

MAY 2025



**Lutheran Manor
of the Lehigh Valley**

2085 Westgate Drive, Bethlehem, PA 18017

Office Hours

Monday - Thursday
8:30a - 4:30p
Friday
8:30a - 1:00p

Fitness Center

Every Day
6:00a - 9:00p

Staff Birthdays

Donny - 5/5
Jessica - 5/13
Yesenia - 5/23
Katie - 5/27

WELCOME New Residents

Kathleen K. - Floor 11
Ronald C. - Floor 10

General Meeting

**Tuesday, May 13th
@ 2:00p**

Lounge / Channel 98



Office Notes

In observance of

MEMORIAL DAY

The office will be
CLOSED!

Monday, May 26th

*Sunday Believers'
Worship with*

Sundays

@ 1:00p

-Community Room

Paul Belfort

Happiest

MOTHER'S DAY!

To all the
incredible and
amazing Mom's
out there, we
appreciate you.

Sunday, May 11th



TUESDAY, MAY 20TH @ 3:00p



**We will have a special bus trip for
anyone that wants to vote IN-PERSON.**

***Sign up with Brenda to reserve
your seat on the bus**

Movie Days



The Life List

When her mother sends her on a quest to complete a teenage bucket list, a young woman uncovers family secrets, finds romance and rediscovers herself.

MAY 5TH | PG13

IN-PERSON MOVIE

~With Spanish Subtitles

While her house undergoes repairs, fiercely independent Helen moves into a nearby retirement community. There she encounters lusty widows, cutthroat bridge tournaments & a hotbed of bullying "mean girls". But somewhere between flower arranging and water aerobics she discovers that it's never too late to make new friends and find love.



ELLEN BURSTYN JAMES CAAN ANN MARGRET JANE CURTIN CHRISTOPHER LLOYD LORETTA DEVINE

QUEEN BEES

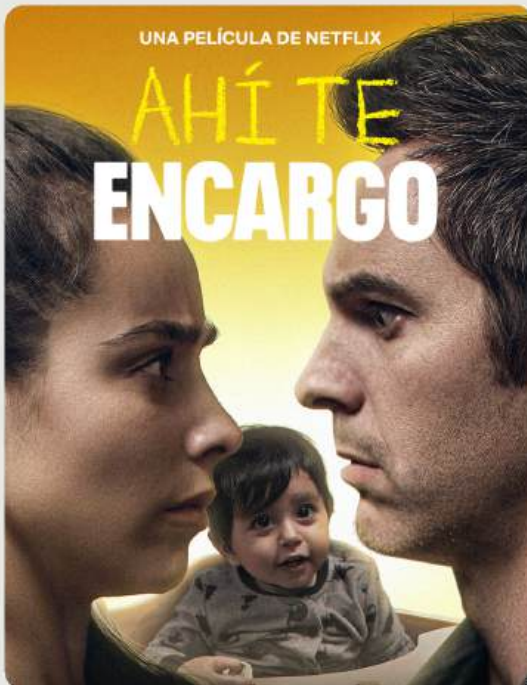
A COMEDY ABOUT THE YOUNG AT HEART



MAY 12TH | PG13 | COMMUNITY ROOM

Película Española en Persona

~Con Subtítulos en Inglés

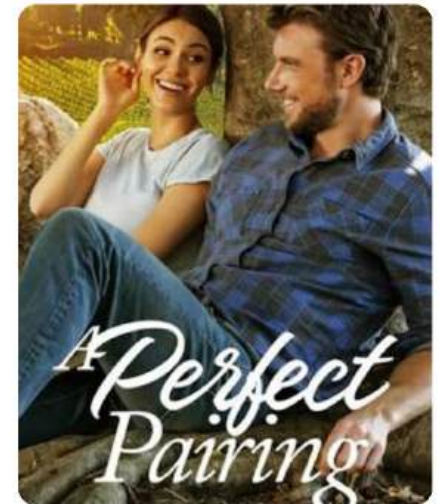


UNA PELÍCULA DE NETFLIX

AHÍ TE ENCARGO

Alex, un creativo publicitario, quiere ser padre a toda costa, pero su esposa, Ceci, es abogada y está en la cima de su carrera, y ser madre no entra en sus planes. Alex desea tener hijos desesperadamente, y un día le pide a Ceci que acepte tener uno cuanto antes, pero ella no lo acepta. Un invitado inesperado pondrá a prueba su amor.

