

May 2011

Hi Lites of Lutheran Manor



Van Trips



June 2011

DATE	TRIP	TIME
June 1 (Wednesday)	Senior Dance	12:00 p.m. ____
June 3 (Friday)	Banks; CVS; \$\$ Store; PO	9:30 a.m. ____
June 5 (Sunday)	Knoebels Park	9:30 a.m. ____
June 6 (Monday)	Valley Farms	9:30 a.m. ____
June 6 (Monday)	Farmers Market Vouchers	1:30 p.m. ____
June 7 (Tuesday)	Lunch/Senior Bingo	10:45 a.m. ____
June 8 (Wednesday)	Kings	9:30 a.m. ____
June 10(Friday)	Iron Pigs Baseball	6:00 p.m. ____
June 13(Monday)	Lunch/Carmike Movies	11:00 a.m. ____
June 15(Wednesday)	Book Club Luncheon	11:30 a.m. ____
June 16(Thursday)	Wegmans	9:30 a.m. ____
June 17(Friday)	Red Lobster	11:00 a.m. ____
June 19(Sunday)	The Willows	3:00 p.m. ____
June 20(Monday)	Lehigh Valley Mall	10:00 a.m. ____
June 21(Tuesday)	Rice's Flea Market	8:30 a.m. ____
June 23(Thursday)	Hunterdon Hills "Bronson Show" \$55	10:15 a.m. ____
June 26(Sunday)	Star Restaurant/Rose Garden Concert (will take those back who don't Want to go to concert and pick up those Who only want concert at 6:15 p.m.)	3:00 p.m. ____
June 27(Monday)	Quiet Valley Farm	9:00 a.m. ____
June 29(Wednesday)	Center for Vision Loss Thrift Store	9:30 a.m. ____
June 30(Thursday)	Breakfast/Walmart	8:30 a.m. ____

Reservation forms may be obtained from and returned to Cathy from 9:00 a.m. to 1:00 p.m. in the main office on the first working day of the month. Afterward, sign up in Miki's office.



Mark Your Calendar

Welcome New Residents

James Cameline - 310
 Stephen & Connie Miklai - 308
 Margaret Kuhnert - 819
 Adam & Joan Fekula - 1109

May 7 (Saturday)	Spring Bazaar	10 a.m.	Lounge
May 9 (Monday)	Tenant Committee Meeting	1:30 p.m.	Ceramics
May 10 (Tuesday)	General Meeting (8th floor responsible for snacks)	2 p.m.	Lounge
May 11 (Wednesday)	Speaker "Seniors Helping Seniors"	2 p.m.	Lounge
May 13 (Friday)	Food Box Delivery	11:30 a.m.	Patio
May 14 (Saturday)	Coffee & Donuts	8 a.m.	Lounge
May 14 (Saturday)	Pinochle Party	12:30 p.m.	Lounge
May 15 (Sunday)	Concert	6 p.m.	Lounge
May 16 (Monday)	Speaker "Teen Talk"	2 p.m.	Lounge
May 17 (Tuesday)	Speaker "Fall Screens"	2 p.m.	Lounge
May 18 (Wednesday)	Book Club	2 p.m.	Patio
May 20 (Friday)	Milestone Birthday Party	2 p.m.	Lounge
May 21 (Saturday)	Soup & Hot Dogs	11 a.m.	Lounge
May 24 (Tuesday)	Hearing Screens (appt. only)	10 a.m.	Patio
May 24 (Tuesday)	AARP Driving Class	12:30 p.m.	Lounge
May 25 (Wednesday)	Hearing Screens (appt. only)	10 a.m.	Patio
May 25 (Wednesday)	AARP Driving Class	12:30 p.m.	Lounge
May 31 (Monday)	Memorial Day Office Closed		
May 31 (Monday)	Memorial Day Picnic	1 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Bible Study	Every Monday	1 p.m.	Patio
Bingo	Every Monday	6 p.m.	Lounge
Ceramics	Every Wednesday	9 a.m.	Ceramics
Woodcarving	Every Thursday	8 a.m.	Shed
Life Biography	Every Thursday	10 a.m.	Patio
Yoga	Every Friday	1 p.m.	Patio

Looking Ahead...

