

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 10:00 Fit For Life 11:30 Stand up for Strength 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	3 Bellezza Salon Open 8:45 Banks/Post Office 10:00 Joyful Joints 11:00 Basic Balance 11:30 Everybody's Yoga 1:30 Shopping at CVS/Lehigh Shopping Center 2:00 Church 6:30 Prophecy Bible Study	4 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale	5 Bellezza Salon Open 9:00 Breakfast at Whitehall Diner 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 12:30 Second Harvest Food Bank 2:00 Church (Spanish) 6:00 Shuffleboard 6:00 Blood Pressure Check 7:00 Prayer Time	6 7:00-10:00 Lounge Closed 9:00 Shopping at Wegmans 10:30 Tai Chi 1:00 Movie: Downton Abbey 2:00 Walkers Club	7 8:30 Coffee, Donuts, Bagels & Muffins 12:30 Pinochle
8 Daylight Saving Time Begins 1:00 High school Jazz Band Showcase at Steel Stacks 1:00 Sunday Praise with David	9 10:00 Speaker: Senior Scams 10:00 Fit For Life 1:30 RA Board Meeting 2:00 Walkers Club 3:00 Snack Stand 3:30 Early Bird Dinner at SEWYCO 6:00 BINGO	10 Bellezza Salon Open 10:00 Joyful Joints 11:00 Basic Balance 11:00 Speaker: Drug Interactions 11:30 Everybody's Yoga 2:00 General MTG 6:30 Prophecy Bible Study	11 10:00 Fit For Life 10:00 Shopping at Airport Road Shopping Center 11:30 Stand Up for Strength 12:30 Bible Study 2:00 Pastor Clark Movie: Patch Adams 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale	12 Bellezza Salon Open 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 2:00 Church 6:00 Shuffleboard	13 7:00-10:00 Lounge Closed 9:00 Breakfast at The Palace/ Shopping at Valley Farms 10:30 Tai Chi 1:30 Bingo with Cherie 2:00 Walkers Club	14 8:30 Breakfast
15	16 10:00 Fit For Life 11:00 Lunch at Cracker Barrel 11:30 Stand up for Strength 2:00 Walkers Club 2:00 Speaker: Nutrition for Healthy Aging 3:00 Snack Stand 6:00 BINGO	17 St. Patrick's Day Bellezza Salon Open 10:00 Joyful Joints 11:00 Basic Balance 11:30 Everybody's Yoga 6:30 Prophecy Bible Study	18 9:00 Shopping at Share Care Thrift Shoppes Souderton 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale	19 Bellezza Salon Open 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 12:00 Shopping at PRICERITE 2:00 Church 6:00 Shuffleboard 7:00 Prayer time	20 7:00-10:00 Lounge Closed 10:30 Tai Chi 12:00 Lunch at Applebee's/ Movies at Carmike 2:00 Walkers Club	21 5:00 Soup & Hot Dog Social
22	23 10:00 Fit For Life 11:00 Lunch at SEWYCO 11:30 Stand up for Strength 1:00 Art with Pat 1:00 Movie: A Beautiful Day In the Neighborhood 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	24 Bellezza Salon Open 9:00 Shopping at Weis 10:00 Joyful Joints 11:00 Basic Balance 11:30 Everybody's Yoga 1:00 Art with Pat 6:30 Prophecy Bible Study	25 10:00 Fit For Life 11:00 Pines Dinner Theatre 11:30 Stand Up for Strength 1:00 Floral Class 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale	26 Bellezza Salon Open 7:00-10:00 Lounge Closed 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 2:00 Church 6:00 Shuffleboard	27 10:00 Allentown Rubber Stamp & Paper Arts Festival 10:30 Tai Chi 11:00 Sandwich Sale Pick up 1:00 Computer Class Nancy-Facebook 2:00 Walkers Club	28 9:00 AARP-Tax Preparation
29 5:00 Social	30 10:00 Fit For Life 11:30 Stand Up for Strength 1:00 Shopping at GIANT 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	31 Bellezza Salon Open 10:00 Joyful Joints 11:00 Basic Balance 11:30 Everybody's Yoga 4:00 Dinner at Copperhead Grille 6:30 Prophecy Bible Study			Fitness Events <i>Van Trips</i> Resident's Association Events	Religious Events Lutheran Manor Events <i>Holidays/ Observances, Other</i>