

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Fitness Events <i>Van Trips</i> Resident's Association Events Religious Events Lutheran Manor Events <i>Holidays/Observances/Other</i>		1 VAN TRIP PAPERS 12:30 Second Harvest Food Bank 2:00 Church 6:00 Blood Pressure Check 7:00 Prayer Time	2 12:15 Mobile Market 2:00 Walkers Club	3 8:00 Donuts 9:00 Banks/Post Office 1:30 CVS/LV Shopping Center
4	5 9:00 Walkers Club 10:00 Fit For Life 11:30 Stand Up for Strength 1:00 Everybody's Yoga 4:00 Dinner at SEWYCO 6:00 Bingo	6 10:00 Joyful Joints 11:00 Basic Balance 11:00 WEIS 1:00 Meditation & Stretch	7 9:00 Walkers Club 9:00 Shopping at CABELA's / Leesport Farmers Market 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 5:00 Ice Cream Sale	8 10:00 Joyful Joints 10:00 Chat Room 11:00 Basic Balance 12:00 Ice Cream Social 1:00 Meditation & Stretch 2:00 Church (Spanish)	9 7:00-10:00 Lounge Closed 11:00 Tai Chi 12:15 Mobile Market 1:00 MOVIE DAY: Mary Poppins 2 2:00 Walkers Club	10 8:30 Breakfast 12:30 Pinochle
11	12 9:00 Walkers Club 9:30 WEGMANS 10:00 Fit For Life 11:30 Stand Up for Strength 1:00 Everybody's Yoga 6:00 Bingo	13 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch	14 9:00 Walkers Club 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 2:00 Movie: Neil Diamond 5:00 Ice Cream Sale 5:15 BINGO @ LV Active Life	15 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 7:00 Prayer Time	16 7:00-10:00 Lounge Closed 11:00 Tai Chi 11:00 Lunch at Cracker Barrel 12:15 Mobile Market 1:00 MOVIE DAY: Greenbook 1:00 Computer Class 2:00 Walkers Club	17 5:00 Hoagie Social
18	19 9:00 Walkers Club 9:15 Allentown Art Museum 10:00 Fit For Life 1:00 ALDI 1:00 Everybody's Yoga 1:00 MOVIE DAY: Mary Poppins 2 6:00 Bingo	20 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 1:30 Watercolor with David	21 8:00 Kitchen Kettle Village / Lunch at Shady Maples 9:00 Walkers Club 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 5:00 Ice Cream Sale	22 10:00 Chat Room 10:00 Joyful Joints 11:00 Lunch at TGIF 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church	23 7:00-10:00 Lounge Closed 11:00 Tai Chi 12:15 Mobile Market 2:00 Walkers Club	24
25 5:00 Social	26 9:00 Walkers Club 9:00 Breakfast at The Palace / Shopping at Valley Farms 10:00 Fit For Life 11:30 Stand Up for Strength 1:00 MOVIE DAY: Greenbook 1:00 Everybody's Yoga 6:00 Bingo	27 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch	28 FAMILY WEEK @ THE SALON 9:00 Walkers Club 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 5:00 Ice Cream Sale	29 FAMILY WEEK @ THE SALON 7:00-10:00 Lounge Closed 8:30 KNOEBELS 2:00 Church	30 11:00 Sandwich Sale Pick Up 2:00 Walkers Club	31 9:00 Easton Farmers Market / Lunch