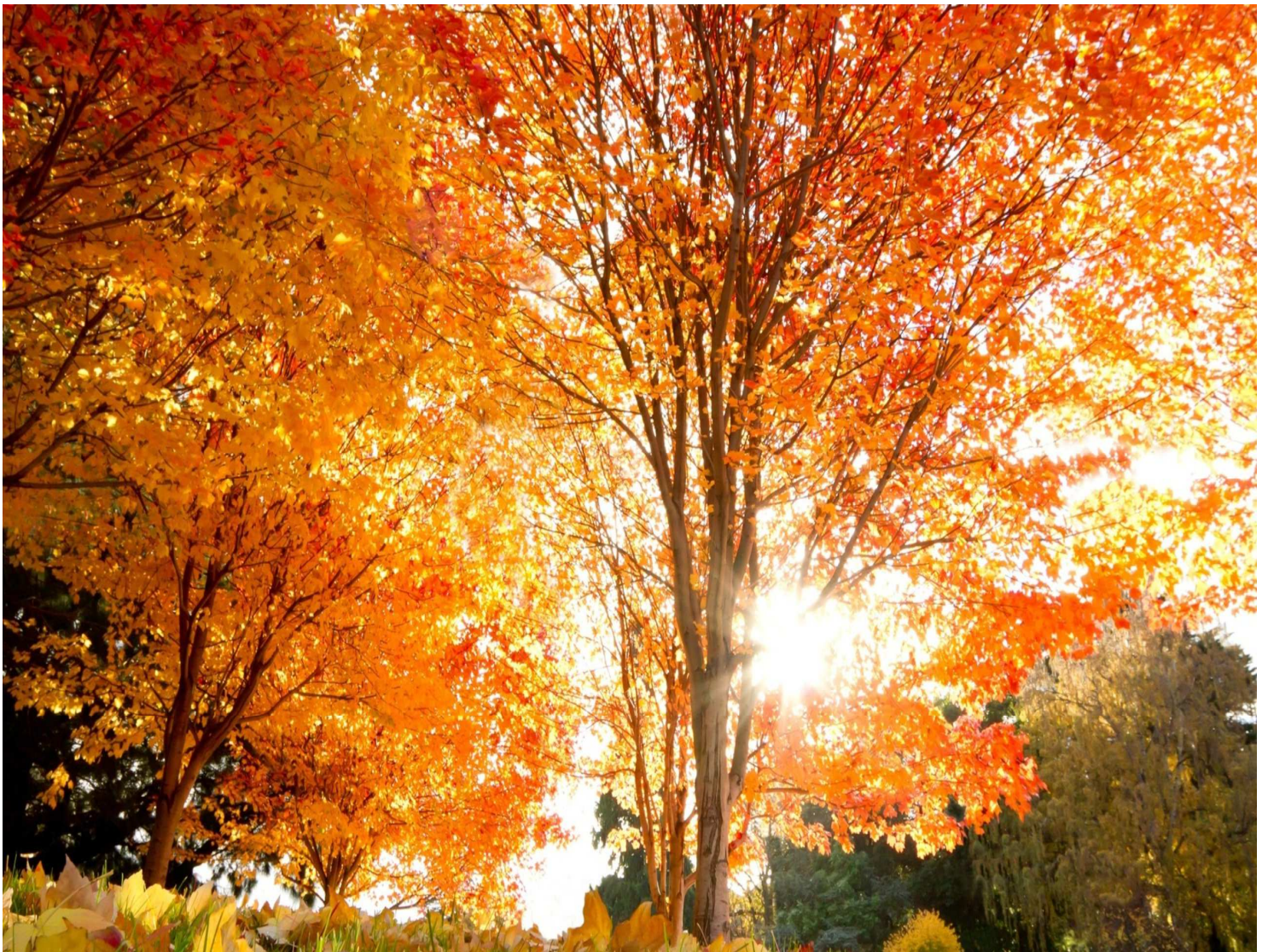


September 2016

Hi Lites of

Lutheran Manor





September

Welcome!

NEW RESIDENTS

Carol Haupt 702
 Ana Cobian 714
 Judy Heller 809
 Barbara Gombocz 808

September 1 (Thursday)

Breakfast/Valley Farms

9:00 a.m.

Van Trip

Chat Room

10:00 a.m.

