

# August 2016

## Hi Lites of

# Lutheran Manor



# August



## NEW RESIDENTS

Virginia Vogelsang 1107  
Donetta Dacres 603

**August 1 (Monday)**

***Breakfast/Valley Farms***

***9:00 a.m.***

***Van Trip***

Exercise

10:00 a.m.

Lounge

**August 2 (Tuesday)**

Walkers Club

9:00 a.m.

Outside

Zumba

10:00 a.m.

Lounge

***Lunch @Cracker Barrel***

***10:30 a.m.***

***Van Trip***

**Rev. James Harper, Notre Dame RC  
Church, Bethlehem**

2:00 p.m.

Lounge

**August 3 (Wednesday)**

***Banks, CVS, \$ Store, Post Office***

***9:30 a.m.***

***Van Trip***

Exercise

10:00 a.m.

Lounge

Bible Study

12:30 p.m.

Patio

**August 4 (Thursday)**

***Peddler's Village/Lunch***

***8:00 a.m.***

***Van Trip***

Chat Room

10:00 a.m.

Patio

Blood Pressure Check

6:00 p.m.

Lounge

**Prayer Time**

6:30 p.m.

Lounge

**August 5 (Friday)**

Walkers Club

9:00 a.m.

Outside

Yoga

10:00 a.m.

Patio

Tai Chi

12:45 p.m.

Patio

**Ice Cream Social**

1:30 p.m.

Lounge

***Das Awkscht Fescht Macungie-***

***5:45 p.m.***

***Van Trip***

***Antique & Classic Car Show, Flea***

***Market, Arts & Crafts, Entertainment  
& Food***

**August 6 (Saturday)**

Coffee & Donuts

8:00 a.m.

Lounge

Pinochle Party

12:30 p.m.

Lounge

**August 8 (Monday)**

***Shop-Rite Freemansburg Ave***

***9:30 a.m.***

***Van Trip***

Exercise

10:00 a.m.

Lounge

**Movie-Tomorrow is Forever**

1:00 p.m.

Conf Rm

**August 9 (Tuesday)**

Walkers Club

9:00 a.m.

Outside

Zumba

10:00 a.m.

Lounge

**August 10 (Wednesday)**

Exercise

10:00 a.m.

Lounge

Bible Study

12:30 p.m.

Patio

Computer Class

1:00 p.m.

Comp Rm

**August 11 (Thursday)**

Chat Room

10:00 a.m.

Patio

***Sussex County Fairgrounds NJ***

***10:30 a.m.***

***Van Trip***

***Senior Day \$4.00***

**August 11 (Thursday)**

**Rev Lisa Borrell, Christ Lutheran  
Saucon, Hellertown**

2:00 p.m.

