

# SEPTEMBER 2023



Make it a September to Remember!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Staff Birthdays: Jacinda A. - 9/8 Lori H. - 9/11 Ken L. - 9/27</p>					<p><b>1</b></p> <p>9:30 Walker's Club 10:00 Meditation 11:00 Energetic Exercise 12:00 SPEAKER: Senior Scams 2:00 Stitching with Nena</p>	<p><b>2</b></p> <p>8:30 RA COFFEE &amp; DONUTS 12:30 RA Pinochle</p>
<p><b>3</b></p> <p>1:00 Sunday Believers' with Paul Belfort</p>	<p><b>4</b> <b>Labor Day</b></p> <p>OFFICE CLOSED - Happy Labor Day 6:00 RA Bingo</p>	<p><b>5</b></p> <p>10:00 Banks &amp; Convenience Stores 1:15 Blood Pressure Clinic 3:00 Meditation 3:00 RA Shredding 3:00 Snacks/Ice Cream Sales</p>	<p><b>6</b></p> <p>9:30 Walker's Club 10:00 WEIS 11:30 ZUMBA with Anna 12:30 Bible Study 2:00 Pastor Movie 3:00 Meditation</p>	<p><b>7</b></p> <p>9:00 Cracker Barrel 10:00 Chat Room 11:00 Yoga with Dana 12:30 Second Harvest 1:00 Mobile Market 2:00 Church (Spanish/English) 3:00 Meditation- Exercise Room - CANCELED</p>	<p><b>8</b></p> <p>Happy Birthday Jacinda! 9:30 Walker's Club 10:00 Meditation - CANCELED 11:00 Energetic Exercise - CANCELED 12:30 OAA Podiatry 2:00 Stitching with Nena - CANCELED 2:30 Ice Cream at Crazy Cones</p>	<p><b>9</b></p> <p>5:00 RA Soup &amp; Hot Dogs</p>
<p><b>10</b> <b>Grandparents' Day</b></p> <p>11:00 Sunday Praise with David Garcia 1:00 Sunday Believers' with Paul Belfort</p>	<p><b>11</b> <b>Patriot Day</b></p> <p>Happy Birthday Lori! 9:30 Walker's Club 11:00 Energetic Exercise 1:00 LM MOVIE - In Person 3:00 Meditation 3:45 Flying Pig Tavern and Tap 6:00 RA Bingo</p>	<p><b>12</b></p> <p>12:00 Gerrity's Farm Market 2:00 General Meeting 3:00 Meditation - Canceled 3:30 RA Shredding 3:30 Snacks/ Ice Cream Sales</p>	<p><b>13</b></p> <p>9:30 Walker's Club 10:00 Hoover Mason Trestle 11:30 ZUMBA with Anna 12:30 Bible Study 1:45 Lutheran Manor BINGO 2:00 Pastor Movie 3:00 Meditation - Canceled</p>	<p><b>14</b></p> <p>10:00 Chat Room 11:00 Allentown Art Museum 11:00 Yoga with Dana 1:00 Mobile Market 2:00 Church 3:00 Meditation- Exercise Room</p>	<p><b>15</b></p> <p>9:30 Walker's Club 10:00 Meditation 11:00 Energetic Exercise 2:00 Stitching with Nena</p>	<p><b>16</b> <b>Rosh Hashanah Begins</b></p> <p>8:30 Resident's Association BREAKFAST</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> <b>Citizenship Day</b> Happy Housekeeper Appreciation Day! <b>1:00</b> Sunday Believers' with Paul Belfort	<b>18</b> <b>9:30</b> Walker's Club <b>10:00</b> Banks & Target <b>11:00</b> Energetic Exercise <b>1:00</b> MOVIE <b>3:00</b> Meditation <b>6:00</b> RA Bingo	<b>19</b> Happy Service Coordinator Appreciation Day! <b>11:00</b> Senior Fair <b>3:00</b> Meditation - CANCELED <b>3:00</b> RA Shredding <b>3:00</b> Snacks/Ice Cream Sales	<b>20</b> <b>9:30</b> Walker's Club <b>11:00</b> Mountain View Drive-In & Mini Golf <b>11:30</b> ZUMBA with Anna <b>12:30</b> Bible Study <b>2:00</b> Jeopardy Game Day <b>2:00</b> Pastor Movie <b>3:00</b> Meditation	<b>21</b> <b>9:00</b> CLINIC: Eye <b>10:00</b> Chat Room <b>11:00</b> Yoga with Dana <b>12:00</b> Dollar Tree <b>1:00</b> Mobile Market <b>2:00</b> Church <b>3:00</b> Meditation- Exercise Room	<b>22</b> <b>Native American Day</b> <b>9:30</b> Walker's Club <b>10:00</b> Matter of Balance - Class 1 <b>10:00</b> Meditation - CANCELED <b>11:00</b> Energetic Exercise - CANCELED <b>1:00</b> Bingo with Cherie <b>2:00</b> Stitching with Nena	<b>23</b> <b>Fall Begins</b>
<b>24</b> <b>1:00</b> Sunday Believers' with Paul Belfort	<b>25</b> <b>Yom Kippur Begins</b> <b>9:30</b> Walker's Club <b>11:00</b> Energetic Exercise <b>12:00</b> Walmart <b>1:00</b> MOVIE <b>3:00</b> Meditation <b>6:00</b> RA Bingo	<b>26</b> WINDOW WASHING <b>9:00</b> Silver Birches: Train Ride <b>2:00</b> Church <b>2:00</b> ENTERTAINMENT: Flautist <b>3:00</b> Meditation <b>3:00</b> RA Shredding <b>3:00</b> Snacks/Ice Cream Sales	<b>27</b> Happy Birthday Ken! WINDOW WASHING <b>9:30</b> Walker's Club <b>10:00</b> Mitzit's Table <b>11:30</b> Cooking with Lyndi <b>11:30</b> ZUMBA with Anna <b>12:30</b> Bible Study <b>2:00</b> Pastor Movie <b>3:00</b> Meditation	<b>28</b> WINDOW WASHING <b>10:00</b> Chat Room <b>10:00</b> GIANT <b>11:00</b> Yoga with Dana <b>1:00</b> Mobile Market <b>2:00</b> Church <b>3:00</b> Meditation- Exercise Room	<b>29</b> <b>9:30</b> Walker's Club <b>10:00</b> Meditation <b>11:00</b> Energetic Exercise <b>2:00</b> Stitching with Nena	<b>30</b> <b>4:00</b> RA SOCIAL

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