

# May 2019

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## Hi-Lites of Lutheran Manor





# Notes From the Office



**To Our New Residents!**  
**Davianne Savory 518**  
**Angela Thorpe 510**

## **VAN TRIP PAPERS**

**Van Trip Paper/Event Signup sheets will be accepted beginning at 8:30 am in the Main Office on Wednesday, May 1, 2019.**

Please submit Van Trip papers beginning on the scheduled day and time underlined above.

Van trip papers submitted prior to the scheduled day and time will be placed at the bottom of the pile.

Van Trips without a minimum of 5 people signed up will be cancelled 24 hours before the scheduled trip.

### **SPEAKER: United Healthcare**

**LIVE**  
**STREAM**

**Wednesday, May 1, 2019**

**2pm in the Community Room**

United Healthcare will be here to speak briefly about Medicare, give a little history, explain details about their plan, and they will have an expert available to answer any of your questions.

**Refreshments will be provided!**

### **LOWE'S Nursery**

**Friday, May 17, 2019**

**1pm in the Lounge**

You'll get recommendations, tips and tricks on how to take care of your **plants/flowers** and the proper soil to use.

You will also be taking a beautiful plant home with you!!!



## **Martin Tower Demolition**

**Sunday, May 19, 2019**

**The Lehigh Valley's skyline will forever be changed when our tallest building is imploded during the early morning hours on Sunday, May 19, 2019.**

# ANNUAL PIG ROAST

**FRIDAY, JUNE 14, 2019**

**FREE LUNCH SERVED 12:00 TO 2:00 pm**

**ENTERTAINMENT BY: MAIN STREET CRUISERS**

**FROM 12:30 TO 3:00 pm**

**All food will be served OUTSIDE behind the building.  
(Weather permitting)**

**THIS EVENT IS FOR RESIDENTS ONLY!**

## MENU

Roasted Pig

Hot dogs, Hamburgers

Potato Salad, Pasta Salad

Deviled Eggs

Assorted Desserts

Soda and Water



**PIG ROAST**

**Friday, June 14, 2019**

**PLEASE RETURN THIS SLIP TO THE MAIN OFFICE**

**NAME:** \_\_\_\_\_

**APT:** \_\_\_\_\_ **# Attending** \_\_\_\_\_

**DEADLINE FOR RESERVATIONS, MONDAY, JUNE 3rd, 2019**

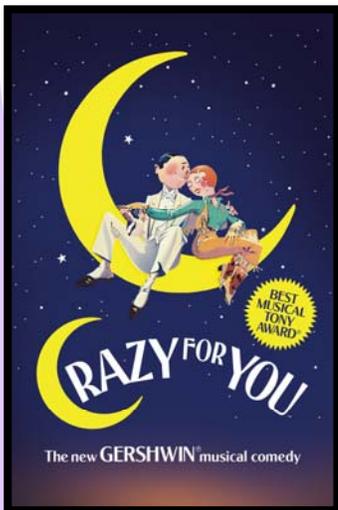
# UPCOMING VAN TRIPS



**June 7, 2019 (Van Leaves @ 10am)**  
**Cost: \$29**

*Let the sights and sounds transport you back to the 1940's as you stroll down "Main Street 1944", experience battles and skirmishes, shop the extensive militia flea market, meet WWII Veterans, see dozens of beautifully restored WWII aircraft, and so much more!*

**June 19, 2019 (Van Leaves @ 12:45pm)**  
**COST: \$52 (if 10 or more, \$42)**  
**Deadline to purchase tickets is May 24, 2019**



Treasured Gershwin songs meet sparkling, sensational dances in the ultimate feel-good musical comedy for the summer season. From acclaimed *Lend Me a Tenor* and *The Three Musketeers* funnyman playwright Ken Ludwig, this Tony Award-winning musical sends a banker with show business stars in his eyes from New York to Deadrock, Nevada on official business. Mistaken identities, love at first sight, and hijinks hilarity resuscitate an abandoned theater and the spirit of a small town. With a wealth of memorable tunes including "I've Got Rhythm," "Someone to Watch Over Me" and "Nice Work if You Can Get It," *Crazy for You* bubbles over with spectacular show-stopping numbers and glistens with 1930s glamour.

