

December 2019

Hi-Lites of Lutheran Manor





Notes From the Office

Happy Holidays!



New Residents

Elia Haddad 217

Harriet Houtz 611

SNOW PARKING SPOT

Snow parking spots must remain **EMPTY**, during the winter months, especially when snow is expected in the weather forecast.



HOLIDAY SWEATERS

Join in on the fun when the Lutheran Manor Staff wear their holiday sweaters on **December 10th, 2019**



MAKE NOTE!

2020 Social Security

This is the time of year that we expect each resident to begin receiving their annual **Social Security award letter** in the mail. When you receive your award letter, please bring it to the **main office** right away so we can make a copy for your file.



Your New Benefit Amount

BENEFICIARY'S NAME

Your Social Security benefits will increase by 2.0% in 2018 because of a rise in the cost of living. You can use this letter as proof of your benefit amount if you need to apply for food, rent, or energy assistance. You can also use it to apply for bank loans or for other business. Keep this letter with your important financial records.

How Much Will I Get And When?

• Your monthly amount (before deductions) is	\$680.00
• The amount we deduct for Medicare medical insurance is (If you did not have Medicare as of November 17, 2017, or if someone else pays your premium, we show \$0.00.)	\$0.00
• The amount we deduct for your Medicare prescription drug plan is (We will notify you if the amount changes in 2018. If you did not elect withholding as of November 1, 2017, we show \$0.00.)	\$0.00
• The amount we deduct for voluntary Federal tax withholding is (If you did not elect voluntary tax withholding as of November 17, 2017, we show \$0.00.)	\$0.00
• After we take any other deductions, you will receive on or about January 3, 2018.	\$680.00

If you disagree with any of these amounts, you must write to us within 60 days from the date you receive this letter. We would be happy to review the amounts.

If you receive a paper check and want to switch to an electronic payment, please visit the Department of the Treasury's Go Direct website at www.godirect.org online.

What If I Have Questions?

- Visit our website at www.socialsecurity.gov.
- Call us toll-free at 1-800-772-1213 (TTY 1-800-325-0778).

Let's Salsa Resident Social

Come and enjoy some Latin music and food all while dancing the afternoon away!



Dancing allows us to express ourselves through movement and connects us to others by building trust, communication, and confidence .

Monday, December 9th

1:30 pm-3:30pm in the Community Room



"Lets Salsa" Social open to all Residents!!

Monday, December 9th

1:30 pm-3:30pm



Let's Salsa Resident Social

Monday, December 9th

1:30 pm– 3:30pm

Name: _____ Apt#: _____ Phone: _____

Please return slip to Brenda's Office
DEADLINE FOR RESERVATIONS IS December 6th

Resident's Association



Valley Community Orchestra



Thursday, December 5 ,2019

7:00 pm in the Lounge

Advent Bell Ringers Christmas Show



Saturday, December 21, 2019

11:00 am in the Lounge



Tuesday, December 31st

Doors open at 8:30 p.m.

Entertainment by: Lori & Jim

9:30 p.m. to 12:30 a.m.

Cost is \$10.00 per person Guests: \$10.00



New Year's Eve Party

Tuesday, December 31st

Place slip in a sealed envelope along with cash payment
and slide it under Marge Bachemin's door Apt #705.

Name: _____

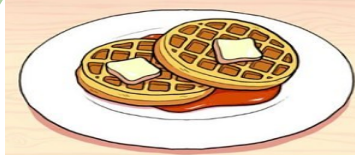
Apt# _____

Phone: _____

of Guests: _____

DEADLINE FOR RESERVATIONS IS SUNDAY, DECEMBER 15th.

BREAKFAST



Breakfast open to
all Residents & Guests!!

Saturday, December 14th, 2019

9:00am - 10:00 am

Cost: \$3.00

MENU

3 Pancakes

2 Sausage Links

Coffee and Orange Juice

BREAKFAST

Saturday, December 14th, 2019

9:00 am—10:00 am

Place slip in a sealed envelope along with cash payment
and slide it under the door of Marjorie Bachemin Apt #705.