Patio

Rich Kuhn, Resident

2:00 p.m.

Lounge

Blood Pressure Check

6:00 p.m.

Lounge

Prayer Time

6:30 p.m.

Lounge

September 2 (Friday)

Banks, CVS, \$ Store, Post Office

9:30 a.m.

Van Trip

Walkers Club

9:00 a.m.

Outside

Yoga

10:00 a.m.

Patio

Tai Chi

12:45 p.m.

Patio

Wii Bowling (**Try outs**)

5:30 p.m.

Lounge

September 3 (Saturday)

Coffee & Donuts

8:00 a.m.

Lounge

Pinochle Party

12:30 p.m.

Lounge

September 4 (Sunday)

Labor Day Picnic-Joe Kroboth

1:00 p.m.

Lounge

September 5 (Monday)

LABOR DAY (OFFICE CLOSED)

September 6 (Tuesday)

Giant

9:30 a.m.

Van Trip

Walkers Club

9:00 a.m.

Outside

Zumba

10:00 a.m.

Lounge

Computer Class

1:00 p.m.

Comp Rm

Rev James Harper, Notre Dame

2:00 p.m.

Lounge

RC Church, Bethlehem

September 7 (Wednesday)

Thomas Edison National

8:45 a.m.

Van Trip

Historical Park Tour, West Orange

NJ/Lunch Cost: \$10.00

Exercise

10:00 a.m.

Lounge

Bible Study

12:30 p.m.

Patio

September 8 (Thursday)

DVD-Andrea Bocelli

10:00 a.m.

Lounge

Speaker-Epic Health Services

1:30 p.m.

Lounge

Dinner @Tri-Boro Spaghetti Night

4:45 p.m.

Van Trip

September 9 (Friday)

Yoga

10:00 a.m.

Patio

Second Harvest

11:00 a.m.

Patio

Walkers Club Party (Members only)

11:30 a.m.

Outside

Tai Chi

12:45 p.m.

Patio

Wii Bowling

5:30 p.m.

Lounge

September 11 (Sunday)

Wind Gap Theater Presents:

1:30 p.m.

Van Trip

1940's Patriotic Tribute, 9/11

Cost: \$10.00

September 12 (Monday)

Exercise

10:00 a.m.

Lounge



September 12 (Monday)	Committee Meeting Bingo	1:30 p.m. 6:00 p.m.	Conf Rm Lounge
September 13 (Tuesday)	<i>Breakfast/Wal-Mart</i> Walkers Club Zumba General Meeting (6th Floor responsible for snacks)	<i>9:00 a.m.</i> 9:00 a.m. 10:00 a.m. 2:00 p.m.	<i>Van Trip</i> Outside Lounge Lounge
September 14 (Wednesday)	<i>Good's Farm Market & Kitchen Kettle/Lunch</i> Exercise Bible Study Watercolor Class Chat Room	<i>8:30 a.m.</i> 10:00 a.m. 12:30 p.m. 1:00 p.m. 10:00 a.m.	<i>Van Trip</i> Lounge Lounge Lounge Lounge
September 15 (Thursday)	<i>Lunch @Gregory's Steakhouse</i> Rev. Rick Sergi, Emmanuel EC, Bethlehem Prayer Time Walkers Club Yoga	<i>11:30 a.m.</i> 2:00 p.m. 6:30 p.m. 9:00 a.m. 10:00 a.m.	<i>Van Trip</i> Lounge Lounge Outside Patio
September 16 (Friday)	<i>Movie @AMC Tilghman 8/Lunch</i> Tai Chi Wii Bowling	<i>11:00 a.m.</i> 12:45 p.m. 5:30 p.m.	<i>Van Trip</i> Patio Lounge
September 17 (Saturday)	<i>Soup & Hotdogs-Music Memories</i>	5:00 p.m.	Lounge
September 19 (Monday)	<i>Adventure Aquarium Camden, NJ/ Lunch Cost:\$24.95</i> Exercise Movie-Miracles from Heaven Bingo	<i>8:30 a.m.</i> 10:00 a.m. 1:00 p.m. 6:00 p.m.	<i>Van Trip</i> Lounge Lounge Lounge
September 20 (Tuesday)	Walkers Club Zumba Lunch @Samuel Owens Computer Class Speaker-Fall Preventions	9:00 a.m. 10:00 a.m. <i>11:30 a.m.</i> 1:00 p.m. 1:30 p.m.	Outside Lounge <i>Van Trip</i> Comp Rm Lounge
September 21 (Wednesday)	<i>Weis Market</i> Exercise Bible Study Birthday Party-Pete Begley	<i>9:30 a.m.</i> 10:00 a.m. 12:30 p.m. 5:00 p.m.	<i>Van Trip</i> Lounge Patio Lounge
September 22 (Thursday)	<i>Shopping @Target, Christmas Shop/Lunch</i> Chat Room Rev. Jay Wetzel, St John Lutheran, Bath	<i>9:30 a.m.</i> 10:00 a.m. 2:00 p.m.	<i>Van Trip</i> Patio Lounge