**10% OFF TUESDAY**  
**SENIOR DISCOUNT**

**10% OFF ON TUESDAYS!**  
on participating Weis brands

# UPCOMING VAN TRIPS



**June 22, 2019 ( Van Leaves @ 9:45)**

## **Steel Stacks**

*Experience three days of music, food and family fun including free concerts, arts and crafts, children's activities, Latin dance presentations, and a Mariachi Mass.*

*A celebration of the region's Latino culture, ¡Sabor! features live music by local, regional and national musical acts, as well as cultural programming presented by community organizations such as the Hispanic American League of Artists (HALA), Hispanic Center Lehigh Valley, Borinqueneers and Latin American Motorcycle Association. The festival is an outreach program of the Sabor! Cultural Committee, which includes representatives from the region's Latin community including Hispanic American League of Artists, Hispanic Center Lehigh Valley, Panorama and La Mega 99.5fm.*

**June 28, 2019 (Van Leaves @ 9:00am)**

**Cost: \$15**



***It all started in 1962 with a single pontoon boat.** Four generations later, the tour boat is still a favorite among travelers to the area and Lake Wallenpaupack Boat Tours has expanded. We now include boat rentals, charters, lodging, a gift shop and more! Guests of the tour boat can sit back and relax on one of our patio boats. Enjoy a breath-taking 50-minute cruise on beautiful Lake Wallenpaupack as your tour guide describes the area and the history behind this charming lake region.*



**10% OFF ON THURSDAYS!**  
on participating Weis brands

# Resident's Association



## Soup & Hot Dogs



Saturday, May 18, 2019  
@ 5:00pm

### SOUP:

Pepper Pot Soup \$3.00

### HOT DOGS:

Plain, Sauerkraut, or Chili \$1.50

RED BEET EGGS: \$0.50

### DESSERT:

Ice Cream & Strawberries \$2.50

SODA OR COFFEE: \$1.00

Entertainment by:

**Eddie Kittek**

**50/50 Drawing**



## BINGO

Every Monday  
at 6:00 pm in the Lounge.

## SNACK STAND

Snacks available every  
Monday & Wednesday

From 3:00 pm-6:00 pm  
in the Main Lobby

## ICE CREAM

Ice cream will be sold  
Every Wednesday  
From 5:00 - 6:00 pm  
in the Lounge.

## SPRING BAZAAR

Saturday, May 4th

Doors open at 10:00 am to 2:00 pm (Kitchen opens at 10:00 am)

**Open to the public! Invite your friends!!**



*"A mother is she who can take  
the place of all others,  
but whose place no one else can take."*

*- Cardinal Meymillod*

# Resident's Association



Breakfast open to all Residents & Guests!!

Saturday, May 11, 2019

8:30 am - 10:00 am

Cost: \$3.00

## MENU

3 Pancakes

2 Sausage Links

Coffee and Orange Juice



## BREAKFAST

Saturday, May 11, 2019

8:30 am—10:00 am

Place slip in a sealed envelope along with cash payment and slide it under the door of  
Marjorie Bachemin Apt #705.

Name: \_\_\_\_\_ Apt#: \_\_\_\_\_ Phone: \_\_\_\_\_

# of Guests \_\_\_\_\_

DEADLINE FOR RESERVATIONS IS MONDAY, MAY 6, 2019.

## Sandwich Sale

Cost: \$5

Orders available for pickup

Friday, May 17th from 11am-12pm in the Lounge



## Sandwich Sale Order Sheet

Fill out and return slip, along with money, to Marge Bachemin in apartment 705.

Name: \_\_\_\_\_ Apt: \_\_\_\_\_

Write the number of sandwiches you'd like to order next to the type.

Kaiser Roll, Ham & Cheese # \_\_\_\_\_ Kaiser Roll, Turkey, Cheese # \_\_\_\_\_

DEADLINE FOR ORDERS IS TUESDAY, MAY 14TH, 2019

# Resident's Association



Catered by  
Estelle

**\$11 per person**

Deliver slip with money  
in a sealed envelope to  
Marge Bachemin (#705)  
**NO LATER THAN MAY 22nd.**

## Menu

Hamburger BBQ  
Sausage  
Pasta Salad  
Potato Salad  
Baked Beans  
Chips  
Iced Tea

Picnic

Sunday, May 26, 2019

1pm

Place slip in a sealed envelope along with cash payment and slide it under the door of  
Marjorie Bachemin Apt #705.