Name: _____ Apt#: _____ Phone: _____

of Guests _____

DEADLINE FOR RESERVATIONS IS MONDAY, December 9, 2019.



The Birthday Party is for RESIDENTS ONLY!

Wednesday, December 18

5:00 pm in the Lounge

Entertainment: Eddie Kittek

BIRTHDAY PARTY

(RESIDENTS ONLY)

Wednesday, December 18, 2019

PLEASE RETURN THIS SLIP TO Sandy Borger Apt #404

NAME: _____ Apt#: _____ # Attending _____

DEADLINE FOR RESERVATIONS, SUNDAY, DECEMBER 15, 2019

Resident's Association



Soup & Hot Dogs



**Saturday, December 21
@ 5:00pm**

SOUP:

Ham & Bean Soup \$3.00

HOT DOGS:

Plain, Sauerkraut, or Chili \$1.50

RED BEET EGGS: \$0.50

DESSERT:

Ice Cream & Strawberries \$2.50

SODA OR COFFEE: \$1.00

Entertainment: *Kato*



Friends and Family are Welcome!

Coffee, Donuts, Bagels & Muffins

Saturday, December 7

**Hours 9:00am to 10:00am
in the Lounge**

\$1.00 coffee

\$1.00 donuts, bagels,
muffins

\$1.00 each for
additional donuts,
bagels, muffins



*Friends & Family
always welcome!*

BINGO

*Every Monday
at 6:00 pm in the Lounge*

SNACK STAND

EVERY

*Monday & Wednesday
From 3:00 pm-6:00 pm
in the Main Lobby*

ICE CREAM

*Every Wednesday
From 5:00 - 6:00 pm
in the Lounge.*

Christmas Caroling



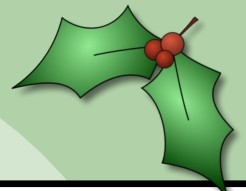
Come join in on a celebration of the Christmas season through song as your friends and neighbors gather in the Lounge for a caroling sing-a-long with David Garcia.

Friday, December 20, 2019 from 6:00 pm until 8:00 pm

Refreshments will be served!



Brenda's Bulletin



Card Making Class



Only **10** residents may attend this class.

Sign-up required!

**Tuesday, December 3rd
1:00pm in the Lounge**



SING FOR AMERICA
The Art of Truth and Light

**Come & enjoy the
beautiful sounds of
Christmas!
All are welcome.**

**Wednesday, December 11th
2:00pm in the Lounge**



GUEST SPEAKER:

***Learn some strategies on
Fall-Prevention***

Falls are a leading cause of injury among Seniors. Physical changes, health changes & some medications make falls more likely.

Cristina Acosta, Senior LIFE

**Monday, December 16th
1:00pm in the Community Room**



GUEST SPEAKER:

**Learn about
treatment &
how to manage
Urinary Incontinence**

While it may happen to anyone, urinary incontinence is more common than not in older people. Many are embarrassed and don't want to talk about it, without realizing that it can often be cured and/or controlled.

Omni Home Care

**Tuesday, December 17th
10:00am in the Community Room**

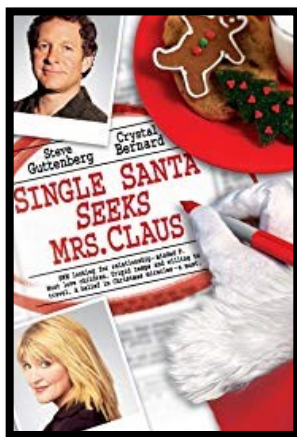
**"Christmas may be a day
of feasting, or of prayer,
but always it will be a day
of remembrance—a day in
which we think of
everything we have ever
loved." – Augusta E. Randel**

