

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<div style="border: 1px solid black; padding: 5px;"> <p>Fitness Events <i>Van Trips</i> Resident's Association Events</p> <p>Religious Events Lutheran Manor Events <i>Holidays/Observances, Other</i></p> </div>		1 7:00-9:30 Lounge Closed 9:00 Breakfast @ Williams Family Rest./Valley Farms 10:15 Everybody's Yoga 11:00 Tai Chi 1:00 Balance Class 1:00 Second Harvest 2:00 Walkers Club	2 8:00 Coffee, Donuts, Bagels & Muffins 12:30 Pinochle
					3	4 1 0:00 Fit For Life 11:30 Stand Up for Strength 1:00 MOVIE #1 1:30 Card Making Class 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO
10 1:00 Sunday Praise with David	11 10:00 Fit For Life 11:00 Lunch @ Sewyco's Fire Co. 11:30 Stand Up for Strength 1:00 MOVIE #2 1:30 Committee Meeting 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	12 9:30 Weis 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 General Meeting	13 9:30 Leesport Flea Market & Lunch @ Hoss's 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale	14 9:00 Good Store, Effort & Lunch @ Weavers 10:00 Life Bio 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 6:00 Shuffleboard 6:30 Angel Study	15 7:00-9:30 Lounge Closed 10:15 Everybody's Yoga 11:00 Tai Chi 1:00 Balance Class 2:00 Walkers Club 4:00 Dinner @ Outback Rest.	16 5:00 Valentine's Day Party
17	18 OFFICE CLOSED PRESIDENTS DAY 	19 10:00 Joyful Joints 11:00 MOVIE #1 11:00 Basic Balance 12:00 Giant 1:00 Meditation & Stretch 1:30 SPEAKER: Market on Wheels	20 10:00 Fit For Life 11:00 Lunch @ Old Country Buffet 11:30 Stand Up for Strength 12:30 Bible Study 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale	21 9:00 Zumba Gold 10:00 Life Bio 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 3:00 Dinner @ Texas Roadhouse 6:00 Shuffleboard 7:00 Prayer Time	22 7:00-9:30 Lounge Closed 9:00 Breakfast @ Tic Toc & Walmart 10:15 Everybody's Yoga 11:00 Tai Chi 1:00 Balance Class 1:00 Computer Class 2:00 Walkers Club	23
24 5:00 Social	25 9:30 Wegmans 10:00 Fit For Life 11:30 Stand Up for Strength 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	26 10:00 Joyful Joints 10:30 Shopping @ Kmart & Lunch @ Sal's Rest. 11:00 Basic Balance 1:00 MOVIE #2 1:00 Meditation & Stretch	27 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 2:00 Walkers Club 3:00 Snack Stand 4:00 Dinner @ Samuel Owens Rest. 5:00 Ice Cream Sale	28 9:00 Zumba Gold 10:00 Shopping @ Stroudsburg Outlets & Lunch 10:00 Life Bio 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 6:00 Shuffleboard 6:30 Angel Study		