:00 p.m.	Lounge
May 12 (Thursday)	Dinner @ Calvary Baptist Church-Easton	4:15 p.m.	Van Trip
	Poker League	6:00 p.m.	Conf Rm
	Chat Room	10:00 a.m.	Patio
	Rev. Chris Eichorn, Trinity Lutheran, Hecktown	2:00 p.m.	Lounge
	Dinner @Tri-Boro Spaghetti Night	4:45 p.m.	Van Trip
May 13 (Friday)	Prayer Time	6:30 p.m.	Conf Rm
	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Patio
	Second Harvest	11:00 a.m.	Patio
	Tai Chi	12:45 p.m.	Patio
May 14 (Saturday)	Wii Bowling	5:30 p.m.	Lounge
	Coffee & Donuts	8:00 a.m.	Lounge
	Pinochle Party	12:30 p.m.	Lounge
May 16 (Monday)	Wegmans	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Movie-Safe Haven	1:00 p.m.	Conf Rm
	Bingo	6:00 p.m.	Lounge
May 17 (Tuesday)	Poker League	6:00 p.m.	Conf Rm
	Zumba	10:00 a.m.	Lounge
	Speaker-Burial Seminar-sign up required	12:00 p.m.	Lounge
	Computer Class	1:00 p.m.	Comp Rm
May18 (Wednesday)	Dinner @Sal's Pizza Restaurant, Wind Gap	4:00 p.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Speaker-Lowe's	2:00 p.m.	Outside
	Piano Playing	3:00 p.m.	Lounge
May19 (Thursday)	Poker League	6:00 p.m.	Conf Rm
	DVD-Rosemary Clooney	10:00 a.m.	Lounge
	Rich Kuhn, Resident	2:00 p.m.	Lounge
May 20 (Friday)	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Patio
May 20 (Friday)	Tai Chi	12:45 p.m.	Patio
	Wii Bowling	5:30 p.m.	Lounge



May 21 (Saturday)	Soup & Hotdogs—Robin & Jim	5:00 p.m.	Lounge
May 23 (Monday)	Weis Market	9:30 a.m.	Van Trip
	Exercise	10:00 a.m.	Lounge
	Therapy Dog	11:00 a.m.	Lounge
	Bingo	6:00 p.m.	Lounge
	Poker League	6:00 p.m.	Conf Rm
May 24 (Tuesday)	Zumba	10:00 a.m.	Lounge
	Watercolor Class	1:00 p.m.	Lounge
	Dinner @Doughboys	4:00 p.m.	Van Trip
May 25 (Wednesday)	Exercise	10:00 a.m.	Lounge
	Lunch @Pizza Ville Italian Eatery, Bath	11:00 a.m.	Van Trip
	Bible Study	12:30 p.m.	Patio
	Piano Playing	3:00 p.m.	Lounge
	Poker League	6:00 p.m.	Conf Rm
May 26 (Thursday)	Shopping at Kmart/Payless/Lunch @Wind Gap Diner	10:00 a.m.	Van Trip
	Chat Room	10:00 p.m.	Patio
	Rev. Jack Tanis, Calvary Baptist, Easton	2:00 p.m.	Lounge
	Prayer Time	6:30 p.m.	Conf Rm
May 27 (Friday)	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Patio
	Movie @The Promenade/Lunch	11:00 a.m.	Van Trip
	Tai Chi	12:45 p.m.	Patio
	Wii Bowling	5:30 p.m.	Lounge
May 28 (Saturday)	Manicures by Appointment	9:30 a.m.	Lounge
May 29 (Sunday)	Social-Steel City	5:00 p.m.	Lounge
May 30 (Monday)	Memorial Day—OFFICE CLOSED		
May 31 (Tuesday)	Valley Farms	9:30 a.m.	Van Trip
	Zumba	10:00 a.m.	Lounge
	Movie— Safe Haven	1:00 p.m.	Conf Rm



“Mothers hold their children’s hands for a short while, but their Hearts forever.”
Unknown



<u>Activity</u>	<u>Dates</u>	<u>Time</u>	<u>Place</u>
Bingo	Every Monday	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:00 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Patio
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Prayer Time	2nd & 4th Thursday of each month	6:30 p.m.	Conf Rm
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:45 p.m.	Patio
Walkers Club	Every Friday	9:00 a.m.	Outside
Wii Bowling	Every Friday	5:30 p.m.	Lounge

Our Activities.



