

# April 2016

## Hi Lites of Lutheran Manor





**NEW RESIDENT**  
**Mary Kerezsi 213**  
**Brandon Brisgone 512**

**April 1 (Friday)**

***Breakfast/Walmart***

Yoga

***9:00 a.m.***

***Van Trip***

Tai Chi

10:00 a.m.

Patio

Wii Bowling

12:45 p.m.

Patio

Coffee & Donuts

5:30 p.m.

Lounge

Pinochle Party

8:00 a.m.

Lounge

***Pig Stomach Dinner @ Jacob's  
Church-Cost: \$13.00, New Tripoli***

12:30 p.m.

Lounge

***Banks, CVS, \$ Store, Post Office***

***2:30 p.m.***

***Van Trip***

**April 4 (Monday)**

Exercise

***9:30 a.m.***

***Van Trip***

Bazaar Donations

10:00 a.m.

Lounge

Bingo

1:00 p.m.

Lounge

Poker League

6:00 p.m.

Lounge

**April 5 (Tuesday)**

Zumba

6:00 p.m.

Conf Rm

Computer Class

10:00 a.m.

Lounge

**Rev. James Harper,**

1:00 p.m.

Comp Rm

Notre Dame R.C. Church, Bethlehem

2:00 p.m.

Lounge

**April 6 (Wednesday)**

**Massage by Appointment**

***9:00 a.m.***

***Conf Rm***

***Weis Market***

***9:30 a.m.***

***Van Trip***

Exercise

10:00 a.m.

Lounge

Bible Study

12:30 p.m.

Patio

Piano Playing

3:00 p.m.

Lounge

Poker League

6:00 p.m.

Conf Rm

**April 7 (Thursday)**

Chat Room

10:00 a.m.

Patio

***Dinner @ Red Lobster***

***4:00 p.m.***

***Van Trip***

**Movie-The Intern**

1:00 p.m.

Conf Rm

Blood Pressure Check

6:00 p.m.

Lounge

**April 8 (Friday)**

Yoga

10:00 a.m.

Patio

Second Harvest

11:00 a.m.

Patio

Tai Chi

12:45 p.m.

Patio

Walkers Club

2:00 p.m.

Outside

Wii Bowling

5:30 p.m.

Lounge

**April 11 (Monday)**

***Shop-Rite Freemansburg Ave***

***9:30 a.m.***

***Van Trip***

Exercise

10:00 a.m.

Lounge

Committee Meeting

1:30 p.m.

Conf Rm

Bingo

6:00 p.m.

Lounge

Poker League

6:00 p.m.

Conf Rm



April 12 (Tuesday)

Zumba

10:00 a.m.

Lounge

**Lunch@ Samuel Owens Restaurant 11:00 a.m.**

**Van Trip**

General Meeting

2:00 p.m.

Lounge

(9th Floor responsible for snacks)

April 13 (Wednesday)

**The Franklin Institute in**

**8:30 a.m.**

**Van Trip**

**Philadelphia Cost: \$21.95/Lunch**

**at the Franklin Food Work**

Exercise

10:00 a.m.

Lounge

Bible Study

12:30 p.m.

Patio

Piano Playing

3:00 p.m.

Lounge

Poker League

6:00 p.m.

Conf Rm

April 14 (Thursday)

Chat Room

10:00 a.m.

Patio

**Rev. Donald Esslinger,**

2:00 p.m.

Lounge

UCC Retired

**Dinner @Tri-Boro Spaghetti Night**

**4:45 p.m.**

**Van Trip**

Prayer Time

6:30 p.m.

Conf Rm

April 15 (Friday)

Yoga

10:00 a.m.

Patio

Tai Chi

12:45 p.m.

Patio

Walkers Club

2:00 p.m.

Outside

Wii Bowling

5:30 p.m.

Lounge

April 16 (Saturday)

**Soup & Hotdogs - Music Memories**

5:00 p.m.

Lounge

April 18 (Monday)

**Giant**

**9:30 a.m.**

**Van Trip**

Exercise

10:00 a.m.

Lounge

Speaker-OnSite Dermatology

1:30 p.m.