Lounge



<b>August 12 (Friday)</b>	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Patio
	<b>Lunch/Movie @Carmike</b>	<b>11:00 a.m.</b>	<b>Van Trip</b>
	Second Harvest	11:00 a.m.	Patio
	Tai Chi	12:45 p.m.	Patio
<b>August 15 (Monday)</b>	<b>Breakfast/Walmart</b>	<b>9:00 a.m.</b>	<b>Van Trip</b>
	Exercise	10:00 a.m.	Lounge
	<b>Iron Pigs Game-Cost:\$10.00</b>	<b>5:15 p.m.</b>	<b>Van Trip</b>
<b>August 16 (Tuesday)</b>	Walkers Club	9:00 a.m.	Outside
	Zumba	10:00 a.m.	Lounge
	<b>Movie-Tomorrow is Forever</b>	1:00 p.m.	Conf Rm
<b>August 17 (Wednesday)</b>	<b>Sight &amp; Sound Theatres in Lancaster</b>	<b>8:00 a.m.</b>	<b>Van Trip</b>
	<b>SAMSON, Cost:\$54.00/Lunch Hershey</b>		
	Exercise	10:00 a.m.	Lounge
<b>August 18 (Thursday)</b>	Bible Study	12:30 p.m.	Patio
	Chat Room	10:00 a.m.	Patio
	<b>Rev. Larry Burd,</b>	2:00 p.m.	Lounge
	<b>Calvary Baptist, Easton</b>		
	<b>Muhlenberg Festival</b>	<b>6:30 p.m.</b>	<b>Van Trip</b>
<b>August 19 (Friday)</b>	<b>Prayer Time</b>	6:30 p.m.	Lounge
	Walkers Club	9:00 a.m.	Outside
	Yoga	10:00 a.m.	Patio
	<b>Fiore's Italian Restaurant in</b>	<b>10:30 a.m.</b>	<b>Van Trip</b>
	<b>Fleetwood, PA</b>		
<b>August 20 (Saturday)</b>	Tai Chi	12:45 p.m.	Patio
	Watercolor Class	1:00 p.m.	Lounge
	<b>Manicures by Appointment</b>	<b>9:30 a.m.</b>	<b>Lounge</b>
<b>August 22 (Monday)</b>	Exercise	10:00 a.m.	Lounge
	<b>West End Fair-Large Flowerheads</b>	<b>10:15 a.m.</b>	<b>Van Trip</b>
<b>August 23 (Tuesday)</b>	<b>60's Band</b>		
	Walkers Club	9:00 a.m.	Outside
	Zumba	10:00 a.m.	Lounge
	<b>Senior Bingo w/lunch (donations)</b>	<b>10:45 a.m.</b>	<b>Van Trip</b>
<b>August 24 (Wednesday)</b>	<b>Art with Pat</b>	1:30 p.m.	Lounge
	Exercise	10:00 a.m.	Lounge
	<b>Heisler's Dairy Bar/\$4.00 Mini Golf</b>	<b>10:30 a.m.</b>	<b>Van Trip</b>
	Bible Study	12:30 p.m.	Patio
	Computer Class	1:00 p.m.	Comp Rm
<b>August 25 (Thursday)</b>	<b>Wegmans</b>	<b>9:30 a.m.</b>	<b>Van Trip</b>
	Chat Room	10:00 a.m.	Patio
	<b>Rev. David Wickmann,</b>	2:00 p.m.	Lounge
	<b>Schoeneck Moravian, Nazareth</b>		

**August 26 (Friday)**

Walkers Club

9:00 a.m.

Outside

Yoga

10:00 a.m.

Patio

Tai Chi

12:45 p.m.

Patio

Wii Bowling (practice & try outs)

5:30 p.m.

Lounge

**August 27 (Saturday)**

**Social-Steel City**

5:00 p.m.

Lounge

**August 29 (Monday)**

***Knoebels Park-Elysburg, PA***

***8:30 a.m.***

***Van Trip***

Exercise

10:00 a.m.

Lounge

Therapy Dog

11:00 a.m.

Lounge

**August 30 (Tuesday)**

**Massage by Appointments**

9:00 a.m.

**Conf Rm**

Walkers Club

9:00 a.m.

Outside

***Weis Market***

***9:30 a.m.***

***Van Trip***

Zumba

10:00 a.m.

Lounge

**Art with Pat**

1:30 p.m.

Lounge

**August 31 (Wednesday)**

Exercise

10:00 a.m.

Lounge

Bible Study

12:30 p.m.

Patio

***Bingo @The Lehigh Valley Active Life 5:15 p.m.***

***Van Trip***

**Labor Day Picnic deadline reservations due**

# Social

**50/50  
Raffle**

## Saturday, August 27, 2016

**5 pm in the Lounge**

**Doors open at 4 pm**

**Entertainment**

**by:**

**Steel City 6pm**

**Esther's  
Ice Cream  
Sales \$1.00**





<b><u>Activity</u></b>	<b><u>Dates</u></b>	<b><u>Time</u></b>	<b><u>Place</u></b>
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Patio
Chat Room	Every Thursday	10 a.m.	Patio
Prayer Time	<b>1st &amp; 3rd Thursday</b> of each month	6:30 p.m.	Lounge
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:45 p.m.	Patio
Walkers Club	Every <b>Tuesday &amp; Friday</b>	9:00 a.m.	Outside

# Our Activities.



## 2016

<b>Saturday</b>	<b>9/3</b>	<b>Coffee &amp; Donuts</b>	<b>8:00 a.m.</b>
<b>Saturday</b>	<b>9/3</b>	<b>Pinochle Party</b>	<b>12:30 p.m.</b>
<b>Sunday</b>	<b>9/4</b>	<b>Picnic-Joe Kroboth</b>	<b>1:00 p.m.</b>
<b>Saturday</b>	<b>9/17</b>	<b>Soup &amp; Hot Dogs</b>	<b>5:00 p.m.</b>
<b>Wednesday</b>	<b>9/21</b>	<b>Birthday Party-Pete Begley</b>	<b>5:00 p.m.</b>
<b>Sunday</b>	<b>9/25</b>	<b>Social –Rehrig Bros.</b>	<b>5:00 p.m.</b>