September 23 (Friday)	Walkers Club Yoga Tai Chi Wii Bowling	9:00 a.m. 10:00 a.m. 12:45 p.m. 5:30 p.m.	Outside Patio Patio Lounge
September 24 (Saturday)	Manicures by Appointment	9:30 a.m.	Lounge
September 25 (Sunday)	Social-Rehrig Brothers	5:00 p.m.	Lounge
September 26 (Monday)	<i>Bloomsburg Fair Senior Day</i> Exercise Therapy Dog Bingo	<i>8:30 a.m.</i> 10:00 a.m. 11:00 a.m. 6:00 p.m.	<i>Van Trip</i> Lounge Lounge Lounge
September 27 (Tuesday)	Walkers Club Zumba <i>Senior Bingo w/lunch (donations)</i> <i>Movie-Miracles from Heaven</i>	9:00 a.m. 10:00 a.m. <i>10:45 a.m.</i> 1:00 p.m.	Outside Lounge <i>Van Trip</i> Conf Rm
September 28 (Wednesday)	<i>Wegmans</i> Exercise Bible Study	<i>9:30 a.m.</i> 10:00 a.m. 12:30 p.m.	<i>Van Trip</i> Lounge Patio
September 29 (Thursday)	Massage by Appointments Chat Room Rev. Allen Hermansader, UCC Retired <i>Dinner @Grumpy's Bar-B-Que</i> <i>Roadhouse, Allentown</i>	9:00 a.m. 10:00 a.m. 2:00 p.m. <i>4:00 p.m.</i>	Conf Rm Patio Lounge <i>Van Trip</i>
September 30 (Friday)	<i>Allentown Farmers Market/</i> <i>Lunch @Ritz</i> Walkers Club Yoga Tai Chi Wii Bowling	<i>9:30 a.m.</i> 9:00 a.m. 10:00 a.m. 12:45 p.m. 5:30 p.m.	<i>Van Trip</i> Outside Patio Patio Lounge



CLUSTER FLY SPRAYING

Our Annual Spraying For Cluster Flies will be:
The week of September 12th 2016
 (weather permitting)

Although we have not experienced any over spraying problem in the past and do not expect a problem this year, depending on the weather conditions, it is always a possibility.

Weather permitting, exterior **window washing** will be done during that week.

Make sure your **windows are closed** and **you are dressed**.

<u>Activity</u>	<u>Dates</u>	<u>Time</u>	<u>Place</u>
Bingo	Every Monday	6:00 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Patio
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Prayer Time	1st & 3rd Thursday of each month	6:30 p.m.	Lounge
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:45 p.m.	Patio
Walkers Club	Every Tuesday & Friday	9:00 a.m.	Outside
Wii Bowling	Every Friday	5:30 p.m.	Lounge

Our Activities.



2016

Saturday	10/1	Coffee & Donuts	8:00 a.m.
Saturday	10/1	Pinochle Party	12:30 p.m.
Thursday	10/20	38th Anniversary– Robin & Jim	6:00 p.m.
Saturday	10/15	Soup & Hot Dogs-Rob & Marty	5:00 p.m.
Saturday	10/22	Social -Jack & Friends	5:00 p.m.



Claudie's

Corner



Scott Semmel from Epic Health Services

Will be here on

Thursday, September 8, 2016

1:30pm in the Lounge

Come down to hear all about the services that Epic Health has to offer.

- ◆ Skilled nursing
- ◆ Personal care
- ◆ Physical therapy
- ◆ Nutrition and medical supplies

Ice Cream will be provided!