LUTHERAN MANOR CINEMAS PRESENTS

**PLEASE BE SEATED 15 MINUTES BEFORE START OF THE MOVIE.
LOCATED IN THE COMMUNITY ROOM!!!**

MOVIE 1: Single Santa Meets Mrs. Clause

Friday, December 6 @ 1:00 pm

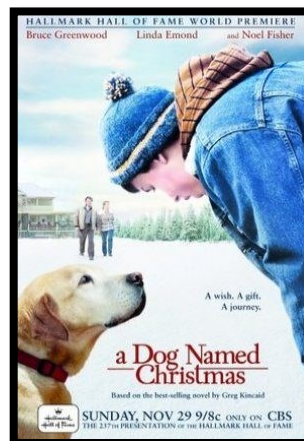


Stressed-out single mom has little time for a relationship. But her son Jake would like nothing more than a complete family and writes a letter to Santa telling him so.

In no time, an enchanting man named Nick appears in their lives. Although he seems like an average Joe, he's actually Santa's son. But before he can take over the family business, he has to find the perfect Mrs. Claus. This charming Kris Kringle can melt the frostiest of people with his warmth. But he just might need a miracle to melt Beth's heart.

MOVIE 2: A Dog Named Christmas

Monday, December 23 @ 1:00 pm



Based on the best-selling novel by Garth Stein, The Art of Dancing in The Rain is a heartfelt tale narrated by a witty and philosophical dog named Enzo .

Through his bond with his owner, Denny Swift , an aspiring Formula One race car driver, Enzo has gained tremendous insight into the human condition and understands that the techniques needed on the racetrack can also be used to successfully navigate the journey of life.

The film follows Denny and the loves of his life - his wife, Eve their young daughter Zoe and ultimately, his true best friend, Enzo.



**FEEL FREE TO BRING YOUR FAVORITE SNACKS
TO ENJOY DURING THE MOVIE!**

Bellezza Salon & Spa

Change

Hours of Operation

NEW HOURS

*Tuesday 9:30am - 3pm
Thursday 9am - 3pm

For Appointments Call

610-866-6010, then press 9
WALK-INS WELCOME

New Stylist Marcie LaBar

Welcome



I've been a stylist for over 30 years. I worked at the same salon for the same amount of time, until they closed last year. I love doing hair. I specialize in haircuts, perms and weekly sets.

I love meeting people and making them beautiful!

I married my husband 11 years ago and we have an 8 year old son who loves to play Ice hockey, so we spend our weekends in a cold rink but we wouldn't change it for anything! We have a dog named Penelope who is 11 and a cat names Tiger who is 4.



WINTER DEALS

- Every Tuesday In December and January : First time guest will receive any hair service **FREE!**
- Refer a friend to Bellezza Salon and receive a Free gift
- For every 4th service that you receive at the salon, you will receive the 5th service free!

Talk to your stylist to learn about other promotions!





Boyles Massage & Energy Therapy LLC is now providing massage therapy services at Lutheran Manor! Customize each Swedish massage session with your choice of scalp, face, hand or foot massage to feel better fast!



Relaxing away your pain and stress!

Therapeutic massages are available Mondays in the salon by APPOINTMENT ONLY.

30 Minutes - \$20

Book directly with Kelly!

60 Minutes - \$40

570-807-8426

***Accepted Payment
Methods***



Gift Certificates Available

The holidays are coming! What better gift than a massage for a family member or friend?



Kierra's Kickstart to Fitness

**Class Cancellation: Yoga is cancelled for the month of December.
Check back for January!**



25 Days of Fitness Challenge

December 2019

Every day in December, there will be a fitness challenge to be completed.



See Kierra to participate for some holiday fun and prizes!

IMPORTANT REMINDERS

In order to use the fitness center or attend classes, you must enroll by completing required paperwork. Please stop by the Fitness Center or call Kierra at x208 to obtain the paperwork.

National Flu Vaccine Week

Is the First Week of December

Flu season runs through April, it is highly recommended that you protect yourself with the vaccine.

You CANNOT get sick from the vaccine, it is an inactive strain meant to help reduce your chances of contracting the deadly virus.

The CDC reported that about 80,000 people in the U.S. died from the Flu last year. It's not too late to be proactive!

