

APRIL 2022

Happy Easter



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Birthdays</u>					1 April Fools' Day 9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 TaiChi with Joanne 11:00 Relax & Renew 1:00 RENT REBATES 2:00 Fellowship with Nena	2 Ramadan Begins 8:30 Resident's Association COFFEE & DONUTS 9:30 PALACE Restaurant 10:00 RITEAID/CVS - Canceled
3 2:30 DOUGHBOYS	4 9:00 Walker's Club 10:00 BANKS 10:00 Exercise DVD (98) 10:00 Fit Forever 1:00 MOVIE 2:00 PM Stretch 3:00 Relax & Renew 6:00 Resident's Association Bingo	5 9:00 Relax&Renew 10:00 AM Stretch 10:00 Exercise DVD (98) 10:00 SPEAKER:C.A.R.I.E. 10:00 WEIS 2:00 Muscle&Move 2:15 CLINIC: BP Checks 3:00 Balance Fun	6 9:00 Walker's Club 9:30 VALLEY FARM MKT 10:00 Exercise DVD (98) 10:00 Smart Bells 12:30 Bible Study 1:00 OneOnOne Training 2:00 Pastor Movie 2:00 Snacks/IceCream Sales 3:00 Pastor Movie 3:00 Relax&Renew	7 9:00 Relax&Renew 10:00 Chat Room 10:00 Everybody's Yoga w/ Dana 10:00 Exercise DVD (98) 10:00 RENT REBATES 10:00 WALMART 12:30 Second Harvest 2:00 Cardio&Tone 2:00 Church (Spanish) 3:00 Balance Fun	8 9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 TaiChi with Joanne 11:00 ENTERTAINMENT: Lorri&Jim 11:00 Relax&Renew 12:30 CLINIC: OAA 1:00 RENT REBATES 2:00 Fit Forever	9
10 11:00 Sunday Praise with David Garcia	11 9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 Fit Forever 1:00 MOVIE 2:00 PM Stretch 3:00 Relax&Renew 6:00 Resident's Association Bingo	12 9:00 Relax&Renew 10:00 AM Stretch 10:00 Exercise DVD (98) 2:00 Church 2:00 Muscle&Move 3:00 Balance Fun	13 9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 Smart Bells 12:30 Bible Study 1:00 OneOnOne Training 2:00 Pastor Movie 2:00 Snacks/IceCream Sales 3:00 Relax&Renew	14 9:00 CLINIC: Eye 9:00 Relax&Renew 10:00 Chat Room 10:00 Everybody's Yoga w/ Dana 10:00 Exercise DVD (98) 10:00 RENT REBATES 1:00 CLINIC: Dermatology 2:00 Cardio&Tone 2:00 Church 3:00 Balance Fun 3:15 Palm Crosses	15 Tax Day 9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 TaiChi with Joanne 11:00 Relax&Renew 1:00 RENT REBATES 2:00 Fellowship with Nena	16 8:30 Resident's Association BREAKFAST

All activities are in-person now, and some are on channel 98 as well. Movies are ONLY on channel 98.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 Easter 7:00 Church	18 9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 Fit Forever 1:00 MOVIE 2:00 PM Stretch 3:00 Relax&Renew 6:00 Resident's Association Bingo	19 9:00 Relax&Renew 10:00 AM Stretch 10:00 Exercise DVD (98) 2:00 Muscle&Move 2:00 Snacks/IceCream Sales 2:00 GENERAL MEETING 3:00 Balance Fun	20 9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 Smart Bells 12:30 Bible Study 1:00 OneOnOne Training 1:45 LM BINGO 2:00 Pastor Movie 2:00 Snacks/IceCream Sales 3:00 Relax&Renew	21 9:00 Relax&Renew 9:30 GIANT 10:00 Chat Room 10:00 Everybody's Yoga w/ Dana 10:00 Exercise DVD (98) 10:00 RENT REBATES 11:00 ENTERTAINMENT: Paint 2:00 Cardio&Tone 2:00 Church 3:00 Balance Fun	22 Earth Day 9:00 Walker's Club 10:00 Exercise DVD (98) 11:00 Relax&Renew 1:00 RENT REBATES 2:00 Fit Forever	23 10:00 GIANT 4:00 Resident's Association SOCIAL
24	25 9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 Fit Forever 1:00 MOVIE 2:00 PM Stretch 3:00 Relax&Renew 5:00 MARBLEHEAD 6:00 Resident's Association Bingo	26 9:00 Relax&Renew 10:00 AM Stretch 10:00 Exercise DVD (98) 10:00 WEGMANS 12:00 Road To Wellness Challenge 2:00 ENTERTAINMENT: Flautist 2:00 Muscle&Move 3:00 Balance Fun	27 9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 Smart Bells 12:30 Bible Study 1:00 OneOnOne Training 2:00 Pastor Movie 2:00 Snacks/IceCream Sales 3:00 Relax&Renew	28 9:00 Relax&Renew 9:30 DOLLAR TREE 10:00 Chat Room 10:00 Everybody's Yoga w/ Dana 10:00 Exercise DVD (98) 10:00 RENT REBATES 2:00 Cardio&Tone 2:00 Church 3:00 Balance Fun	29 9:00 Walker's Club 10:00 ALDI 10:00 Exercise DVD (98) 11:00 Relax&Renew 1:00 RENT REBATES 2:00 Fit Forever	30

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