Sign up required



William McQuilken, Trauma Prevention Coordinator

Will be here on

Tuesday, September 20, 2016

1:30pm in the Lounge

Falls can be devastating for many older adults. Come down to hear the falls prevention program that Lehigh Valley Health Network has developed.

Location Change!
Location Change!
Location Change!

Attention Residents!

Due to the upcoming addition, all activities that were in the Patio will be in the Lounge starting **October 1st.**

SNACK STAND

Snacks available every

Monday & Wednesday

Will **reopen** on

Monday,
September 12th

From 3-6pm

In the
Main Lobby





Computer Class
Tuesday,
September 6 & 20
1-3 pm

Sign up with Claudie



Tai Chi Exercises 

Every Friday
at 12:45 pm
in the Patio

YOGA
Every Friday
10:00 am
In the Patio



Piano Playing & Singing
With Gladys



Every Wednesday
3pm
In the Lounge

ZUMBA
Tuesday
10 am
in the Lounge.



MASSAGE
Thursday, September 29
9:00-12:00 pm

If you are interested
 in getting a massage
 please **sign-up**
 with Claudie.

Price: **\$20.00** 1/2 hour
\$40.00 1 hour
Conference Room

Chair Massage
also available.



Therapy Dog
Monday, Sept 26
At 11:00 am
in the lounge.

Coffee & Donuts
Saturday, September 3rd

8:00 a.m. to 10:30 a.m.

\$1.00 coffee


\$1.00 donut

\$1.00 additional donuts

Friends and Family
are welcome!




Blood Pressure Check
Thursday, Sept 1st
6:00 p.m.
in the Lounge.

Linda will be here to do
MANICURES
Saturday, September 24th

See Claudie for an appointment.



EXERCISE
Every Mon & Wed
10:00 am
in the Lounge.

WALKERS CLUB



Tuesday & Friday @ 9am
Looking for New Members!

WATERCOLOR CLASS



David Michael Donnangelo

*Will be here on **Wednesday, September 14***
*at **1:00 pm** in the Lounge.*

Please sign up with Claudie.

SIGN UP

NOW SHOWING



Miracles from Heaven
Mon, Sept 19
&
Tues, Sept 27
1pm

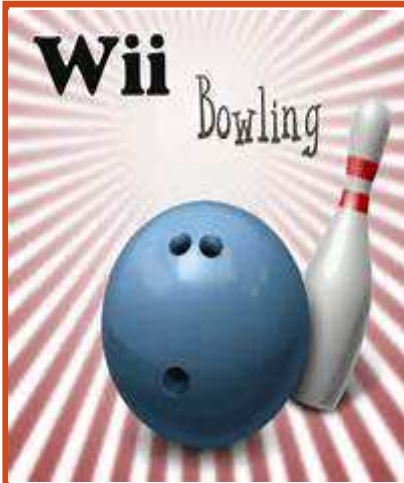
In the Conference Room

When Christy discovers her 10-year-old daughter Anna has a rare, incurable disease, she becomes a ferocious advocate for her daughter's healing as she searches for a solution. After Anna has a freak accident, an extraordinary miracle unfolds in the wake of her dramatic rescue that leaves medical specialists mystified, her family restored and their community inspired.

Based on a true story.



Prayer Time
1st & 3rd Thursday of each
 month
In the Lounge
 6:30-7:30 pm
Everyone is Welcome!
 Coordinators:
 Bev Westwood & Loretta Mollo



Anyone interested
in Lutheran Manor
Wii Bowling
League?

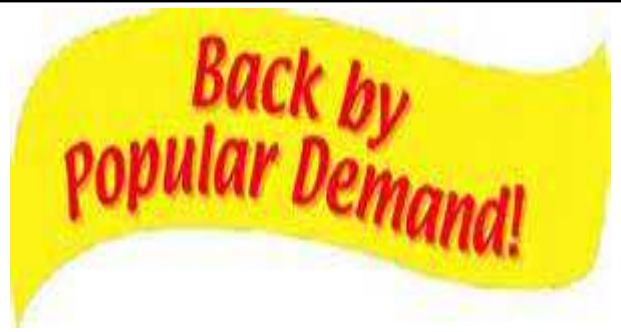
We will hold
practice and try
outs for any new
players on:

Friday, August 26 & September 2, 2016

5:30pm in the Lounge

For more information contact:

Fay Anderko, Apt# 208



MONDAY NIGHT BINGO IS BACK!