Name: \_\_\_\_\_ Apt#: \_\_\_\_\_ Phone: \_\_\_\_\_

# of Guests \_\_\_\_\_

DEADLINE FOR RESERVATIONS IS WEDNESDAY, MAY 22, 2019.

# Bellezza Salon & Spa

## Hours of Operation

Tuesday 9am - 3pm

Thursday 9am - 3pm

## For Appointments Call:

610-866-6010, then press 9

**WALK-INS WELCOME**

## Meet our stylist & technician

### Anna Louise!



Anna is 29 years young with a 3 year old daughter named Stella Louise and 2 fur baby dogs named Zoey and Owen.

Anna has been a hairstylist for almost 9 years and a certified eyelash technician for 2+ years. In 2018 she was featured in *Lehigh Valley Style Magazine* as a spotlight lash technician in the valley. Anna enjoys styling all different types of hair. Hair color is one of her favorite services to spend the day doing.

## MAY SPECIAL OFFERS

**20% off Retail**

**Toe Clipping \$8**

**Free brow shaping with any service**

**(Please Ask)**



### Kinsey Massage Therapy

is licensed in massage therapy by the state of PA and provides an adaptable blend of deep tissue, trigger point, mobilization, myofascial release and deep relaxation therapies uniquely tailored to each individual.

**Therapeutic massages are available Mondays in the salon by APPOINTMENT ONLY.**

**30 Minutes - \$20**

**Book directly with Kinsey!**

**60 Minutes - \$40**

**484-223-8816**

# Bellezza Salon & Spa

is excited to announce...

## FAMILY WEEK

Tuesday, May 28th & Thursday, May 30th

Beginning in May, the salon and spa will be open to the **Family, Friends, and OFF-DUTY Aides** of current residents!!

Residents will be responsible for making sure their visitor **signs into the office** before making their way to the salon.

Family week will then continue to be held the last week of **every month**.

### Future Dates

**June 25 & 27**

**July 23 & 25**

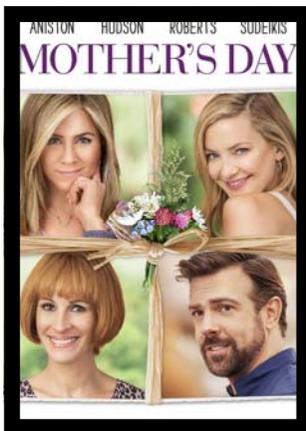
**August 27 & 29**

# LUTHERAN MANOR CINEMAS PRESENTS

PLEASE BE SEATED 15 MINUTES BEFORE START OF THE MOVIE.  
LOCATED IN THE COMMUNITY ROOM!!!

## MOVIE 1: Mother's Day

Friday, May 17 @ 1:00 pm  
Tuesday, May 28 @ 1:00 pm



Sandy is a stressed-out, single mom who learns that her ex-husband is marrying a younger woman. Her friend Jesse is a fitness freak who doesn't tell her parents that she has a

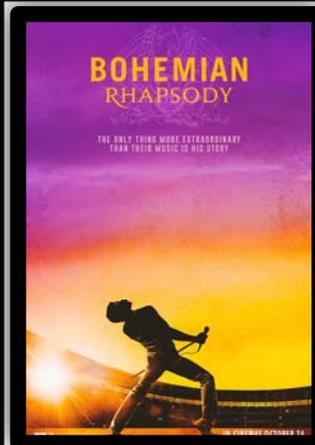
family. Bradley is a widower who's trying to raise two daughters on his own, while Miranda is too busy with her career to worry about having children. When their respective problems start coming to a head, the Mother's Day holiday takes on a special meaning. It's a comedy that will make you laugh, cry and cheer!

**PG-13**

## MOVIE 2:

### Bohemian Rhapsody

Friday, May 10 @ 1:00 pm  
Monday, May 20 @ 1:00 pm



Bohemian Rhapsody is an enthralling celebration of Queen, their music, and their extraordinary lead singer Freddie Mercury who

defied stereotypes and convention to become one of history's most beloved entertainers. Following Queen's meteoric rise, their revolutionary sound and Freddie's solo career, the film also chronicles the band's reunion, and one of the greatest performances in rock history.