Lounge

Bingo

6:00 p.m.

Lounge

Poker League

6:00 p.m.

Conf Rm

April 19 (Tuesday)

Zumba

10:00 a.m.

Lounge

Computer Class

1:00 p.m.

Comp Rm

Art with Pat

1:30 p.m.

Lounge

April 20 (Wednesday)

Exercise

10:00 a.m.

Lounge

Bible Study

12:30 p.m.

Patio

DVD-Amazing Grace

2:30 p.m.

Lounge

**The Willows Restaurant**

**4:00 p.m.**

**Van Trip**

Poker League

6:00 p.m.

Conf Rm

April 21 (Thursday)

Chat Room

10:00 a.m.

Patio

**Rev. Tony Pompa, Cathedral**

2:00 p.m.

Lounge

Church of the Nativity, Episcopal,  
Bethlehem

April 22 (Friday)

**Quakertown Farmers Market**

**9:30 a.m.**

**Van Trip**

Yoga

10:00 a.m.

Patio

Tai Chi

12:45 p.m.

Patio

Bazaar Donations

1:00 p.m.

Lounge

April 22 (Friday)	Walkers Club	2:00 p.m.	Outside
	Wii Bowling	5:30 p.m.	Lounge
April 23 (Saturday)	Manicures by Appointment	9:30 a.m.	Lounge
April 24 (Sunday)	<b>Social-Jack &amp; Friends</b>	5:00 p.m.	Lounge
April 25 (Monday)	Exercise	10:00 a.m.	Lounge
	Therapy Dog	11:00 a.m.	Lounge
	Watercolor Class	1:00 p.m.	Lounge
	Bingo	6:00 p.m.	Lounge
	Poker League	6:00 p.m.	Conf Rm
April 26 (Tuesday)	<b><i>Voting at the Church of the Manger/Hobby Lobby/Kohl's/Lunch</i></b>	<b><i>9:30 a.m.</i></b>	<b><i>Van Trip</i></b>
	Zumba	10:00 a.m.	Lounge
	Art with Pat	1:30 p.m.	Lounge
April 27 (Wednesday)	Exercise	10:00 a.m.	Lounge
	Bible Study	12:30 p.m.	Patio
	Piano Playing	3:00 p.m.	Lounge
	<b><i>Dinner@Calvary Wesleyan Church</i></b>	<b><i>4:15 p.m.</i></b>	<b><i>Van Trip</i></b>
	Poker League	6:00 p.m.	Conf Rm
April 28 (Thursday)	<b><i>Valley Farms</i></b>	<b><i>9:30 a.m.</i></b>	<b><i>Van Trip</i></b>
	Chat Room	10:00 p.m.	Patio
	Rev. David Wickmann, Schoeneck Moravian, Nazareth	2:00 p.m.	Lounge
April 29 (Friday)	<b>Salvation Army Pickup</b>	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Patio
	Tai Chi	12:45 p.m.	Patio
	Walkers Club	2:00 p.m.	Lounge
	Wii Bowling	5:30 p.m.	Lounge
April 30 (Saturday)	<b><i>Wind Gap Theater presents: Johnny Cash &amp; June Carter Tribute Show Cost: \$15.00</i></b>	<b><i>5:45 p.m.</i></b>	<b><i>Van Trip</i></b>



<u>Activity</u>	<u>Dates</u>	<u>Time</u>	<u>Place</u>
Bingo	Every Monday	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:00 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Patio
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Prayer Time	<b>2nd Thursday</b> of each month	6:30 p.m.	Conf Rm
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:45 p.m.	Patio
Walkers Club	Every Friday	2:00 p.m.	Outside
Wii Bowling	Every Friday	5:30 p.m.	Lounge

# Our Activities.



Dates to bring items for the  
**Bazaar** will be:

**Monday, April 4th & Friday, April 22**  
1-3 pm in the Lounge

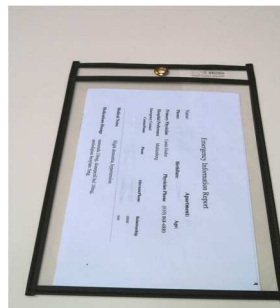
Items **NOT** to donate:

**Clothing**  
**Shoes**  
**Belts**

We would like items that we can sale.