September 12th at 6pm

In the Lounge

BIRTHDAY PARTY

Wednesday, September 21st

Cake & Coffee 5pm

Entertainment 6pm

Pete Begley



"Residents ONLY!"

All residents are **Welcome!**

Coordinator: Linda Martz



Soup & Hot Dogs

Saturday, Sept 17

5 p.m.

<u>SOUP:</u> Pepper Pot	\$3.00
<u>HOT DOGS:</u> Plain, Sauerkraut, or Chili	\$1.50
<u>RED BEET EGGS:</u>	.50
<u>DESSERT:</u> Ice Cream & Strawberries	\$2.50
<u>SODA OR COFFEE:</u>	\$1.00

Entertainment by:

Music Memories

50/50 Drawing

**Friends and Family
are Welcome!**



Social

4pm Doors Open
5pm Refreshments
6pm Entertainment

Sunday, September 25, 2016

Entertainment by:
Rehrig Brothers



Esther's
Ice Cream
Sales



Donations
requested!



If you have **facebook** please make sure to **Like us**. You will be able to see all the current events, and follow on everything that **Lutheran Manor** has.



Lutheran Manor has **Channel 99** Make sure to check it out on your TV. You can stay tuned with all the events and activities that are posted on the **message board**.

Let's have some fun with Trivia!

1. *In the 50's, if you had a flat rear tire, you often had to remove the ?*

- A. Necker knob
- B. Curb feeler
- C. Fender skirt

2. *What color flash bulbs did Dad use for color film?*

- A. Blue
- B. Pink
- C. Plaid

3. *What was the parking brake called when you were a kid?*

- A. Emergency brake
- B. Pull stop
- C. Breaker, Breaker

4. *Way before Air Jordan, what was a kids shoe of choice?*

- A. Buster Brown
- B. PF Flyers
- C. Old Stinkers

5. *In what year did Dewey defeat Truman according to the Chicago Tribune?*

- A. 1946
- B. 1948
- C. 1952





6. *Before the Orkin Man, what technology was part of most home bug deterrence?*

- A. Shoe Fly
- B. Fly paper
- C. 50mm Phlit gun

7. *Dixie cups had what printed on their tops?*

- A. Secret decoders
- B. Movie stars
- C. WW11 propaganda slogans

8. *What was the prevailing method of birth control in the 50's?*

- A. Heavy lifting and cold showers
- B. Fear
- C. Girdles and crinoline petticoats

9. *Jimmy Durante said what at the end of every show?*

- A. Aloha, my friends
- B. Good night, Mrs. Calabash, wherever you are
- C. Remember, wherever you go, my nose will get there first

10. *I'm Popeye the sailor man, Popeye the sailor man, I'm strong to the finish:*

- A. Cause I eat my spinach
- B. My dad was big and Finnish
- C. The music a bit tinnish



Stay tuned for the answers on the message board.