23 DE MAYO | TVMA | SALA COMUNITARIA



A Perfect Pairing

To win over a major client, a go-getter LA wine executive signs on to work at an Australian sheep farm, where she sparks with a rugged and mysterious local.

MAY 30TH | TV14

~All LM movies live-streamed on channel 98 at 1:00p~

Katie's Korner

WALKER'S CLUB

Every Monday & Wednesday at 2:30p
& Fridays at 9:30a

Meet in front of the gym

CHAIR YOGA

Every Friday
11:00a & 1:00p
~Fitness Room

Sign-up **REQUIRED**

SENIOR HEALTH & FITNESS DAY

Join Katie for lunch and demos of our exercise classes all in one day!
Meet in front of the pergola near the pond.

- DRUM FITNESS
- STRENGTH
- CHAIR YOGA
- CHAIR ZUMBA

Starts @ 11:00a

Wednesday, 5/28

Sign-up Required | Register on the Events Form



CELEBRATING MENTAL HEALTH AWARENESS IN SENIOR CITIZENS

Katie, Fitness Specialist

Join us for an hour of Mental Health Coping Skills -
Deep Breathing,
Gentle Stretching,
Visualization and Meditation

Tuesday, 5/20 @ 3:00p

SPEAKER:

Michael Jernegan,
Licensed Clinical Social Worker

Learn about depression in older adults, the common signs and symptoms, & treatment options.

Friday, 5/30 @ 3:30p

Community Room | Sign-up on the Events Form

Katie's Korner

Drum Fitness

Every Tuesday and Thursday @ 12:15p

Contact Lori in the Main Office about cancelations

Sign-up REQUIRED | Community Room

5/1	with Katie	12:15p	_____
5/6	with Anna	12:15p	_____
5/8	with Katie	12:15p	_____
5/13	with Anna	12:15p	_____
5/15	with Katie	12:15p	_____
5/20	with Anna	12:15p	_____
5/22	with Katie	12:15p	_____
5/27	with Anna	12:15p	_____
5/29	with Katie	12:15p	_____

Name: _____ Apt. _____

Check the dates you would like to attend & return this slip to the Main Office!



5/2	Friday	11:00a	_____
5/2	Friday	1:00p	_____
5/9	Friday	11:00a	_____
5/9	Friday	1:00p	_____
5/16	Friday	11:00a	_____
5/16	Friday	1:00p	_____
5/23	Friday	11:00a	_____
5/23	Friday	1:00p	_____
5/30	Friday	11:00a	_____
5/30	Friday	1:00p	_____

Chair Yoga

Every Friday at 11:00a & 1:00p

Contact Lori in the Main Office about cancelations

Sign-up REQUIRED | Fitness Room

Name: _____ Apt. _____

Check the dates you would like to attend & return this slip to the Main Office!

From the Chaplain

God
IS GOOD
All Time

"This is the day the Lord has made; let us rejoice and be glad in it." Psalm 118:24 – We know this verse from the Psalms. What do you think? Can we live it?

I know we've all have had some very good days when we rejoiced and were happy about our circumstances.

But how about the bad days?...or the days that started out good & went downhill? Can we rejoice and be glad? You see, the paradox is that those "bad days" are the days when we need God the most and he seems so far away. Or, are we so far away from God?

We all will experience good and bad days. But each day starts out neutral. Each day is a gift. Yesterday is over. Tomorrow is yet to come. All we have is this day...today! A day that was created for and loaned to us, but that ultimately belongs to God. Yes, a day spent with God, regardless of what happens, is a good day.