## Emergency Information Sheet



It's that time again  
to update your  
**Emergency**  
**Information Sheet.**

Please make sure to  
call Claudie at

**(610)866-6010 ext 3**, for an  
appointment to update this very  
important sheet. I want to make  
sure your information is current  
and up to date.

If the paramedics are called, this  
sheet must have accurate  
information.

**THANK YOU !**



# Claudie's Corner



**OnSite**  
**DERMATOLOGY**

Convenient Skin Care and Treatment Services

Healthy Skin & Skin Cancer  
Awareness

Join us on

**Monday, April 18th at 1:30 pm**  
**In the Lounge**

Receive a **FREE**  
Gift bag full of  
samples for  
joining us!!

**OnSite** Dermatology provides convenient mobile dermatology services to seniors. They specialize in the prevention and detection of pre-cancerous and cancerous growths of the skin by providing Personalized Care, Thorough Dermatology Services, Trained & Licensed Medical Staff.



It's Spring time, perfect time to clean those closets and get rid of things you don't need. If you have clothing, books or small items that you don't need please bag them up and bring to Claudie's office. I will start collecting your donations **immediately**. If you need bags I can supply them.

**The SALVATION ARMY** will pick up donations on

Friday, April 29th.



## Van Passengers

**Residents, the front seats in the Van are for persons with disabilities. Make sure you follow the rules.**

**PRIORITY SEATING  
FOR PERSONS WITH DISABILITIES,  
OTHER PASSENGERS SHOULD MAKE SURE  
SEATS ARE  
AVAILABLE TO THOSE WHO WISH TO USE  
THEM.**

# Snack Stand

Snacks available every  
**Monday & Wednesday**

From 3-6pm  
in the Lobby



**Soup & Hot Dogs**  
**Saturday, April 16**  
**5 p.m.**

<u>SOUP</u> : Italian Wedding Soup	\$3.00
<u>HOT DOGS</u> : Plain, Sauerkraut, or Chili	\$1.50
<u>RED BEET EGGS</u> :	.50
<u>DESSERT</u> : Ice Cream & Strawberries	\$2.50
<u>SODA OR COFFEE</u> :	\$1.00

**Entertainment by:**  
**Music Memories**

**50/50 Drawing**

**Friends and Family**  
**Welcome!**



**MAY**

**2016**

Saturday	5/7	Bazaar	10:00 a.m.
Saturday	5/14	Coffee & Donuts	8:00 a.m.
Saturday	5/14	Pinochle Party	12:30 p.m.
Saturday	5/21	Soup & Hot Dogs –Robin & Jim	5:00 p.m.
Sunday	5/29	Social-Steel City	5:00 p.m.

may the  
**FLOWERS**  
be with you



### Computer Class

Tuesday, April  
5 & 19  
1-3 pm

**Sign up with Claudie**



### KEEP CALM AND PRATICE TAI CHI

Every  
Friday  
at **12:45 pm**  
in the  
Patio

*We're  
Back*

**Walkers Club**  
We will start walking on  
Friday, April 8th at 2pm

We will meet in the  
Lounge.



Piano Playing &  
Singing  
With Gladys

Every Wednesday  
From 3-4 pm

in the Lounge.

### ZUMBA

Tuesday

10 am

in the Lounge.



### Therapy Dog

Monday, April 25  
At 11:00 am  
in the lounge.



### MASSAGE

Wednesday, April 6  
9:00-1:00 pm

If you are interested  
in getting a massage  
please **sign-up**  
with Claudie.

Price: \$20.00 1/2 hour  
\$40.00 1 hour  
Conference Room



### Coffee & Donuts

**Saturday, April 2nd**

8:00 a.m. to 10:30 a.m.

\$1.00 coffee

\$1.00 donut

*\$1.00 additional donuts*

**Friends and Family  
are welcome.**





## Blood Pressure Check

Thursday, April 7  
6:00 p.m.  
in the Lounge.



Linda will be here to do  
**MANICURES**  
Saturday, April 23rd



See Claudie for an appointment.