Looking for Something More Challenging?



*Try Stand Up for Strength Class
Mondays and Wednesdays from
11:30- 12:15*

Improve your strength, balance, cardiovascular system, and much more. We stand up and do fast paced aerobics as well as strength training. We even do abdominal work!



From the Chaplain

"They Shall Name Him

EMMANUEL – GOD WITH US.



Which Means,
God Is With Us."

That's what it is all about– Christmas, I mean. Emmanuel – God with us. In the midst of the shopping, the wrapping, the caroling, the baking, the decorating, the gift giving, and worshipping... do you find him?

It's not surprising if you answered "no" to the question above. People missed him two thousand years ago when he walked this earth preaching, teaching, healing, and performing miracles. Yet, he was never in disguise.

Only people who were open to his presence – only those who trusted his message – only those who dared to believe God was at work among humanity – only those people experienced Emmanuel – God with us.

This year... may you find him – Emmanuel – God with us. May you be encouraged with his presence within you. May you be full of wonder and awe for the way he works in your life. May you experience joy and hope and gratitude as he touches your soul. May you hear his voice as he whispers your name and calls you to help him enter the world. Because he comes – Emmanuel – God with us.

Christmas Blessings, Pastor Clark

WORSHIP IN DECEMBER -2 pm in the Community Room

Tues, Dec 3rd- Father Daniel Kravatz, Notre Dame R.C. Church , Bethlehem

Thurs, Dec 5th- (Spanish) Pastor Jonny Villamar, Cornerstone Church, Easton

Thurs, Dec 12th- Pastor Lisa Borrell, Friedens Lutheran, Center Valley

Thurs, Dec 19th – Candlelight, Carols and Communion- Pastor Clark, Chaplain

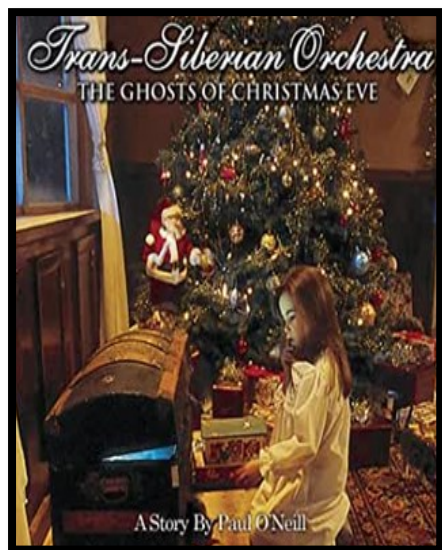
Thurs, Dec 26th- Pastor George Eckstein, former Pastor at
Church of the Manger, UCC, Bethlehem

TRANS-SIBERIAN ORCHESTRA

The Ghost of Christmas Eve- DVD

**Wednesday, December 18th-2 PM in the
Community Room**

The sound is fantastic, the music is brilliant, and TSO are awesome. Absolutely stunning! The best version of "Oh Holy Night" I have ever heard sung! It still gives me goosebumps every time I hear it !!



Our Activities

Religious Activities

<u>Activity</u>	<u>Day(s)</u>	<u>Time</u>	<u>Place</u>
Church (English)	1st Tuesday & 2nd, 3rd, 4th Thursdays of each month	2:00 pm	Community Room
Church (Spanish)	1st Thursday after the 1st Tuesday	2:00 pm	Community Room
Bible Study	Wednesday	12:30 pm	Community Room
Chat Room	Thursday	10:00 am	Community Room
Prophecy Bible	Tuesday	6:30 pm	Community Room
Prayer Time	1st and 3rd Thursday of each month	7:00 pm	Community Room
Sunday Praise	2nd Sunday of each month (December cancelled because of Caroling on Dec 20th)	1:00 pm	Lounge

Exercise Classes

<u>Activity</u>	<u>Day(s)</u>	<u>Time</u>	<u>Place</u>
Fit For Life	Monday & Wednesday	10:00 am	Exercise Room
Joyful Joints	Tuesday & Thursday	10:00 am	Exercise Room
Basic Balance	Tuesday & Thursday	11:00 am	Exercise Room
Stand Up for Strength	Monday & Wednesday	11:30 am	Exercise Room
Afternoon Meditation	Tuesday & Thursday	1:00 pm	Exercise Room
Walkers Club	Monday, Wednesday Friday	2:00 pm	Outside/Fitness Center
Tai Chi	Friday	11:00 am	Exercise Room

HOLIDAY FOOD BANK DONATIONS



Help us stamp out hunger in our community.

