

# JULY 2014

Sun

Mon

Tue

Wed

Thu

Fri

Sat

		<p>1 9:00 Massage by Appointments 10:00 Zumba 2:00 Rev Jason Stokes, Notre Dame RC</p>	<p>2 10:00 Exercise 1:00 Bible Study 3:00 Piano Playing</p>	<p>3 10:00 Chat Room 6:00 Blood Pressure Check</p> 	<p>4 <b>OFFICE CLOSED</b></p> 	<p>5 9:00 Coffee &amp; Donuts 12:30 Pinochle Party</p> 
<p>6</p>	<p>7 10:00 Exercise 11:30 <b>Movie</b>-Big Miracle</p>	<p>8 10:00 Zumba <b>1:00 Speaker-Patient First</b></p> 	<p>9 10:00 Exercise 1:00 Computer Class 1:00 Bible Study 3:00 Piano Playing</p>	<p>10 10:00 Chat Room 2:00 Rev Sharon Solt Harfman, Church of the Manger UCC Bethlehem</p>	<p>11 9:00 Walkers Club 10:00 Yoga 11:00 Second Harvest Food Delivery 12:30 Tai Chi</p>	<p>12</p>
<p>13 1:00 July Picnic</p> 	<p>14 10:00 Exercise</p> 	<p>15 10:00 Zumba 1:30 Paint to the Sounds of Music</p>	<p>16 10:00 Exercise 1:00 Bible Study <b>2:00 Speaker-Veterans</b> 3:00 Piano Playing</p>	<p>17 10:00 Chat Room 11:30 Recertification 2:00 Rev Joy Wyler, Unity of the Lehigh Valley, Emmaus</p>	<p>18 9:00 Walkers Club 10:00 Yoga 12:30 Tai Chi</p>	<p>19 <b>9:00 Manicures by appointments</b></p> 
<p>20 5:00 Social</p> 	<p>21 10:00 Exercise 11:30 <b>Movie</b>-Big Miracle</p>	<p>22 10:00 Zumba <b>2:00 Speaker-Trivia</b></p> 	<p>23 10:00 Exercise 1:00 Computer Class 1:00 Bible Study 3:00 Piano Playing</p>	<p>24 10:00 Chat Room 11:30 Recertification 2:00 Rev Dwight Mikesell, Calvary Wesleyan Church, Bethlehem</p>	<p>25 9:00 Walkers Club 10:00 Yoga 12:30 Tai Chi</p>	<p>26</p>
<p>27</p>	<p>28 10:00 Exercise 11:00 Therapy Dog <b>1:00 Speaker-Crime Prevention</b></p>	<p>29 10:00 Zumba</p> 	<p>30 10:00 Exercise 1:00 Bible Study 3:00 Piano Playing</p>	<p>31 10:00 Chat Room 2:00 Rev Lisa Borrell, Christ Lutheran, Lower Saucon</p>		