**PG-13**



FEEL FREE TO BRING YOUR FAVORITE SNACKS  
TO ENJOY DURING THE MOVIE!



# Kierra's Kickstart to Fitness

## IMPORTANT REMINDER

In order to use the fitness center or attend classes, you must enroll by completing required paperwork. Please stop by the Fitness Center or call Kierra at x208 to obtain the paperwork.

## **May is National Physical Fitness and Sports Month!**



During the week of May 20<sup>th</sup>, we will be playing a variety of senior-friendly "sports" or games in our fitness classes.

Be sure to attend so you can take part in the fun and win prizes!  
(You can find class times on our calendar or on our weekly activity page)

## **Walker's Club**

We will meet at 9:00 AM on Mondays and Wednesdays and 2:00 PM on Fridays. We will use the track, but hopefully it will warm up to start going outside!

## **National Senior Health and Fitness Day**



Come to the fitness center between 2-4 PM for a chance to ask Kierra any questions relating to exercise, learn how to use the equipment, and play trivia to win prizes!

### Class Schedule Update:

Starting the week of May 6<sup>th</sup>  
The classes below will resume their regular schedule:

#### **Fit for Life**

Mondays and Wednesdays  
10:00 AM

#### **Stand Up for Strength**

Mondays and Wednesdays  
11:30 AM



# From the Chaplain



## DO YOU SEE HIM?...

I was thinking about how the early disciples did not immediately recognize the Lord after His resurrection (see Luke 24:13-32; John 20:11-1; 21:4-7). It's a call to pay attention. When we don't expect him, when we don't look for him, when

don't have eyes to see him, we don't see Jesus.

Mother Teresa once said, "I see Jesus in every human being. I say to myself, this is hungry Jesus, I must feed him. This is sick Jesus. This one has leprosy or gangrene; I must wash him and tend to him."

When we see Jesus in others, like Mother Teresa did and like Jesus calls us to (Matthew 25) we are training our eyes to a divine way of seeing, and we're making Jesus visible for others to see by the way we live out our faith. And then we can truly recognize: **Jesus is everywhere! He is risen indeed, Alleluia!**

-Pastor Clark

## WORSHIP AT LUTHERAN MANOR in the Community Room at 2 pm

**Thursday, May 2** - Pastor Tony Pompa, Cathedral Church of the Nativity (Episcopal), Bethlehem

**Tuesday, May 7** - Father Daniel Kravatz, Notre Dame RC Church, Bethlehem

**Thursday, May 9** - Spanish Worship

**Thursday, May 16** - Pastor George Eckstein, Church of the Manger, UCC, Bethlehem

**Thursday, May 23** - Pastor Larry Burd, Calvary Baptist, Easton

**Thursday, May 30** - Pastor Dan Brettel, St. Paul's Third Lutheran, Easton



### BIBLE STUDY

every Wednesday at 12:30pm.

### CHATROOM/LIFE BIO

every Thursday at 10am

### PRAYER GROUP

on the 1<sup>st</sup> & 3<sup>rd</sup> Thursdays at 7 pm

### ANGEL BIBLE STUDY

on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays at 6:30pm.

All in the Community Room.

### PRAYER, PRAISE & SONG

on May 12<sup>th</sup> at 1 pm in the Lounge



**"DO THINGS FOR PEOPLE NOT BECAUSE OF WHO THEY ARE OR WHAT THEY DO IN RETURN, BUT BECAUSE OF WHO YOU ARE."**

# Our Activities

## Religious Activities

<u>Activity</u>	<u>Day(s)</u>	<u>Time</u>	<u>Place</u>
Church (English)	1st Tuesday & 2nd, 3rd, 4th Thursdays of each month	2:00 pm	Community Room
Church (Spanish)	1st Thursday after the 1st Tuesday	2:00 pm	Community Room
Bible Study	Wednesday	12:30 pm	Community Room
Chat Room	Thursday	10:00 am	Community Room
Prayer Time	1st and 3rd Thursday of each month	7:00 pm	Community Room
Angel Study	2nd and 4th Thursday of Each Month	6:30 pm	Community Room
Sunday Praise	2nd Sunday of each month	1:00 pm	Lounge