## EXERCISE

Every Monday and  
Wednesday  
10:00 am  
in the Lounge.



## WATERCOLOR CLASS

David Michael Donnangelo

Will be here on **Monday, April 25th**  
at **1:00 pm** in the Lounge.



Please sign up with Claudie.



Every Friday  
10:00 am  
Patio



Every Friday  
At 5:30 pm  
in the Lounge.



## **NOW SHOWING**

### **The INTERN**

Thursday, April 7th  
1pm

In the Conference Room

Starting a new job can  
be a difficult challenge,  
especially if you're  
already retired. Looking  
to get back into the

game, 70-year-old widower Ben  
Whittaker (**Robert De Niro**) seizes the  
opportunity to become a senior intern at  
an online fashion site. Ben soon becomes  
popular with his younger  
co-workers, including Jules Ostin (**Anne  
Hathaway**), the boss and founder of the  
company.



## **Prayer Time**

**2nd Thursday** of each month

In the conference room

6:30-7:30 pm

**Everyone is Welcome!**

Coordinator: Bev Westwood &  
Loretta Mollo

# Suggestion Box

The Residents Association has a *Suggestion, Gripes and Praise Box*, that has been added in the mail room. Please take advantage and let us know how you feel.

Remember, you must give your **name** for us to consider your submission.

**Thank You!** *Ken Clifford*  
*President of the Association*



WHAT  
DO  
YOU NEED?



At times we receive *furniture and items* for fellow residents. If you find there is something you can use, **please fill out the form below and return to Claudie.** This will make it easy for me to distribute any requested items to a resident in need. **Thank you!**

**NAME:** \_\_\_\_\_

**APT:** \_\_\_\_\_

**I request the following items:**

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On  
**Friday, July 15th**  
10 am to 1pm  
**Residents and families are welcome!**

# Art with Pat



**Tuesday, April 19 & 26**

**1:30 pm  
in the Lounge**

## "Art in Miniature"

The class will be using a variety of

materials (watercolor, colored pencil, acrylic, permanent ink) to create small pictures that can be transformed into wearable pins, refrigerator magnets, or tabletop art.

**Sign up required.**



# Garden Plots

If you are interested in having a **garden plot** this year, please fill out the form below and bring it to the

**Main Office by April 6.**

**Due to limited space, requests are first come first serve basis.**

I would like to ***reserve a garden plot.***

NAME: \_\_\_\_\_

APT# \_\_\_\_\_

PHONE: \_\_\_\_\_

I would like to keep the same spot I had last year: \_\_\_\_\_ Yes \_\_\_\_\_ NO

**Management will assign plots by April 8th.**





## From the Chaplain....

The story is told that after a forest fire in Yellowstone National Park, forest rangers began their trek up a mountain to assess the inferno's damage. One ranger found a bird literally petrified in ashes, perched statuesquely on the ground at the base of a tree. Somewhat sickened by the eerie sight, he knocked over the bird with a stick. When he gently struck it, three tiny chicks scurried from under their dead mother's wings.

The loving mother, keenly aware of impending disaster, had carried her offspring to the base of the tree and had gathered them under her wings, instinctively knowing that the toxic smoke would rise. She could have flown to safety but refused to abandon her babies. When the blaze had arrived and the heat had scorched her small body, the mother had remained steadfast. Because she had been willing to die, those under the cover of her wings would live.

This story reminds me of a verse in the Bible, which says: *"He will cover you with his feathers, and under his wings you will find refuge."* Psalm 91:4 God looks after us and keeps us safe. But the mother-bird also reminds me of Jesus Christ and his sacrifice for each of his children...for you and me. He came down to earth and was crucified, even though he did nothing wrong. Jesus died so that we can live with him forever. Thanks be to God!