SOCIAL



4pm Doors Open
5pm Refreshments
6pm Entertainment

Sunday, May 29, 2016

**Entertainment
 By:
 Steel City**



**Esther's Ice Cream
 Sales \$1.00**



**DONATIONS
 -ACCEPTED-**



Claudie's

Corner



Todd Campbell from Maxim Healthcare Services

will be here **on Thursday, May 5th**
at 2pm in the lounge

Come down for some **fun, games, music and refreshments** to celebrate

Cinco de Mayo.



Final Expense & Burial Insurance Seminar

Michael Mendez Jr will be here on
Tuesday, May 17th
at 12:00pm in the lounge

- ♦ Come and learn how to choose the best Burial Insurance Policy for you!
- ♦ Do you need Burial Insurance & how much will it cost!
- ♦ What is Senior Life Insurance and how can it help me!

Fun, Games & Lunch will be provided along with a **free gift** for all attendees!!

SIGN UP REQUIRED!!!



Victorian Tea Party

Friday, May 6, 2016

1-3 pm

Brenda Owens will be hosting this party, join us for a Victorian Tea experience. If you have **hats and gloves** we encourage you to wear them for this event. You will be making some crafts to take home with you.



If you would like to attend the Victorian Tea Party,

sign-up required with Claudie. **Only 25 people can attend.**

Snack Stand

Snacks available every
Monday & Wednesday
 From 3-6pm
 in the Lobby



Soup & Hot Dogs
Saturday, May 21st
 5 p.m.

<u>SOUP</u> : Cream of Potato	\$3.00
<u>HOT DOGS</u> : Plain, Sauerkraut, or Chili	\$1.50
<u>RED BEET EGGS</u> :	.50
<u>DESSERT</u> : Ice Cream & Strawberries	\$2.50
<u>SODA OR COFFEE</u> :	\$1.00

Entertainment by:

Robin & Jim

50/50 Drawing

Friends and Family

Welcome!



2016

Friday	6/3	Pig Roast –Rehrig Brothers	12:00 p.m.
Saturday	6/4	Coffee & Donuts	8:00 a.m.
Saturday	6/4	Pinochle Party	12:30 p.m.
Wednesday	6/15	Birthday Party-Marty-The Country Jades	5:00 p.m.
Saturday	6/18	Soup & Hot Dogs –Joe Kroboth	5:00 p.m.
Sunday	6/26	Social-Kato	5:00 p.m.

DAD
 A son's
 first Hero.
 A daughter's
 first Love.



Computer Class

Tuesday, May
3 & 17
1-3 pm

Sign up with **Claudie**

TAI CHI

Every
Friday
at **12:45 pm**
in the
Patio



Walkers Club

Every Friday

Change of Time

9:00 am



We will meet in the **Lobby.**



Piano Playing &
Singing
With Gladys

Every Wednesday
From 3-4 pm
in the Lounge.

ZUMBA

Tuesday

10 am

in the Lounge.



MASSAGE

Wednesday, May 4th
9:00-1:00 pm

If you are interested
in getting a massage
please **sign-up**
with Claudie.

Price: \$20.00 1/2 hour
\$40.00 1 hour
Conference Room



Therapy Dog

Monday, May 23rd
At 11:00 am
in the lounge.

Coffee & Donuts

Saturday, May 14th

8:00 a.m. to 10:30 a.m.