# Claudie's Corner



**ICE CREAM**  
*Meet & Mingle*  
**SOCIAL!**



**Friday, August 5th**

**1:30 pm**

**In the lounge**

## **ICE CREAM SOCIAL**

*Come down and meet & mingle and have a delicious ice cream, with all the toppings.  
You get to choose what you want on your ice cream.*



## **Art with Pat**

**Tuesday, August 23rd & 30th, 2016**

**1:30 pm**

**SIGN  
UP!**



### **In the Lounge**

How to add **shade and highlight** to your drawings.  
You will learn techniques that will make your drawings more realistic and give them added depth, contrast and drama. Will work on **toned paper** with artist's graphite and white pencils.





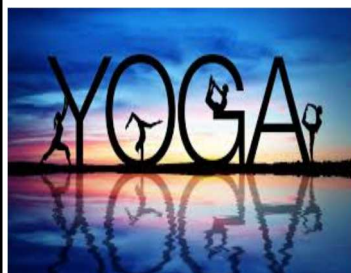
## Computer Class

Wednesday,  
August 10 & 24  
1-3 pm

**Sign up with Claudie**

## TAI CHI

Every  
Friday  
at **12:45 pm**  
in the  
**Patio**



**YOGA**  
Every Friday  
10:00 am  
In the Patio

## **NO** Piano Playing & Singing

FOR THE MONTHS OF **JULY & AUGUST**



WILL RESUME  
IN SEPTEMBER

## ZUMBA

Tuesday

10 am

in the Lounge.



## Therapy Dog

Monday, August 29th  
At 11:00 am  
in the lounge.



## MASSAGE

**Tuesday, August 30th**  
9:00-2:00 pm

If you are interested  
in getting a massage  
please **sign-up**  
with Claudie.

Price: **\$20.00** 1/2 hour  
**\$40.00** 1 hour  
Conference Room

**Chair Massage**  
also available.

## Coffee & Donuts **Saturday, August 6**

8:00 a.m. to 10:30 a.m.

\$1.00 coffee

\$1.00 donut

*\$1.00 additional donuts*

**Friends and Family  
are welcome!**



**Blood Pressure Check**  
Thursday, August 4th  
6:00 p.m.  
in the Lounge.



**Linda will be here to do  
MANICURES  
Saturday, August 20th**

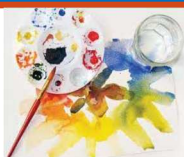
**See Claudie for an appointment.**



**EXERCISE**  
Every Mon & Wed  
10:00 am  
in the Lounge.

### **WATERCOLOR CLASS**

*David Michael Donnangelo*



*Will be here on **Friday, August 19th**  
at **1:00 pm** in the Lounge.*

**Please sign up with Claudie.**

### **WALKERS CLUB**



**Tuesday & Friday @ 9am**

**Looking for New Members!**



**NOW SHOWING**

**Monday, August 8  
&  
Tuesday, August 16**  
1pm

In the Conference Room

***Tomorrow is Forever***



Claudette Colbert,  
Orson Welles, George  
Brent and Natalie  
Wood star in this  
moving, romantic  
drama about a soldier,  
previously thought lost  
in action, who  
returns years later to  
find his wife  
remarried.



