HI LITES OF LUTHERAN MANOR NOVEMBER 2012













Barbara Fornato-209;

Ingelore Bolz-911

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NOV. 1	THURSDAY	ANNIVERSARY PARTY	6:00 P.M.	LOUNGE
NOV. 3	SATURDAY	COFFEE & DONUTS	8:00 A.M.	LOUNGE
NOV. 3	SATURDAY	PINOCHLE PARTY	12:30 P.M.	LOUNGE
NOV. 7	WEDNESDAY	SPEAKER-DIABETES EDUCATION	2:00 P.M.	LOUNGE
NOV. 12	MONDAY	THERAPY DOG-ALICE ROMBERG- ER & MISS DAISY	11:00 A.M.	LOUNGE
NOV. 12	MONDAY	COMMITTEE MEETING	1:30 p.m.	CONFERENCE RM.
NOV. 12	MONDAY	SPEAKER-DEPRESSION	2:00 P.M.	LOUNGE
NOV. 13	TUESDAY	GENERAL MEETING (4TH FLOOR SNACKS)	2:00 P.M.	LOUNGE
NOV. 14	WEDNESDAY	BOOK CLUB	2:00 P.M.	PATIO
NOV. 17	SATURDAY	SOUP & HOT DOGS-MAJESTIC BAND	11:00 A.M.	LOUNGE
NOV. 18	SUNDAY	PIZZA PARTY-ELIZABETH KNECHT	5:00 P.M.	LOUNGE
NOV. 19	MONDAY	SPEAKER-MEDICARE (BINGO)	1:00 P.M.	LOUNGE
NOV. 22	THURSDAY	OFFICE CLOSED -THANKSGIVING	THE PETE	THE YEAR TO SEE THE SE
NOV. 23	FRIDAY	OFFICE CLOSED	Mabby	Thanksgiving
NOV. 30	FRIDAY	SPEAKER-SHINGLES (LIGHT REFRESHMENTS WILL BE SERVED)	2:00 P.M.	LOUNGE

WEEKLY EVENTS

KNITTING GROUP	EVERY SUNDAY	2:00 P.M.	PATIO
EXERCISE	EVERY MON. & WED.	10:00 A.M.	LOUNGE
BINGO	EVERY MONDAY	6:00 P.M.	LOUNGE
BIBLE STUDY	EVERY MONDAY	1:00 P.M.	PATIO
POKER LEAGUE	EVERY WEDNESDAY	6:30 P.M.	PATIO
LIFE BIO	EVERY THURSDAY	10:00 A.M.	PATIO
WOODCARVING	EVERY THURSDAY	8:00 A.M.	MAINT. SHOP
YOGA	EVERY FRIDAY	1:00 P.M.	PATIO
WII BOWLING LEAGUE	EVERY FRIDAY	5:30 P.M.	LOUNGE
SHUFFLEBOARD LEAGUE	EVERY THURSDAY	6:00 P.M.	PATIO



Looking Ahead



DECEMBER...





The Lutheran Manor Book

Club will meet at 2 p.m. on Wednesday, November 14 in the Patio. We share Thomas Jefferson's enthusiasm when he said, "I cannot live without books." Come and share your love of books.

Everyone is Welcome



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This month, Nancy will be teaching "Using the Internet" If you have always wanted to "Surf the Net" now is your chance to learn.

Classes will be held on 11/05 & 11/19 from 1-3 pm

Please sign up for classes with Debbie.

Window Gandles

It is a custom at Lutheran Manor to light a candle in every window during the holiday season. A single **CLEAR** candle in each window looks lovely and is a warm wel-

come to all who are traveling on the highway. This is our way of saying "Welcome to

Bethlehem, The Christmas City".

Traditionally, candles are lit the first Sunday in Advent. So, please light your candles on Sunday, December 2nd. Enjoy the holidays.



Remember to turn your clocks back 1 hr. Daylight **Savings Time** ends Sunday, November 4th at 2 a.m.



Harvest Home





Help us stamp our hunger in our community. We will hold our annual "Harvest Home" celebration at the weekly worship service on Thursday, November 15.

As we offer our thanks during this holiday time, we turn our thought to those less fortunate. Each year, we hold this "Harvest Home" event so that we may share our blessings with others. We ask that you bring <u>non-perishable</u> foods such as canned soups, vegetables, cereals, pasta, etc. Any items will be truly appreciated.

Please only bring unopened items and check expiration dates. **Do not bring out- dated items, they will be thrown out.** Cash donations will also be accepted. You can bring your donations to the lounge from 10 a.m. to 2 p.m.

After the worship service, these items will be packed and taken to a local food bank to be distributed to those in need.

Please share the joy of Thanksgiving with those in need. Your generosity will not only be a blessing to others but you will be blessed as well.