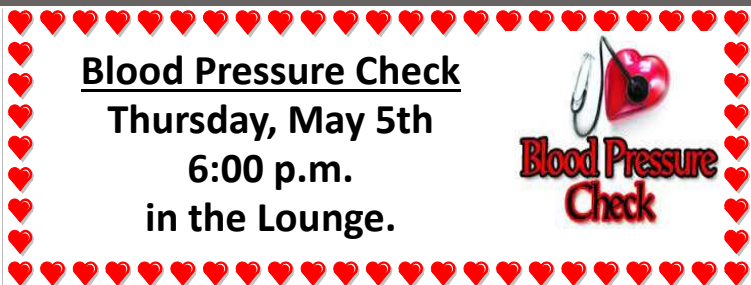
\$1.00 coffee

\$1.00 donut

\$1.00 additional donuts

**Friends and Family
are welcome!**



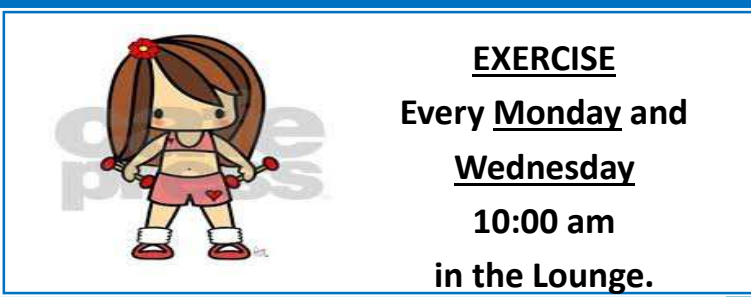


Blood Pressure Check
 Thursday, May 5th
 6:00 p.m.
 in the Lounge.



Linda will be here to do
MANICURES
 Saturday, May 28th

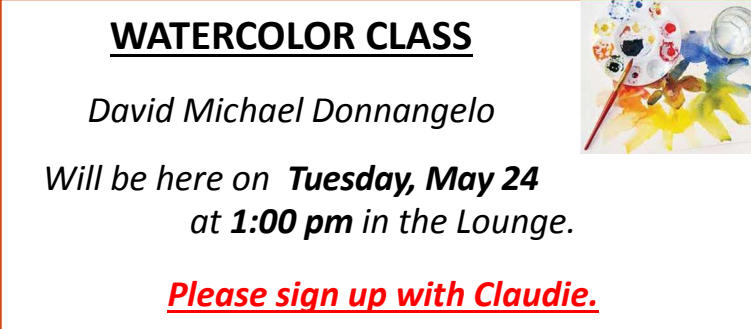
See Claudie for an appointment.



EXERCISE
 Every Monday and
Wednesday
 10:00 am
 in the Lounge.



Every Friday
10:00 am
Patio



WATERCOLOR CLASS

David Michael Donnangelo

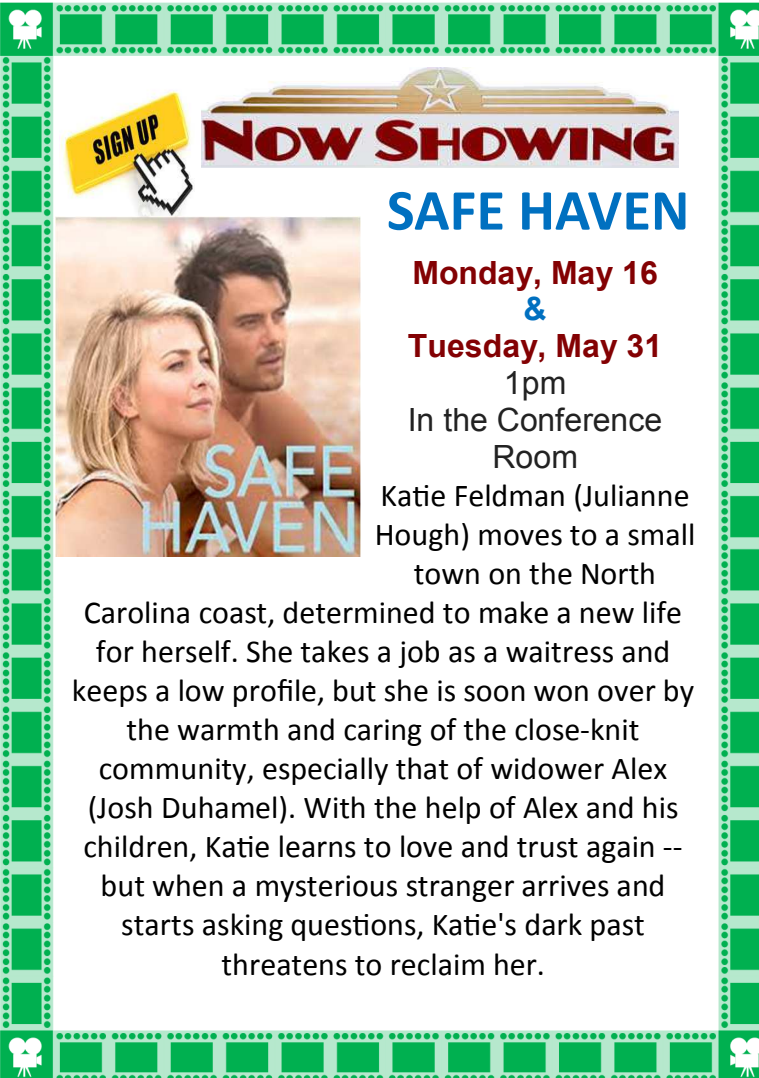
Will be here on **Tuesday, May 24**
 at **1:00 pm** in the Lounge.

