

# September 2018

## Hi Lites of Lutheran Manor





# Notes From the Office





## **New Resident**

**Doris Orta #616**

### TV/PHONE ISSUES

To prevent any unnecessary charges, put in a maintenance slip and let our maintenance staff take a look at any issues with your TV or phone before calling your provider.

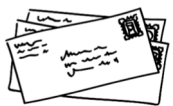
### LAUNDRY ROOM TIPS



- **Energy Efficient** liquid detergent is preferred.
- When using pods, please place directly into machine with clothes and use: **1 for small/medium loads**  
**2 for large loads**

**LAUNDRY ROOMS ARE FOR USE BY TENANTS ONLY!**

### DOUBLE CHECK YOUR MAIL




Please make sure that your entire address, including **YOUR APARTMENT NUMBER**, is listed on everything. Mail with incomplete addresses **WILL NOT** be delivered.

### CLUSTERFLY SPRAYING

Our **Annual Spraying For Cluster Flies** will be scheduled for **September**.

**DATE & TIME:**  
To be posted on bulletin board and lobby floors very soon.





### VAN TRIP PAPERS

**Van Trip Paper/Event Signup sheets** will be accepted beginning at **8:30 am in Claudie's Office.**


**REMINDER**

PAYMENT FOR TRIPS **IS DUE**

WHEN YOU SUBMIT YOUR VAN TRIP PAPERS.

**Remembering**

**9/11**



*"I will never forget seeing what hate can destroy... I will never forget seeing what love can heal..."*

-Steve Maraboli

# Resident's Association



## Soup & Hot Dogs

**Saturday, September 15, 2018**

### SOUP:

New England Clam Chowder \$3.00

### HOT DOGS:

Plain, Sauerkraut, or Chili \$1.50

RED BEET EGGS: \$0.50

### DESSERT:

Ice Cream & Strawberries \$2.50

SODA OR COFFEE: \$1.00

**Entertainment by:**

***Lorrie & Jim***  
**50/50 Drawing**



## Coffee, Donuts, Bagels, & Muffins

**Saturday, September 1, 2018**

8:00 am to 10:00 am in the Lounge

\$1.00 coffee

\$1.00 donuts, bagels, muffins

\$1.00 each for additional donuts,  
bagels, muffins



**Friends and Family  
are always welcome!**

## BINGO

**Every Monday** beginning  
September 3, 2018  
at 6:00 pm in the  
Lounge.

## HOLIDAY BAZAAR

**Saturday, September 29**  
Beginning at 10 am  
in the Lounge.

## SNACK STAND

Snacks available every  
**Monday & Wednesday**  
From 3:00 pm-6:00 pm  
in the Main Lobby

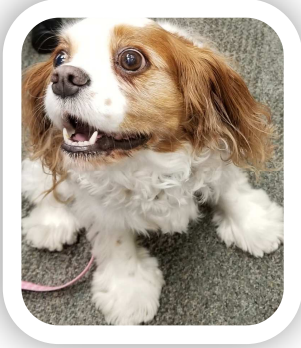
## Coming in October

Saturday	10/6	Coffee, Donuts, Bagels & Muffins	8:00 am
Saturday	10/6	Pinochle Party	12:30 pm
Monday	10/8	Committee Meeting	1:30 pm
Tuesday	10/9	Residents Association General Meeting	2:00 pm
Saturday	10/13	Breakfast (Cost \$3)	8:30 am
Saturday	10/20	Soup & Hot Dogs - Lorrie & Jim	5:00 pm
Sunday	10/28	Social (Halloween Party) - Steel City	5:00 pm



# Claudie's Corner

## Therapy Dog Visit



Penny will be here  
Friday, September 21st  
at 2pm in the Lounge

Sorry, **NO TREATS** for Penny  
while she is working.

## Clear Caption

**Joe Natiello will be here**  
**Friday, September 14, 2018**  
**at 1:30 pm in the Community Room!**

Are you struggling with any form of hearing loss?  
If you are, this phone is for you!  
Come hear all about the **FREE PHONE**  
that will make your life so much easier.