We will hold our annual

Holiday Food Bank Donation on

Thursday, December 12th.

As we prepare for this holiday time, we turn our thoughts to those less fortunate.

Each year, we hold this event so that we can share our blessings with others.

We ask that you bring **non-perishable** foods such as canned soups, vegetables, cereal, pasta, etc. Any items will be truly appreciated. Please only bring unopened items and

check expiration dates. **Do not bring outdated items, they will be**

thrown out. Cash donations will also be accepted. **You can bring your**

donations to the lounge from 11 a.m. to 1 p.m. on Thursday, December 12th.

These items will be packed and taken to a local food bank to be distributed to those in need.

Please share the joy of this season with those in need. Your generosity

will not only be a blessing to others but you will be blessed as well.

WORSHIP SERVICES 2020

Once again it is time to schedule **Clergy** for our **2020** Thursday Worship services.

Your help is needed. Take this opportunity to talk to your pastors and inquire if they would be interested in leading worship. Be sure to tell them that our Worship Services are held on Thursdays at 2 p.m.



If your pastor is interested, please complete the bottom of this notice and return it to **Pastor Clark** so he can contact your minister to set a date for next year's schedule.

PLEASE RETURN THIS SLIP TO **PASTOR CLARK**



Clergy's Name _____ Phone _____

Church _____ Spanish? Yes No

Your Name _____ Apt. No _____

Our Activities : Happening in December

<u>ICE CREAM</u>	<u>WEDNESDAYS</u>	<u>5:00 PM</u>	<u>LOUNGE</u>
<u>BINGO</u>	<u>MONDAYS</u>	<u>6:00PM</u>	<u>LOUNGE</u>
<u>SHUFFLE BOARD</u>	<u>THURSDAYS</u>	<u>6:00PM</u>	<u>GAME ROOM</u>
<u>LOUNGE CLOSED FOR CLEANING</u>	<u>FRIDAYS</u>	<u>7:00-10:00 AM</u>	<u>LOUNGE</u>
<u>SNACK STAND</u>	<u>MONDAY & WEDNESDAY</u>	<u>3:00PM-6:00PM</u>	<u>LOBBY</u>
VAN TRIP PAPERS DROP-OFF	Monday , December 2	8:30 AM	BRENDA'S OFFICE
CARD MAKING CLASS	Tuesday, December 3	1:00 PM	LOUNGE
Second Harvest Food Bank Distribution	Thursday, December 5	12:30 pm	Lounge
Blood Pressure Check	Thursday, December 5	6:00 pm	Conference Room
Valley Community Orchestra	Thursday, December 5	7:00 pm	Lounge
MOVIE: Single Santa meets Mrs. Clause	Friday, December 6	1:00 pm	Community Room
Donuts, Bagels, & Muffins	Saturday, December 7	9:00 am	Lounge
Pinochle	Saturday, December 7	12:30 pm	Lounge
Residents Associations Board Meeting	Monday, December 9	10: 00 am	Conference Room
Lets Salsa Social	Monday , December 9	1:30 pm	Community Room
General Meeting * Holiday Sweaters	Tuesday, December 10	2:00 pm	Lounge
Sing for America Concert	Wednesday, December 11	2:00 pm	Lounge
Holiday Food Bank Donations	Thursday, December 12	11:00 am	Lounge
Computer Class	Friday, December 13	1:00 pm	Computer Class
Pancake Breakfast	Saturday, December 14	9:00 am	Lounge
Speaker : Fall Prevention –Senior life	Monday, December 16	1:00 pm	Community Room
Speaker: Omni Home Care	Tuesday, December 17	10:00 am	Community Room
MOVIE: The Ghost of Christmas Eve	Wednesday, December 18	2:00 pm	Community Room
Resident Birthday Party	Wednesday, December 18	5:00 pm	Lounge
Christmas Caroling with David Garcia	Thursday, December 20	6:00 pm	Lounge
Advent Christmas show	Saturday, December 21	11:00 am	Lounge
Soup & Hot Dog Social	Saturday, December 21	5:00 pm	Lounge
MOVIE: A Dog Named Christmas	Monday, December 23	1:00 pm	Community Room
Water Color with David	Monday, December 23	1:30 pm	Community Room
Office Closed- Half Day	Tuesday, December 24	8:30 am	
Office Closed	Wednesday, December 25	8:30 am	
New Years Eve Party	Tuesday, December 31	9:30 pm	Lounge