## Exercise Classes

<u>Activity</u>	<u>Day(s)</u>	<u>Time</u>	<u>Place</u>
Stand Up for Strength	Monday & Wednesday	11:30 am	Exercise Room
Joyful Joints	Tuesday & Thursday	10:00 am	Exercise Room
Basic Balance	Tuesday & Thursday	11:00 am	Exercise Room
Zumba Gold	Thursday	9:00 am	Exercise Room
Fit For Life	Monday & Wednesday	10:00 am	Exercise Room
Afternoon Meditation & Stretch	Tuesday & Thursday	1:00 pm	Exercise Room
Walkers Club	Mon, Wed, Fri	9:00 am 2:00 pm	Outside/Fitness Center
Everybody's Yoga	Friday	10:15 am	Exercise Room
Tai Chi	Friday	11:00 am	Exercise Room

# Our Activities

## Happening in May

<u>Activity</u>	<u>Day(s)</u>	<u>Time</u>	<u>Place</u>
BINGO	Monday	6:00 pm	Lounge
Snack Stand	Mon & Wed	3:00 pm	Lobby
Ice Cream	Wednesdays	5:00 pm	Lounge
LOUNGE CLOSED FOR CLEANING	Fridays	7-10 am	Lounge
<u>VAN TRIP PAPERS DROP-OFF</u>	<u>WEDNESDAY, MAY 1</u>	<u>8:30 AM</u>	<u>MAIN OFFICE - TIFFANY</u>
Speaker: United Healthcare	Wednesday, May 1	2:00 pm	Community Room
Second Harvest	Friday, May 3	1:00 pm	Lounge
Blood Pressure Check	Thursday, May 9	6:00 pm	Lounge
Pinochle Party	Saturday, May 11	12:30 pm	Lounge
Sunday Praise with David	Sunday, May 12	1:00 pm	Lounge
Committee Meeting	Monday, May 13	1:30 pm	Conference Room
MOVIE: Bohemian Rhapsody	Friday, May 10	1:00 pm	Community Room
Breakfast	Saturday, May 11	8:30 am	Lounge
General Meeting	Tuesday, May 14	2:00 pm	Lounge
LOUNGE CLOSED FOR CLEANING	Thursday, May 16	7-10 am	Lounge
Computer Class	Friday, May 17	1:00 pm	Computer Room/Library
Sandwich Sale Pick Up	Friday, May 17	11:00 am	Lounge
MOVIE: Mother's Day	Friday, May 17	1:00 pm	Community Room
Soup & Hot Dogs	Saturday, May 18	5:00 pm	Lounge
Martin Tower Demolition	Sunday, May 19		Outside
MOVIE: Bohemian Rhapsody	Monday, May 20	1:00 pm	Community Room
Art with Pat (Part 1)	Tuesday, May 21	1:30 pm	Lounge
Memorial Day Picnic	Sunday, May 26	1:00 pm	Lounge
<b><u>OFFICE CLOSED - MONDAY, MAY 27, 2019 - MEMORIAL DAY</u></b>			
Art wit Pat (Part 2)	Tuesday, May 28	1:30 pm	Lounge
MOVIE: Mother's Day	Tuesday, May 28	1:00 pm	Community Room
FAMILY WEEK @ THE SALON	Tuesday, May 28	9:00 am-4:00 pm	Bellezza Salon & Spa
FAMILY WEEK @ THE SALON	Thursday, May 30	9:00 am-4:00 pm	Bellezza Salon & Spa