**Prayer Time**

**1st & 3rd Thursday** of each  
month

**"CHANGE OF LOCATION"**

**In the Lounge**

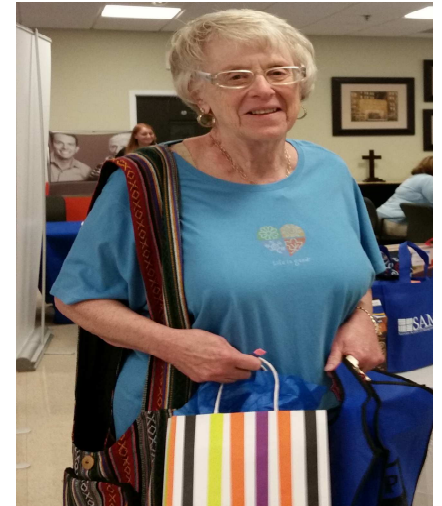
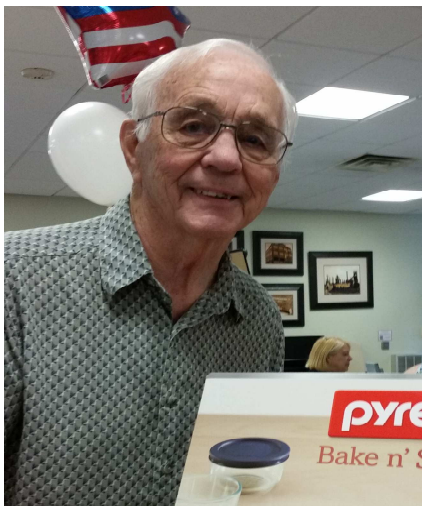
6:30-7:30 pm

**Everyone is Welcome!**

Coordinators: Bev Westwood &  
Loretta Mollo

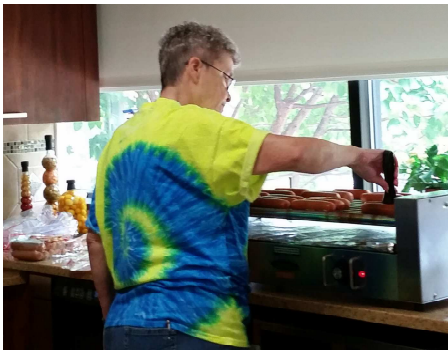


# HEALTH FAIR RAFFLE GIFT WINNERS



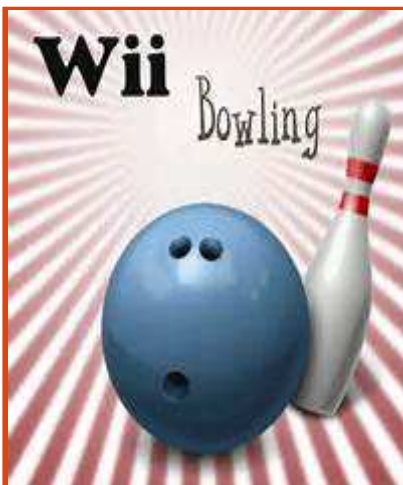


# HEALTH FAIR



Thank You **Linda & Esther** for all the assistance with the Health Fair. It was greatly appreciated!





**Anyone interested  
in Lutheran Manor  
Wii Bowling  
League?**

**We will hold  
practice and try  
outs for any new  
players on:**

**Friday, August 26 & September 2, 2016**

**5:30pm in the Lounge**

**For more information contact:**

**Fay Anderko, Apt# 208**



**Just a  
reminder...**

**BINGO will resume  
on Monday,  
September 12th at  
6pm**

## **Note from the Manager....**

Wow, we have a lot going on at Lutheran Manor these days! New door access system, vestibule makeover, beautiful new landscaping out front, **FREE WIFI**, and the new smoking shelter area. I'm sure everyone's head is spinning as much as ours is, **HOWEVER**, it is all worth it! We are happy to continue to improve and update your home. Lutheran Manor is looking better and better each day! We appreciate your patience as we complete different phases of our improvements.

**Wellness Center update:** We are expected to break ground the middle of September. We are hoping the duration of construction is approximately 10 months. As we finalize our construction plans, I become more and more excited this space will live up to everyone's expectations and beyond. We already know Lutheran Manor is the best in the valley, however, this may take us to the next level of excellence. As I receive more information on this project, I will keep you updated through the message board, newsletters or Residents Association meetings. Please attend, they are very informative meetings.

Again, **THANK YOU** for your support, cooperation and patience...

*Courtney L. Doherty*  
**Property Manager**

**THANK YOU**  
FOR YOUR  
**SUPPORT!**



### BUFFET MENU

Hot Dogs w/buns  
Hamburger w/buns  
Baked Beans  
Macaroni & Cheese  
Potato Salad  
Fruit Salad  
Chips  
Coffee & Tea  
Soda \$1.00



**Sunday, September 4, 2016**

**1pm in the Lounge**

**Doors open at noon**

**Cost:**

**\$10 per person**

**\$12 per guest**

**(limit 2)**



**Entertainment by:**

**Joe Kroboth**

**2:00-3:30 pm**

Coordinator:

Esther Heimbach



**LABOR DAY PICNIC**

**SUNDAY, SEPTEMBER 4, 2016**



Put slip under Marge Bachemin's door #705 with cash in envelope.