JUNE

Saturday 6/4	Coffee & Donuts		8 a.m.
Saturday 6/4	Pinochle Party		12:30 p.m.
Sunday 6/5	Concert	The Occasions	6 p.m.
Sunday 6/12	Pie A la Mode Party	Josef Kroboth & Bob	5 p.m.
Wednesday 6/15	Birthday Party	LV Folk Music Society	5 p.m.
Saturday 6/18	Soup/Hot Dogs	Frank w/accordion	11 a.m.

The Lutheran Manor Book Club will meet **Wednesday, May 18 at 2 p.m.** in the patio. May is the month we honor mothers. We will be honoring our mothers and those who are famous and not so famous.



Computer Lab

Nancy will be in the computer lab on the following days:

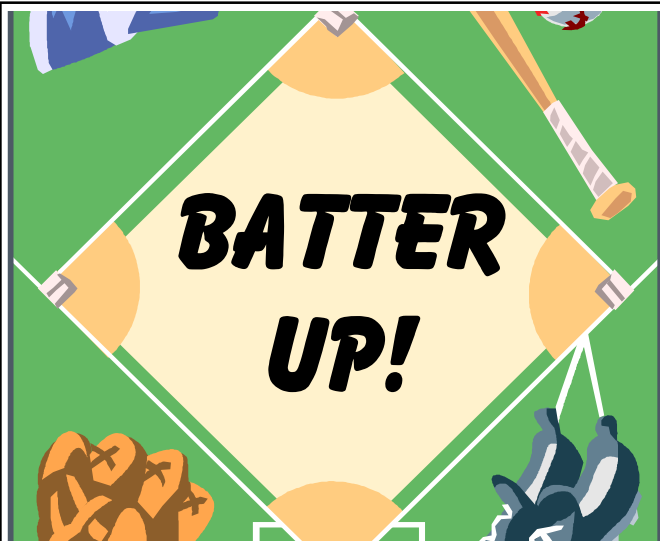
Drop-in:

Thurs., May 12, 10 a.m. to noon

Intro to Internet:

Thurs. , May 26, 10 a.m. to noon

Please sign up in Miki's office for the Intro to Internet class.



Join us for some Baseball! We will be going to see the Iron Pigs on the dates below. If you would like to attend, please see Don, Apt. #106. Cost per game is \$9 per person.

Friday, June 10
Friday, July 15
Friday, August 12

Coffee & Donuts

Saturday, May 14
8 to 10 a.m.

\$1.75 coffee & donut
.75 additional donut
Friends and Family
Welcome



Soup & Hot Dogs

Saturday, May 21
11 a.m. to 1 p.m.

SOUP: Pepper pot or Cream of Broccoli \$2.00

HOT DOGS: Plain, Sauerkraut, or Chili \$1.50

PICKLED BEETS \$.50

DESSERT: Ice Cream & Strawberries
\$2.50

Entertainment:
Country Jades

50/50 Drawing
Candy will be sold too!

Friends and Family
Welcome!



The Snack Stand

Snacks available

Mondays from 4 to 8 p.m.

Wednesdays from 4 to 7 p.m.

In the Main Lobby



CONCERT
Sun. May 15
6 to 8 p.m.

Entertainment:
Steel City Band

Light Refreshments
Good Will Offering
50/50 Drawing

Friends and family
welcome

Miki's



Corner

Seniors Helping Seniors

**Weds., May 11
2 p.m.**

Seniors Helping Seniors is a unique program that matches seniors who want to help with seniors who are looking for help. Lynn Marie Houghton will be here to talk about the services they provide from transportation to shopping and cooking meals.



Teen Talk

Mon., May 16, 2 p.m.

