

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Fitness Events <i>Van Trips</i>	Resident's Association Events Religious Events		Lutheran Manor Events <i>Holidays/Observances/Other</i>		
1	2 Labor Day OFFICE CLOSED 6:00 BINGO 6:30 Ice Cream at OASIS	3 VAN TRIP PAPERS 9:30 Banks/Post office 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 1:30 CVS/Lehigh Shopping Center 2:00 Church	4 9:00 Walkers Club 10:00 Fit For Life 11:00 Shop Rite 11:00 Everybody's Yoga 12:30 Bible Study 5:00 Ice Cream Sale	5 10:00 Joyful Joints 10:00 Chat Room 11:00 Basic Balance 1:00 Meditation & Stretch 12:30 Second Harvest Food Bank 2:00 Church (Spanish) 6:00 Blood Pressure Check 7:00 Prayer Time 6:00 Shuffle board sign up	6 7:00-10:00 Lounge Closed 11:00 Tai Chi 11:00 Boscov's/ Lunch at Olive Garden 12:15 Mobile Market 2:00 Walkers Club	7 8:00 Donuts 12:30 Pinochle
8	9 9:00 Walkers Club 10:00 Fit For Life 11:00 Lunch at Cracker Barrel 11:30 Stand Up for Strength 1:30 Board Meeting 6:00 BINGO	10 10:00 Joyful Joints 11:00 Basic Balance 12:00 Weis 1:00 Meditation & Stretch 2:00 General Mtg 6:30 Prophecy Bible study	11 9:00 Walkers Club 10:00 Fit For Life 11:00 Everybody's Yoga 12:30 Bible Study 2:00MovieHeaven Is For Real 5:00 Ice Cream Sale 5:00 Bingo at Active Life	12 10:00 Joyful Joints 10:00 Chat Room 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 6:00Shuffle board	13 7:00-10:00 Lounge Closed 11:00 Tai Chi 12:15 Mobile Market 1:00 MOVIE DAY: Breakthrough 2:00 Walkers Club 4:00 Dinner at Dough Boys	14 8:30 Breakfast
15 1:00 Sunday Praise with David	16 9:00 Walkers Club 10:00 Fit For Life 11:30 Stand Up for Strength 4:00 Dinner at SEWYCO 6:00 BINGO	17 10:00 Shopping at Walmart/Lunch at Applebee's 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Dermatology Visit 6:30 Prophecy Bible study	18 9:00 Walkers Club 9:30 Breakfast at the Palace/ Shopping at Valley Farms 10:00 Fit For Life 11:00 Everybody's Yoga 12:30 Bible Study 5:00 Ice Cream Sale 5:00 Birthday Party	19 10:00 Joyful Joints 10:00 Chat Room 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 7:00 Prayer Time 6:00Shuffle board	20 7:00-10:00 Lounge Closed 10:00 Shopping at Airport Road Shopping Center/ Lunch at Panera Bread 12:15 Mobile Market 1:00 MOVIE DAY: Murder Mystery 1:00 Computer Class 2:00 Walkers Club	21 5:00 Social
22	23 9:00 Walkers Club 10:00 Fit For Life 10:00 Sine's 5/10 & Lunch 11:30 Stand Up for Strength 1:00 MOVIE DAY: Breakthrough 6:00 BINGO	24 10:00 Joyful Joints 11:00 Basic Balance 12:00 Wegmans 1:00 Meditation & Stretch 1:30 Art with PAT 1:30 Speaker: Bayada Home Care 6:30 Prophecy Bible study	25 FAMILY WEEK @ THE SALON 9:00 Walkers Club 10:00 Fit For Life 11:00 Everybody's Yoga 12:30 Bible Study 1:30 Art with PAT 2:30: Speaker Healthy Living 5:00 Ice Cream Sale	26 FAMILY WEEK @ THE SALON 7:00-10:00 Lounge Closed 10:00 Joyful Joints 10:00 Chat Room 11:00 Basic Balance 12:00 Lunch at Hellertown Diner 1:00 Meditation & Stretch 2:00 Church 6:00Shuffle board	27 10:00 Easton Canal boat Ride/ Ice Cream 11:00 Sandwich Sale Pick Up 11:00 Tai Chi 12:15 Mobile Market 2:00 Walkers Club	28
29 5:00 Social	30 9:00 Walkers Club 9:30 Giant 10:00 Fit For Life 11:30 Stand Up for Strength 1:00 MOVIE DAY: Murder Mystery 6:00 BINGO					