Please sign up with Claudie.



Wii Bowling

Every Friday
At 5:30 pm
in the Lounge.



NOW SHOWING

SAFE HAVEN



Monday, May 16
 &
Tuesday, May 31
 1pm

In the Conference Room

Katie Feldman (Julianne Hough) moves to a small town on the North

Carolina coast, determined to make a new life for herself. She takes a job as a waitress and keeps a low profile, but she is soon won over by the warmth and caring of the close-knit community, especially that of widower Alex (Josh Duhamel). With the help of Alex and his children, Katie learns to love and trust again -- but when a mysterious stranger arrives and starts asking questions, Katie's dark past threatens to reclaim her.



Prayer Time

2nd & 4th Thursday of each month

In the conference room

6:30-7:30 pm

Everyone is Welcome!

Coordinator: **Bev Westwood & Loretta Mollo**



Courtney and Staff would like to *Welcome* our new addition to the team.

KEN CLIFFORD

On-Site Security



LOWE'S

Jim Dietz, Live Nursery Specialist will be here on

Wednesday, May 18, 2016
2pm **Outside** (*weather permitting*)

He will be showing you how to take care of your **plants/flowers**. The proper soil to use for plants. You will also be taking a beautiful plant home with you.



Saturday, May 7, 2016

Doors Open 10:00 am to 2:00 pm

Kitchen opens at 10:00 am

Open to the Public.



50/50 RAFFLE



BAKE SALE



Emergency Pull Cord

Emergency Pull Cords are located in every apartment in the **bedroom** and the **bathroom**.

Any time the cord is pulled, the office is notified and a staff member will come to check on you.

This does not directly call 911. **If you are experiencing a life threatening situation, please call 911 immediately.**

Create in me a
clean
heart,
O God,
and put a new &
right
spirit
within
me.



Psalm 51:10. NRSV

SPRING CLEANING....

It's Spring! Woohoo! A yearly ritual at our house while I was growing up was SPRING CLEANING. This was serious...my mom would pretty much turn the house upside down. She took the curtains down and wash them, hauled the area rugs out to the line in the back yard where I would use a carpet beater (*improved my baseball swing*), turned the mattresses, waxed the furniture, dusted and scrubbed just about everything. The house smelled like furniture wax and pine-sol. That was Spring Cleaning. By the way, it happened again in the fall. ;)



Sometimes we need to do the same thing with our spiritual houses. We need to clean up and give them good strong scrubbing. We grow stale and need a spiritual freshening up. We accumulate grime and dirt on our spiritual floors and walls. From time to time we need to turn our spiritual homes upside down and clean them inside and out in order to present our bodies "a living sacrifice, holy, acceptable unto God." (Romans 12:1).

In addition to your own community of faith, we are blessed here at Lutheran Manor to have opportunities for Bible Study, Worship and Prayer...important "tools" for our spiritual spring cleaning. Let's get to it and daily celebrate His forgiveness and the transformation He brings to our lives.

