

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 8:30 Van trip Papers 10:00 Fit For Life (Live streamed Channel 98) 11:00 AM Stand up for Strength (98) 10:00 Shopping at ALDI	2 8:00 VOTING 10:00 VOTING 12:00 VOTING 2:00 VOTING 10:00 Joyful Joints (98) 12:00 Tai Chi (98) 2:00 Church	3 8:45 BANKS (if permitted) POST OFFICE / CVS (1pm trip merged with morning trip) 10:00 Fit For Life (Live streamed Channel 98)	4 10:00 Joyful Joints (Live Streamed Channel 98) 12:30 Second Harvest Food Bank (Boxes distributed to residents apts) 2:00 Church Spanish (98)	5 10:00 Tai Chi (Live Streamed Channel 98) 11:00 Yoga (Live streamed channel 98) 1:00 Movie:Little Women (Live Streamed channel 98)	6
7	8 10:00 Fit For Life (Live streamed Channel 98) 11:00 AM Stand up for Strength (98) 1:00 Movie: I Still Believe (Live Streamed channel 98)	9 10:00 Shopping at WEIS 10:00 Joyful Joints (Live streamed Channel 98) 12:00 Tai Chi (Live streamed Channel 98) 2:00 General MTG (channel 98)	10 10:00 Fit For Life (Live streamed Channel 98) 11:00 Speaker: Keeping Alzheimer's Away (Live Streamed channel 98) 2:00 Pastor Clark Movie: Miracles from Heaven (Live streamed Channel 98)	11 10:00 Joyful Joints (Live Streamed Channel 98) 2:00 Church (Live Streamed Channel 98)	12 10:00 Tai Chi (Live Streamed Channel 98) 11:00 Yoga (Live streamed channel 98)	13
14	15 Apartment Inspections 10:00 Fit For Life (Live Streamed Channel 98) 11:00 AM Stand up for Strength (Live Streamed Channel 98)	16 Apartment Inspections 10:00 Joyful Joints (Live Streamed Channel 98) 12:00 Tai Chi (Live streamed Channel 98)	17 Apartment Inspections 10:00 Fit For Life (Live Streamed Channel 98) 1:00 Shopping at VALLEY FARMS	18 10:00 Joyful Joints (Live Streamed Channel 98) 2:00 Church (Live Streamed Channel 98)	7:00-10:00 Lounge Closed 10:00 Tai Chi (Live Streamed Channel 98) 11:00 Yoga (Live streamed channel 98) 1:00 Movie:Jumanji (Live Streamed channel 98)	20
21	22 10:00 Fit For Life (Live Streamed Channel 98) 11:00 AM Stand up for Strength (Live Streamed Channel 98) 1:00 Jumanji:The Next Level (Live Streamed)	23 10:00 Joyful Joints (Live Streamed Channel 98) 12:00 Tai Chi (Live streamed Channel 98)	24 10:00 Fit For Life (Live Streamed Channel 98) 2:00 Pastor Clark Movie: Paul, apostle of Christ (Live streamed Channel 98)	25 10:00 Shopping at SHOPRITE 10:00 Joyful Joints (Live Streamed Channel 98) 2:00 Church (Live Streamed Channel 98)	26 10:00 Tai Chi (Live Streamed Channel 98) 11:00 Yoga (Live streamed channel 98)	27
28	29 9:00 Shopping at WEGMANS 10:00 Fit For Life(Live Streamed Channel 98) 11:00 AM Stand up for Strength (Live Streamed Channel 98)	30 10:00 Joyful Joints (Live Streamed Channel 98) 12:00 Tai Chi (Live streamed Channel 98)			Fitness Events <i>Van Trips</i> Resident's Association Events Religious Events Lutheran Manor Events <i>Holidays/ Observances</i>	