WE NEED YOU!!!

Please Consider baking for the Bake Sale at the Bazaar on December 8th.

**

Everyone Loves Homemade Baked Goods

This would be a great opportunity to show off your wonderful Culinary Skills

Coffee & Donuts

Saturday, Nov. 3 8 to 10 a.m.

\$1.75 coffee & donut
.75 additional donut
Friends and Family
Welcome





Snacks are Available
Monday & Wednesday
From 3-6 p.m. In the Lobby



Soup & Hot Dogs

Saturday, Nov. 17 11 a.m. to 1 p.m.

SOUP: Potato \$2.00

HOT DOGS: Plain, Sauerkraut, or Chili \$1.50

PICKLED BEETS: \$.50

DESSERT: Ice Cream & Strawberries \$2.50

Entertainment: Majestic Band

50/50 Drawing
Candy will be sold too!
Friends and Family



Welcome!



Annual Clothing Drive



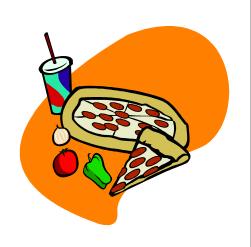
Mon., Nov. 5 - Fri., Nov. 16

We are again collecting used clothing for <u>VIA</u> of the Lehigh Valley. Bring your items down to Debbie's office. VIA provides services for children and adults with disabilities. The items you donate are used either in their thrift stores or if they are in unusable condition, they are sold for scrap. So even if your items aren't in the greatest shape they will still take them. Every little bit helps to provide ongoing services in our community.

Thank you in advance for your generous donations

PIZZA PARTY

Sunday, November 18, 2012
5 p.m. in the Lounge
Doors open at 4 p.m.



Cost:

\$5.00 per person

\$6.00 per guest (limit 2)

Entertainment By:

Elizabeth Knecht²
Song & Dance
Girl. (Audience
Participation)



Menu:

2 slices of pizza
(with cheese or pepperoni topping)
Lettuce w/ assorted dressing,
Ice Cream, Coffee or tea,
Soda \$1.00

50/50 Drawing 3 for \$1.00

Coordinator: Ronnie Clifford

Put slip under Marge Bachemin's door #705 with cash in envelope. Deadline for reservations is Wednesday November 14

Name:	Apt. #	Phone: _	
Choose of 2 slices of Pizza:	(2)Cheese, or	r	(2)Pepperoni
(Both slices must be the same kind	l) #of Guests		(if applicable)



FYI FROM DEBBIE





Diabetes

Wed., Nov. 7th, 2 p.m.

Diabetes is becoming an epidemic in our country. Anna Mae from Heartland Homecare. Will be here to talk about Diabetes risk factors, symptoms, care and prevention.

Depression

Mon., Nov. 12th, 2 p.m.

The holiday season is upon us. A joyous and Happy time of the year. But for some
people the Holidays can be stressful
or remind them of an unhappy time
from their past Join Millie Santiago
of New Eastwood Rehabilitation in
Easton as she passes along tips to
help you Cope with the emotions &
stresses of the Holidays.

Massage Therapy

Tues., Nov. 20th 9 a.m. to 12:30 p.m.



Please Make your Appt. with Debbie

Cost is \$20.00 for 30 min. \$40.00 for 1 hr.

Therapy Dog

Mon., Nov. 12th, 11 a.m.

Alice Romberger and Miss Daisy



Medicare Presentation & Medicare BINGO

Mon., Nov. 19th, 1 p.m.

As we all know, Health Insurance & Medicare



have been going through quite a few changes. Please join Rachel Kapes from Manor Care as she discusses these changes, answers your questions and lightens things up with Medicare Bingo.

Shingles - Fri., Nov. 30th, 2 p.m.

Everyone who has ever had Chicken Pox has the Shingles virus inside them. It tends to come on as you get older. Learn more about Shingles and the Shingles vaccine from Wendy Wieland of Bayada Nursing

A Note from the Assistant Property Manager...

November already! I always liked November because I knew it was the start of the holiday season and then the winter months. Having grown up in an Italian family, Thanksgiving always meant antipasto, escarole soup, lasagna, turkey with stuffing and veggies, coffee, dessert and finally, fruits and nuts. And of course everything was left out on the counter for whoever would be stopping by to visit later on or just in case you might get a little bit hungry and needed a snack.

My Dad was the type of person who was always bringing people home for dinner... you know those colorful characters. So there were always a few interesting guests joining us. Funny how they would come in as strangers but left as friends. Anyone was welcomed...in-laws, outlaws, whoever! And so often those new friends would stay in our lives forever and when you least expected there they would be again with a story to share and a hand to lend. As a kid growing up, I never thought much about it because it was just life....but what a great lesson on life. How often do we really look around and appreciate all that we have and the differences that we may share? As I got older, not a word needed to be said... it kind of put things in perspective. We had and have so much to be thankful for...family, friends, food, hot water, a warm bed! The list can go on and on.