"And all the time...God is Good!" – Pastor Clark

Worship in the Community Room

Worship Services at 2:00p - Live-Streamed on Ch98

Thurs, 5/1	Pastor Jonny Villamar - Cornerstone Church, Easton (Spanish/English)
Thurs, 5/8	Pastor Chris Weltin - Race Street Baptist Church, Catasauqua
Thurs, 5/15	Pastor George Eckstein - St. Marks UCC, Allentown
Thurs, 5/22	**Pastor Dan Brettell - St. Paul's Lutheran, Easton **
Tue, 5/27	Father Venatius Korobo - Notre Dame RC Church, Bethlehem
Thurs, 5/29	**Pastor Brandon Heavner - Weisenberg Lutheran, Weisenberg **

****HOLY COMMUNION WORSHIP****

~If you are unable to attend worship in person and wish to receive a sealed communion cup, please contact Pastor Clark

Pastor's Movies

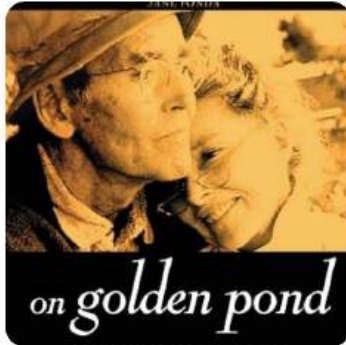
THE SOCIAL DILEMMA



This 2020 Netflix documentary/drama looks at the consequences of our growing dependence on social media... Facebook, Google, Twitter(X), Instagram, YouTube, Snapchat, and more. .

MAY 7TH

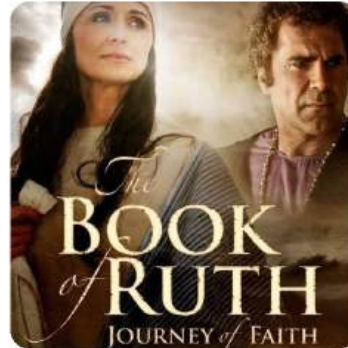
ON GOLDEN POND



The story of an elderly couple as they return to their summer home and confront past tensions and aging, amid reconciliation. A touching and beautifully crafted drama.

MAY 14TH

THE BOOK OF RUTH



A story of the Old Testament Book of Ruth. A Biblical Cinderella story with powerful themes of tolerance & acceptance gained through love and understanding.

MAY 21ST

WAKING NED DEVINE



This feel good comedy follows the mis-adventures of longtime friends and the small Irish village they call home, which is transformed by a winning lottery number.

MAY 28TH

All Pastor Movies are live-streamed on Wednesdays at 2:00p on Channel 98

Lutheran Manor BINGO

LUTHERAN MANOR BINGO

**Wednesday, May 14th
@ 1:45p | Lounge**

***Sign-up REQUIRED on the Events Form**

Bellezza Salon

We work by appointments, but will also accept Walk-Ins when availability presents itself. If you cannot make your scheduled reservation, PLEASE either leave a message with your stylist directly, or leave a note under the salon door. By doing so, it gives another patron the opportunity to acquire a time for their service requests. Due to the continuous No Call, No Shows, we have implemented a cancelation fee policy to anyone that does not follow the cancelation protocol. We truly appreciate your patronage and hope you understand.

Diane, Lorri, & Tracy

MAY TIDBITS

Flower - Lily of the Valley, Hawthorne
Stone - Emerald

May 4 - World Laughter Day

May 5 - Cinco de Mayo

May 11 - Mother's Day

May 17 - Armed Forces Day

May 26 - Memorial Day

Services with Lorri:

- Mondays & Wednesdays ONLY
- Specializes in Hair, Waxing, Pedicures, and Facials
- To make, change, or cancel an appointment with Lorri, please call her directly at 610-751-4458

Services with Tracy:

- Every OTHER Tuesday ONLY
- Specializes in Hair, Waxing, Ear Candling, and Natural Manicures
- To make, change, or cancel an appointment with Tracy, please call her directly at 484-280-5977

Massage Therapy

With over 35 years of study, skills & experience, Karen rewrites the rules of wellness and medicine with innovative options to keep mind, body, and soul in balance.