NAME: \_\_\_\_\_

APT# \_\_\_\_\_

PHONE: \_\_\_\_\_


# of Guests \_\_\_\_\_

**Deadline for Reservations, Wednesday, August 31, 2016**



# Special Events & Speakers

I want to **sign up** to attend the following special events and speakers.....

(check off  what you want to attend)

## **Ice Cream Social**

\_\_\_\_\_ Friday, August 5th at 1:30 pm

## **Movie-Tomorrow is Forever** (Pick one time only!)

\_\_\_\_\_ Monday, August 8th at 1pm-Be in your seat by 12:45pm.

\_\_\_\_\_ Tuesday, August 16th at 1pm-Be in your seat by 12:45pm.

## **Computer Class with Nancy**

\_\_\_\_\_ Wednesday, August 10th at 1pm

\_\_\_\_\_ Wednesday, August 24th at 1pm

## **Watercolor Class with David**

\_\_\_\_\_ Friday, August 19th at 1pm

## **Manicures with Linda** (An appointment time will be assigned to you!)

\_\_\_\_\_ Saturday, August 20th between 9:30am-4:00pm

## **Massage with Jenn** (An appointment time will be assigned to you!)

\_\_\_\_\_ Tuesday, August 30th starting at **9:00am**

## **Art with Pat**

\_\_\_\_\_ Tuesday, August 23rd & August 30th 1:30pm-Be in your seat by 1:15pm

**Complete and return** this form when you turn in your van trip sign up sheet!

NAME: \_\_\_\_\_ APT# \_\_\_\_\_

# Van Trips



## September 2016

DATE	DAY	TRIP	TIME
September 1	Thursday	Breakfast/Valley Farms	9:00 a.m.____
September 2	Friday	Banks, CVS, \$ Store, Post Office	9:30 a.m.____
September 6	Tuesday	Giant	9:30 a.m.____
September 7	Wednesday	Thomas Edison National Historical Park Tour, West Orange, NJ/Lunch <b>Cost: \$10.00</b>	8:45 a.m.____
September 8	Thursday	Dinner @Tri-Boro Spaghetti Night	4:45 p.m.____
September 11	Sunday	<b>Wind Gap Theater presents:</b> 1940's Patriotic Tribute, Lorri Kulp Woodward & James Hummel, also Tribute to 15 year Anniversary of 9/11 <b>Cost: 10.00</b>	1:30 p.m.____
September 13	Tuesday	Breakfast/Wal-Mart	9:00 a.m.____
September 14	Wednesday	Good's Farm Market & Kitchen Kettle/Lunch	8:30 a.m.____
September 15	Thursday	Lunch @Gregory's Steakhouse Restaurant	11:30 a.m.____
September 16	Friday	Movie @(AMC Tilghman 8)/Lunch	11:00 a.m.____
September 19	Monday	Adventure Aquarium Camden, NJ/Lunch <b>Cost: \$24.95</b>	8:30 a.m.____
September 20	Tuesday	Lunch @ Samuel Owens Restaurant in Coplay	11:30 a.m.____
September 21	Wednesday	Weis Market	9:30 a.m.____
September 22	Thursday	Shopping @Target, Christmas Shop/Lunch	9:30 a.m.____
September 26	Monday	Bloomsburg Fair Senior Day	8:30 a.m.____
September 27	Tuesday	Senior Bingo w/lunch (donations)	10:45 a.m.____
September 28	Wednesday	Wegmans	9:30 a.m.____
September 29	Thursday	Dinner @Grumpy's Bar-B-Que Roadhouse, Allentown	4:00 p.m.____
September 30	Friday	Allentown Farmers Market/Lunch @ Ritz	9:30 a.m.____



Please fill out the form and bring to my office, I will start collecting forms at 7 a.m. on the first day of the month.