So as I approach the holiday season, again I take a look around at all that I have to be thankful for...a wonderful family, a great job, and so many new friends. Some of us walk gracefully, others glide with ease and skis, while some just cruise along on a scooter. This is our Lutheran Manor family. I am thankful for each and every one of you. You all have a story to tell and an opportunity to make a difference...and in those differences we come together to help each other, appreciate our differences, and to live together. May you all have a Happy Thanksgiving!!!

As for the winter months, you know that means wet leaves, cold weather, icy patches, snow storms and messy roads. So there are precautions you need to think about...Stack up on non-perishable items like canned tuna or chicken, peanut butter and jelly, crackers and a manual can opener. Walk and drive carefully, dress appropriately for the weather, and don't forget if you have a car here it is your responsibility to shovel the snow onto the grassy areas. And do not go out if you do not have to. Be Safe!!!

Mona Finnegan

Assistant Property Manager

Important Van Trip Correction...

It was brought to my attention that the Spaghetti Night at Tri-Boro is only held on the 2nd Thursday of the month, therefore we must change the <u>Spaghetti night</u> <u>at Tri-Boro</u> to Thursday, November 8th. We will travel to the <u>Dewey Fire Hall for Bingo</u> on Thursday, November 15th as they have Bingo there every Thursday. If you signed up for either or both of these trips, please make the correction. If you have any questions or cannot go on the new dates, please call Debbie at 610-866-6010 Ext. 202. Thank You.



We celebrate Thanksgiving Day on November 22nd. It is a day to give thanks to God for all his blessings in our lives. Of course, thanksgiving is more than a day, it needs to be a continual attitude in our lives. This is an attitude that does not come naturally but rather needs to be developed with God's help. God's Spirit working in us is the source and strength of our attitude of gratitude...each and every day.

St. Paul reminds us "In everything give thanks…" (I Thess. 5:18). Thanksgiving… not in some things, but in <u>all</u> things. We are called to thank God for…

- Spiritual things Our faith in a God who loves us unconditionally!
- Simple things Our families, health, food, and even a glass of water.
- **Sorrowful things** Yes, even our heartaches, the pains, and the sufferings. Romans 8:28 says, "...All things work together for good..." That is, the thing itself is not good, but it is God who is working all things together for good.

Thankful people are happy people! One writer says it this way...Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow.

An attitude of gratitude...it will change your life! Happy Thanksgiving to you all.

-Chaplain Clark

WORSHIP- 2pm in the Lounge (Thanksgiving Service is at 10am)

- •Thursday, Nov. 1- Richard Kuhn, Resident
- •Tuesday, Nov.6 Father Pat Lamb, Notre Dame RC Church
- •Thursday, Nov 15 (Harvest Home)



Rev. Werner Koch, St. Stephen's Lutheran •Thursday, Nov 22

•Thursday, Nov 22 (Thanksgiving- 10 am) Rev. Clark Kuntz, Chaplain

Thanksgiving Day Worship

LUTHERAN MANOR CHAT ROOM

every Thursday from 10-11am in the patio. A fun, interesting, educational "chat" time for residents who enjoy meeting their neighbors.

DON'T MISS THESE VAN TRIPS

Sign Up Today in Debbie's office!



VAN TRIPS

- +Saturday December 1st- Calvary Baptist Christmas Concert. Meet at 6pm in the lounge
- **+Hackman's Bible Book Store,** Whitehall, PA; followed by lunch @ a nearby diner.. Wednesday, December 12th 9:30 am in the lounge.



+The Living Christmas
Tree at Calvary Wesleyan
Church, Bethlehem, PA
Sunday, December 9th 5pm in the lounge.

Christmas Bazaar



Saturday, December 8

10 am-2 pm,

Kitchen Opens at 11 am



Hamburger BBQ, Hot Pogs, Soup,

Ice Cream Sundags,

Bake Sale, Crafts, 50/50,



Open to Everyone









Van Trips to Notice....

Hunterdon Hills Christmas Show-Sat., Dec. 8th-Cost: \$58.50

Enjoy a full course meal complete with scrumptious desserts. Afterword you will enjoy a Festive holiday musical revue performed by an ensemble cast of multitalented performers as they sing and dance to classic and contemporary Yuletide compositions, perform humorous skits and fantastic dance numbers, backed by an onstage orchestra.

Liberty HS Christmas Concert/Lunch-Fri., Dec. 14th- Free

As in years past, we have been invited to partake of this special Christmas tradition. Enjoy the Concert put on by the students of Liberty High School then, following the concert, join them for a delicious lunch.