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 VAN TRIP PAPERS 10:00 Fit For Life 11:30 Stand Up for Strength 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	3 8:45 Banks & Post office 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 1:00 Card Making Class 1:30 CVS/ Lehigh shopping Center 2:00 Church 6:30 Prophecy Bible study	4 10:00 Fit For Life 11:00 Holiday Shopping @ Walmart 11:30 Stand Up for Strength 12:30 Bible Study 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale	5 10:00 Joyful Joints 10:00 Chat Room 11:00 Basic Balance 12:30 Second Harvest 1:00 Meditation & Stretch 1:00 America on Wheels Museum 2:00 Church (Spanish) 6:00 Blood Pressure Check 6:00 Shuffle board 7:00 Prayer Time 7:00 Valley Community Orchestra	6 7:00-10:00 Lounge Closed 10:30 Tai Chi 1:00 Movie Single Santa Meets Mrs. Clause 2:00 Walkers Club 7:00 Freedom High School Holiday Concert	7 8:00 Bach Choir Christmas Concert 9:00 Donuts 12:30 Pinochle
8 6:00 Calvary Family Christmas Carol	9 10:00 Holiday Shopping @ Allentown Shopping Center 10:00 Fit For Life 10:00 am Board Meeting 11:30 Stand Up for Strength 1:30 Let's Salsa Social 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	10 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 General Mtg 6:30 Prophecy Bible study	11 10:00 Wegmans 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 2:00 Sing For America Concert 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream Sale	12 10:00 Joyful Joints 11:00 Lunch @ Cracker Barrel 10:00 Chat Room 11:00 Food Bank Donations 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 6:00 Shuffle board	13 7:00-10:00 Lounge Closed 9:30 Liberty High School Christmas Concert 10:30 Tai Chi 1:00 Computer Class 2:00 Walkers Club	14 9:00 Breakfast
15 11:30am Allentown Art Museum	16 10:00 Fit For Life 11:30 Stand Up for Strength 1:00 Speaker: Senior Life -Fall Prevention 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	17 10:00 Speaker: Omni Home Care- Urinary Incontinence 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 1:00 Price rite 2:00 Onsite Dermatology 6:30 Prophecy Bible study	18 9:00 Breakfast @ the Palace & Shopping at Valley Farms 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 2:00 Movie: The Ghost of Christmas Eve 2:00 Walkers Club 3:00 Snack Stand 5:00 Ice Cream	19 10:00 Edgeboro Moravian Church 10:00 Joyful Joints 10:00 Chat Room 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 6:00 Shuffle board 7:00 Prayer Time	20 7:00-10:00 Lounge Closed 10:30 Tai Chi 2:00 Walkers Club 6:00 Christmas Caroling	21 11:00 Advent Bell Ringers concert 5:00 Soup & Hot Dog Social
22 2:15 PA Playhouse Musical	23 10:00 Fit For Life 11:00 Lunch @ SEYCO 11:30 Stand Up for Strength 1:00 Movie: A Dog Named Christmas 1:30 Water color with David 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	24 OFFICE CLOSED 1/2 DAY 9:30 WEIS 10:00 Joyful Joints 11:00 Basic Balance	25 OFFICE CLOSED	26 10:00 Chat Room 2:00 Church 6:00 Shuffle board	27 7:00-10:00 Lounge Closed 9:00- Breakfast @TIKTOK/ Shopping at Walmart 2:00 Walkers Club	28
29	30 10:00 Shop Rite 10:00 Fit For Life 11:30 Stand Up for Strength 2:00 Walkers Club 3:00 Snack Stand 6:00 BINGO	31 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 4:00 Dinner @ Doughboys 9:30 NYE Party			<div>Fitness</div> <div>Events</div> <div>VanTrips</div> <div>Resident's Association</div> <div>Events</div>	<div>Religious Events</div> <div>Lutheran</div> <div>Manor</div> <div>Events</div> <div>Holidays</div> <div>Observances/</div>

