

# October

LUTHERAN MANOR  
OF THE LEHIGH VALLEY, INC.



There is magic in the night when the pumpkins glow by moonlight

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Staff Birthdays: Ken Clifford – Oct. 30th						<b>1</b> 8:30 – RA: Coffee and Donuts 12:30 - Pinochle
<b>2</b>	<b>3</b>	<b>4</b>	<b>Yom Kippur - 5</b>	<b>6</b>	<b>7</b>	<b>8</b>
1:00 – Sunday Believers’ with Paul Belfort	9:00 – Walker’s Club 9:30 - BANKS 11:00 – Energetic Exercise 11:00 – ENTERTAINMENT: OneMan Band 1:00 - Movie 2:00 – Walker’s Club Celebration 3:00 – Meditation 6:00 – RA BINGO	10:00 - WEIS 11:00 – Yoga 2:15 – CLINIC: BP 3:00 - Meditation	9:00 – Walker’s Club 10:00 – Energetic Exercise 11:00 – Fit 4 Life 12:30 – Bible Study 2:00 – Pastor Movie 2:00 – Snacks/ Ice Cream 2:00 – RA shredding 3:00 - Meditation	9:00 – Cracker Barrel 10:00 – Chat Room 11:00 – Tai Chi 12:30 – Second Harvest 2:00 - Church 3:00 - Meditation	9:00 – Walker’s Club 10:00 - WALMART 10:00 – Meditation 11:00 – Energetic Exercise 11:30 – CLINIC: Derma 1:00 – Zumba First Class 2:00 – Stitching with Nena	11:00 – Harvest Wine Festival 5:00 – Resident’s Association Soup & Hot Dogs
<b>9</b>	<b>COLUMBUS DAY - 10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
11:00 – Sunday Praise with David Garcia 1:00 – Sunday Believers’ with Paul Belfort	9:00 – Walker’s Club 9:30 – Valley Farm Market 6:00 – RA BINGO OFFICE CLOSED!	11:00 – Yoga 1:00 - Movie 1:30 – CLINIC: Internal Med. 2:00 – General Meeting 3:00 - Meditation	9:00 – Walker’s Club 9:30 – Saturday Night Fever 10:00 – Energetic Exercise 11:00 – Fit 4 Life 12:30 – Bible Study 2:00 – Snacks/ Ice Cream 2:00 – RA shredding 2:00 – Pastor Movie 3:00 - Meditation	10:00 – Chat Room 10:00 – American on Wheels 11:00 – Tai Chi 12:00 – Game Day w/ Jacinda 2:00 - Church 3:00 - Meditation	9:00 – Walker’s Club 10:00 – Meditation 11:00 – Energetic Exercise 12:30 – CLINIC: OAA Ortho. 2:00 – Stitching with Nena	8:30 – Resident’s Association Breakfast 10:00 – Craft Fair

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>National Boss's Day -16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
1:00 – Sunday Believers' with Paul Belfort	9:00 – Walker's Club 9:30 - BANKS 11:00 – Energetic Exercise 1:00 - Movie 3:00 – Meditation 6:00 – RA BINGO	10:00 - WEGMANS 11:00 – Yoga 2:00 – ENTERTAINMENT: Flautist 3:00 - Meditation	9:00 – Walker's Club 10:00 – Energetic Exercise 11:00 – Fit 4 Life 11:00 - DoughBoys 12:30 – Bible Study 2:00 – Pastor Movie 2:00 – Snacks/ Ice Cream 2:00 – RA shredding 3:00 - Meditation	9:00 – CLINIC: HealthDrive Eye 10:00 – Chat Room 11:00 – Tai Chi 11:30 – I Left My Heart 1:00- SPEAKER: Hospital Hazards 2:00 - Church 3:00 - Meditation	9:00 – Walker's Club 10:00 – Meditation 11:00 – Energetic Exercise 2:00 – Stitching with Nena	
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
1:00 – Sunday Believers' with Paul Belfort	9:00 – Walker's Club 10:00 - Target 11:00 – Energetic Exercise 1:00 - Movie 3:00 – Meditation 6:00 – RA BINGO	10:00 – CLINIC: Covid Booster 11:00 – Yoga 3:00 - Meditation	9:00 – Walker's Club 10:00 – Energetic Exercise 11:00 – Fit 4 Life 12:30 – Bible Study 2:00 – Pastor Movie 2:00 – Snacks/ Ice Cream 2:00 – RA shredding 3:00 – Meditation 5:00 – Outback Steakhouse	9:30 - GIANT 10:00 – Chat Room 11:00 – Tai Chi 11:30 – Cooking Class 2:00 - Church 3:00 - Meditation	9:00 – Walker's Club 10:00 – Meditation 11:00 – Energetic Exercise 12:00 – ENTERTAINMENT: Pianist 2:00 – Stitching with Nena	
<b>30</b>	<b>HALLOWEEN - 31</b>					
1:00 – Sunday Believers' with Paul Belfort 4:00 – Resident's Association Halloween Social	9:00 – Walker's Club 10:00 - REDNERS 11:00 – Energetic Exercise 1:00 – Movie 3:00 – Meditation 6:00 – RA BINGO					