**REFRESHMENTS WILL BE SERVED!**

## How to Prepare for your RECERTIFICATION

Lutheran Manor's very own  
MONA will be speaking on Friday, September 28th  
at 2pm in the Community Room

Are you new to subsidized housing?  
Been in the program for a while but still find yourself  
feeling confused about the recertification process?!

What do you need to bring?!

What qualifies as a medical expense?!

Any changes to the rules you may not know?!

And so many more of your questions answered!

**REFRESHMENTS WILL BE SERVED!**

## Blood Pressure Check

*Sharon* will be here to  
check your  
blood pressure.  
Thursday, September 13  
6:00 pm in the Lounge



## Art with Pat

Tuesday, September 18  
& Monday, September 24  
1:30 pm in the Lounge

## Computer Class

Fridays, September 7 & 21  
1:00 pm in the Computer Room

## MARK YOUR CALENDARS!!!

A flu clinic will be available at Lutheran Manor  
on Friday, October 12th from 9-11 am.

# BAKER'S NEEDED

## Bazaar Bake Sale

Saturday, September 29, 2018

Interested in being a baker for the upcoming bazaar?!

Contact Carol Haupt (Apt. 702)  
610-810-6070



# BAZAAR DONATIONS!!!

Saturday, September 8, 2018

Accepting donations of  
**HOLIDAY ITEMS ONLY**

Between 1-3 pm  
in the Community Room



# Live Cooking Demo

By Mobile Market

Friday, September 7, 2018

12:00 - 1:00 pm

in the lounge



# Sprinkles Ice Cream Truck



They will be  
parked on the  
promenade.

Beat the heat with a cold treat!

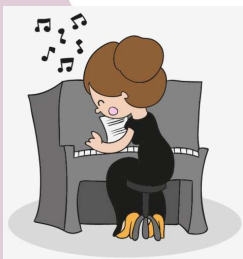
# Piano Sing-A-Long

With Gladys

Every Wednesday

3:00 pm

in the Community Room



<u>Date</u>	<u>Time</u>
Sunday, September 2	3:00 pm
Sunday, September 9	3:00 pm
Sunday, September 16	3:00 pm
Sunday, September 23	3:00 pm
Sunday, September 30	3:00 pm

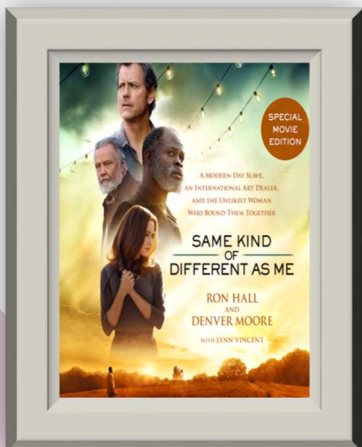
# LUTHERAN MANOR CINEMAS PRESENTS

## MAIN EVENT

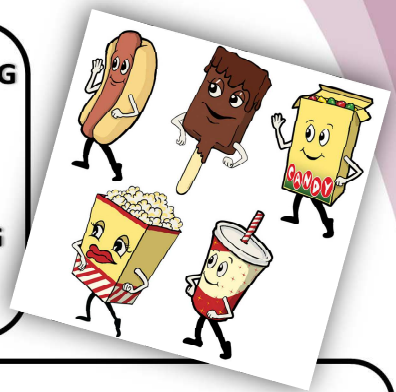
### SAME KIND OF DIFFERENT AS ME

Friday, September 7 &  
Monday, September 24 @ 1pm

From the New York Times bestseller comes an inspirational true story that “embraces the beauty of the human spirit”. Successful art dealer Ron Hall (Greg Kinnear) and his wife Debbie (Renee Zellweger) seemingly have the perfect life. But when their faith and family are tested, an unlikely bond with a homeless drifter (DJimon Hounsou) leads them on a remarkable journey that forges an everlasting friendship. Hailed by critics as “powerful and inspiring”, *Same Kind of Different As Me* shows how a simple act of kindness can change everything.