Name: \_\_\_\_\_ Apt: \_\_\_\_\_

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

**A \$5 FEE will be required for NO SHOWS without cancelations.**





***"Mine is the sunlight, Mine is the morning, Born of the one light Eden saw play. Praise with elation, praise ev'ry morning, God's recreation of the new day"***. (*Morning Has Broken*, a Christian hymn first published in 1931. Words are by English author Eleanor Farjeon; made popular by folk singer Cat Stevens in '71).

What a wonderful image: each new day, creation is recreated. New possibilities, new futures, new realities called into being through the creative work of God. Continuous. Unending. Filled with Love!

These summer months are times for travel, homecomings, family visitors, vacations, pleasant nights, and (for some) time free of work. It is a time to 'recharge the batteries.' And, a time for prayers of praise and thanksgiving for each new day and many blessings.

Yet, life doesn't always follow a script. And so visits to the doctor, days of mourning, and the pain of loneliness are summer 'pastimes' also.

"How long, Lord?" is also our song. How long until the new dawn?

Ours is a God of the new day, calling us onwards, letting go of a past that is gone – that is night, and laying claim to the new, that is morning, that is His.

*God is Good! Pastor Clark*

## WORSHIP IN AUGUST- 2pm in the LOUNGE

**Tues. Aug. 2<sup>nd</sup>** Rev James Harper, Notre Dame RC Church, Bethlehem

**Thurs. Aug. 11<sup>th</sup>** Rev Lisa Borrell, Christ Lutheran, Lower Saucon, Hellertown

**Thurs. Aug. 18<sup>th</sup>** Rev Larry Burd, Calvary Baptist, Easton

**Thurs. Aug. 25<sup>th</sup>** Rev David Wickmann, Schoeneck Moravian, Nazareth

**BIBLE STUDY** every Wednesday at 12:30 pm in the Patio.

**CHAT ROOM** every Thursday at 10 am in the Patio.

**PRAYER TIME** organized by the residents meeting on the 1st and 3rd Thursdays of the month at 6:30pm in the Lounge.











☺A Sunday school teacher was teaching the Ten Commandments to her five and six year olds. After explaining the commandment to "honor thy father and thy mother," she asked, "Is there a commandment that teaches us how to treat our brothers and sisters?" One little boy shouted, "Thou shall not kill."

☺My grandson was visiting one day when he asked, "Grandma, do you know how you and God are alike?" I mentally polished my halo while I asked, "No, how are we alike?" "You're both old," he replied.



# 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 10:00 Exercise 	2 9:00 Walkers Club 10:00 Zumba 2:00 Rev James Harper, Notre Dame RC Church, Bethlehem	3 10:00 Exercise 12:30 Bible Study	4 10:00 Chat Room 6:00 Blood Pressure 6:30 <b>Prayer Time</b>	5 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 1:30 <b>Ice Cream Social</b>	6 8:00 Coffee & Donuts 12:30 Pinochle Party 
7	8 10:00 Exercise 1:00 <b>Movie</b> -Tomorrow is Forever	9 9:00 Walkers Club 10:00 Zumba	10 10:00 Exercise 12:30 Bible Study 1:00 <b>Computer Class</b>	11 10:00 Chat Room 2:00 Rev Lisa Borrell, Christ Lutheran, Lower Saucon, Hellertown	12 9:00 Walkers Club 10:00 Yoga 11:00 Second Harvest 12:45 Tai Chi	13
14	15 10:00 Exercise 	16 9:00 Walkers Club 10:00 Zumba 1:00 <b>Movie</b> -Tomorrow is Forever	17 10:00 Exercise 12:30 Bible Study	18 10:00 Chat Room 2:00 Rev Larry Burd, Calvary Baptist, Easton 6:30 <b>Prayer Time</b>	19 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 1:00 Watercolor Class	20 9:30 Manicures by Appointment 
21	22 10:00 Exercise 	23 9:00 Walkers Club 10:00 Zumba 1:30 <b>Art with Pat</b>	24 10:00 Exercise 12:30 Bible Study 1:00 <b>Computer Class</b>	25 10:00 Chat Room 2:00 Rev David Wickmann, Schoeneck Moravian, Nazareth	26 9:00 Walkers Club 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling (practice & try outs)	27 5:00 Social 
28	29 10:00 Exercise 11:00 Therapy Dog 	30 9:00 <b>Massage</b> 9:00 Walkers Club 10:00 Zumba 1:30 <b>Art with Pat</b>	31 10:00 Exercise 12:30 Bible Study	