



Welcome AUGUST 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			 <i>Massage</i>		 Discipleship Classes	 1 9:00 Coffee & Donuts 12:30 Pinochle Party
2	3 10:00 Exercise 6:30 Poker League	4 10:00 Zumba 2:00 Rev James Harper Notre Dame RC Church, Bethlehem	5 9:00 Massage 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 1:00 Salsa Dancing	6 10:00 Chat Room 2:00 Speaker-Domestic Violence in Later Life 6:00 Blood Pressure Check	7 9:00 Walkers Club 10:00 Yoga 11:30 Discipleship Class 12:45 Tai Chi 1:00 Watercolor Class	8
9	10 10:00 Exercise 1:00 Movie –Black or White 6:30 Poker League	11 10:00 Zumba 1:30 Bracelet and Necklace Class	12 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	13 10:00 Chat Room 2:00 Rev Rick Sergi, Emmanuel E.C. Bethlehem	14 9:00 Walkers Club 10:00 Yoga 11:00 Second Harvest 1:30 Speaker-Dementia	15 9:30 Manicures by Appointment 
16 5:00 Pizza Party 	17 10:00 Exercise 6:30 Poker League	18 10:00 Zumba 1:30 Art with Pat	19 10:00 Exercise 12:30 Bible Study 1:00 Computer Class 1:00 Salsa Dancing	20 9:30 DVD-Caruso 2:00 Rev David Wickmann, Schoeneck Moravian, Nazareth	21 9:00 Walkers Club 10:00 Yoga 11:30 Discipleship Class 12:45 Tai Chi	22
23 5:00 Social 	24 10:00 Exercise 1:00 Movie –Black or White 6:30 Poker League	25 10:00 Zumba 1:30 Art with Pat	26 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	27 10:00 Chat Room 2:00 Pastor John Hart, Holy Trinity Lutheran, Catasauqua	28 9:00 Walkers Club 10:00 Yoga 11:30 Discipleship Class 12:45 Tai Chi	29
30	31 10:00 Exercise 11:00 Therapy Dog 6:30 Poker League				 Walking Clubs Find fitness, friends and fun.	 BACK 2 SCHOOL