Contact Karen directly to book an appointment at 610-360-2427.

Bellezza Salon and Spa

Should you desire a service that is not on our menu, please ask. We would love to accommodate as best we can. Thank you for your patronage! We truly appreciate you!

GIFT CERTIFICATES:

Always available for purchase!

GIFT BOX DRAWING:

Always remember to enter the drawing! Each month, Diane enjoys putting together a surprise gift box for patrons. If you have never won, please let Diane know at 610-390-9676.

You may just be our next Lucky Winner!!

NAILS:

We are trying to find the perfect fit for your nail needs but have been unsuccessful. If you know of a nail technician that would like to join our amazing team to work one or two days per month, please call Diane Rizzetto at 610-390-9676. If you refer someone, and they are the one, we will reward you with a FREE hair and nail service to show our appreciation.

PARIFFIN DIP: \$10/hands, \$15/feet

You can never imagine how wonderful this service feels till you try it! The dip helps to lessen pain, sometimes eliminate pain, helps soften skin and in some cases, heal skin.

PUNCH CARDS:

Remember to have your card stamped after each visit. After each service, you will receive a sticker on your punch card. Once you fill up your card, you will receive \$25.00 towards your next salon service. *Gift compliments of Lutheran Manor*

REFERRALS:

Refer a friend, neighbor, or family member for any service and YOU will receive a FREE retail item right off the shelf.

*Happy
Mother's Day*



MAY 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:00p Sunday Believers' with Paul Belfort				10:00a Chat Room 12:15p Drum Fitness 12:30p Second Harvest 2:00p Church	9:30a Walker's Club 11:00a Chair Yoga 12:00p VOCERO: 'Como Afrontar la Salud Mental' 1:00p Chair Yoga 2:00p Snacks & Ice Cream Sales	9:30a RA Donuts & Coffee
4	Cinco de mayo 10:00a BANKS/PHARM 11:00a Zumba 1:00p LM Movie 2:30p Walker's Club KICK-OFF 6:00p RA Bingo	11:00a PLAZA AZTECA 12:15p Drum Fitness 1:15p CLINIC: BP/Glucose	10:00a WEIS 11:30a Zumba 12:30p Bible Study 2:00p Pastor's Movie 2:30p Walker's Club	8	9:30a Walker's Club 11:00a Chair Yoga 12:30p CLINIC: OAA 1:00p Chair Yoga 2:00p DOMINO Español 2:00p Snacks & Ice Cream Sales 3:00p FIORENTINA GRILLE	10
1:00p Sunday Believers' with Paul Belfort	12	10:00a WALMART 248 12:15p Drum Fitness 2:00p WALMART 248 2:00p GENERAL MEETING	10:30a Jim Thorpe DOME TRAIN RIDE 11:30a Zumba 12:30p Bible Study 1:45p LM BINGO 2:00p Pastor's Movie 2:30p Walker's Club	15	9:30a Walker's Club 11:00a Chair Yoga 1:00p Chair Yoga 2:00p SPEAKER: 'How to Cope with Mental Health' 2:00p Snacks & Ice Cream Sales	17
11	Mother's Day 1:00p Sunday Believers' with Paul Belfort			9:00a CLINIC: Eye 10:00a BANKS/TARGET 10:00a Chat Room 12:15p Drum Fitness 2:00p Church	16	9:30a RA Breakfast