**Attention
Everyone!**

Housekeeping Services

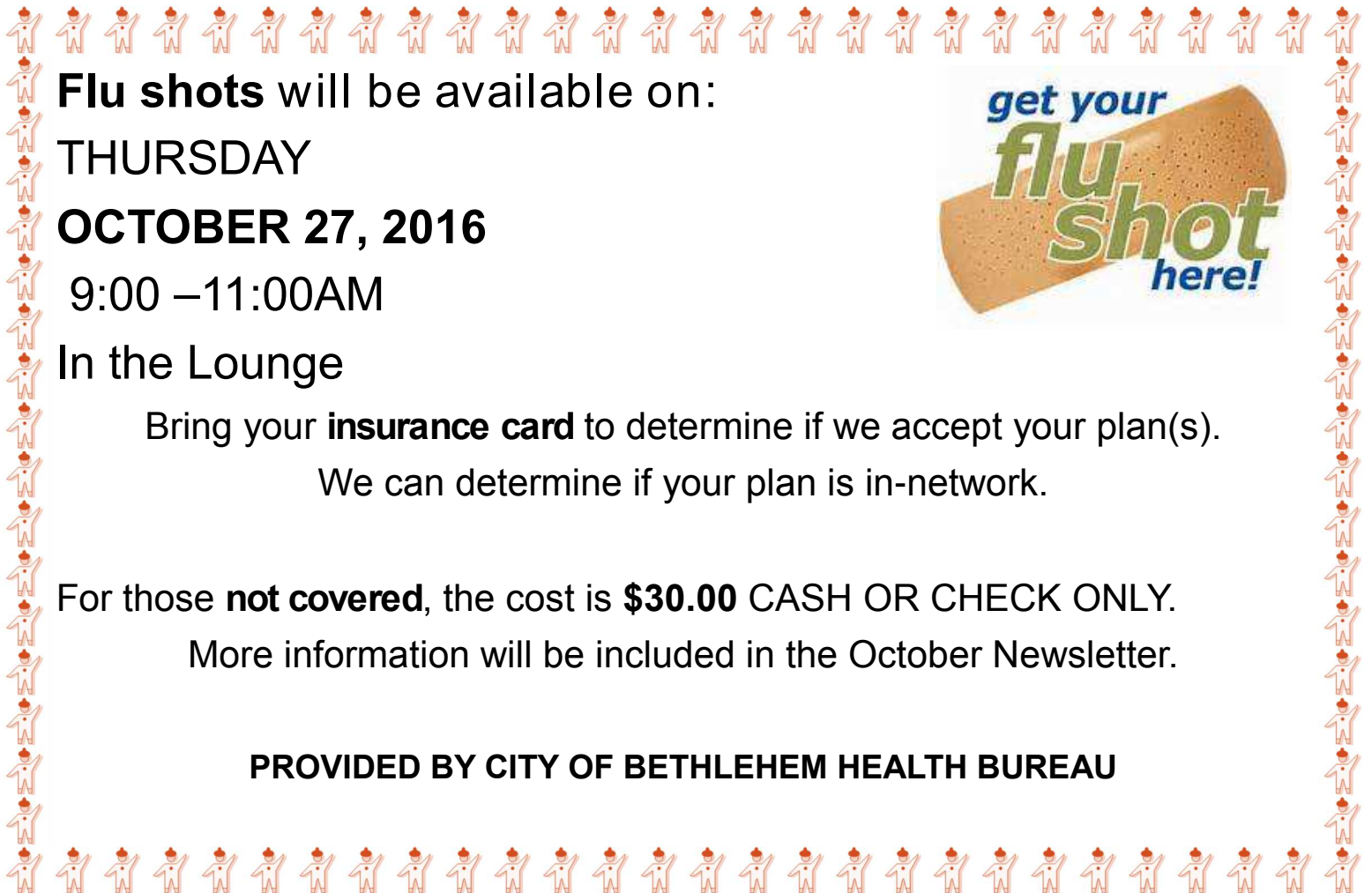
Due to the increasing costs of cleaning supplies, we will be **raising** our hourly housekeeping fees beginning **October 1st 2016**.

One hour of cleaning will be **\$10**

A Two hour block of time will be **\$18**



As always, we encourage residents to take advantage of this service. If you would like to schedule the housekeeping service, please see Claudie.



Flu shots will be available on:

THURSDAY

OCTOBER 27, 2016

9:00 – 11:00AM

In the Lounge

Bring your **insurance card** to determine if we accept your plan(s).

We can determine if your plan is in-network.

For those **not covered**, the cost is **\$30.00 CASH OR CHECK ONLY**.

More information will be included in the October Newsletter.



PROVIDED BY CITY OF BETHLEHEM HEALTH BUREAU

38TH ANNIVERSARY

Lutheran Manor WILL BE CELEBRATING ITS

38TH ANNIVERSARY

THURSDAY, OCTOBER 20, 2016

COME JOIN US FOR A COSTUME PIZZA PARTY.

WEAR YOUR COSTUMES IF YOU HAVE THEM.

6:00 PM DINNER

6:45-8:15 PM ENTERTAINMENT BY:

ROBIN & JIM

Seating is limited to the first **95** Residents.

RSVP required



PLEASE RETURN THIS SLIP TO CLAUDIE

38th Anniversary Costume Pizza Party– October 20, 2016



Name: _____

Apt#: _____ Attending _____ (Residents Only)

DEADLINE FOR RESERVATIONS, THURSDAY, October 3rd



EAT REAL FOOD Mobile Market

Coming to Lutheran Manor

Every Friday

Starting September 16-November 4

10:30-12:00

Location: Outside front Entrance

A “Farm to Neighborhood” initiative that is partnering with local farms, schools, municipalities, non-profits and community leaders bringing local farm food to neighborhoods in the Lehigh Valley.