VAN TRIPS *January 2020*

DATE	DAY	TRIP	TIME
Jan 2	Thursday	Breakfast at Palace / Shopping at Valley Farms	9:00am_____
Jan 3	Friday	Banks / Post Office	8:45am_____
Jan 4	Saturday	Sing For America: ANNIE (\$9 to Brenda by 1/3) Mauch Chunk Opera House, Jim Thorpe PA	12:30pm_____
Jan 7	Tuesday	Shopping at WEIS (Senior Discount Day)	9:00am_____
Jan 8	Wednesday	Breakfast at Hellertown Diner	9:00am_____
Jan 10	Friday	Lunch at Bethlehem Diner / Movies at Carmike	12:00pm_____
Jan 14	Tuesday	Bach Choir at Noon (FREE) Central Moravian Church, Bethlehem PA	11:30am_____
Jan 16	Thursday	Shopping at GIANT	1:00pm_____
Jan 17	Friday	Shopping at SINE's 5/10 / Lunch	9:00am_____
Jan 19	Sunday	The Segal Museum, Easton PA Northampton County Historical Society Exhibit	12:00 pm_____
Jan 20	Monday	Lunch at SEWYCO (\$7.00)	11:00am_____
Jan 21	Tuesday	Shopping at WEGMANS	10:00am_____
Jan 23	Thursday	Shopping at Boscov's at LV Mall / Lunch at Red Lobster	10:00am_____
Jan 25	Saturday	Mission Impossible Murder Mystery Pines Dinner Theatre (\$52 to Brenda by 1/8)	5:00pm_____
Jan 27	Monday	Breakfast at Oasis Restaurant	9:00am_____
Jan 29	Wednesday	Dinner at Texas Roadhouse Restaurant	4:00pm_____
Jan 30	Thursday	Shopping at Allentown Farmers Market	10:30 am_____
Jan 31	Friday	Shopping at SHOPRITE	1:00pm_____

Forms will be collected starting at 8:30 am on Monday, December 2nd in Brenda's Office

Name: _____

Apt: _____

SPECIAL EVENTS December 2019

I want to sign up to attend the following special events and speakers.....

(check off ☒ what you want to attend)



Movie Days - Please be in your seat 15 minutes before the start of the movie

Single Santa Seeks Mrs. Clause

_____ Friday, December 6 at 1:00 pm

A Dog Named Christmas

_____ Monday, December 23 at 1:00 pm

Card Making Class:

_____ Tuesday December 3 @ 1:00pm

Sing For America Concert

_____ Wednesday, December 11 @ 2:00pm

Computer Class with Nancy

_____ Friday , December 13 @ 1:00pm

Speaker : Fall Prevention– Cristina Acosta from Senior Life

_____ Monday, December 16 @ 1:00pm

Speaker : Omni Home Care—Urinary Incontinence

_____ Tuesday, December 17 @ 10:00am

Water Color With David

_____ Monday, December 23 @ 1:30pm

NAME: _____ APT#: _____

Forms to be collected in Brenda's office starting at 8:30am on Monday, December 2nd