If you have grandchildren or great grandchildren that are teens or young adults, this program is for you. Denise Hanner-Continenza, of the Penn State Cooperative Extension, will tell you how to understand how they talk! She has a vocabulary list of teen words to help you decipher what they are telling you.

Fall Prevention and Screening

**Tues., May 17
2 p.m.**

A fall can happen in a split second. It can be devastating and incapacitating. Learn how to guard against falls. James Anderson, of Fox Rehabilitation, will be here to talk about preventing falls as well as do fall screenings to assess your fall risk.

Milestone Birthday Party

Fri., May 20, 2 p.m.



Once again, we are celebrating the milestone of turning 90 or 95 years old among our residents. Rep. Steve Samuelson will be here to honor our residents who are celebrating a milestone birthday. You are invited to join the celebration.

Hearing Screening

**Tues., May 24, 10 a.m. to 4 p.m.
Weds., May 25, 10 a.m. to 4 p.m.**

Do you hear what I hear? Find out with a FREE hearing screening. Martin Scheetz, an Audioprosthologist, will be here to provide free hearing screenings. If you have a hearing aid, he will also check that for you. **You must make an appointment with Miki for a screening.**



AARP Safe Driving Class

**Tues., May 24, 12:30 p.m.
Weds., May 25, 12:30 p.m.**

Christina Kilduff, AARP certified instructor, will offer the AARP Safe Driving Class. If you are still driving, this class is a MUST. You will save money on your insurance when you take this class. **The cost is \$12 for AARP members, and \$14 for non-members. You must sign up in Miki's office for the class.**

It's Spring...the grass is green and soon my lawn will "shine" with the splendor of the dandelion flower. Yes, I said "splendor" and I said "flower." I happen to like dandelions (much to my neighbors' chagrin) and that's probably why the following caught my eye...



BIG MUD PUDDLES AND SUNNY DANDELIONS (Author unknown)

When I look at a patch of dandelions, I see a bunch of weeds that are going to take over my yard. My kids see flowers for Mom and blowing white fluff you can wish on.

When I look at an old drunk and he smiles at me, I see a smelly, dirty person who probably wants money and I look away. My kids see someone smiling at them and they smile back.

When I hear music I love, I know I can't carry a tune and don't have much rhythm so I sit self-consciously and listen. My kids feel the beat and move to it. They sing out the words. If they don't know them, they make up their own.

When I feel wind on my face, I brace myself against it. I feel it messing up my hair and pulling me back when I walk. My kids close their eyes, spread their arms and fly with it, until they fall to the ground laughing.

When I pray, I say thee and thou and grant me this, give me that. My kids say, "Hi God! Thanks for my toys and my friends. Please keep the bad dreams away tonight."

When I see a mud puddle I step around it. I see muddy shoes and dirty carpets. My kids sit in it. They see dams to build, rivers to cross, and worms to play with.

I wonder if we are given kids to teach or to learn from? No wonder God loves the little children! Enjoy the little things in life, for one day you may look back and realize they were the big things.

I wish you Big Mud Puddles and Sunny Yellow Dandelions! – Chaplain Clark



MAY WORSHIP...

(2 pm in the Lounge)

Tuesday-May 3 Father Pat Lamb- Notre Dame, Bethlehem

Thursday- May 12- Rev. Joy Wyler-Unity of the Lehigh Valley, Emmaus

Thursday – May 19- Rev. Betty Langensiepen, St. Peter Lutheran , Allentown

Thursday- May 26- Rev. Elizabeth Mitchell, Emmanuel Lutheran Church, Bath.

BIBLE STUDY-each Monday at 1pm in the Patio. See you there!

LIFE BIO 101- IT'S TIME TO TELL YOUR LIFE STORY...AND HAVE FUN SHARING YOUR MEMORIES! Ensure there is more than a tombstone that records your time on earth. You have accomplished much.

Beginning Thursday, May 19th at 10 am we will meet in the Patio to reminisce about our lives. ➤

----- ✂Cut and slide under the chaplain's door or sign up at his office -----

✓YES, I'd like to take part in the Life Bio on Thursdays beginning May 19th.