---Pastor Clark

WORSHIP IN MAY- 2pm in the Lounge

Tues, 3rd Rev James Harper, Notre Dame RC Church, Bethlehem

Thurs., 12th Rev Chris Eichorn, Trinity Lutheran, Hecktown

Thurs., 19th Rich Kuhn, resident

Thurs., 26th Rev Jack Tanis,
Calvary Baptist, Easton



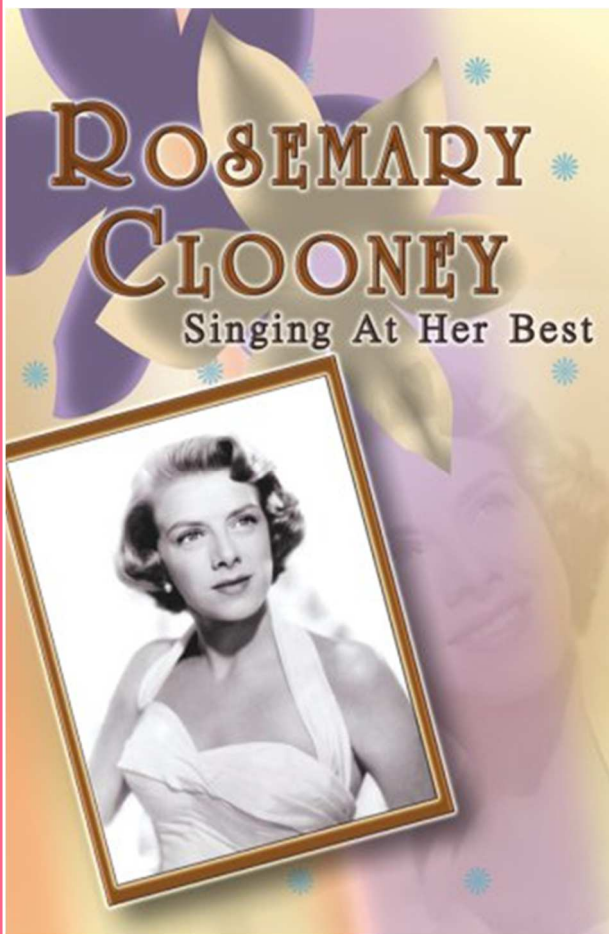
BIBLE STUDY- 12:30 pm every Wednesday in the Patio.

RESIDENTS' PRAYER GROUP- 6:30pm Thursday, May 12th
& May 26th in the Conference Room

CHAT ROOM- 10 AM every Thursday in the Patio.

DVD- ROSMARY CLOONEY – Singing at Her Best-
Thursday, May 19th at 10 am in the Lounge with
refreshments. (Sponsored by the Chat Room)





ROSEMARY CLOONEY- *Singing At Her Best (DVD)*

THURSDAY, MAY 19th at 10 am
in the Lounge

Nobody could put a song over quite like Rosemary Clooney. Her deep, rich, smooth voice made Rosie one of America's most popular and most successful jazz and pop songstresses for many decades.

Songs included in this DVD are "The World is Waiting For a Sunrise", "After the Ball", "I've Got My Love To Keep Me Warm", "If I forget You", "Come Rain and Come Shine", a medley with Bing Crosby *and more*. The Chairman of the Board, Frank Sinatra, said of Rosie: "She exudes warmth and feeling in every song she sings."

Don't miss it on Thursday, May 19th at 10 am.

Refreshments will be served!