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <b>2019</b>			<b>Fitness Events</b> <i>Van Trips</i> <b>Resident's Association Events</b>		<b>Religious Events</b> <b>Lutheran Manor Events</b> <i>Holidays/Observances/Other</i>	
			<b>1</b> <b>8:30 Van Trip</b> <b>Papers Turn-In</b> 9:00 Walkers Club 12:00 Fit For Life <b>10:30 Aldi's &amp; Lunch @ Yocco's</b> 12:30 Bible Study <b>2:00 SPEAKER: United Healthcare</b> 3:00 Snack Stand 5:00 Ice Cream Sale	<b>2</b> 9:00 Zumba Gold 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 7:00 Prayer Time	<b>3</b> 7:00-10:00 <b>Lounge Closed</b> <b>9:00 Banks &amp; Post Office</b> 10:15 Everybody's Yoga 11:00 Tai Chi <b>1:00 Second Harvest</b> <b>1:30 CVS &amp; \$-Store</b> 2:00 Walkers Club	<b>4</b> 10:00 Spring Bazaar
<b>5</b> <b>Cinco De Mayo</b>	<b>6</b> 9:00 Walkers Club <b>9:00 CVS &amp; Lehigh Valley Shopping Center</b> 10:00 Fit For Life 11:30 Stand Up for Strength 3:00 Snack Stand 6:00 BINGO	<b>7</b> 10:00 Joyful Joints <b>11:00 Lunch @ Doughboys</b> 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church	<b>8</b> 9:00 Walkers Club 10:00 Fit For Life <b>11:15 Pine's Dinner Theater</b> 11:30 Stand Up for Strength 12:30 Bible Study 3:00 Snack Stand 5:00 Ice Cream Sale	<b>9</b> 9:00 Zumba Gold <b>10:00 Hamilton Crossings &amp; Lunch</b> 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church (Esp.) <b>6:00 Blood Pressure Check</b> 6:30 Angel Study	<b>10</b> 7:00-10:00 <b>Lounge Closed</b> 10:15 Everybody's Yoga <b>10:45 Bach Choir Concert</b> 11:00 Tai Chi <b>1:00 Movie: Bohemian Rhapsody</b> 2:00 Walkers Club	<b>11</b> 8:30 Breakfast  12:30 Pinochle
<b>12</b> <b>Mother's Day</b>  1:00 Sunday Praise with David	<b>13</b> 9:00 Walkers Club <b>9:30 Weis</b> 10:00 Fit For Life 11:30 Stand Up for Strength 1:30 Committee Meeting 3:00 Snack Stand 6:00 BINGO	<b>14</b> <b>9:00 Breakfast @ Oasis Diner</b> 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch <b>2:00 General Meeting</b>	<b>15</b> 9:00 Walkers Club 10:00 Fit For Life <b>10:30 Movie @ AMC &amp; Lunch</b> 11:30 Stand Up for Strength 12:30 Bible Study 3:00 Snack Stand 5:00 Ice Cream	<b>16</b> 7:00-10:00 <b>Lounge Closed</b> 9:00 Zumba Gold <b>10:00 Northampton Crossings &amp; Lunch</b> 10:00 Joyful Joints 10:00 Chat Room 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church 7:00 Prayer Time	<b>17</b> 10:30 <b>Allentown Farmer's Market &amp; Lunch @ the Paddock</b> 10:15 Everybody's Yoga 11:00 Sandwich Sale Pick Up 11:00 Tai Chi <b>1:00 SPEAKER: Lowe's</b> <b>1:00 Movie: Mother's Day</b> <b>1:00 Computer Class</b> 2:00 Walkers Club	<b>18</b> <b>Armed Forces Day</b>  5:00 Soup & Hot Dogs
<b>19</b> <b>Martin Tower Demolition</b>	<b>20</b> 9:00 Walkers Club <b>9:30 Wegmans</b> 10:00 Fit For Life 11:30 Stand Up for Strength <b>1:00 Movie: Bohemian Rhapsody</b> 3:00 Snack Stand 6:00 BINGO	<b>21</b> 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch <b>1:30 Art with Pat pt. 1</b> <b>4:00 Dinner @ Cracker Barrel</b>	<b>22</b> 9:00 Walkers Club 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 3:00 Snack Stand 5:00 Ice Cream Sale <b>5:15 Bingo @ Lehigh Valley Active Life</b>	<b>23</b> 9:00 Zumba Gold 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church <b>4:00 Dinner @ Marblehead</b> 6:30 Angel Study	<b>24</b> 7:00-10:00 <b>Lounge Closed</b> <b>9:00 Green Dragon Market &amp; Lunch</b> 10:15 Everybody's Yoga 11:00 Tai Chi 2:00 Walkers Club	<b>25</b>
<b>26</b> <b>11:00 Promenade Shoppes &amp; Lunch</b>  <b>1pm Memorial Day Picnic</b>	<b>27</b> <b>OFFICE CLOSED</b> 	<b>28</b> FAMILY WEEK @ THE SALON 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch <b>1:00 Movie: Mother's Day</b> <b>1:30 Art with Pat pt. 2</b> <b>4:00 Dinner &amp; Ice Cream @ Ritz</b>	<b>29</b> <b>8:30 Hometown Flea Market</b> 9:00 Walkers Club 10:00 Fit For Life 11:30 Stand Up for Strength 12:30 Bible Study 3:00 Snack Stand 5:00 Ice Cream	<b>30</b> FAMILY WEEK @ THE SALON 9:00 Zumba Gold 10:00 Chat Room 10:00 Joyful Joints 11:00 Basic Balance 1:00 Meditation & Stretch 2:00 Church <b>6:30 PA Playhouse</b>	<b>31</b> 7:00-10:00 <b>Lounge Closed</b> 10:15 Everybody's Yoga 11:00 Tai Chi 2:00 Walkers Club	