MAY 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>18 1:00p Sunday Believers' with Paul Belfort</p>	<p>19 11:00a Zumba 12:00p WEGMANS 12:00p ENTERTAINMENT: Flautist 2:30p Walker's Club 6:00p RA Bingo</p>	<p>20 10:00a DINER 248 12:15p Drum Fitness 1:00p ACTIVITY: Painting 3:00p MH Coping Skills 3:00p In-Person VOTING</p>	<p>21 9:00a SILVER BIRCHES 11:30a Zumba 12:30p Bible Study 2:00p Pastor's Movie 2:30p Walker's Club</p>	<p>22 10:00a Chat Room 12:15p Drum Fitness 2:00p Church</p>	<p>23 9:30a Walker's Club 11:00a Chair Yoga 1:00p Chair Yoga 1:00p Pelicula en Español en persona 2:00p Snacks & Ice Cream Sales</p>	<p>24 11:00a Walker's Club 10:00a WINDCREEK 11:00a Chair Yoga 1:00p Chair Yoga 1:00p LM Movie 2:00p Snacks & Ice Cream, Clothing Drive 3:30p SPEAKER: Depression 101</p>
<p>25 1:00p Sunday Believers' with Paul Belfort 4:00p RA Social</p>	<p>26 Memorial Day OFFICE CLOSED 2:30p Walker's Club 6:00p RA Bingo</p>	<p>27 10:00a DOLLAR TREE 12:15p Drum Fitness 2:00p DOLLAR TREE 2:00p Church</p>	<p>28 11:00a LV MALL & BONEFISH GRILLE 11:00a Senior Day Demo 11:30a ZUMBA-Canceled 12:30p Bible Study 2:00p Pastor's Movie 2:30p Walker's Club</p>	<p>29 10:00a Chat Room 12:00p KLEIN FARMS 12:15p Drum Fitness 2:00p Church</p>	<p>30 9:30a Walker's Club 10:00a WINDCREEK 11:00a Chair Yoga 1:00p Chair Yoga 1:00p LM Movie 2:00p Snacks & Ice Cream, Clothing Drive 3:30p SPEAKER: Depression 101</p>	<p>31 STAFF BIRTHDAYS Donny - 5/5 Jessica - 5/13 Yesenia - 5/23 Katie - 5/27</p>

Religious Activities

ACTIVITY	DAY(s)	TIME	PLACE
Bible Study	Every Wednesday	12:30p	Community Room
Chat Room	Every Thursday	10:00a	Community Room
Church	4th Tues & Every Thurs (1st Thurs - Spanish)	2:00p	Community Room Channel 98
Sunday Believers' with Paul Belfort	Every Sunday	1:00p	Community Room

Exercise Activities

ACTIVITY	DAY(s)	TIME	PLACE
CHAIR YOGA with Katie	Friday	11:00a 1:00p	Fitness Room
DRUM FITNESS	Anna on Tuesdays Katie on Thursdays	12:15p	Community Room
WALKER'S CLUB with Katie	Monday Wednesday Friday	2:30p 2:30p 9:30a	Front of the Gym
ZUMBA with Anna	Monday Wednesday	11:00a 11:30a	Exercise Room Channel 98

May Activities

RA BINGO	Every Monday	6:00p	Community Room
RA Snacks & Ice Cream	Every Friday	2p-3p	Lounge
RA Coffee & Donuts	1st Saturday	9:30a	Lounge
RA Soup & Hot Dogs	2nd Saturday	4:00p	Lounge
RA Breakfast	3rd Saturday	9:30a	Lounge
Van Trip Drop	Thursday, May 1st	9:00a	Brenda's Office
Second Harvest Food Boxes	Thursday, May 1st	12:30p	Resident Apts.
VOCERO: 'Afrontar la Salud Mental'	viernes, 2 de mayo	12:00p	Sala Comunitaria
CLINIC: BP / GLUCOSE	Tuesday, May 6th	1:15p	Lounge
Farmer's Market Vouchers	Thursday, May 8th	10a-3p	Computer Lab
CLINIC: OAA Podiatry	Friday, May 9th	12:30p	Resident Apts.
Dominó Español	viernes, 9 de mayo	2:00p	Sala Comunitaria
LM In-Person Movie: 'QUEEN BEES'	Monday, May 12th	1:00p	Community Room
GENERAL MEETING	Tuesday, May 13th	2:00p	Lounge
LM BINGO	Wednesday, May 14th	1:45p	Lounge
CLINIC: HealthDrive EYE	Thursday, May 15th	9a-12p	Game Room
SPEAKER: 'Coping with MH'	Friday, May 16th	2:00p	Community Room
ENTERTAINMENT: Flautist	Monday, May 19th	12:00p	Lounge
ACTIVITY: Painting w/ a Twist	Tuesday, May 20th	1:00p	Lounge
Mental Health Coping Skills	Tuesday, May 20th	3:00p	Community Room
Película en español: 'AHÍ TE ENCARGO'	viernes, 23 de mayo	1:00p	Sala Comunitaria
RA SOCIAL	Sunday, May 25th	4:00p	Lounge
MEMORIAL DAY	Monday, May 26th	--	CLOSED
Senior Health & Fitness Day	Wednesday, May 28th	11:00a	Pergola near pond
SPEAKER: 'Depression 101'	Friday, May 30th	3:30p	Community Room