Kozier's Christmas Village-Wed., Dec. 19th- Admission \$8.00

You will feel like you have entered a fantasy land as the van crests the hill and approaches this old farm in Bernville, PA. covered with colorful lights which look all the more mesmerizing as they reflect off the small lake in front of the farm house. The lights and themed displays are the finest around, along with an awesome model train display. Shops sell a wide array of Christmas decorations, ornaments, food, beverages and hot chocolate. You will definitely want to bring your camera on this trip. The lights and displays are truly beautiful to behold.

Christkindlmart (Steel Stacks)-Sat., Dec. 16th- Admission \$8.00

You will have a magical time at this traditional German Christmas Craft & Food Fair Which boasts thousands of holiday decorations and gift ideas for every taste and budget. Delicious food and baked goods from more than 125 Vendors. New this year, you can try your hand at Glass Blowing your own ornament. There is also live daily entertainment, a huge decorated Christmas tree and ice carving demonstrations and displays. There is something for everyone.



VAN TRIPS



DECEMBER 2012

DATE		TRIP	TIME
Dec. 1	(Saturday)	Calvary Baptist Christmas Concert	6:00 p.m
Dec. 3	(Monday)	Banks, PO, CVS, Dollar Store	9:30 a.m
Dec. 4	(Tuesday)	Giant	10:00 a.m
Dec. 5	(Wednesday)	Lights in the Parkway	6:00 p.m
Dec. 6	(Thursday)	Bingo at Dewey Fire Co.	5:45 p.m
Dec. 8	(Saturday)	Hunterdon Hills Christmas Show	10:30 a.m
Dec. 9	(Sunday)	Calvary Wesleyan Church- Living Christmas Tree	5:00 p.m
Dec. 10	(Monday)	Valley Farm Market	9:30 a.m
Dec. 12	(Wednesday)	Hackman's Bible Store	9:30 a.m
Dec. 13	(Thursday)	Spaghetti Night (Tri-Boro)	4:00 p.m
Dec. 14	(Friday)	Liberty HS Christmas Concert/Lunc	ch 8:45 a.m
Dec. 15	(Saturday)	Christkindlemart	10:30 a.m
Dec. 18	(Tuesday)	Lunch/Senior Bingo	10:45 a.m
Dec. 19	(Wednesday)	Kozier's Christmas Village	4:30 p.m
Dec. 20	(Thursday)	Breakfast/Wal-Mart	8:30 a.m
Dec. 23	(Sunday)	Lunch/Carrabas Italian Grill	12:00 p.m
Dec. 26	(Wednesday)	Dinner at Williams Family Restaura	nt 3:30 p.m
Dec. 28	(Friday)	Kohl's/Hobby Lobby/Lunch	10:00 a.m
Bring th	nis completed shee	et to Debbie's office after 9 a.m. on th	ne first of the month
Name: _		Apt.#	



Sun

Mon

Tue

Wed

Thu

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Sat

November 2012



				1 8am Woodcarving 10am Life Bio	2 1pm Yoga 5:30pm WII Bowling	3 8am Coffee & Do- nuts
				ANNIVERSARY PARTY		12:30pm Pinochle Party
4 2pm Knitting	5 10am Exercise 1nm Computer Class	6 2pm Rev. Pat Lamb, Notre Dame RC Church	7 10am Exercise	8 8am Woodcarving 10am Life Rio	9 1pm Yoga 5-30pm WII Rowling	10
Daylight Savings Time Ends, Turn clocks back 1 hr.	6pm BINGO	Notre Dame RC Church Beth	1pm Bible Study 2pm Speaker,Diabetes	form Shuffleboard	5:30pm WII BOWING	
11 2 pm Knitting	12 10am Exercise 11am Alice Romberger &	13 2pm General Mtg.	14 10am Exercise	15 8am Woodcarving 10am Life Bio	16 1pm Yoga 5-30pm WII Bowling	17 11am Soup & Hot Dogs-Majestic Rand
	Miss Daisy 1:30 Committee Mtg. 1:30 Speaker-Depression 6pm BINGO		1pm Bible Study	2pm (Harvest Home) Rev. Werner Koch, St. Stephen's Lutheran Church Bethlehem 6pm Shuffleboard	-	•
18	19	20	21	22	23	24
2 pm Knitting	10am Exercise		10am Exercise	10am Thanksgiving, Rev. Clark Kuhns	OFFICE CLOSED	
5PM Pizza Party	1pm Speaker –Medicare		1pm Bible Study	OFFICE CLOSED	5:30pm WII Bowling	
25 2pm Knitting	26 10am Exercise	27	28 10am Exercise	29	30 1pm Yoga 2pm-Speaker-Shingles	
			1pm Bible Study		5:30pm WII Bowling	