Name: _____ Apt # _____



Did You Know??

Schwan's Foods delivers here to Lutheran Manor every two weeks. You can order from their catalog and have your items delivered right to your door. Check the calendar in the newsletter for delivery days. The next delivery will be on May 10. Our Schwan's representative is Steve. You can call him to place an order or to request a catalog at 610-417-3490.

Van Trips to Notice...



We have a number of Van trips coming up in June to take note of. Check your Van Trip sheet in this newsletter and be sure to sign up for them.

June 5 - Knoebels Park - Enjoy a scenic ride to Elysburg, then stroll around the beautiful park, ride some of the attractions and just enjoy a beautiful day out.

June 6 - Farmers Market Vouchers - We will be going to get the free county farmers market vouchers. The \$20 voucher is good at area farmers markets. You must bring your id and proof of income with you.

June 23 - Hunterdon Hills Playhouse "Branson Show - It's Great to Be" - Cost is \$55 per person. A \$20 deposit is needed to reserve your seat. Enjoy this Branson style Country Variety show with great music, hilarious comedian and wonderful food.

June 26 - Star Restaurant/Rose Garden Concert - We will have an early dinner at the Star Restaurant, then on to the Rose Garden for a lovely outdoor concert. You may choose to go to one or both.

June 27 - Quiet Valley Living Farm - "Civil War Road Show" - We will visit this amazing demonstration farm as well as see the special Civil War exhibit featuring a real war encampment, and antique war items, demonstrations and more.

June 29 - Center for Vision Loss Thrift Store - Visit this great thrift store that offers a variety of new and gently used clothing as well as helpful household items for those experiencing vision loss. All proceeds benefit the Center.

Remember: There is no charge for van transportation, however, there will be a \$5.00 penalty charge for no-shows and same day cancellations.

Note from the Property Manager...

I hope everyone had a great Easter holiday!! The flowers around the building look spectacular! Soon it will be warm enough to spend time out in the gardens and enjoy our beautiful landscaping.

Due to emergency vehicles, we have decided to remove the "15 minute" parking space near the front entrance. It was very difficult for ambulances and fire trucks to get close to our door and exit the parking lot safely, from that point. It is now part of the "fire zone". We apologize for any inconvenience but this decision was made for the safety of all tenants, emergency personnel and the building. Please have guests or family use the remaining three "15 minute" parking spaces.

I'm very excited for many of the summer events we have planned!! We hope to see everyone involved and enjoying the social opportunities. Check out your May calendar... 😊

Courtney Donohue

Property Manager

Lutheran Manor Keys



When you moved in to Lutheran Manor, you were given a full set of keys: one front door, one mail box and two apartment door keys. As part of your move-in tour, you were told that the front door key cannot be duplicated. That is because this is a "Secured Building", a very important feature of living at Lutheran Manor. The problem is, we have noticed many NON-residents have keys to the front door. You can gladly give family and friends a key to your apartment door but not to the main SECURITY door.

Please return all extra front door keys to the office and do not give your FOB (electric key) to anyone else. You, the resident, are solely responsible for the keys and by giving your Security Key to anyone else, you jeopardize the rest of the residents in the building.

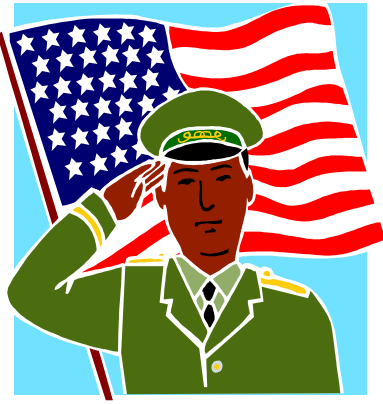
Also, we have reminded you many times about opening the front SECURITY door for people. If you are a resident of Lutheran Manor, you already have a key to come in the building. If they are not residents, they must use the phone in the lobby to call the person they are visiting and THAT resident will let them in. Again, **DO NOT OPEN THE DOOR...**if you open the door for anyone, YOU are responsible for the person you let in.