Reasonably priced fresh fruits and vegetables from your local farms.



"I am the LORD, I change not."

Malachi 3:6

Summer is nearing its end (so soon)! Those who took vacation have come home. Fading flowers hint of the Fall to come. The grass grows slower (yeah). The days are still hot but the nights are cooling. One season follows another. Seasons change; it's God's plan. People both like and dislike change. Life grows stale without change.



Lutheran Manor is in a time of change. Very soon we will see excavating and construction of a new building. There will be some noise and dirt, but in the midst of it all, we will witness a wonderful new life center with even more opportunities for enriching our lives here at Lutheran Manor.

As people of faith in a God that does not change we are called to look at each new day and even each second as an opportunity for God to bless us! Each moment contains a gift from God if we want to look for it. So, let the changes come. We will not walk in fear, but in faith! We will trust God with all the changes, and know that He is more than able to help us and that He even has plans to bless us.

Thanks be to God for the changes and blessings in our life here at Lutheran Manor!

-Pastor Clark

WORSHIP IN SEPTEMBER- 2pm in the Lounge

Thursday, Sept. 1st - **Rich Kuhn**, resident

Tuesday, Sept. 6th - **Rev. James Harper**, Notre Dame RC Church, Bethlehem

Thursday, Sept. 15th - **Rev. Rick Sergi**, Emmanuel EC, Bethlehem

Thursday, Sept. 22nd - **Rev. Jay Wetzell**, St. John's Lutheran, Bath

Thursday, Sept. 29th - **Rev. Allen Hermansader**, UCC Retired

BIBLE STUDY- 12:30pm every Wednesday in the Patio.* We are studying Philippians.

CHAT ROOM- Every Thursday at 10 am in the Patio.*

*** NOTE: We will be changing our location shortly due to construction. Watch the video screen for changes.**





ANDREA BOCELLI – CINEMA (DVD)

**Thursday, September 8th 10 am
in the Lounge**

International superstar Andrea Bocelli returns with his eagerly awaited album Cinema. Cinema celebrates the greatest movie songs of all time and reunites a team of musical legends including David Foster, Humberto Gatica and Tony Renis who worked together on the trailblazing success of Bocellis Amore.

Some song include ...Maria (West Side Story), Moon River (Breakfast at Tiffany's), Histría De Amor (Love Story), The Music of the Night (The Phantom of the Opera) and more...

Andrea's voice and his interpretation of these songs, together with excellent orchestral arrangements, make this album a stunner. A fantastic mix of movie greats, expertly delivered by Andrea, his co-singers, the orchestra and the producers. Well done!

If Andrea Bocelli sings it, I like it, and this album is no exception. The man just gets better with age.

BOCELLI ON SEPT 8th IN THE LOUNGE AT 10 AM WITH REFRESHMENTS

-sponsored by the Chat Room

Special Events & Speakers

I want to **sign up** to attend the following special events and speakers.....

(check off what you want to attend)

Speaker– Epic Health Services (ICE-CREAM)

_____ Thursday, September 8th at 1:30 pm

Speaker-Fall Preventions

_____ Tuesday, September 20th at 1:30 pm

Movie-Miracles from Heaven (Pick one time only!)

_____ Monday, September 19th at 1pm-Be in your seat by 12:45pm.

_____ Tuesday, September 27th at 1pm-Be in your seat by 12:45pm.

Computer Class with Nancy

_____ Tuesday, September 6 at 1pm

_____ Tuesday, September 20 at 1pm

Watercolor Class with David

_____ Wednesday, September 14 at 1pm

Manicures with Linda (An appointment time will be assigned to you!)

_____ Saturday, September 24th between 9:30am-4:00pm

Massage with Jenn (An appointment time will be assigned to you!)

_____ Thursday, September 29th starting at **9:00am**

Complete and return this form when you turn in your van trip sign up sheet!