-sponsored by the Chat Room



PIG ROAST



FRIDAY, JUNE 3rd, 2016

LUNCH SERVED 12:00 TO 2:00 PM

ENTERTAINMENT BY: Rehrig Brothers

FROM 12:30 TO 3:00 PM

All food will be served **OUTSIDE behind the building.
(Weather permitting)**

MENU

Roasted Pig

Hot dogs, Hamburgers

Potato Salad, Macaroni Salad,

Pasta Salad

Baked Beans, Deviled Eggs

Assorted Desserts

Soda and Water



PIG ROAST

Friday, June 3, 2016

PLEASE RETURN THIS SLIP TO **CLAUDIE'S OFFICE**



NAME: _____

APT: _____ # Attending _____ **(RESIDENTS ONLY)**

DEADLINE FOR RESERVATIONS, FRIDAY, MAY 20th



Van Trips



June 2016

DATE	DAY	TRIP	TIME
June 1	(Wednesday)	Breakfast/Walmart	9:00 a.m.____
June 6	(Monday)	Banks, CVS, \$ Store, Post Office	9:30 a.m.____
June 7	(Tuesday)	Wegmans	9:30 a.m.____
June 8	(Wednesday)	Hometown Flea Market-Tamaqua	8:30 a.m.____
June 9	(Thursday)	Dinner @Tri-Boro Spaghetti Night	4:45 p.m.____
June 10	(Friday)	Lunch/Movie @ The Promenade	11:00 a.m.____
June 13	(Monday)	Dinner @Doughboys	4:00 p.m.____
June 14	(Tuesday)	Iron Pigs Game - Cost: \$10.00	5:30 p.m. ____
June 15	(Wednesday)	Lunch @Snuzzles Restaurant Mertztown, Cash only , ATM in bldg	11:00 a.m.____
June 16	(Thursday)	Weis Market	9:30 a.m.____
June 20	(Monday)	Giant	9:30 a.m.____
June 22	(Wednesday)	DeSales-Westside Story Cost: \$38.00 /Dinner @Coopersburg Diner	1:00 p.m.____
June 23	(Thursday)	Breakfast/Valley Farms	9:00 a.m.____
June 24	(Friday)	Allentown Farmers Market/Lunch @Ritz Barbecue	9:30 a.m.____
June 27	(Monday)	Walmart	9:30 a.m.____
June 28	(Tuesday)	Lunch @Longhorn Restaurant	11:00 a.m.____
June 29	(Wednesday)	Allentown West Park Marine Band Concert	7:00 p.m.____

Please fill out the form and bring to my office, I will start collecting forms at 7 a.m. on the first day of the month.

Name: _____ Apt: _____













PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.



2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 10:00 Exercise 6:00 Bingo 6:00 Poker League	3 10:00 Zumba 1:00 Computer Class 2:00 Rev James Harper, Notre Dame RC Church, Bethlehem	4 9:00 Massage by Appointment 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing	5 10:00 Chat Room 2:00 Speaker – Cinco de Mayo 6:00 Blood Pressure Check	6 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 1:00 Victorian Tea Party (sign up)	7 10:00 Spring Bazaar 
8 	9 10:00 Exercise 1:30 Committee Mtg 6:00 Bingo 6:00 Poker League	10 10:00 Zumba 2:00 General Meeting 	11 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:00 Poker League	12 10:00 Chat Room 2:00 Rev Chris Eichorn, Trinity Lutheran, Hecktown 6:30 Prayer Time	13 9:00 Walkers Club 10:00 Yoga 11:00 Second Harvest 12:45 Tai Chi 5:30 Wii Bowling	14 8:00 Coffee & Donuts 12:30 Pinochle Party 
15	16 10:00 Exercise 1:00 Movie -Safe Haven 6:00 Bingo 6:00 Poker League	17 10:00 Zumba 12:00 Speaker -Burial Seminar (sign up) 1:00 Computer Class	18 10:00 Exercise 12:30 Bible Study 2:00 Speaker -Lowe's 3:00 Piano Playing 6:00 Poker League	19 10:00 DVD- Rosemary Clooney 2:00 Rich Kuhn, Resident	20 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling	21 5:00 Soup & Hotdogs 
22	23 10:00 Exercise 11:00 Therapy Dog 6:00 Bingo 6:00 Poker League	24 10:00 Zumba 1:00 Watercolor Class 	25 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:00 Poker League	26 10:00 Chat Room 2:00 Rev Jack Tanis, Calvary Baptist, Easton 6:30 Prayer Time	27 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling	28 9:30 Manicures by Appointment 
29 5:00 Social 	30 OFFICE CLOSED 	31 10:00 Zumba 1:00 Movie -Safe Haven	 Flower for the month of May	Happy Cinco de Mayo 	 SAFE HAVEN	