FEEL FREE TO BRING  
YOUR FAVORITE  
MOVIE SNACKS  
TO ENJOY DURING  
THE MOVIES!



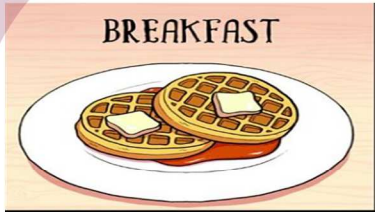
## CLASSIC MOVIE OF THE MONTH

### AN AFFAIR TO REMEMBER

Monday, September 10 &  
Friday, September 21 @ 1pm

Although each is engaged to someone else, Nickie (Cary Grant) and Terry (Deborah Kerr) meet aboard an ocean liner and fall deeply in love. They agree to rendezvous six months later atop the Empire State Building, but tragedy strikes... and the lovers future takes an emotional and uncertain turn.





**Breakfast open to  
all Residents & Guests!!**  
**Saturday, September 8, 2018**  
 8:30 am—10:00 am  
**Cost: \$3.00**

**MENU**  
 3 Pancakes  
 2 Sausage Links  
 Coffee and Orange Juice

**BREAKFAST**  
**Saturday, September 8, 2018**  
 8:30 am—10:00 am

Place slip in a sealed envelope along with cash payment  
 and slide it under the door of Marjorie Bachemin Apt #705.

Name: \_\_\_\_\_ Apt#: \_\_\_\_\_ Phone: \_\_\_\_\_  
 # of Guests \_\_\_\_\_

**DEADLINE FOR RESERVATIONS IS MONDAY, SEPTEMBER 3, 2018.**



**The Birthday Party is for RESIDENTS ONLY!**  
**Wednesday, September 19, 2018**  
 5:00 pm in the Lounge  
 Entertainment by: *Eddie Kittek*  
**Coordinator: Sandy Borger, Apt #404**

**BIRTHDAY PARTY**  
**(RESIDENTS ONLY)**

**Wednesday, September 19, 2018**

PLEASE RETURN THIS SLIP TO **Sandy Borger Apt #404**

NAME: \_\_\_\_\_ Apt#: \_\_\_\_\_ Attending \_\_\_\_\_

**DEADLINE FOR RESERVATIONS, "SUNDAY, SEPTEMBER 16, 2018"**



# From the Chaplain



## A NEW BEGINNING...

*"let us run with perseverance the race that is set before us, looking to Jesus, the pioneer and perfecter of our faith..." Hebrews 12:1-2a*

Summer is coming to an end. Labor Day signals the return of Fall and an opportunity for new beginnings. New Beginnings mean new choices. What will you do differently with your time this Fall? You have the time to take control of your life...or better yet to give control over to the One who can make sense of it all.

⇒ Today, now, sit down and decide what it is God would have you do. Instead of reacting to life, plan it, and make a significant part of those plans, time with God.

- ⇒ Today, now, plan to pick up that devotional and read about God's love for you and his intentions for your life. *(Pastor Clark has daily devotional booklets available...just ask.)*
- ⇒ Today, now, make a commitment to worship with your family of faith each week knowing that it will strengthen you for the week ahead.
- ⇒ Today, now, ask yourself how you might share the gifts that God has given you.
- ⇒ Today, now, right now, PRAY. Pray for God's guidance as you seek to do his will.