Brenda's Bulletin

SECOND HARVEST FOOD BANK



Boxes are delivered directly to your apartment. Please plan accordingly to be home at this time. Contact Brenda to sign up.

Thursday, 5/1 @ 12:30p



CLINICS

BP & GLUCOSE

Tuesday, 5/6 @ 1:15p
~Lounge

OAA PODIATRY

Friday, 5/9 @ 12:30p
~Resident Apartment

HEALTHDRIVE EYE

Thursday, 5/15 @ 9a
~Lounge



***Sign-up with Brenda directly**

DOMINÓ Español

Únase a nosotros para disfrutar de algunos juegos, excelente comida española y una compañía increíble.

viernes, 9 de mayo @ 2:00p
~Sala Comunitaria

***Regístrate en el Formulario de Eventos**

ENTERTAINMENT

Meredith Twardowski,
Flautist

Monday, 5/19 @ 12p



ACTIVITY

Painting with a Twist
Tuesday, 5/20 @ 1p

Lounge | Sign-Up on the Events Form

Office Hours: Monday - Friday 9am - 3pm

Brenda Pagán-Fontañez, Service Coordinator

610-866-6010 ext.4

Brenda's Bulletin

VOCERO:
Vent Healthcare
'Cómo Afrontar la Salud Mental'

Aprenda a afrontar los desafíos de salud mental socializando, manteniendo un estilo de vida saludable y participando en actividades mentalmente estimulantes.

viernes, 2 de mayo @ 12p
~Sala Comunitaria

Regístrate en el formulario de eventos

SPEAKER:
All American Care
'How to Cope with Mental Health'

Learn how to cope with Mental Health challenges by socializing, maintaining a healthy lifestyle, and participating in mentally stimulating activities.

Friday, 5/16 @ 2p
~Community Room

Sign-Up on the Events Form

SENIOR'S FARMERS' MARKET VOUCHERS

Senator Lisa Boscola's office will be joining us to complete Farmer's Market Voucher applications to eligible Seniors. This program provides vouchers to purchase fresh, locally grown fruits & vegetables at farmers markets. To be eligible, Seniors must be 60 years or older and meet the income guidelines as follows: **\$28,953** or less for a one-person household, and **\$39,128** or less for a two-person household.

THURSDAY, MAY 8TH
10:00a - 3:00p | Computer Lab

Name: _____ Apt. _____

COMPLETE & RETURN THIS FORM TO BRENDA. YOU WILL LATER RECEIVE AN APPOINTMENT CONFIRMATION WITH DETAILS ON WHAT IS REQUIRED FROM YOU.



MISCELLANEOUS

STRAWBERRY BALSAMIC PASTA SALAD

KOSHER SALT

1 LB. BOILED FUSILLI OR ROTINI PASTA

1/2 CUP EXTRA-VIRGIN OLIVE OIL

1/2 CUP SLICED ALMONDS

1/4 CUP BALSAMIC VINEGAR

2 TBSP. MAPLE SYRUP

1 TBSP. DIJON MUSTARD

FRESHLY GROUND BLACK PEPPER

1 LB. FRESH STRAWBERRIES, HULLED, SLICED

1 SMALL SHALLOT, PEELED, THINLY SLICED

2 CUPS BABY SPINACH

1/2 CUP FRESH CHOPPED BASIL LEAVES

1/2 CUP FRESH CHOPPED MINT LEAVES

6 OZ. GOAT CHEESE, CRUMBLED

BALSAMIC GLAZE, FOR DRIZZLING



HEALTHY TIDBITS

- Aim to take 6000 steps per day (take stairs if available, take longer routes, join Walker's Club, come to the gym)
- Stay hydrated
- Get lots of sleep
- Eat your greens
- Socialize
- Keep good hygiene