Thank you for your cooperation in this serious matter.

Management

MEMORIAL DAY PICNIC

Monday, May 30, 2011
1 p.m. in the Lounge
Honoring our Veterans



MENU:

- Hamburger BBQ
- Turkey BBQ in natural sauce
- Baked Beans
- Potato Salad
- Macaroni Salad
- Chips & Pretzels
- Fruit Salad
- Dessert
- Coffee or Iced tea
- Soda \$1.00

Coordinator:
Ronnie Clifford

Cost:

\$8 per resident
\$10 per guest (limit 2)

Entertainment by
Marlene Gilley, Vocalist
Mike Ciliberti, Keyboard

Sing-a-long



50/50 drawing

You may reserve a table for 6 or 12 people only before the deadline date



Memorial Day Picnic

(I am reserving a table for 6 or 12 _____) Write names on back

Put slip under Marge Bachemin's door #705 with cash

NAME: _____ Apt.# _____

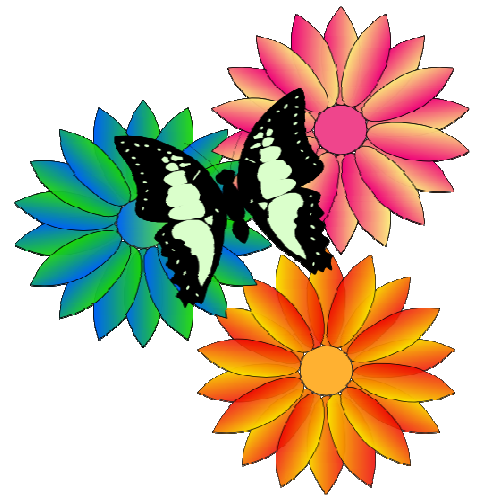
PHONE: _____

Are you a Veteran? _____ What Branch? _____

Deadline for Reservations, Weds., May 25

Spring Bazaar

*Sat., May 7, 2011
10 a.m. to 3 p.m.*



Arts & Crafts



Baked Goods



*Luncheon
Kitchen opens at
11 a.m.*



Plants



50/50 chances

White Elephant

*Lutheran Manor Apartments
2085 Westgate Drive,
Bethlehem, PA*

Spring Bazaar

May 7, 2011



Doors open at 10 a.m.
Kitchen will open at 11 a.m.

- Arts & Crafts:** Bring items to the lounge on Saturday, May 7 at 8 a.m.
- Bake Sale:** Doors will open at 10 a.m. (no earlier). We will take donations for the bake sale-cookies, cupcakes, candy etc., Please bring these items to the lounge by 8 a.m.
- White Elephant:** Bring your items down to the **lounge** on the following Thursdays-April 14, 21, 28 (ONLY) between 9 a.m. and noon. No clothing please.

Remember this will be our primary fund raiser for the year

Thank you,
Coordinator, Esther Heimbach

The Lutheran Manor Residents Association will be selling Raffle tickets.
The drawing will be on Sat., May 7 at 1:30 p.m.
You do not need to be present to win.

Cash Prizes

- 1st - \$100
- 2nd - \$ 50
- 3rd - \$ 50
- 4th - \$ 50
- 5th - \$ 25
- 6th - \$ 25
- 7th - \$ 25
- 8th - \$ 25

Tickets:

**\$1.00 each or
6 for \$5.00**



Ticket Sellers 2011

Floor

- 1 & 2: Eleanor Smith, #219 & Roberta Heidecker, #102
- 3: Elaine Groller, #319
- 4: Lillian Yanzsa, #505
- 5: Shirley Kern, #513
- 6: Ken Clifford, # 610
- 7: Max Solowej, # 719
- 8: Dorothy Korpics, #808
- 9: Donald Roche, #901
- 10: Bill Venzzi, #1014
- 11: Jean Davis, #1118