*-Trusting in His love, Pastor Clark*

## WORSHIP AT 2 PM EVERY WEEK IN THE COMMUNITY ROOM

**Tuesday, Sept. 4<sup>th</sup> - Father Daniel Kravatz, Notre Dame RC Church, Bethlehem**

**Thursday, Sept 6<sup>th</sup> – Spanish Worship- Pastors Erika & Carlos Rodriguez**

**\*Thursday, Sept 13<sup>th</sup> - Jim and Janet Stahl, Missionaries/Bible Storytelling**

**Thursday, Sept 20<sup>th</sup> –Pastor Ray Hittinger, Lutheran retired**

**Thursday, Sept. 27<sup>th</sup> - Pastor Larry Burd, Calvary Baptist, Easton**

**\*The Stahls are Eleanor Reichenderfer's (a resident here at Lutheran Manor) son and daughter-in-law. They are part of the Seed Company, with Wycliffe Bible Translators, teaching Bible storytelling skills to people without a written language.**

**Sunday Praise Returns this Fall...David Garcia leads our Prayer, Praise and Scripture on September 9<sup>th</sup> at 1 pm in the Lounge.**



## ALL ARE WELCOME

**Bible Study (Wednesday, 12:30pm)**

**Chat Room (Thursday, 10 am)**

**Prayer Time (1<sup>st</sup> & 3<sup>rd</sup> Thursdays of each month at 7pm)**

**All in the Community Room (2<sup>nd</sup> floor of Wellness Center).**

## **Who Said So?**

This religious advisor to American presidents said, "A child who is allowed to be disrespectful to his parents will not have true respect for anyone."

*ANSWER: Billy Graham*

**ONE MORE THOUGHT... If you can afford it, don't miss the Sept. 6<sup>th</sup> van trip to NYC!!**





# Kierra's Kickstart to Fitness

## YOGA IS BACK!

Yoga with Jesse in the Exercise Room Every Friday 10:00 AM  
Starting September 14th



Enjoy a gentle 45-minute activity that can be done sitting or standing.

(THIS WILL REPLACE FIT FOR LIFE ON FRIDAYS)

## Speaker

Rehab and Wellness:

The Functional Connection



2:00 PM

Tuesday 9/25

Community Room

Join Kierra for some LIGHT REFRESHMENTS while you learn how to transition from rehab to fitness.



## 2018 Active Aging Week

Attend any fitness class during the week of September 24, 2018 and receive a goodie bag and Certificate of Participation!

## VISIT THE FITNESS CENTER, WIN PRIZES!

### 1<sup>ST</sup> Time Visitors: **EVERYONE WINS!**

Make an appointment with Kierra to receive a first-time assessment and workout program, and you will receive a gift.

### Visit 2-3 times per week:

Be entered into a drawing to win a prize at the end of the month!

### Visit 4 times or more per week:

Be entered into a drawing to win a gift basket at the end of the month!



**Call Kierra at x208 or stop by the Fitness Center to find out more!**

Limited time only: until 10/31/18.

Eligibility: Must have completed the enrollment process as well as use the sign-in sheet.

## IMPORTANT REMINDER

In order to use the fitness center or attend classes, you must enroll by completing required paperwork. Please stop by the Fitness Center or call Kierra at x208 to obtain the paperwork.

# Our Activities

## Religious Activities

<u>Activity</u>	<u>Day(s)</u>	<u>Time</u>	<u>Place</u>
Church (English)	1st Tuesday & 2nd, 3rd,	2:00 pm	Community Room
Church (Spanish)	1st Thursday of each month	2:00 pm	Community Room
Bible Study	Every Wednesday	12:30 pm	Community Room
Chat Room	Every Thursday	10:00 am	Community Room
Prayer Time	1st and 3rd Thursday of each month	7:00 pm	Community Room
Sunday Praise	2nd Sunday of each month	1:00 pm	Community Room

## Exercise Classes

<u>Activity</u>	<u>Day(s)</u>	<u>Time</u>	<u>Place</u>
Walkers Club	Every Mon, Wed, Fri	9:00 am	Outside/Fitness Center
Advanced Senior Fitness	Every Monday & Wednesday	11:30 am	Exercise Room
Joyful Joints	Every Tuesday & Thursday	10:00 am	Exercise Room
Basic Balance	Every Tuesday & Thursday	11:00 am	Exercise Room
Zumba Gold	Every Thursday	9:00 am	Exercise Room
Fit For Life	Every Monday & Wednesday	10:00 am	Exercise Room
Afternoon Meditation & Stretch	Every Tuesday & Thursday	1:00 pm	Exercise Room
Yoga	Every Friday	10:00 am	Exercise Room