***Grab a Pedometer to track your steps from Katie; while supplies last**

WALKER'S CLUB

If you join us in the month of May, and complete FIVE walks, you will receive a PRIZE. Come socialize and get your steps in all at the same time. Don't miss this!

**MONDAY, MAY 5TH
@ 2:30P KICK-OFF**

LM FITNESS AWARD

CONGRATULATIONS

MARIETTA STANZ

HARD WORK AND
CONSISTENCY PAY OFF!

Resident's Association

BINGO

Come one, Come all!
Enjoy the Fun!!

Mondays at 6:00p

~Community Room



COFFEE & DONUTS



Come mingle with your fellow neighbors while enjoying a cup of joe with some delicious donuts to start your day!

May 3rd @ 9:30a

\$1.50 each | Lounge

SOUPS & HOTDOGS

Indulge in delicious hot soup (\$3.00) and/or hotdogs (\$2.00) with all the fixings.

May 10th @ 4:00p



Sign-up REQUIRED
~Lounge

BREAKFAST

Start your day off on the right foot with 3 pancakes, 2 sausage links, coffee, & juice.

\$5.00 Entry Fee

**May 17th
@ 9:30a**

~Lounge



SOCIAL

Come enjoy the festivities, music, and great food. You don't want to miss this!

Let's Party!

May 25th @ 4:00p

4:00p - Doors Open
5:00p - Food Served
6:00p - Entertainment

Sign-up REQUIRED | Lounge

CLOTHING DRIVE

Bring your gently used clothing & shoes to the Lounge the **LAST** Friday of every month at 2:00p, so they can be donated to the Salvation Army.

~Lounge

Event Sign-Up Form

Please **CHECK OFF** which event you would like to attend below:



Lutheran Manor Events

2/5	viernes	VOCERO: Vent Healthcare Services 'Cómo Afrontar la Salud Mental'	12:00p	_____
9/5	viernes	DOMINÓ Español	2:00p	_____
5/12	Monday	LM In-Person Movie: 'QUEEN BEES'	1:00p	_____
5/14	Wednesday	LM BINGO	1:45p	_____
5/16	Friday	SPEAKER: All American Homecare 'Coping with Mental Health'	2:00p	_____
5/19	Monday	ENTERTAINMENT: Meredith Twardowski, Flautist	12:00p	_____
5/20	Tuesday	ACTIVITY: Painting with a Twist	1:00p	_____
5/20	Tuesday	Mental Health Coping Skills with Katie	3:00p	_____
23/5	viernes	PELÍCULA ESPAÑOLA EN PERSONA: 'Ahí Te Encargo'	1:00p	_____
5/28	Wednesday	Senior Health & Fitness Day Demo & Lunch with Katie	11:00a	_____
5/30	Friday	SPEAKER: Michael Jernegan 'Depression 101'	3:30p	_____