# VAN TRIPS June 2019

DATE	DAY	TRIP	TIME
June 3	Monday	Banks, Post Office	9:30am _____
June 3	Monday	CVS & Lehigh Valley Shopping Center	1:30pm _____
June 4	Tuesday	Weis 10% Senior Discount	9:30am _____
June 6	Thursday	Lunch @ On the Border Mexican Grill	11:00am _____
June 7	Friday	Mid-Atlantic Air Museum Cost: \$29	10:00am _____
June 8	Saturday	Muhlenberg Wellness Fest (Formerly Summer Festival)	11:45am _____
June 10	Monday	Price Rite	9:30am _____
June 12	Wednesday	BINGO @ Active Life	5:15pm _____
June 13	Thursday	Quakertown Farmers Market	9:30am _____
June 15	Saturday	Breakfast Buffet @ Golden Corral Produce Junction Market	8:30am _____
June 17	Monday	Giant & Breakfast	9:30am _____
June 18	Tuesday	Lunch @ TGI Fridays	11:00am _____
June 19	Wednesday	The Professional Theatre @ DeSales University Presents: "Crazy For You" Cost: \$52	9:00am _____
June 20	Thursday	Ice Cream @ The Cup	6:30pm _____
June 22	Saturday	¡Sabor! Latin Festival	9:45am _____
June 24	Monday	Shoprite	9:30am _____
June 26	Wednesday	Lunch @ Cracker Barrel	11:00am _____
June 27	Thursday	The Promenade Shops	10:00am _____
June 28	Friday	Lake Wallenpaupack Scenic Boat Tour & Lunch at The Boathouse Cost: \$15	9:00am _____

Forms will be collected starting at 8:30 am on Monday, May 1, 2019 in the Main Office.

Name: \_\_\_\_\_ Apt: \_\_\_\_\_

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

# SPECIAL EVENTS May 2019

I want to sign up to attend the following special events and speakers.....

(check off  what you want to attend)

## **Movie Days - Please be in your seat 15 minutes before the start of the movie**

### **Mother's Day**

\_\_\_\_\_ Friday, May 17 at 1:00 pm

\_\_\_\_\_ Tuesday, May 28 at 1:00 pm

### **Bohemian Rhapsody**

\_\_\_\_\_ Friday, May 10 at 1:00 pm

\_\_\_\_\_ Monday, May 20 at 1:00 pm

### **SPEAKER: United Healthcare**

\_\_\_\_\_ Wednesday, May 1 @ 2:00 pm

### **SPEAKER: Lowe's Nursery**

\_\_\_\_\_ Friday, May 17 at 1:00 pm

### **Computer Class with Nancy - Topic: Navigating the Computer**

\_\_\_\_\_ Friday, May 17 at 1:00 pm

### **Art with Pat - SPACE LIMITED, SIGN UP REQUIRED**

\_\_\_\_\_ Tuesdays, May 21 & 28 @ 1:30 pm

Forms will be collected starting at 8:30 am on Wednesday, May 1, 2019 in the Main Office.

NAME: \_\_\_\_\_ APT#: \_\_\_\_\_