# Our Activities

## Happening in September

<u>Activity</u>	<u>Day(s)</u>	<u>Time</u>	<u>Place</u>
BINGO	Every Monday	6:00 pm	Lounge
Snack Stand	Every Mon & Wed	3:00 pm	Lobby
Piano Sing-A-Long with Gladys	Every Wednesday	3:00 pm	Community Room
Shuffleboard League	Every Thursday	6:00 pm	Game Room
Mobile Market	Every Friday	12:00 pm	Outside/Promenade
Wii Bowling League	Every Friday	5:30 pm	Lounge
Sprinkles Ice Cream Truck	Sundays September 2, 9, 16, 23, 30	3:00 pm	Outside/Promenade
Movie Days	Mondays, September 10 & 24 Fridays, September 7 & 21	1:00 pm	Conference Room
Art with Pat	Tuesday, September 18 & Monday, September 24	1:30 pm	Lounge
<b>VAN TRIP PAPERS DROP-OFF</b>	<b>TUESDAY, SEPTEMBER 4</b>	<b>8:30 AM</b>	<b>CLAUDIE'S OFFICE</b>
Coffee, Donuts, Bagels & Muffins	Saturday, September 1	8:00 am	Lounge
Pinochle Party	Saturday, September 1	12:30 pm	Lounge
Live Cooking Demo	Friday, September 7	12:00 pm	Lounge
Second Harvest	Friday, September 7	1:00 pm	Lounge
Bazaar Donations Drop-Off	Friday, September 8	1:00 pm	Lounge
Computer Class	Fridays, September 7 & 21	1:00 pm	Computer Room/Library
Breakfast	Saturday September 8	8:30 am	Lounge
General Meeting	Tuesday, September 11	2:00 pm	Lounge
Blood Pressure Check	Thursday, September 13	6:00 pm	Lounge
SPEAKER: Clear Caption Phone	Friday, September 14	1:30 pm	Community Room
Soup & Hot Dogs	Saturday, September 15	5:00 pm	Lounge
Residents Birthday Party	Wednesday, September 19	5:00 pm	Lounge
Penny (Therapy Dog)	Friday, September 21	2:00 pm	Lounge
SPEAKER: Rehab & Wellness: The Functional Connection	Tuesday, September 25	2:00 pm	Community Room
Latin Dance Class	Tuesday, September 25	6:30 pm	Lounge
SPEAKER: How to Prepare for your Recertification	Friday, September 28	2:00 pm	Community Room
Bazaar	Saturday, September 29	10:00 am	Lounge
Social	Sunday, September 30	5:00 pm	Lounge