NAME: _____ **APT#** _____

Van Trips



October 2016

DATE	DAY	TRIP	TIME
October 3	Monday	Banks, CVS, \$ Store, Post Office	9:30 a.m.____
October 4	Tuesday	Giant	9:30 a.m.____
October 10	Monday	Breakfast/Elias Market	9:00 a.m.____
October 11	Tuesday	Dinner @Red Lobster	4:00 p.m.____
October 12	Wednesday	Dinner @Calvary Baptist Church-Easton Cost: \$7.00	4:15 p.m.____
October 13	Thursday	Weis Market	9:30 a.m.____
October 14	Friday	Allentown Farmers Market/Lunch @The Ritz	9:30 a.m.____
October 14	Friday	Fearless Fire Company-King Henry Duo	6:45 p.m.____
October 17	Monday	Shop-Rite Freemansburg Ave-Easton	9:30 a.m.____
October 18	Tuesday	New Hope PA Rice's Market/Lunch	8:30 a.m.____
October 19	Wednesday	King of Prussia Mall/Lunch @ Crab Shack	9:00 a.m.____
October 20	Thursday	Dinner @ Doughboys	4:00 p.m.____
October 21	Friday	Lunch/Movie @Carmike	10:45 a.m.____
October 24	Monday	Wegmans	9:30 a.m.____
October 25	Tuesday	Bird-in-Hand, Lancaster, Lunch Theater presents -Josiah for President the Musical Cost:\$48.00	8:30 a.m.____
October 26	Wednesday	Bingo @The Lehigh Valley Active Life	5:15 p.m.____
October 28	Friday	Green Dragon Flea Market, Lancaster	8:30 a.m.____
October 31	Monday	Breakfast/Walmart	9:00 a.m.____



Please fill out the form and bring to my office, I will start collecting forms at 7 a.m. on the first day of the month.











Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

September 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>Prevent a Fall</p> 		<p>1 10:00 Chat Room 2:00 Rich Kuhn, Resident 6:00 Blood Pressure 6:30 Prayer Time</p>	<p>2 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling (Try outs)</p>	<p>3 8:00 Coffee & Donuts 12:30 Pinochle Party</p> 
<p>4 1:00 Labor Day Picnic</p> 	<p>5 OFFICE CLOSED</p> 	<p>6 9:00 Walkers Club 10:00 Zumba 1:00 Computer Class 2:00 Rev James Harper, Dame RC Church</p>	<p>7 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing</p>	<p>8 10:00 DVD Andrea Bocelli 1:30 Speaker-Epic Health Services</p>	<p>9 10:00 Yoga 11:00 Second Harvest 11:30 Walkers Club Party (Members Only) 12:45 Tai Chi</p>	<p>10</p>
<p>11</p>	<p>12 10:00 Exercise 1:30 Committee Mtg 6:00 Bingo</p>	<p>13 9:00 Walkers Club 10:00 Zumba 2:00 General Meeting</p>	<p>14 10:00 Exercise 12:30 Bible Study 1:30 Watercolor Class 3:00 Piano Playing</p>	<p>15 10:00 Chat Room 2:00 Rev Rick Sergi, Emmanuel EC, Bethlehem 6:30 Prayer Time</p>	<p>16 9:00 Walkers Club 10:00 Yoga 10:30 Mobile Market 12:45 Tai Chi 5:30 Wii Bowling</p>	<p>17 5:00 Soup & Hot Dogs</p> 
<p>18</p>	<p>19 10:00 Exercise 1:00 Movie-Miracles from Heaven 6:00 Bingo</p>	<p>20 9:00 Walkers Club 10:00 Zumba 1:00 Computer Class 1:30 Speaker-Fall Preventions</p>	<p>21 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 5:00 Birthday Party</p>	<p>22 10:00 Chat Room 2:00 Rev Jay Wetzel, St John Lutheran, Bath</p>	<p>23 9:00 Walkers Club 10:00 Yoga 10:30 Mobile Market 12:45 Tai Chi 5:30 Wii Bowling</p>	<p>24 Manicures by Appointment</p> 
<p>25 5:00 Social</p> 	<p>26 10:00 Exercise 11:00 Therapy Dog 6:00 Bingo</p>	<p>27 9:00 Walkers Club 10:00 Zumba 1:00 Movie-Miracles from Heaven</p>	<p>28 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing</p>	<p>29 9:00 Massage 10:00 Chat Room 2:00 Rev Allen Hermansader, UCC Retired</p>	<p>30 9:00 Walkers Club 10:00 Yoga 10:30 Mobile Market 12:45 Tai Chi 5:30 Wii Bowling</p>	