*Pastor Clark*

## WORSHIP IN APRIL- 2pm in the Lounge

Tuesday, April 5<sup>th</sup> Rev James Harper, Notre Dame RC Church, Bethlehem

Thursday, April 14<sup>th</sup> Rev Donald Esslinger, UCC Retired

Thursday, April 21<sup>st</sup> Rev Tony Pompa, Cathedral Church of the Nativity, Episcopal, Bethlehem

Thursday, April 28<sup>th</sup> Rev David Wickmann, Schoeneck Moravian, Nazareth

**BIBLE STUDY** weekly, each Wednesday at 12:30 pm in the Patio.

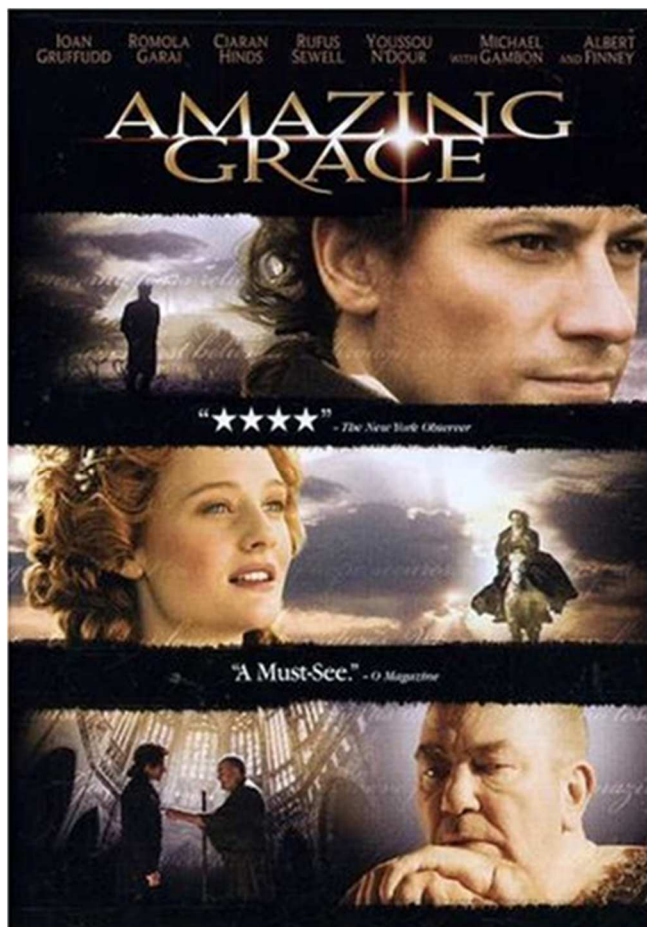
We are presently finishing a study on Paul's Letter to the Galatians. All are welcome!

**CHAT ROOM**- weekly, each Thursday at 10 am in the Patio.

**RESIDENTS' PRAYER GROUP**- Meets the second Thursday of each month in the conference room from 6:30-7:30pm

**DVD "AMAZING GRACE" MOVIE**- Wednesday, April 20th at 2:30 pm in the Lounge. (more information elsewhere in this *HiLites*)





## AMAZING GRACE- DVD

**WEDNESDAY, APRIL 20 at 2:30 PM  
IN THE LOUNGE**

An inspiring story of how one man's passion and perseverance changed the world. Based on the true story of William Wilberforce, this movie follows his courageous quest to end the British slave trade. Along the way, Wilberforce meets intense opposition from members of Parliament but his minister, John Newton, a reformed slave ship captain who penned the beloved hymn "Amazing Grace," urges him to see the cause through.