Resident's Association Events

5/10	Saturday	RA SOUPS / HOTDOGS	4:00p	_____
5/25	Sunday	RA SOCIAL	4:00p	_____

Name(s): _____

Phone#: _____ Apt.#: _____

Please return this form to the MAIN OFFICE starting on Thursday, May 1st

**RETURN THIS
FORM TO BRENDA**

June Van Trips



6/3	Tuesday	BANKS _____ & Shopping at CVS / WALGREENS	10:00a____
6/4	Wednesday	Walk with Katie at ROSE GARDEN in Allentown	11:00a____
6/5	Thursday	Shopping at GIANT	10:00a____
6/6	Friday	Lunch at KOME Japanese Cuisine	11:30p____
6/9	Monday	Breakfast at PARKLAND DINER	10:00a____
6/10	Tuesday	Shopping at WEIS	12:00p____
6/12	Thursday	Silver Birches: 'Emma Dilemma's Disco Fever Dance Party' (\$45.00 includes ticket fare, breakfast, lunch, open bar, snack, entertainment, & gratuity)	9:00a____
6/13	Friday	Ice Cream & Lunch at the CHUCK WAGON	12:00p____
6/16	Monday	BANKS _____ & Shopping at TARGET	10:00a____
6/17	Tuesday	Lunch at the THIRSTY TURTLE TAVERN	11:00a____
6/22	Sunday	IRON PIGS GAME at Coca-Cola Park (\$12.00 per ticket; Lunch NOT included)	11:45a____
6/23	Monday	Shopping at GERRITTY'S FARM MARKET	12:00p____
6/24	Tuesday	HERSHEY CHOCOLATE WORLD: ~Reese's Stuff Your Cup ~Historic Trolley Tour (\$49.00 per ticket; Lunch NOT included) Lunch at FUNCK'S RESTAURANT	11:00a____
6/26	Thursday	Dinner at SPRINGTOWN INN	3:30p____
6/27	Friday	ALLENTOWN FARM MARKET & LUNCH	11:00a____
6/30	Monday	Miniature Golf & Lunch at MT. VIEW DRIVE-IN	11:00a____

Name: _____

Phone#: _____ **Apt#:** _____

June Van Trips

\$ Inexpensive \$\$ Moderate \$\$\$ Expensive

Below are descriptions of the unique trips scheduled & what you should expect if you attend...

KOME JAPANESE CUISINE - HIBACHI:

Enjoy a front row seat to how your meal is made without the worry of clean up! Indulge in steak, chicken, seafood, soup, fried rice or noodles Hibachi style & wash it all down with some Sake!

\$\$

SILVER BIRCHES-'DJ EMMA'S DISCO FEVER DANCE PARTY':

11a ARRIVAL to coffee & apple streusel cake, shop Artisan jewelry, gifts, & local food specialties

11:30a ENJOY music and dancing.

12:00p DIVE into the open bar with drafts on tap, wine & soda

12:30p BUFFET SERVICE includes Coffee Cake, Broccoli Salad, House Baked Bread, Roasted Pork Loin, Wild Rice Pilaf, All Beef Meatloaf with Gravy, Garlic Roasted Potatoes, Chef's Whim Salad, Roasted Veggies, Rice Pudding & Ice Cream

2:00p BREAK OUT your polyester suits, platforms, padded shoulders, and big hair, and get ready to take a trip back to the days of Studio 54 and the age of Disco! Emma will keep the party going with all your favorites from the Disco era. Wear your best outfits and participate in our Costume Catwalk Challenge, Disco Freeze Challenge, and the Afro Catch Tournament. Let's Party!!

3:30p SNACK before departure

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CHUCK WAGON DRIVE-IN:

Enjoy hot dogs, burgers, cheesesteaks, french fries, pierogies, and top it off with the BEST ice cream, milkshakes, sundaes, and/or banana splits.

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THIRSTY TURTLE TAVERN:

Come by for great vibes, amazing food - Nachos, Guacomole, Clams, Burgers, Dumplings, Salads, Eggrolls, Pizza, Sushi, Poke Bowls, Fish & Chips, and more!

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HERSHEY'S CHOCOLATE WORLD:

Experience a candy world in an authentic train station & hop the train to decide your path to magical destinations; Choose ingredients to create your own REESE'S cup; Take a live packed ride through Hershey world filled with fun facts, laughter, history, and lots & lots of chocolate candy!

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SPRINGTOWN INN:

Offering delicious, freshly made to order entrees & dessert - Shrimp Cocktail, Salads, Soups, Chicken Saltimbocca, Lobster, Salmon, Pork Chops, and their FAMOUS Prime Rib. Since it's STEAK NIGHT at Springtown, enjoy one of their mouthwatering steaks & don't miss out on their homemade strawberry cake!

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