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <div style="border: 1px solid black; padding: 5px; display: inline-block; margin-left: 200px;"> <p> <span style="color: #FFD700;">Kierra Events</span>  <span style="color: #FF0000;">Van Trips</span>  <span style="color: #000000;">Resident's Assoc. Events</span> </p> <p> <span style="color: #800000;">Pastor Clark Events</span>  <span style="color: #000080;">Lutheran Manor Events</span>  <span style="color: #0000FF;">Holidays/Observances, Other</span> </p> </div>						<p>8:00 Coffee, Donuts, Bagels, &amp; Muffins 12:30 Pinochle</p>
<p>2 3:00 Sprinkles</p>	<p>3 <b>Labor Day</b> <b>OFFICE CLOSED</b>  9:00 Van Trip 1:30 pm Van Trip 6:00 BINGO</p>	<p>4 8:30 Van Trip Papers Drop Off 10:00 Joyful Joints 10:30 Van Trip 11:00 Basic Balance 1:00 Meditation &amp; Stretch 2:00 Church</p>	<p>5 9:00 Walkers Club 10:00 Fit For Life 11:30 Adv. Senior Fitness 12:00 Van Trip 12:30 Bible Study 3:00 Sing-A-Long 3:00 Snack Stand</p>	<p>6 9:00 Zumba Gold 9:30 Van Trip 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation &amp; Stretch 2:00 Church (Esp) 7:00 Prayer Time</p>	<p>7 9:00 Van Trip 9:00 Walkers Club 12:00 Mobile Market &amp; Live Cooking Demo 1:00 Movie 1:00 Computer Class 1:00 Second Harvest</p>	<p>8 8:30 Breakfast 1:00 Bazaar Donations Drop-Off</p>
<p>9 Grand-Parent's Day 1:00 Sunday Praise with David 3:00 Sprinkles</p>	<p>10 9:00 Walkers Club 10:00 Fit For Life 11:30 Adv. Senior Fitness 12:00 Van Trip 1:00 Movie 1:30 Committee Mtg 3:00 Snack Stand 6:00 BINGO</p>	<p>11 Patriots' Day 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation &amp; Stretch 2:00 General Mtg 4:00 Van Trip</p>	<p>12 9:00 Walkers Club 9:30 Van Trip 10:00 Fit For Life 11:30 Adv. Senior Fitness 12:30 Bible Study 3:00 Sing-A-Long 3:00 Snack Stand</p>	<p>13 9:00 Zumba Gold 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation &amp; Stretch 2:00 Church 4:00 Van Trip 6:00 Shuffleboard 6:00 Blood Pressure Check</p>	<p>14 9:00 Walkers Club 9:30 Van Trip 10:00 Yoga 12:00 Mobile Market 1:30 Speaker 5:30 Wii Bowling</p>	<p>15 9:30 Van Trip 5:00 Soup &amp; Hot Dogs</p>
<p>16 3:00 Sprinkles</p>	<p>17 Constitution Day 9:00 Walkers Club 10:00 Fit For Life 11:00 Van Trip 11:30 Adv. Senior Fitness 3:00 Snack Stand 6:00 BINGO</p>	<p>18 9:00 Van Trip 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation &amp; Stretch 1:30 Art with Pat</p>	<p>19 9:00 Walkers Club 10:00 Fit For Life 11:30 Adv. Senior Fitness 12:00 Van Trip 12:30 Bible Study 3:00 Sing-A-Long 3:00 Snack Stand 5:00 Birthday Party</p>	<p>20 9:00 Zumba Gold 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation &amp; Stretch 2:00 Church 4:00 Van Trip 6:00 Shuffleboard 7:00 Prayer Time</p>	<p>21 9:00 Walkers Club 10:00 Yoga 12:00 Van Trip 12:00 Mobile Market 1:00 Movie 1:00 Computer Class 2:00 Penny 5:30 Wii Bowling</p>	<p>22 9:00 Van Trip</p>
<p>23 3:00 Sprinkles</p>	<p>24 9:00 Walkers Club 10:00 Van Trip 10:00 Fit For Life 11:30 Adv. Senior Fitness 1:00 Movie 1:30 Art with Pat 3:00 Snack Stand 6:00 BINGO</p>	<p>25 10:00 Joyful Joints 11:00 Basic Balance 12:00 Van Trip 1:00 Meditation &amp; Stretch 2:00 Speaker 6:30 Latin Dance Class</p>	<p>26 8:00 Walkers Club 10:00 Fit For Life 10:30 Van Trip 11:30 Adv. Senior Fitness 12:30 Bible Study 3:00 Sing-A-Long 3:00 Snack Stand</p>	<p>27 9:00 Zumba Gold 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation &amp; Stretch 2:00 Church 4:00 Van Trip 6:00 Shuffleboard</p>	<p>28 9:00 Walkers Club 10:00 Yoga 11:00 Van Trip 12:00 Mobile Market 2:00 Speaker 5:30 Wii Bowling</p>	<p>29 10:00 Bazaar</p>
<p>30 3:00 Sprinkles 5:00 Social</p>						