*Pastor Clark*

**4pm Doors Open**

**5pm Refreshments**

**6pm Entertainment**

# Social

**Sunday, April 24, 2016**



**Esther's Ice Cream**

**Sales \$1.00**



**Entertainment  
by:**

**Jack & Friends**



**"Donations requested."**



# Van Trips



## May 2016

DATE	DAY	TRIP	TIME
May 1	Sunday	Quilt Fest 2016, Charles Chrin Community Center, <b>Cost: \$8.00/Lunch</b>	9:15 a.m.____
May 2	Monday	Breakfast/Walmart	9:00 a.m.____
May 3	Tuesday	Banks, CVS, \$ Store, Post Office	9:30 a.m.____
May 4	Wednesday	Penn's Peak-Branson Fever Show & luncheon -Jim Thorpe, <b>Cost:\$45.00</b>	10:00 a.m.____
May 6	Friday	Green Dragon Flea Market, Lancaster	8:30 a.m.____
May 9	Monday	Giant	9:30 a.m.____
May 10	Tuesday	Grumpy's Bar-B-Que Roadhouse, Allentown	4:00 p.m.____
May 11	Wednesday	Dinner @Calvary Baptist Church-Easton <b>Cost: \$5.00</b>	4:15 p.m.____
May 12	Thursday	Tri-Boro Spaghetti Night Dinner	4:45 p.m.____
May 16	Monday	Wegmans	9:30 a.m.____
May 17	Tuesday	Dinner @Sal's Pizza Restaurant, Wind Gap	4:00 p.m.____
May 23	Monday	Weis Market	9:30 a.m.____
May 24	Tuesday	Dinner @Doughboys	4:00 p.m. ____
May 25	Wednesday	Lunch @Pizza Ville Italian Eatery, Bath	11:00 a.m.____
May 26	Thursday	Shopping at Kmart/Payless/Lunch @Wind Gap Diner	10:00 a.m.____
May 27	Friday	Movie @The Promenade/Lunch	11:00 a.m.____
May 31	Tuesday	Valley Farms	9:30 a.m.____

**Please fill out the form and bring to my office, I will start collecting forms at 7 a.m. on the first day of the month.**

**Name:\_\_\_\_\_Apt:\_\_\_\_\_**

**PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.**

**A \$5 FEE will be required for NO SHOWS without cancelations.**



# April 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					<p>1 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling</p>	<p>2 8:00 Coffee &amp; Donuts 12:30 Pinochle Party</p>
3	<p>4 10:00 Exercise 1:00 Bazaar Donations 6:00 Bingo 6:00 Poker League</p>	<p>5 10:00 Zumba 1:00 Computer Class 2:00 Rev James Harper, Notre Dame RC Church, Bethlehem</p>	<p>6 9:00 Massage 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:00 Poker League</p>	<p>7 10:00 Chat Room 1:00 <b>Movie</b>-The Intern 6:00 Blood Pressure Check</p>	<p>8 10:00 Yoga 11:00 Second Harvest 12:45 Tai Chi 2:00 Walkers Club 5:30 Wii Bowling</p>	9
10	<p>11 10:00 Exercise 1:30 Committee Mtg 6:00 Bingo 6:00 Poker League</p>	<p>12 10:00 Zumba 2:00 General Meeting</p>	<p>13 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:00 Poker League</p>	<p>14 10:00 Chat Room 2:00 Rev Donald Esslinger, UCC Retired 6:30 Prayer Time</p>	<p>15 10:00 Yoga 12:45 Tai Chi 2:00 Walkers Club 5:30 Wii Bowling</p>	<p>16 5:00 Soup &amp; Hotdogs</p>
17	<p>18 10:00 Exercise 1:30 <b>Speaker</b>-OnSite Dermatology 6:00 Bingo 6:00 Poker League</p>	<p>19 10:00 Zumba 1:00 Computer Class 1:30 Art with Pat</p>	<p>20 10:00 Exercise 12:30 Bible Study 2:30 DVD-Amazing Grace 6:00 Poker League</p>	<p>21 10:00 Chat Room 2:00 Rev Tony Pompa, Cathedral Church of the Nativity, Episcopal, Bethlehem</p>	<p>22 10:00 Yoga 12:45 Tai Chi 1:00 Bazaar Donations 2:00 Walkers Club 5:30 Wii Bowling</p>	<p>23 9:30 Manicures by Appointment</p>
<p>24 5:00 Social</p>	<p>25 10:00 Exercise 11:00 Therapy Dog 1:00 Watercolor Class 6:00 Bingo 6:00 Poker League</p>	<p>26 10:00 Zumba 1:30 Art with Pat</p>	<p>27 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:00 Poker League</p>	<p>28 10:00 Chat Room 2:00 Rev David Wickmann, Schoeneck Moravian, Nazareth</p>	<p>29 9:00 Salvation Army 10:00 Yoga 12:45 Tai Chi 2:00 Walkers Club 5:30 Wii Bowling</p>	30