Thanks to our Committees:

Kitchen: Dorise Gross, Daphne Ramsey, Mary Sauser, Ken Clifford, Micki Petko

Arts & Crafts: Shirley Kern, Marie Czuk, Grace Fella

Plants: Kathy Miller

White Elephant: Bill Venanzi, Pat Reiss, Jean Davis, Don Kern, Marge Bachemin, Priscilla Davis (Jewelry)

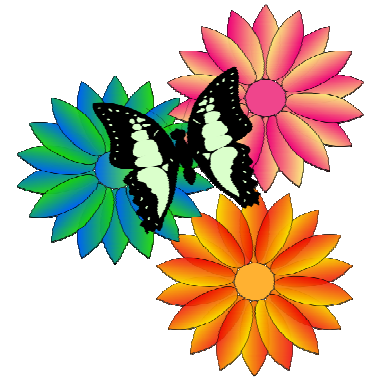
Bake Sale: Annamae Kasunic, Marie Bryant, Kathleen Renn

Dessert: Elaine Groller, Beverly Westwood, Kay Altemus

50/50 Stand: Paul Reichard

Spring Bazaar

May 7, 2011



**Doors open at 10 a.m.
Kitchen opens at 11 a.m.**

Lunch Order	Cost	Quantity	Total
Meatball Sandwich	\$4.00	_____	_____
Hot Dog Circle: onions kraut chili cheese catsup mustard	\$1.50	_____	_____
Soup Circle: chicken noodle or split pea w/ham	\$2.00	_____	_____
Creamed Cabbage	\$.75	_____	_____
Red Beet Eggs	\$.50	_____	_____
Applesauce	\$.50	_____	_____
Chips	\$.50	_____	_____
Ice Cream Sundae	\$2.50	_____	_____
Coffee or Hot Tea	\$1.00	_____	_____
Soda	\$1.00	_____	_____
Order Total:			_____

NAME: _____

Take to Kitchen (Lounge) on May 7. Thank you



MAY 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 No Exercise 1:00 Bible Study 6:00 Bingo	3 2:00 Notre Dame Catholic Church	4 No Exercise 6:30 Poker League	5 6:00 Blood Pressure 6:00 Shuffleboard League	6 No Yoga	7 10:00 Spring Bazaar
8	9 10:00 Exercise 1:00 Bible Study 1:30 Tenant Committee Mtg 6:00 Bingo	10 11:00 Schwans 2:00 General Meeting	11 10:00 Exercise 2:00 Speaker "Seniors Help" 6:30 Poker League	12 10:00 Computer Class 2:00 Unity of LV Rev. Wylar 6:00 Shuffleboard League	13 11:30 Food Box Pickup 1:00 Yoga	14 8:00 Coffee & Donuts 12:00 Pinochle Party
15 6:00 Concert	16 10:00 Exercise 1:00 Bible Study 2:00 Speaker "Teen Talk" 6:00 Bingo	17 2:00 Speaker "Fall Screens"	18 10:00 Exercise 2:00 Book Club 6:30 Poker League	19 2:00 St. Peter Lutheran Rev. Langensiepen 6:00 Shuffleboard League	20 1:00 Yoga 2:00 Milestone Birthday Party	21 11:00 Soup & Hot Dogs
22	23 10:00 Exercise 1:00 Bible Study 6:00 Bingo	24 10:00 Hearing Screening 11:00 Schwans 12:30 AARP Driving Class	25 10:00 Exercise 10:00 Hearing Screening 12:30 AARP Driving Class 6:00 Poker League	26 10:00 Computer Class 2:00 Emmanuel Lutheran Rev. Mitchell 6:00 Shuffleboard League	27 1:00 Yoga	28
29	30 1:00 Memorial Day Picnic Office Closed	31	June 2011			
June 2011						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
			8	9	10	11
			15	16	17	18
			22	23	24	25
			29	30		