# VAN TRIPS October 2018

DATE	DAY	TRIP	TIME
October 1	Monday	Lunch @ Old Country Buffet	11:00 am _____
October 2	Tuesday	Weis	12:00 pm _____
October 3	Wednesday	Banks, Post Office	9:00 am _____
October 3	Wednesday	CVS, \$ Store	1:30 pm _____
October 4	Thursday	Shopping @Lehigh Valley Mall/Lunch @Friendly's Rest	10:30 pm _____
October 5	Friday	Dinner @Olive Garden	4:00 pm _____
October 6	Saturday	Easton Market/Garlic Festival	10:00 am _____
October 9	Tuesday	Giant	9:30 am _____
October 10	Wednesday	Dinner @Texas Roadhouse Restaurant	4:00 pm _____
October 12	Friday	Lunch @Beth Diner/Movie @Carmike	12:00 pm _____
October 15	Monday	Breakfast @ Hash & Hearth Breakfast Bar/Grill	9:00 am _____
October 16	Tuesday	Penn's Peak Presents: Rick K. & The All-nighters/Luncheon Cost: \$47	9:30 am _____
October 17	Wednesday	Breakfast @Perkins/Valley Farms	9:00 am _____
October 18	Thursday	Good Shepherd Aquatic Pool Program	4:00 pm _____
October 19	Friday	Turkey Hill Experience	9:00 am _____
October 22	Monday	Lunch @Sewyco's Fireman Buffet	11:00am _____
October 23	Tuesday	Wegmans	12:00pm _____
October 24	Wednesday	Dinner @Doughboys	4:00pm _____
October 25	Thursday	Lunch @1774 Grille & Tap in Hellertown	11:00am _____
October 26	Friday	Shopping @Prussia Mall/Lunch	9:30am _____
October 27	Saturday	Peace Valley Lavender Farm/Lunch	9:30am _____
October 29	Monday	Shop-Rite	12:00pm _____
October 30	Tuesday	Dinner @Bravo Cucina Italiana	4:00pm _____
October 31	Wednesday	Bingo @Lehigh Valley Active Life	5:15pm _____

Please fill out the form and bring to my office, I will start collecting forms at 7 a.m. on the first day of the month.

Name: \_\_\_\_\_

Apt: \_\_\_\_\_

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

# SPECIAL EVENTS September 2018

I want to sign up to attend the following special events and speakers.....

(check off  what you want to attend)

## **Movie Days - Please be in your seat by 12:45 pm**

\_\_\_\_\_ Friday, September 7 at 1:00 pm (Same Kind of Different As Me)

\_\_\_\_\_ Monday, September 10 at 1:00 pm (An Affair to Remember)

\_\_\_\_\_ Friday, September 21 at 1:00 pm (An Affair to Remember)

\_\_\_\_\_ Monday, September 24 at 1:00 pm (Same Kind of Different As Me)

## **Computer Class with Nancy**

\_\_\_\_\_ Friday, September 7 at 1:00 pm

\_\_\_\_\_ Friday, September 21 at 1:00 pm

## **Speaker - Clear Caption Phone**

\_\_\_\_\_ Friday, September 14 at 1:30 pm

## **Art with Pat**

\_\_\_\_\_ Tuesday, September 18 & Monday, September 24 at 1:30 pm

## **Therapy Dog Visit with Penny**

\_\_\_\_\_ Friday, September 21 at 2:00 pm

## **Latin Dance Class**

\_\_\_\_\_ Tuesday, September 25 at 6:30 pm

## **Speaker - How to Prepare for your Recertification**

\_\_\_\_\_ Friday, September 28 at 2pm

## **Sprinkles Ice Cream Truck**

\_\_\_\_\_ Sundays, September 2, 9, 16, 23, & 30 at 3:00 pm

**Complete and return** this form when you turn in your van trip sign up sheet!

NAME: \_\_\_\_\_ APT#: \_\_\_\_\_